

# **YOUNG CHILDREN WITH CHALLENGING BEHAVIORS**

## **Monroe County Resource List 2006**

Compiled by Monroe County Early Intervention Program (MCEIP)

*ZERO TO THREE (2005) defines infant mental health as "the developing capacity of the child from birth to age three to: experience, regulate and express emotions; form close and secure relationships; and explore the environment and learn all in the context of family, community and cultural expectations for young children. Infant mental health is synonymous with healthy social and emotional development."*

Monroe County offers this information without endorsement of its content. If you are aware of corrections, information or updates, please contact Linda Hoose at 753-5202. Updates are made semi-annually. Last updated 1/5/06.

## Introduction

The behaviors of young children (birth to age 5) can be challenging to families and interfere with the child's ability to reach their full potential. In compiling this list, we have attempted to identify resources in our community that may provide support and assistance to the families facing these challenges. The list is intended for use by professionals working with young children to aid families in identifying resources to:

- enhance understanding of early child development and behavior,
- strengthen parenting skills,
- engage support systems, and
- access mental health diagnostic and treatment services.

## Table of Contents

<b>Parent Support &amp; Groups.....</b>	<b>3</b>
<b>Medical &amp; Mental Health Services.....</b>	<b>11</b>
<b>Community Services.....</b>	<b>17</b>
<b>Resource Directories.....</b>	<b>22</b>
<b>Helplines/Websites.....</b>	<b>24</b>
<b>Sources for Books/Videos/Handouts.....</b>	<b>28</b>
<b>Appendices.....</b>	<b>30</b>

\*Note: Agencies that do not specify a TTY number may be contacted by deaf, hard of hearing & speech impaired people through the New York Relay Service by calling 711 (toll free, 24 hours).

## Parent Support & Groups

Program Name and Agency	Contact Information	Description
<p><b>“1-2-3 Magic”</b>            Behavioral Pediatrics Program            of Rochester General Hospital (RGH)            1425 Portland Ave.            Rochester, NY 14621</p>	<p>922-3489  <a href="http://www.viahealth.org">www.viahealth.org</a>            (Search site for “Behavioral Pediatrics Program”, then link to “Educational Offerings”.)</p>	<p>Parenting classes offered 4-5 times/year. \$20 per family. See <u>Medical &amp; Mental Health Providers</u> for additional agency resources.</p>
<p><b>“1,2,3,4 Parents!” Active Parenting Program</b>            Great Beginnings Family Center            2300 Buffalo Rd., Bldg. 100-A            Rochester, NY 14624</p>	<p>254-1590  <a href="mailto:gbfamilycenter@aol.com">gbfamilycenter@aol.com</a></p>	<p>Topics include discipline, prevention of problem behaviors, rules, parenting styles. 3-sessions/ \$20 registration fee for participants not eligible for EI.</p>
<p><b>Baby Love</b>            Social Work Department            Strong Memorial Hospital, Box 650            601 Elmwood Ave.            Rochester, NY 14642</p>	<p>275-2851  <a href="http://www.stronghealth.com">www.stronghealth.com</a>            &gt;Golisano Children’s Hospital            &gt;community outreach &gt;Baby Love</p>	<p>Baby Love is a collaborative program between Golisano Children’s Hospital and the Rochester Early Enhancement Project (REEP) and is an outreach program designed to engage at-risk pregnant women in early and continuous prenatal care. Services include social work, home visitation, transportation, parent groups, and referrals. Participants must reside in zip code 14621. No fee.</p>
<p><b>Better Days Ahead Family Support Program</b>            c/o The Mental Health Association            339 East Ave., Suite 201            Rochester, NY 14604-2615</p>	<p>325-3145 - ask for the Better Days Ahead program  <a href="http://www.betterdaysahead.org">www.betterdaysahead.org</a></p>	<p>Provides advocacy, respite services, and a network of parents supporting parents to improve their child’s mental health. No fee. See <u>Resource Directories</u> and <u>Community Services</u> for additional agency resources.</p>

## Parent Support & Groups

Program Name and Agency	Contact Information	Description
<p><b>Bright Start Pediatric Services</b> 149 N. Main St. Fairport, NY 14450</p>	<p>Jody Ellis, Program Director 377-2230</p>	<p><u>Developmental Playgroups</u> Therapist-facilitated groups for children with special needs and typically developing children. Offered Monday through Friday at 9am and 10:15am; Wednesdays at 5:30 pm and 6:30 pm. \$5 per one-hour session.</p> <p><u>Parent education class</u> Ongoing parent education classes led by a Social Worker, to be held during same time as developmental playgroups (see above) starting in October 2005. Call for information and fees.</p> <p><u>Parent education series on challenging behaviors</u> 8-10 week education series led by a psychologist, addressing issues of challenging behaviors and discipline. Call to register. \$10 per class.</p>
<p><b>Clinical Associates of the Finger Lakes</b> 590 Fishers Station Drive, Suite 130 Victor, NY 14564</p>	<p>924-7207</p>	<p>Offers “Groups for Growth”; a variety of themed groups for children age 1-5 yrs. Themes include relationship building, communication, healthy eating movement, play, sign language and cued speech. Tuition varies based on group.</p>
<p><b>Community Health Worker Program</b> Child and Family Health Services Monroe County Department of Public Health 691 St. Paul St., 4<sup>th</sup> floor Rochester, NY 14605</p>	<p>753-KIDS (5437) <a href="http://www.monroecounty.gov">www.monroecounty.gov</a> &gt;Public Health &gt;Child and Family Health &gt;Prenatal/Parenting Program</p>	<p>A home-visiting program providing services to pregnant women and their infant up to 1 year of age. Focus is on early and consistent prenatal care to ensure that families receive primary and preventive health services. Provides education, referral, follow-up advocacy and case management. No fee.</p>

