

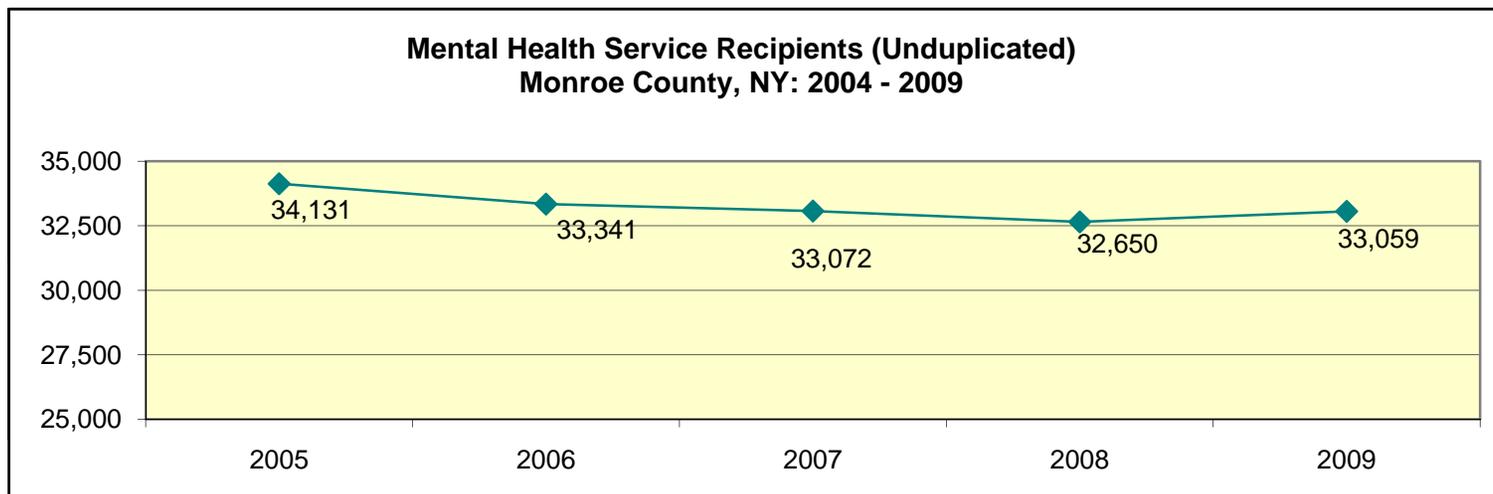


Maggie Brooks
County Executive

Mental Health Services in Monroe County, NY

Monroe County Behavioral Health Community Database

2009 Mental Health Summary Report



Prepared by: Monroe County Office of Mental Health

Introduction

The **2009 Mental Health Summary Report** provides an overview of Monroe County's mental health service delivery system, with specific focus on services provided to consumers during 2009. The data included in this report provide general information about service utilization and the demographic characteristics of consumers receiving services. In previous years, the report included detail comparing data for providers in each mental health program type. The detail has not been included in this document but is available to Monroe County providers in the Monroe County Performance and Contract Management System.

The data included in this report come from the Monroe County Behavioral Health Community Database (BHCD). This database is maintained by Coordinated Care Services, Inc. (CCSI) on behalf of the Monroe County Office of Mental Health to support contract management and county-wide planning, evaluation, and performance management efforts. The database contains sociodemographic, program admission, and service utilization data for consumers receiving mental health services at programs that are certified or licensed by the New York State Office of Mental Health or are fully or partially funded by the Monroe County Office of Mental Health. Providers submitting information to this database are listed below:

- ❖ Catholic Family Center
- ❖ Compeer of Rochester, Inc.
- ❖ Crestwood Children's Center
- ❖ DePaul Community Services
- ❖ East House Corporation
- ❖ Hillside Children's Center
- ❖ Housing Options Made Easy
- ❖ The Mental Health Association
- ❖ Rochester General Health System
- ❖ Rochester Rehabilitation Center
- ❖ Rochester Psychiatric Center
- ❖ St. Joseph's Villa
- ❖ Unity Hospital of Rochester
- ❖ University of Rochester Mental Health Center/Strong Memorial Hospital

Providers submit client-level service utilization data to CCSI on a monthly basis. The data files are run through several error-checking routines, processed, and added to the BHCD. This report is based on data submitted for services delivered to clients during calendar year 2009.

