

Spring Events in the Monroe County Parks

Keep checking back at www.monroecounty.gov/parks for updates

▪ MARCH

- **March 12- St. Patrick's Day Parade** in Downtown Rochester, hosted by the [Rochester St. Patrick's Day Parade Committee](#)

▪ APRIL

- **April 1- Riedman Foundation Opening Day Fishing Derby** at Powder Mills Park, hosted by the [Riedman Foundation](#)
- **April 3- Spring Forward Distance Run** at Mendon Ponds Park, hosted by [Fleet Feet Sports/ Yellowjacket Racing](#)
- **April 6- Big Band Dance Series** at the Roger Robach Community Center in Ontario Beach Park, hosted by the [Ontario Beach Park Planning Committee](#)
- **April 9- 2nd annual Pick Up the Parks Project** at Black Creek, Ellison, Genesee Valley, Mendon Ponds, Ontario Beach, and Seneca Parks, hosted by the [Monroe County Parks Department](#)
- **April 10- 10th annual Rochester River Run** at Genesee Valley Park, hosted by the [Friends of Strong](#)
- **April 13- Big Band Dance Series** at the Roger Robach Community Center in Ontario Beach Park, hosted by the [Ontario Beach Park Planning Committee](#)
- **April 16- 7th annual Run for Health 5K** at Genesee Valley Park, hosted by the [UR Well Student Outreach](#)
- **April 16- Crime Victim's Rights Event** at Highland Park, hosted by the [Monroe County/City of Rochester Coalition for Crime Victims](#)
- **April 16- Orienteering Event** at Webster Park, hosted by the [Rochester Orienteering Club](#)
- **April 19- Intergenerational Fishing Derby** at Powder Mills Park, hosted by the [Monroe County Office for the Aging](#) and the [Monroe County Youth Bureau](#)
- **April 20- Big Band Dance Series** at the Roger Robach Community Center in Ontario Beach Park, hosted by the [Ontario Beach Park Planning Committee](#)
- **April 20- Dirt Cheap Run** at Mendon Ponds Park, hosted by [Fleet Feet Sports/ Yellowjacket Racing](#)
- **April 23- Ugandan Water Project 5K** at Powder Mills Park, hosted by [Isaiah 6 Ministries](#)
- **April 23- NCA 5-Miler** at Greece Canal Park, hosted by [Northstar Christian Academy](#)
- **April 27- Big Band Dance Series** at the Roger Robach Community Center in Ontario Beach Park, hosted by the [Ontario Beach Park Planning Committee](#)
- **April 28- Workers' Memorial Event** at Highland Park, hosted by [Rochester Labor Council AFL-CIO](#)
- **April 30 & May 1- Rochester Colonials Rugby Tournament** at Genesee Valley Park, hosted by the [Rochester Colonials](#)
- **April 30- Rochester River Challenge** at Genesee Valley Park, hosted by [Fleet Feet Sports/ Yellowjacket Racing](#)

▪ **MAY**

- **May 1- Walk MS** at Genesee Valley Park, hosted by the [National MS Society Upstate NY Chapter](#)
- **May 1- Medved Madness Trail Race** at Mendon Ponds Park, hosted by [Medved Running and Walking Outfitters](#)
- **May 5- Envirothon** at Ellison Park, hosted by the [Monroe County Soil & Water Conservation District](#)
- **May 6 & 7- Our Fragile World Environmental Fair** at Seneca Park Zoo, hosted by the [Seneca Park Zoo Society](#)
- **May 7- 7th annual Kids' Trout Fishing Derby** at Powder Mills Park, hosted by the [Avon Anglers, Inc](#)
- **May 7- Arthritis Walk** at Seneca Park, hosted by the [Arthritis Foundation](#)
- **May 7- Orienteering Event** at Mendon Ponds Park, hosted by the [Rochester Orienteering Club](#)
- **May 8- Pink Ribbon Run** at Ontario Beach Park, hosted by the [Breast Cancer Coalition of Rochester](#)
- **May 13 thru 22- Lilac Festival** at Highland Park, hosted by [Lilac Festival, Inc.](#)
- **May 14- Easter Seals Walk** at Genesee Valley Park, hosted by [Easter Seals New York](#)
- **May 14- Mind the Ducks 12-hour Run** at Seneca Park, hosted by [Ultra Running Matters, Inc.](#)
- **May 14- Pittsford Rotary Kids Trout Derby** at Powder Mills Park, hosted by [Pittsford Rotary Club](#)
- **May 14- National Nurses' Week Scrubs & Stethoscopes 5K Run/Walk** at Mendon Ponds Park, hosted by UofR Medical Center, Strong Memorial Hospital, and [Fleet Feet Sports](#)
- **May 15- Operation Kid Fit 5K** at Genesee Valley Park, hosted by the [Genesee Community Charter School](#)
- **May 18- Dirt Cheap Trail Series #2** at Webster Park, hosted by [Fleet Feet Sports/Yellowjacket Racing](#)
- **May 21- Rochester Spring Classic Duathlon** at Mendon Ponds Park, hosted by [Fleet Feet Sports/Yellowjacket Racing](#)
- **May 21- Great Strides Walk** at Genesee Valley Park, hosted by the [Cystic Fibrosis Foundation](#)
- **May 22- March of Dimes Walk** at Ontario Beach Park, hosted by the [March of Dimes](#)
- **May 22- Children's Tumor Foundation Walk** at Seneca Park, hosted by the [Children's Tumor Foundation](#)
- **May 27 thru 30- Roc City Rib Fest** at Ontario Beach Park, hosted by [Roc City Rib Fest](#)
- **May 28- CATS/Saranac Brewing 5K** at Mendon Ponds Park, hosted by [CATS Athletic Club](#)
- **May 28- Disc Golf Tournament** at Ellison Park, hosted by the [Greater Rochester Disc Golf Club](#)
- **May 29- Disc Golf Tournament** at Genesee Valley Park, hosted by the [Greater Rochester Disc Golf Club](#)