## Parent Support & Groups

Program Name and Agency	Contact Information	Description
<b>CP Rochester Parenting Group</b> CP Rochester 3399 Winton Rd. South Rochester, NY 14623	Julie Babish Johnson 334-6000 x 211 <a href="http://www.cprochester.org">www.cprochester.org</a>	Bi-monthly parenting group with speakers on a variety of topics, including discipline. 7-8:30 pm. Funded through MCEIP; no fee for participants not eligible for MCEIP.
<b>Early Head Start (EHS)</b> Action for a Better Community 49 Stone St. Rochester, NY 14604  <u>Various EHS program locations include:</u> YMCA (444 E. Main St. 14604)..... Lewis Street Center (53 Lewis St. 14605) ..... Ibero League of Rochester (777 Clifford St. 14621).... Volunteers of America (214 Lake Avenue 14608)..... Family Learning Center (39 Hart St. 14605).....	325-5116 (Main office) <a href="http://www.abcinfo.org">www.abcinfo.org</a>  Michelle Dixon 325-5116 x 3314  Maria Carpenter 325-5116 x 3339  263-4234 325-2572 454-1200 647-1344 262-8000	  <u>EHS Home visiting program</u> (Stone St. only.) Curriculum focuses on enhancing growth and development of infants and toddlers and supports families in personal goals for parenting and self-sufficiency.  <u>Healthy Moms</u> Group support for pregnant teens and women.  <u>EHS Child development program</u> (9 am-3 pm) for children between the ages of 6 weeks to three years in low-income families, with curriculum designed especially for the children they serve. Includes nutritious meals, and opportunities for parent support and involvement. Family services also. Transportation provided by the family. Extended childcare available for a fee.

## Parent Support & Groups

Program Name and Agency	Contact Information	Description
<p><b>Equal Rights for Fathers (ERFF)</b>  ERFF of the Rochester Area  PO Box 24487  Rochester, NY 14624</p>	<p>621-3330  erff@rochester.rr.com</p>	<p>Monthly “ask the expert series” held 7-9pm at the Gates Presbyterian Church, Room 4, 1049 Wegman Rd., Rochester, 14624. Annual \$25 membership fee.</p>
<p><b>Family Resource Centers of Crestwood Children’s Center</b>  555 Avenue D  Rochester, NY 14624-4633</p>	<p>Sicily Mitchell (locations/times)  467-8130 x 1</p>	<p><u>Parents As Teachers (PAT) Program</u>  Home-visiting parent education program. (Prenatal and birth – age 5). No fee.</p> <p><u>Parent Education Groups</u>  Facilitated education and support groups for parents on a variety of parenting topics. Childcare provided. Spanish-language group also available. No fee.</p> <p><u>Father’s Night</u>  Facilitated parenting education and support program for fathers. Childcare provided. No fee.</p> <p><u>SKIP Generation:</u>  Facilitated parenting education and support program for grandparents or other relatives raising grandchildren. No fee.</p> <p>See <u>Books/Videos/Handouts</u> for additional agency resources.</p>



## Parent Support & Groups

Program Name and Agency	Contact Information	Description
<p><b>The Incredible Years</b></p> <p><u>Various program locations include:</u>            Better Days Ahead* ..... 325-3145            Catholic Family Center* ..... 262-7105            Urban League of Rochester* ..... 325-6530 x3057            Society for the Protection and Care of Children* ..... 325-6101 x 220            Family Resource Centers of Crestwood Children’s Center            (See page 6 for Family Resource listing) ... .. 467-8130            Mt. Hope Family Center* ..... 275-2991            *(See agency listing under Community Services)</p>		<p>Parent-training curriculum for parents of children ages 2 – 8 years. Focus is on strengthening parenting competencies. Series of 12 or 13 weekly classes; day and evening classes available; call sponsoring agencies for schedules/registration. No fee.</p>
<p><b>Kinship Care Resources Network</b>            Catholic Family Center            30 N. Clinton Ave.            Rochester, NY 14604</p>	<p>Mary Penet            232-1840, ext. 354            Intake: 262-7048  <a href="http://www.cfcrochester.org">www.cfcrochester.org</a>            &gt;Elder Services&gt;Kinship Care</p>	<p>Information and referral, case management, and support groups for grandparents caring for grandchildren. Offers legal assistance on issues such as guardianship and benefits. No fee. See <u>Community Services</u> for additional agency resources.</p>
<p><b>Occupational Therapy of Rochester, NY (OTRNY)</b>            299 Norton St.            Rochester, NY 14621</p>	<p>Angela Sallerson, OT            342-2450  <a href="http://www.otrny.com">www.otrny.com</a></p>	<p>Offers parent-child groups based on sensory integration activities. Also provides individual sensory-based therapy services. Call for information on fees.</p>