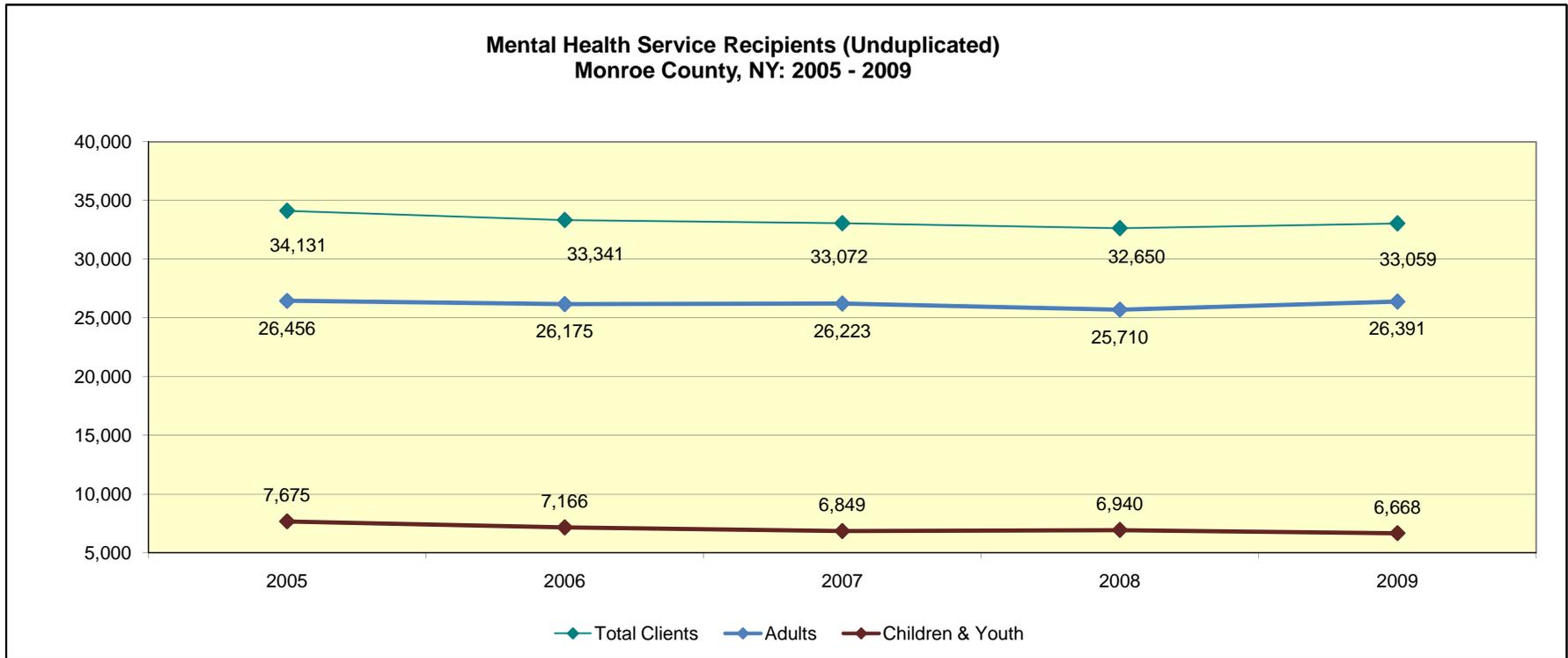
Additional Information: If you have questions about any of the data included in this report, would like to request access to the Monroe County Performance and Contract Management System or would like to request additional analyses, please contact Deb Hodgeman at dhodgeman@ccsi.org. This report is available online in the section titled "Resources" on the "Data Analysis" page at <http://www.ccsi.org/data-analysis.aspx>

Mental Health Services for 2009 in Monroe County, NY

Community Overview

Trends in Number of People Served

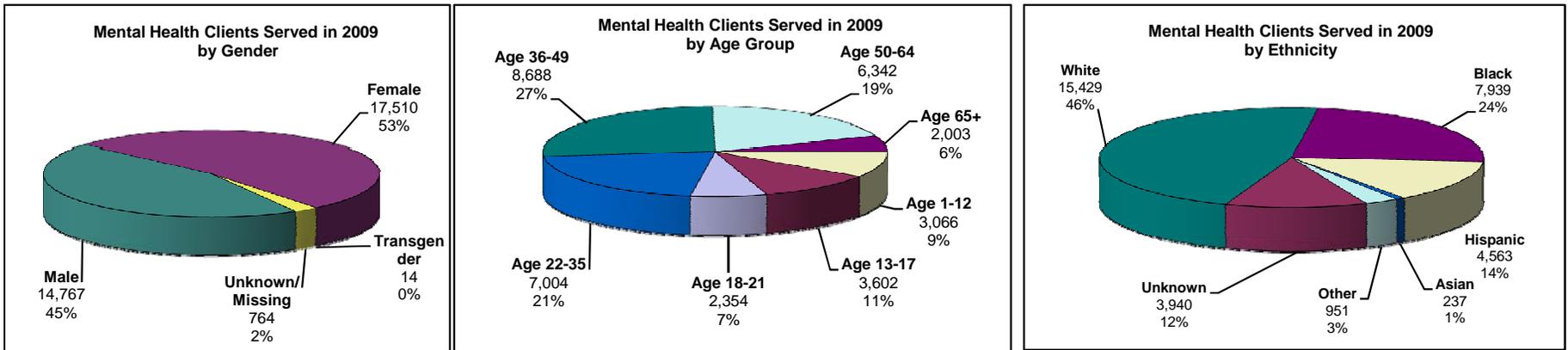
The 2009 data show a total of 33,059 individuals received mental health services at the provider agencies included in this report—an increase of 1.2% compared to 2008 figures. Children and youth receiving mental health services in 2009 (6,668) decreased by 3.9% from 2008 while Adults receiving mental health services in 2009 (26,391) increased by 2.6% from 2008.