## Parent Support & Groups

Program Name and Agency	Contact Information	Description
<p><b>“Parenting Emotionally Intelligent Children”</b>            Offered by The Mental Health Association            339 East Ave., Suite 201            Rochester, NY 14604-2615</p>	<p>325-3145</p>	<p>Workshop designed to help parents and those working with children and families to learn about and develop an emotionally intelligent parenting style. Includes principles of shaping children’s behavior and limit setting, among other topics. \$10 fee.</p>
<p><b>Parents Without Partners</b></p> <p>Greater Rochester Chapter #683            PO Box 204            Fairport, NY 14450</p> <p>Genesee Valley Chapter #1350  <i>Brockport and Batavia</i></p>	<p><a href="http://www.parentswithoutpartners.org">www.parentswithoutpartners.org</a></p> <p>251-3647</p> <p>234-2689</p>	<p>International organization to support single parents; monthly meetings, professional speakers &amp; publications. Greater Rochester chapter meets the 3<sup>rd</sup> Monday from 6:30-7:30pm. Genesee Valley chapter meets 2<sup>nd</sup> Thursday from 7-8pm and group meets 3<sup>rd</sup> Monday from 7-8pm. First meeting is free and includes orientation to the organization. Membership is \$35/year.</p>
<p><b>Partners in Play</b>            Interactive Therapy Group            2100 Brighton-Henrietta Townline Rd.            Rochester, NY 14623</p>	<p>697-1557</p> <p><a href="http://www.interactivetherapygroup.com">www.interactivetherapygroup.com</a></p>	<p>Two-session family education and play program for families of children ages 3 months to 3 years focussing on the importance of play on overall child development. Offered mornings or evenings. \$35 registration fee.</p>

## Parent Support & Groups

Program Name and Agency	Contact Information	Description
<b>Rochester Preschool Parent Program</b> Rochester City School District 131 W Broad Street Rochester, NY 14614	262-8140 (for a complete listing of all the City School District programs) <a href="http://www.rcsdk12.org/prek">www.rcsdk12.org/prek</a>	Half-day preschool programs for children age 3 & 4 years. Parenting groups/participation while children attend preschool. Eligibility in various Rochester City elementary schools; no fee for eligible families.
<b>Stepping Stones Learning Center (SSLC)</b> 41 Colebrook Dr. Rochester, NY 14617	467-4567 <a href="http://www.steppingstoneslearning.com">www.steppingstoneslearning.com</a>	Offers parent support groups and parent training, as well as multidisciplinary behavioral assessment and intervention services. Call for information on fees.
<b>Support Group Directory</b> The Mental Health Association 339 East Ave., Suite 201 Rochester, NY 14604-2615	325-3145 <a href="http://www.mharochester.org/directory">www.mharochester.org/directory</a>	See <a href="#">Resource Directories</a> , <a href="#">Help Lines/Websites</a> , and <a href="#">Books/Videos/Handouts</a> for additional agency resources.
<b>TAPSS (Teen-Age Parent Support Services)</b> Society for the Protection and Care of Children (SPCC) 148 S. Fitzhugh St. Rochester, NY 14608	325-6101 <a href="http://www.spcc-roch.org">www.spcc-roch.org</a>	Individual and group counseling for pregnant & parenting teens and their partners. Childcare provided during group. Includes “Project Success” and employment-readiness training. No fee for youth age 21 and under. See <a href="#">Community Services</a> for additional agency resources.
<b>Teen Mother &amp; Infant/Toddler Program</b> St. Joseph’s Villa 3300 Dewey Ave. Rochester, NY 14616	865-1550 <a href="http://www.stjosephvilla.org">www.stjosephvilla.org</a>	Parenting training, therapy, and education/vocational training for 12-21 year-old mothers with emotional issues. Participants must be residents of St. Joseph’s Villa.
<b>Tough Love</b> West Side Baptist Church 3955 Mt. Read Blvd. Rochester, NY 14616	234-1836 <a href="http://www.toughlove.com">www.toughlove.com</a>	Support group for parents of children any age, weekly meetings Thursdays 7:15-8:15pm. No childcare available. One-time registration fee of \$35; additional \$5 fee per meeting.

## Medical & Mental Health Providers

(Note: If program is funded through health insurance, a referral from the Primary Care Provider may be required. If both the child and caregiver are receiving mental health services, insurance may limit coverage to a single mental health agency/provider.)

Name and Address	Contact Information	Description
<p><b>Behavioral Pediatrics Program of Rochester General Hospital</b> 1425 Portland Ave. Rochester, NY 14621</p> <p><u>Also available</u> <b>Dan DeMarle</b>, Educational specialist</p>	<p>Kathy Williams, Intake 922-4698 <a href="http://www.viahealth.org">www.viahealth.org</a> &gt;Search Our Site &gt;Behavioral Pediatrics Program</p> <p>922-3489</p>	<p>Assessment by clinical psychologist for children ages 3-19, and follow-up behavioral consultation. Interdisciplinary evaluation also available that includes developmental pediatrician, nurse practitioner. Need physician referral. See <u>Parent Support &amp; Groups</u> for additional agency resources.</p> <p>Assists with school advocacy issues and development of the IEP. Not covered by insurance; call for fees.</p>
<p><b><u>Crestwood Children's Center</u></b> 2075 Scottsville Rd. Rochester, NY 14623-2098</p> <p><b>Outpatient Therapy Clinic</b></p> <p><b>Comprehensive Outpatient Psychiatric Services (COPS)</b></p> <p><b>Primary Day Treatment Program</b></p>	<p>429-2700 x 2743 TTY: 256-7881 <a href="http://www.hillside.com">www.hillside.com</a></p> <p>Dr. Bozena Robertson, Clinic Director 429-2720</p> <p>Breanne McDowell, Crisis Specialist 429-2771</p> <p>Deanne Borrie, Principal Amy Loblaw, Clinical Supervisor 429-2961 429-2955 (Secretary)</p>	<p>Helpline for families to call for assistance in problem solving children with behavioral challenges.</p> <p>Serves children age 2 to 21; provides an assessment and treatment as needed at a various sites -Scottsville Rd., Hillside's East Main St. office and adding some available hours to the FRC office on Lyell Ave.</p> <p>Provides emergency mental health appointments for children ages 2 to age 21 who may be suicidal, homicidal, or on the verge of a severe mental health crisis.</p> <p>Serves children as young as 3. Referrals made by the child's school district following the preschool evaluation. A wide range of services is offered such as Case Coordination, Psychiatry, Speech Therapy and/or Occupational Therapy.</p>



## Medical & Mental Health Providers

(Note: If program is funded through health insurance, a referral from the Primary Care Provider may be required. If both the child and caregiver are receiving mental health services, insurance may limit coverage to a single mental health agency/provider.)