Mental Health Services for 2009 in Monroe County, NY

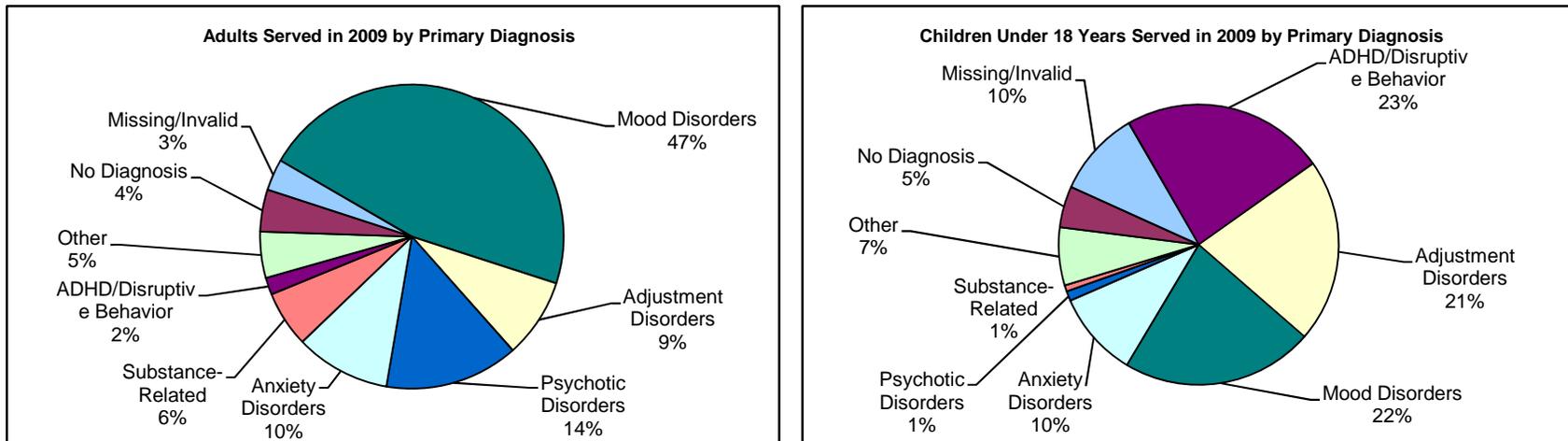
Demographic Characteristics of Service Recipients

The charts below summarize the demographic characteristics of the mental health service recipient population as a whole.



Diagnoses of Service Recipients

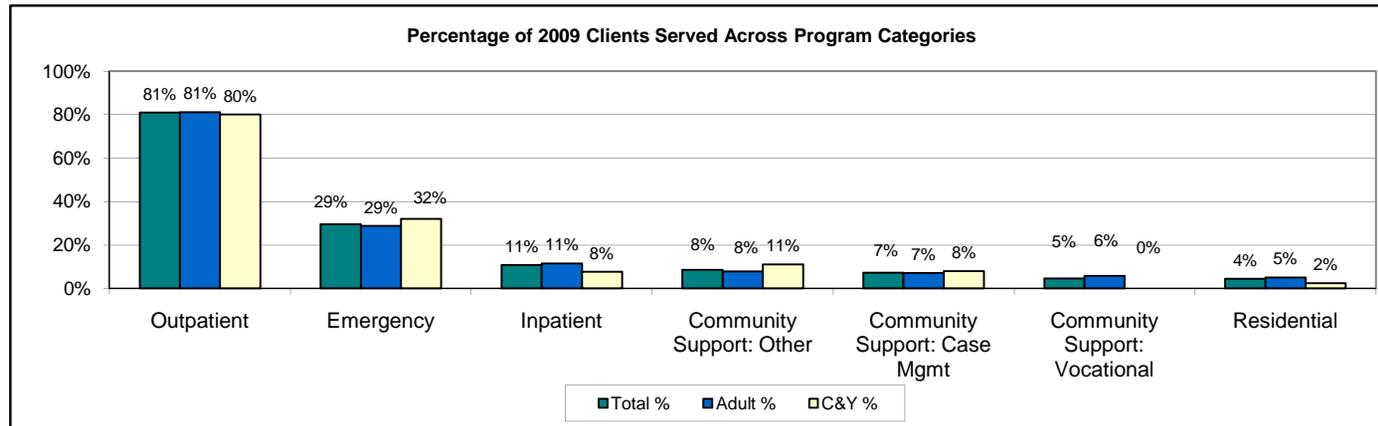
The charts below summarize the diagnosis breakdown for Adults and the Children & Youth population by using the most recent diagnosis for clients served in 2009. Total number of Adults served was 26,391 and total number of Children & Youth served was 6,668.