Name and Address	Contact Information	Description
<p><b><u>Strong Behavioral Health</u></b> 300 Crittenden Blvd. Rochester, NY 14642</p>	<p>275-3535 <a href="http://www.stronghealth.com">www.stronghealth.com</a> &gt;Health Services&gt;Behavioral Health</p>	
<p><b>Child &amp; Adolescent Outpatient Clinic</b> 2180 S. Clinton Ave. Rochester, NY 14618</p>	<p>274-4626 275-3522</p>	<p>Serves age 17 yrs &amp; under; no set minimum age/determined on an individual basis. Individual therapy services in clinic, with family sessions as needed. Able to address medication needs. Crisis case management services available, including home/community visits as needed. Child is the identified client; family-focussed therapy should be accessed through the Family Therapy Clinic (see below). May ask that child be evaluated by Strong Center for Developmental Disabilities (SCDD) first to rule out developmental issues. Often provides follow-up services after intervention by the Mobile Crisis Team. Funded through insurance; will accept uninsured.</p>
<p><b>Family Therapy Clinic</b></p>	<p>275-0320 275-3535</p>	<p>Parent(s) is the identified client; includes children in sessions as needed. Refer to Child &amp; Adolescent Clinic first, and their intake team will refer to Family Therapy Clinic if appropriate. May be appropriate for families experiencing divorce.</p>
<p><b>Rochester Community Mobile Crisis Team</b></p>	<p>Access by calling Lifeline (211).</p>	<p>24/7 emergency crisis services.</p>



## Medical & Mental Health Providers

(Note: If program is funded through health insurance, a referral from the Primary Care Provider may be required. If both the child and caregiver are receiving mental health services, insurance may limit coverage to a single mental health agency/provider.)

Name and Address	Contact Information	Description
<b><u>Unity Behavioral Health</u></b>	<a href="http://www.unityhealth.org">www.unityhealth.org</a>	
<b>Unity Outpatient Mental Health</b> 835 West Main Street Rochester, NY 14611 And	368-6550	Serves children age 5 to 18 years (if still in school & living with parent); may see children as young as 3.5 years; determined on an individual basis. Individual therapy services in clinic, with family sessions as needed. Crisis case management services available, including home/community visits as needed. Also offers theme specific groups for adults & older children (family substance abuse support, grief, etc). Spanish language interpreters available. Funded through health insurance; sliding scale fees.
<b>Park Ridge Mental Health Center</b> 100 Pinewild Drive Suite 2A Rochester, NY 14606 and	368-6700	
<b>Evelyn Brandon Health Center</b> 81 Lake Avenue Rochester, NY 14608	368-6900	
<b>Pediatric Developmental Unit of Unity Health System</b> (formerly Genesee Developmental Unit) 220 Alexander St., Suite 2100 Rochester, NY 14607	546-6130	

## Medical & Mental Health Providers

(Note: If program is funded through health insurance, a referral from the Primary Care Provider may be required. If both the child and caregiver are receiving mental health services, insurance may limit coverage to a single mental health agency/provider.)

Name and Address	Contact Information	Description
<p><b><u>ViaHealth Behavioral Health Network</u></b></p> <p><b>Genesee Mental Health Center for Children &amp; Families</b> 24 Alexander St. Rochester, NY 14607</p> <p><b>Rochester Mental Health Center</b> 490 East Ridge Rd. Rochester, NY 14621</p>	<p><a href="http://www.viahealth.org">www.viahealth.org</a></p> <p>Phil Taylor 922-7770</p> <p>922-2500</p>	<p>Serves ages 4 to 17.5 years. Individual therapy services in clinic, with family sessions as needed. Crisis case management services available, including home/community visits as needed. Satellite offices at Marshall HS, Edison Tech, School #33. Funded through health insurance, sliding scale fees. Children younger than 4 yrs are referred to the Unity Pediatric Developmental Unit (546-6130).</p> <p>Parenting skills and family counseling; insurance, sliding fee scale; Spanish language interpreter available.</p>
<p><b>Youth Emergency Services (YES)</b> c/o Coordinated Care Services, Inc. 1199 Jay St., Building J Rochester, NY 14611</p> <p><b>YES Crisis Specialists</b> Crestwood Children's Center Park Ridge Mental Health Center St. Mary's Campus Rochester Mental Health Center</p> <p><b>Rochester Community Mobile Crisis Team</b></p>	<p>613-7632 <a href="http://www.yesprogram.org">www.yesprogram.org</a></p> <p>429-2700 368-6700 368-6550 922-2500</p> <p>275-5151 or 211</p>	<p>Multi-agency consortium that provides 24/7 rapid access to emergency mental health services &amp; crisis care for children &amp; adolescents. See list at left for crisis specialist sites.</p> <p>24/7 on-site emergency response in the community and access to Home-Based Crisis Intervention support and crisis beds.</p>