Mental Health Services for 2009 in Monroe County, NY

Service Usage by Category

The graph below shows the distribution of individuals served within the Monroe County public mental health system by program category. For example, of the 33,059 individuals receiving services in 2009, about 81% received care in an outpatient setting. A table showing the grouping of specific OMH program codes into categories is displayed below the graph. Note that these categories are not mutually exclusive. That is, a client is counted in each program category in which services were received in 2009. Percentages for the Adult population (26,391 served) and the Children & Youth population (6,668 served) are also shown.



Outpatient

- ❖ Day Treatment (0200)
- ❖ Continuing Day Treatment (1310)
- ❖ Clinic Treatment (2100)
- ❖ Partial Hospitalization (2200)
- ❖ IPRT (2320)

Emergency Services

- ❖ Crisis Intervention (2680)
- ❖ Crisis Beds (0910)
- ❖ Crisis Outreach (1680)
- ❖ Extended Observation Beds (1920)
- ❖ Home-Based Crisis Intervention (3040)
- ❖ CPEP (3130)
- ❖ Crisis/Transitional Living (1600)
- ❖ Family Crisis Support Services

Community Support: Other

- ❖ Sheltered Workshop (0340)
- ❖ Recreation Mentoring (0610)
- ❖ Outreach (0690)
- ❖ Psychosocial Club (0770)
- ❖ Assertive Community Treatment (0800)
- ❖ Family Support Services (1650)
- ❖ Advocacy (1760)
- ❖ Drop-In Center (1770)
- ❖ MICA Network (5990)
- ❖ Supported Housing Case Management (6060)

Community Support: Case Management

- ❖ Intensive Case Management (1810)
- ❖ Supportive Case Management (6810)
- ❖ Care Coordination (1760)
- ❖ Home & Community Based Waiver (0230)
- ❖ Other Case Management (0810)

Community Support: Vocational

- ❖ Transitional Employment (0380)
- ❖ Assisted Competitive Employment (1380)
- ❖ Affirmative Business/Industry (2340)
- ❖ Client Worker (3340)
- ❖ Ongoing Integrated Supp Employment (4340)

Residential

- ❖ Family Care (0040)
- ❖ Residential Treatment Facility C&Y (1080)
- ❖ Supported Housing (6050)
- ❖ Treatment/Congregate (6070)
- ❖ Treatment/Apartment (7070)
- ❖ SRO (8050)
- ❖ Family Based Treatment (2040)