## Community Services

Name and Address	Contact Information	Description
<p><b>The Advocacy Center</b> 590 South Ave. Rochester, NY 14620</p>	<p>546-1700 <a href="http://www.advocacycenter.com">www.advocacycenter.com</a></p>	<p>Services include connecting parents to other parents, information and referral, workshops on disability issues, educational advocacy, etc. See <a href="#">Help Lines/Websites</a> for additional agency resources.</p>
<p><b>Better Days Ahead</b> c/o The Mental Health Association 339 East Ave., Suite 201, Rochester, NY 14604</p>	<p>325-3145 <a href="http://www.betterdaysahead.org">www.betterdaysahead.org</a></p>	<p>Serves families of children with emotional or behavioral problems. Offers support groups, parenting classes, community referrals &amp; resources, advocacy, and respite services. Childcare &amp; transportation available for group participants, with advance notice. See <a href="#">Parent Support &amp; Groups</a> and <a href="#">Resource Directories</a> for additional agency resources.</p>
<p><b>Catholic Family Center</b> 87 N. Clinton Ave. Rochester, NY 14604</p>	<p>546-7220 <a href="http://www.cfcrochester.org">www.cfcrochester.org</a></p>	<p>Provides counseling services for children (all ages), families, and adults. Offers special programs addressing sexual abuse, child abuse prevention, substance abuse prevention and treatment, dysfunctional families, juvenile delinquency, families with incarcerated parents, etc. Referrals are made through MCDHS/Preventive Services, self-referral, or particular program eligibility guidelines. Various locations throughout Monroe County. Funding is based upon program requirements, through insurance, or sliding scale fees. See <a href="#">Parent Support &amp; Groups</a> for additional agency resources.</p>
<p><b>Charles Settlement House</b> 431 and 445 Jay St. Rochester, NY 14611 And 71 Parkway Rochester, NY 14608</p>	<p>328-5453 <a href="http://www.charlessettlementhouse.org">www.charlessettlementhouse.org</a></p>	<p>Home visiting parenting programs; services for children under five; parent involvement. \$2 fee for some youth programs.</p>

## Community Services

Name and Address	Contact Information	Description
<b>The Child Care Council</b> (formerly Western New York Child Care Council) 595 Blossom Rd. Rochester, NY 14610	654-4720 TTY: 654-4746 <a href="http://www.childcarecouncil.com">www.childcarecouncil.com</a>	Child care resource and referral, family child care provider training. Training fees may apply; call for details.
<b>IBERO American Action League</b> 817 E. Main St. Rochester, NY 14605	Talibah Akili 256-8900 <a href="http://www.iaal.org">www.iaal.org</a>	Parenting education; Bilingual; not solely for Spanish speaking families. No fee.
<b>Jewish Family Services</b> 441 East Ave. Rochester, NY 14607	461-0110 <a href="http://www.jfsrochester.org">www.jfsrochester.org</a>	Counseling and family support; sliding fee scale.
<b>Lifetime Assistance, Inc. (LAI)</b> 425 Paul Rd. Rochester, NY 14624	Diana Mullein 426-4120 x3118 <a href="http://www.lifetimeassistance.org">www.lifetimeassistance.org</a>	Assists individuals with a developmental disability, eligibility based on state approved diagnosis/cognitive delay. Services include case management/service coordination, workshops, life teaching skills (in home), residential placement, day services, employment (through VESID). Funded through medical coverage.
<b>Monroe County Department of Human Services (MCDHS)/ Preventive Services</b> 691 Saint Paul St. Rochester, NY 14605	753-4121 <a href="http://www.monroecounty.gov">www.monroecounty.gov</a> >Human Services >Preventive	Gateway for a variety of preventive services for families in crisis and whose children are at risk for out-of-home placement.

## Community Services

Name and Address	Contact Information	Description
<p><b>Monroe County Early Intervention Program (MCEIP)</b> 691 Saint Paul St., 4<sup>th</sup> floor Rochester, NY 14605</p>	<p>753-KIDS (5437) TTY: 753-5436 <a href="http://www.monroecounty.gov">www.monroecounty.gov</a> &gt;Public Health &gt;Child &amp; Family Health &gt;Early Intervention</p>	<p>Provides evaluations, family training, and therapeutic services for children birth to age three with suspected developmental delays, disabilities, or diagnoses with high risk of developmental delays. No fee for families of eligible children.</p> <p>MCEIP also houses copies of resource materials on behavior management, discipline, challenging behaviors, sleep-related issues, feeding issues and many other topics. To access these resources, families should contact their Ongoing Service Coordinator (OSC) or Early Intervention Official Designee (EIOD). EI professionals may also contact Linda Hoose at 753-5202.</p> <p>See <a href="#">Resource Directories</a> and <a href="#">Books/Videos/Handouts</a> for additional agency resources.</p>
<p><b>Monroe County Education for Children with Disabilities (ECD)</b> (Preschool Special Education - PSE) 111 Westfall Rd., room 1050 Rochester, NY 14620</p>	<p><a href="http://www.monroecounty.gov">www.monroecounty.gov</a> &gt;Public Health &gt;Child and Family Health &gt;Pre-school Special Ed</p> <p>Call the Committee on Preschool Special Education (CPSE) office of the school district in which the family resides.</p> <p>See Appendix C for local school district CPSE listings.</p>	<p>Free evaluation for children who are 32 months to 5 years. Parents choose evaluation team who administers Functional Behavioral Analysis (FBA) as part of a multidisciplinary evaluation. Parents of children with behavioral problems which affect their or other's learning should request an FBA. See Appendix D for FBA description.</p>