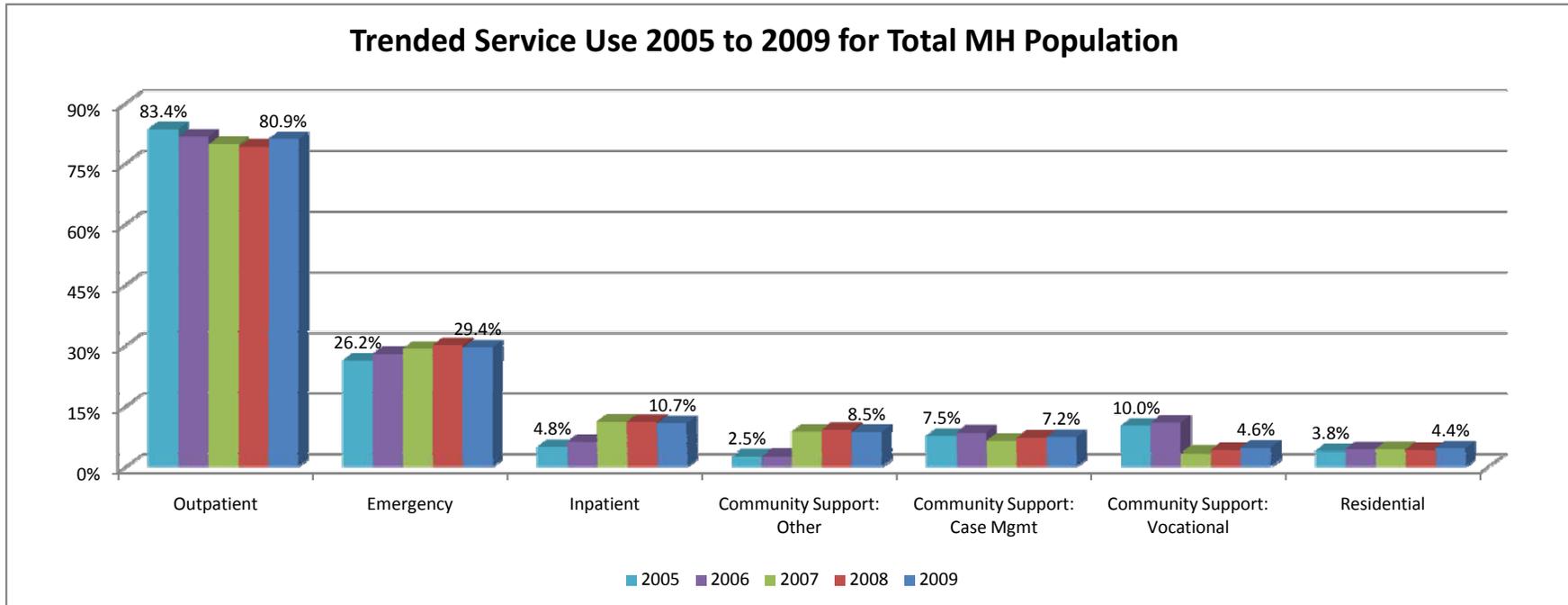
Inpatient

- ❖ Inpatient (3010)

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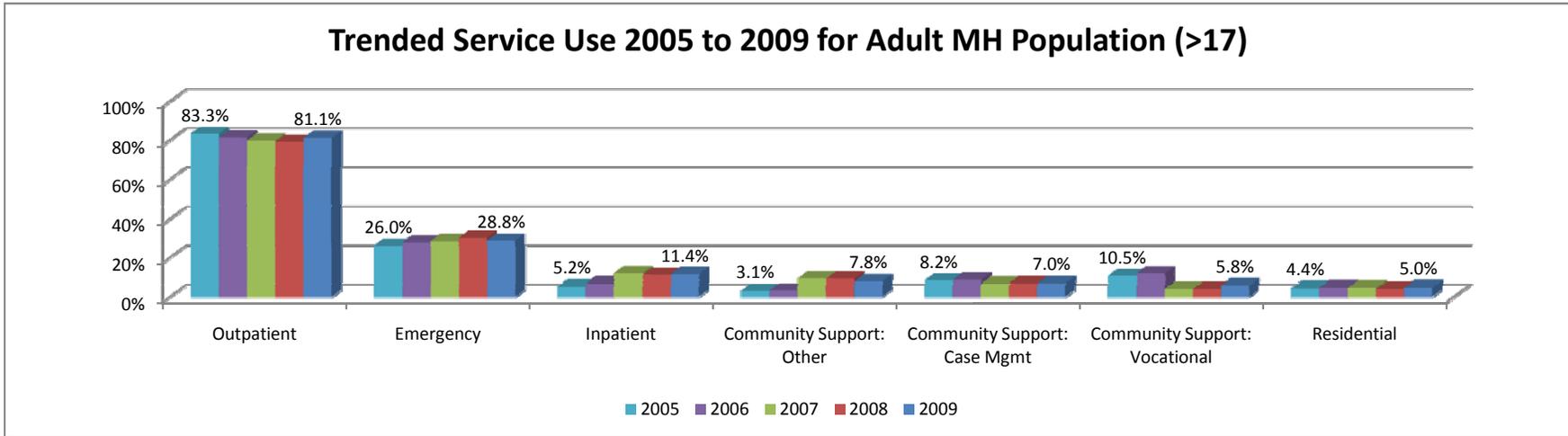
Trends in Mental Health Service Use

The graph below shows a trended view of the distribution of individuals served within the Monroe County public mental health system by program category for the years 2005 through 2009 for the Total MH Population. The percentages of clients using acute services (Emergency and Inpatient), Other Community Support Services and Residential have increased in 2009 from 2005. The percentages of clients using Outpatient, Community Support Case Management, and Community Support Vocational have decreased in 2009 from 2005. Some of these fluctuations are due to program openings and closings in the Monroe County system of care.