## Community Services

Name and Address	Contact Information	Description
<b>Mt. Hope Family Center</b> 187 Edinburgh St. Rochester, NY 14608	275-2991 <a href="http://www.psych.rochester.edu">www.psych.rochester.edu</a>	Provides preventive services accessed through MCDHS, as well as research studies relating to family mental health (i.e. post-partum depression) – call for information on opportunities for participation. No fee. See <a href="#">Parent Support &amp; Groups</a> for additional agency resources.
<b>Regional Center For Independent Living (RCIL)</b> 1641 East Ave. Rochester, NY 14610	442-6470 <a href="http://www.rcil.org">www.rcil.org</a>	Advocacy & advisement services for individuals with disabilities, including peer advocacy, benefits advisement, housing advocacy, deaf community support services, services for deaf-blind individuals, accessibility consultation, support groups, independent living skills training, and the Spina Bifida Resource Center.
<b>Regional Early Childhood Direction Center (RECDC)</b> 875 E. Main St. Rochester, NY 14605	585-399-4617 <a href="http://www.urmc.rochester.edu/gchas/di v/scdd/recdc.htm">www.urmc.rochester.edu/gchas/di v/scdd/recdc.htm</a>	Offers information, support, and referral assistance to parents and professionals concerned about a child age birth – 5 with special needs or handicapping condition. Covered counties include Geneseo, Livingston, Monroe, Ontario, Seneca, Wayne, Wyoming, Yates, Steuben, Schuyler, & Chemung. Not specific only to Mental Health services. No fee. See <a href="#">Help Lines/Websites</a> for additional agency resources.
<b>Rochester Association for the Education of Young Children (RAEYC)</b> 249 Highland Ave. Rochester, NY 14620	244-3380 <a href="http://raeyc.org">raeyc.org</a>	Provides information on early childhood education issues for parents and professionals working with young children through monthly programs, annual conferences and professional development workshops. Call for membership information.
<b>Rochester Children’s Nursery (RCN) Family Child Care Satellite</b> 941 South Ave. Rochester, NY 14620	473-2858 <a href="http://www.rcn4kids.org">www.rcn4kids.org</a>	Offers support and training for family childcare homes.

## Community Services

Name and Address	Contact Information	Description
<b>Rochester Early Enhancement Project (REEP)</b>	295-1000 x 237 or (877) 888-7647 toll free <a href="http://www.childrensinstitute.net">www.childrensinstitute.net</a>	Collaboration of various agencies helping Rochester's young children and their families reach their full potential. Services include pregnancy, childbirth and infant care information, early childhood education, parent education and support groups, advocacy and case management.
<b>Rochester Safe Start</b> c/o The Children's Institute, Inc. 274 N. Goodman St. Rochester, NY 14607	Anuja Vora 295-1000 x 239, avora@childrensinstitute.net	Information, group presentations, block clubs, parent groups, clinical/general training, and other programs addressing the impact of violence on children's lives.
<b>Society for the Protection and Care of Children (SPCC)</b> 148 S. Fitzhugh St. Rochester, NY 14608	325-6101 <a href="http://www.spcc-roch.org">www.spcc-roch.org</a> .	Family counseling is accessed through MCDHS/Preventive Services. Families may self-refer to the Family Violence program and Teenage Pregnancy Support Services (TAPSS). See <a href="#">Parent Support &amp; Groups</a> for additional agency resources.
<b>Stepping Stones Learning Center (SSLC)</b> 41 Colebrook Dr. Rochester, NY 14617	467-4567 <a href="http://www.steppingstoneslearning.com">www.steppingstoneslearning.com</a>	Offers parent support groups and parent training, as well as multidisciplinary behavioral assessment and intervention services.
<b>Urban League of Rochester</b> 265 N. Clinton Ave. Rochester, NY 14605	325-6530 <a href="http://www.ulr.org">www.ulr.org</a>	Intensive family counseling, crisis intervention, help in improving parenting skills and assistance in accessing community resources. See <a href="#">Parent Support &amp; Groups</a> for additional agency resources.

## Resource Directories

Directories listed below are also available at Monroe County EIP for reference unless otherwise noted. Call Linda Hoose at 753-5202.

Name	Access Information	Description
<b>Adult Guide to Youth Services</b> developed by Rochester-Monroe County Youth Bureau	753-6455 TTY: 274-6865 <a href="http://www.monroecounty.gov">www.monroecounty.gov</a> >Youth Bureau>Adult Guide to Youth Services (Access via website, or request paper copy by phone.)	Information and Referral sections on Parenting, Abuse/Violent Behavior, Teen Parenting, Stress, etc.
<b>Child &amp; Adolescent Mental Health Resource Guide for the Rochester Community</b> developed by Pediatric Links with the Community (PLC)/ Child Advocacy Resident Education (CARE) program (University of Rochester Department of Pediatrics)	<a href="http://www.plccare.org/MHRguide.html">www.plccare.org/MHRguide.html</a> (Access via website, or download paper copy.)	Web-based guide for primary care providers of children and adolescents designed to help in making referrals for Mental Health services. Four main groups are community resources and agencies, psychiatrists, psychologists, and social workers.
<b>Counseling, Consultations, &amp; Diagnostic Evaluation Resources List</b>	See Appendix A	List of regional mental health providers who work with young children.
<b>Disability Resource Guide - Greater Rochester Area</b> developed by the Parent-Educator Resource Library (PERL)	PERL; Monroe #1 BOCES 15 Linden Park Rochester, NY 14625 249-7065 <a href="mailto:PERL@boces.monroe.edu">PERL@boces.monroe.edu</a> (Call or e-mail for paper copy.)	Directory of disability-related resources, including emotional/behavioral disabilities, parenting support & training, respite, etc. See <a href="#">Books/Videos/Handouts</a> for additional agency resources.
<b>Finding Your Way: A Guide to Mental Health Services in Monroe and Livingston Counties, 2005 edition</b> developed by The Mental Health Association	The Mental Health Association 339 East Ave., Suite 201 Rochester, NY 14604-2615 325-3145 (Paper copy only.)	Resources guide to Mental Health Services for consumers, families, and professionals. Includes information on treatment options, legal issues, and special concerns. Primarily geared toward adult services, but includes some information on children and teens. See <a href="#">Parent Support &amp; Groups</a> , <a href="#">Books/Videos/Handouts</a> , and <a href="#">Help Lines/Websites</a> for additional agency resources.

## Resource Directories

Directories listed below are also available at Monroe County EIP for reference unless otherwise noted. Call Linda Hoose at 753-5202.

Name	Access Information	Description
<b>Monroe County Health Services Directory</b> (formerly Human Services Directory)	<a href="http://www.rochester.lib.ny.us">www.rochester.lib.ny.us</a> >Community Information>Health Services Directories (Available on-line only.)	Web-based directory offering complete listing of all Human Services in Monroe County. Services are listed alphabetically by topic or the name of agency/center.
<b>Resource Directory for Rochester and Monroe County</b> developed by the Perinatal Network of Monroe County	<a href="http://www.pnmc-hsr.org">www.pnmc-hsr.org</a> (Access via website, or download paper copy.)	Sections include family violence programs, developmental disabilities, hotlines, mental health services, parenting programs, youth services, etc.
<b>Support Group Directory</b> developed by The Mental Health Association	The Mental Health Association 339 East Ave., Suite 201 Rochester, NY 14604-2615 <a href="http://www.mharochester.org/directory">www.mharochester.org/directory</a> (Available on-line only.)	Web-based directory listing regional peer support groups available addressing a large variety of issues. See <a href="#">Parent Support &amp; Groups</a> , <a href="#">Help Lines/Websites</a> , and <a href="#">Books/Videos/Handouts</a> for additional agency resources.
<b>Through the Maze, 5<sup>th</sup> edition, 2003</b> developed by Better Days Ahead Family Support Network	Better Days Ahead c/o The Mental Health Association 339 East Ave., Suite 201 Rochester, NY 14604-2615 325-3145 (Paper copy only.)	Resource guide for families of children with emotional, behavioral, or mental health disorders. Includes information on treatment options, support groups, legal and financial resources. See <a href="#">Parent Support &amp; Groups</a> and <a href="#">Community Services</a> for additional agency resources.

## Help Lines/Websites

Name	Contact Information	Description
<b>The Advocacy Center</b>	590 South Ave. Rochester, NY 14620 546-1700 <a href="http://www.advocacycenter.com">www.advocacycenter.com</a>	Services include connecting parents to other parents, information and referral, workshops on disability issues, educational advocacy, etc. See <a href="#">Community Services</a> for additional agency resources.
<b>American Academy of Child &amp; Adolescent Psychiatry</b>	<a href="http://www.aacap.org">www.aacap.org</a>	Practice, research, legislative, advocacy, and other information for parents and professionals. Links to “Facts for Families” and a referral directory.
<b>The Bipolar Child</b>	<a href="http://www.bipolarchild.com">www.bipolarchild.com</a>	Website with information, links, book information, newsletter, FAQ’s, resources related to Juvenile Bipolar Disorder.
<b>Center for Evidence-Based Practice: Young Children with Challenging Behavior</b>	<a href="http://challengingbehavior.fmhi.usf.edu/index.html">challengingbehavior.fmhi.usf.edu/index.html</a>	Website with extensive information & links, including information on Functional Behavioral Assessment, building a support team, developing support plans, monitoring outcomes, research, case studies, etc.
<b>Child Abuse Hotline</b> Monroe County Hotline (call first).....  NYS Hotline.....	461-5690  800-635-1522 -mandated reporters 800-342-3720 – general public TTY: 800-638-5163	Call whenever child abuse/neglect is suspected. Monroe County Hotline answered by Child Protective Services 9 am –9 pm, Monday – Friday; 9 am – 6 pm weekends and holidays. Calls automatically roll over to the NYS Hotline outside of these times.
<b>Child &amp; Adolescent Bipolar Foundation</b>	<a href="http://www.bpkids.org">www.bpkids.org</a>	Website for information, web links, listserv, chat room, etc. related to Juvenile Bipolar Disorder.
<b>Family Crisis Intervention Team (FACIT)</b> A service of the Rochester Police Department	9-1-1 (for emergencies) 428-7183 (information)	Police intervention for family crisis situations. Information also available on domestic violence, mental health issues, child and adult abuse, runaways, etc.