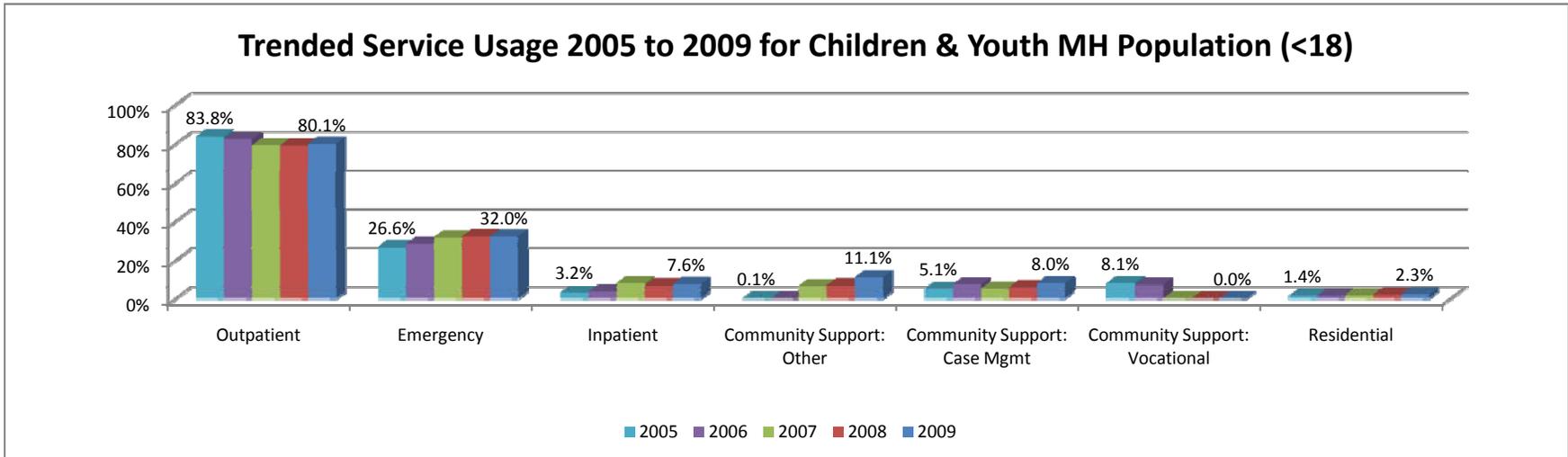


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Trends in service use in 2005 to 2009 for the Adult Mental Health Population (>17 years old) show similar patterns to the total mental health population in all program categories when comparing percentage of clients using services in 2009 to 2005.



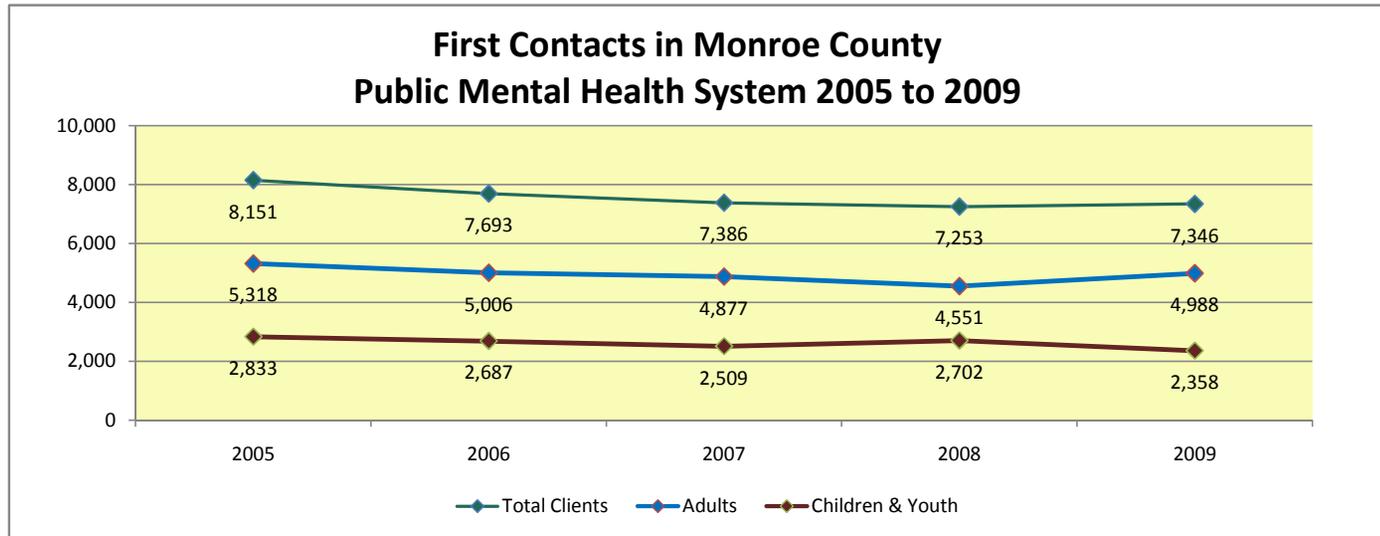
Trends in service use in 2005 to 2009 for the Children & Youth Mental Health Population (<18 years old) show similar patterns to the total mental health population in all program categories when comparing percentage of clients using services in 2009 to 2005.



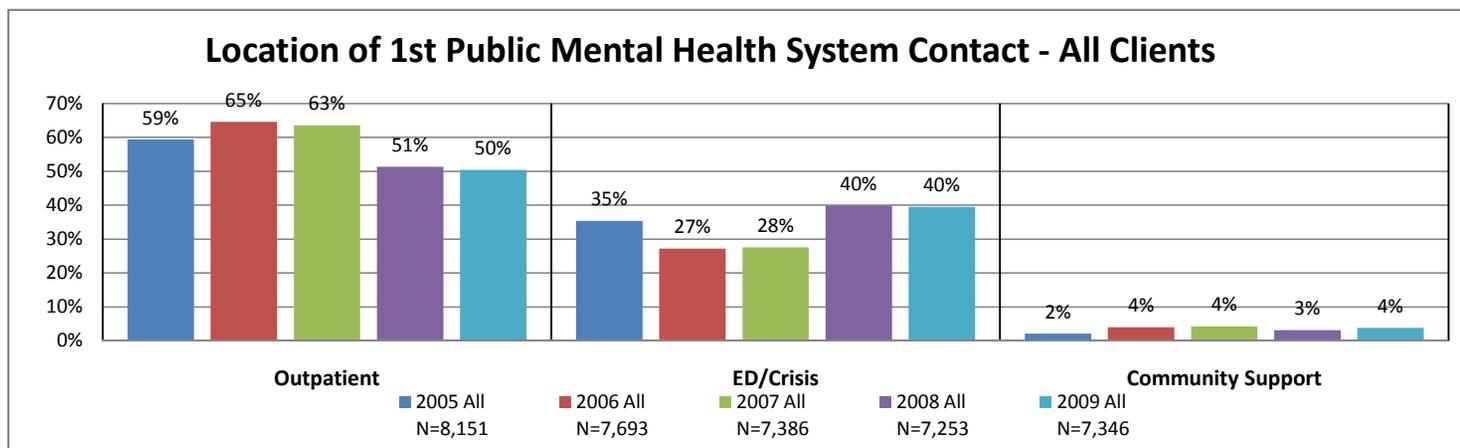
Mental Health Services for 2009 in Monroe County, NY

Entry to Public Mental Health System

Monroe County OMH often reviews analyses showing the program that a client uses to first access public mental health services. The graph below presents the total number of first contacts for each year for the years 2005 to 2009.

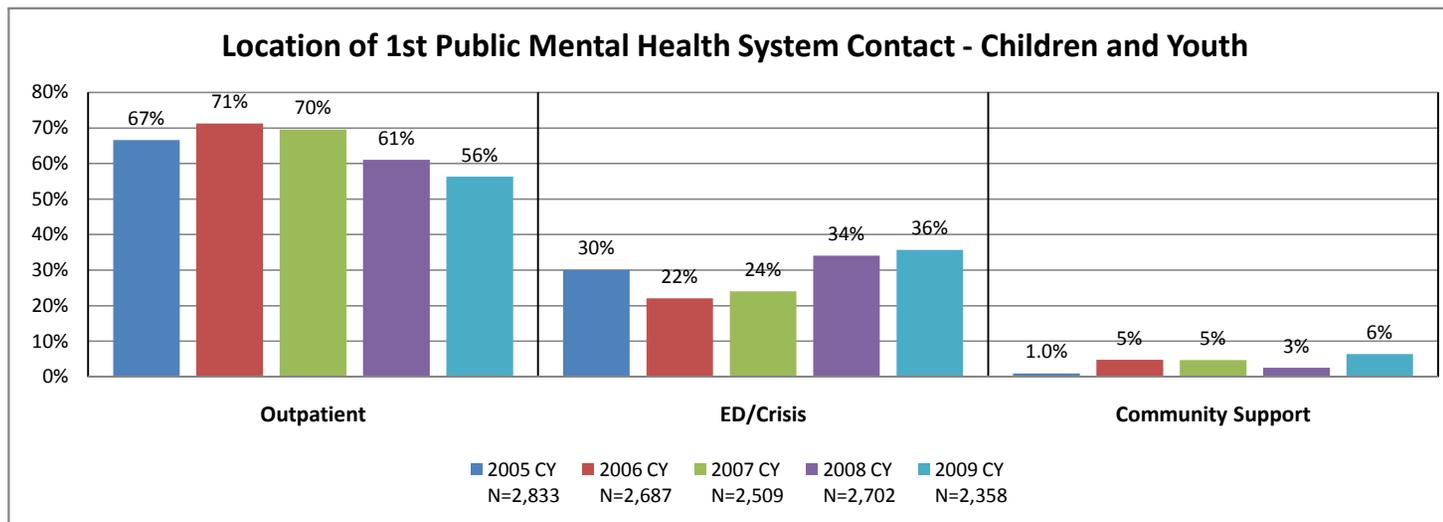
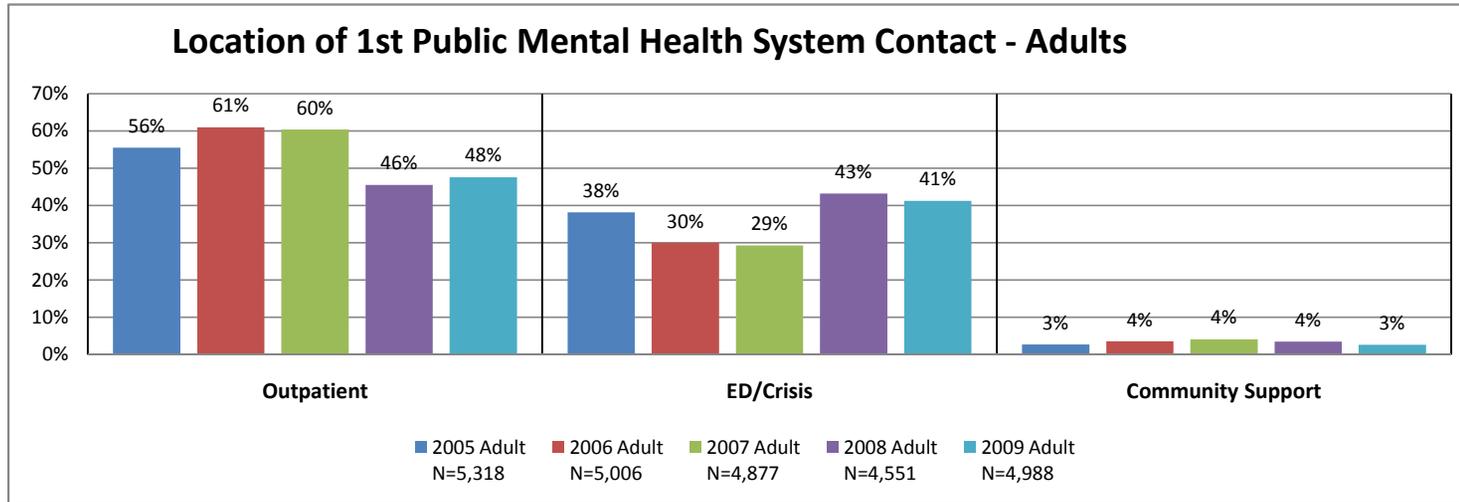


This graph shows First Contacts for 2005 to 2009 as the percentage of clients entering the Monroe County public mental health system through program categories of Outpatient, ED/Crisis, and Community Support: Other. Refer to the section on Service Usage by Category for the lists of specific programs in each category. When comparing 2009 to 2005, a lower percentage of clients accessed the system through Outpatient while higher percentages accessed the system through ED/Crisis or Community Support programs.



Mental Health Services for 2009 in Monroe County, NY

The graphs below display the percentage of clients entering the public mental health system through Outpatient, ED/Crisis and Community Support programs by Age Group (Adults or Children & Youth). There are slight differences in trends between the two age groups when comparing 2009 to 2008. While the percentage of clients with first contacts in Outpatient for the total mental health population decreased by 1% in 2009 from 2008, the percentage increased by 2% for adults and decreased by 5% for Children & Youth. The percentage of clients with first contacts in ED/Crisis services remained unchanged for the total population but decreased by 2% for Adults and increased by 2% for Children & Youth. This difference could be partially explained by the addition of Family Crisis Support services in 2009. Community Support shows more of an increase in percentage of Children & Youth as a first contact than the total mental health population and Adults which could be a result of a concentrated effort on expansion of these services during the last few years.

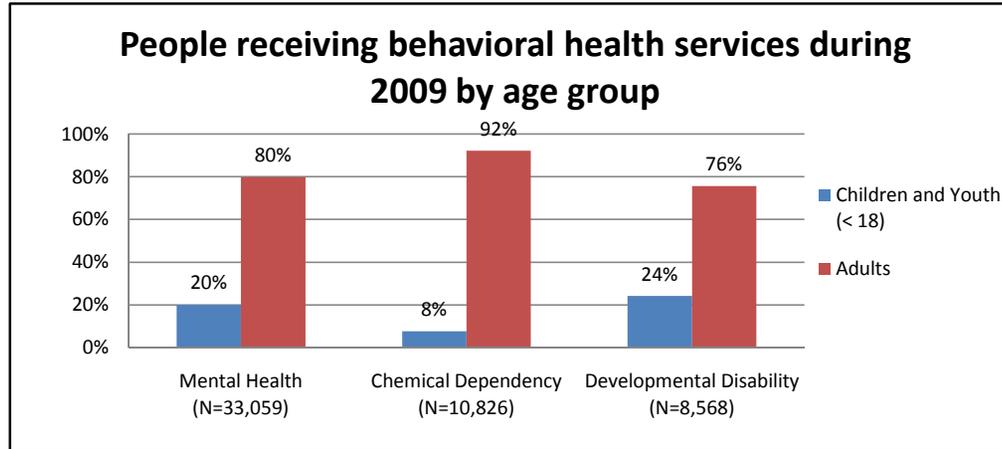


Mental Health Services for 2009 in Monroe County, NY

Mental Health Compared to Chemical Dependency and Developmental Disabilities

The main source of data for this report is the Monroe County Behavioral Health Community Database (BHCD) which is limited to mental health services. Monroe County also funds services for chemical dependency and developmental disabilities. The graph below shows the number of unduplicated clients receiving behavioral health services in the three disability areas by age group.

Note: Chemical Dependency clients include 18 years olds in the Children and Youth age group.



The graph below shows the number of unduplicated clients receiving behavioral health services in the three disability areas by ethnicity.

Note: The "Other" category for chemical dependency excludes the general "Other" category since the absence of an "Unknown" category assumes that those cases were included here.