## Help Lines/Websites

Name	Contact Information	Description
<b>Lifeline</b>	2-1-1 1-877-FLNY2-1-1 <a href="http://www.211fingerlakes.org">www.211fingerlakes.org</a>	Available 24/7 for information/ community referrals. Referrals to Mobile Crisis Team are made through this number.
<b>National Early Childhood Technical Assistance Center (NECTAC)</b> – Early Childhood Mental Health, Social-Emotional Development, and Challenging Behaviors	<a href="http://www.nectac.org/topics">www.nectac.org/topics</a> >Topics>Mental Health	Website offering information on federal legislation & initiatives, national associations, research & resource centers, and care & funding systems addressing childhood mental health issues.
<b>National Institute of Child Health &amp; Human Development</b>	<a href="http://www.nichd.nih.gov/publications/pubs/parenting/index.cfm">www.nichd.nih.gov/publications/pubs/parenting/index.cfm</a>	“Adventures in Parenting”. Information on effective parenting techniques to address children’s behavior. Examples given for use of techniques with children under age 3, between 4 –10 years, and older.
<b>Nemours Foundation</b>	<a href="http://www.kidshealth.org">www.kidshealth.org</a>	Web site that offers information for parents on health conditions, emotions & behavior, self-esteem, childhood stress and other issues.
<b>Parent Action Center</b> Rochester City School District	262-8070 <a href="http://www.rcsdk12.org/parents">www.rcsdk12.org/parents</a>	Information about a variety of agencies, support with solving problems involving schools and child care programs, and computers for parents to use on-site.
<b>Parents Action for Children</b>	<a href="http://www.iamyourchild.org">www.iamyourchild.org</a>	Offers parents information under ‘Special Needs’ including resources and links.

## Help Lines/Websites

Name	Contact Information	Description
<b>Regional Early Childhood Direction Center (RECDC)</b>	875 E. Main St. Rochester, NY 14605 585-399-4617 <a href="http://www.urmc.rochester.edu/gchas/div/scdd/recdc.htm">www.urmc.rochester.edu/gchas/div/scdd/recdc.htm</a>	Offers information, support, and referral assistance to parents and professionals concerned about a child age birth – 5 with special needs or handicapping condition. Covered counties include Geneseo, Livingston, Monroe, Ontario, Seneca, Wayne, Wyoming, Yates, Steuben, Schuyler, & Chemung. Not specific only to Mental Health services. No fee. See <u>Community Services</u> for additional agency resources.
<b>The Rochester Parent Network</b>	292-BABY (2229) <a href="http://www.rochesterparentnetwork.org">www.rochesterparentnetwork.org</a>	Support system for parents and caregivers through television, telephone and internet resources. Includes 292-BABY for answers to questions on health and childcare, family needs; can also access Audio Help Library (they can connect you, or dial direct to 922-5465) which has information on child development, discipline, health and child rearing information, etc. The audiotape list is given to parent by the Initial Service Coordinator in the blue folder. Call for your own list. Also includes Parent Talk, a daily call-in television show on cable channel 4
<b>Special Education Training &amp; Resource Centers (SETRC)</b> Monroe #1 BOCES SETRC..... Monroe #2 - Orleans BOCES SETRC..... Rochester City SETRC.....	249-7024 352-2443 or 2489 262-8486	Library resources and some workshops available; call for specifics.
<b>Support Group Directory</b> The Mental Health Association	<a href="http://www.mharochester.org/directory">www.mharochester.org/directory</a>	See <u>Parent Support &amp; Groups</u> , <u>Resource Directories</u> , and <u>Books/Videos/Handouts</u> for additional resources.

## Help Lines/Websites

<b>Name</b>	<b>Contact Information</b>	<b>Description</b>
<b>ViaHealth Link Parent's Information Line</b>	292-LINK (5465) outside of Rochester: 1-877-922-LINK (5465) <a href="http://www.viahealth.org">www.viahealth.org</a>	Health information library offering taped messages on a variety of topics, including behavior, discipline, sleep & feeding issues, child development, and common childhood illnesses.
<b>Zero To Three: Parenting A-Z</b>	<a href="http://www.zerotothree.org">www.zerotothree.org</a>	Articles, parenting tips, and frequently asked questions regarding parenting young children; includes topics such as aggression, discipline, feeding, disabilities, social-emotional development.

## Sources for Books/Videos/Handouts

Source	Contact Information	Description
<p><b>The Mental Health Association</b> 339 East Ave., Suite 210 Rochester, NY 14604</p>	<p>325-3145 <a href="http://www.mharochester.org">www.mharochester.org</a></p>	<p>Brochures and materials for families on dealing with difficult behaviors, stress of parenting, etc. See <a href="#">Parent Support &amp; Groups</a>, <a href="#">Resource Directories</a>, and <a href="#">Help Lines/Websites</a> for additional agency resources.</p>
<p><b>Monroe County Early Intervention Program (MCEIP)</b> 691 Saint Paul St., 4<sup>th</sup> floor Rochester, NY 14605</p>	<p>753-KIDS (5437) TTY: 753-5436 <a href="http://www.monroecounty.gov">www.monroecounty.gov</a> &gt;Public Health&gt;Child &amp; Family Health&gt;Early intervention</p>	<p>MCEIP houses copies of resource directories, handouts, videos, and other materials on child development, behavior management, discipline, challenging behaviors, sleep-related issues, feeding issues and many other topics. To access these resources, EI professionals and families should contact their Ongoing Service Coordinator (OSC) or Early Intervention Official Designee (EIOD). See Appendices C-F for bibliographies on sleep and feeding issues. See <a href="#">Resource Directories</a> and <a href="#">Community Services</a> for additional agency resources.</p>
<p><b>Parent-Educator Resource Library (PERL)</b> Monroe #1 BOCES 15 Linden Park Rochester, NY 14625</p>	<p>249-7064 PERL@boces.monroe.edu</p>	<p>Lending library of books, audiotape, videos, newsletters, and articles for parents &amp; educators of students with disabilities, as well as general education information. Services available in person, by phone, mail, or e-mail request. Includes a research service that provides Internet searches on disability related topics. Behavior management, emotional and behavioral disabilities, and family support/parenting are topics that they have resources on as well as many others. See Appendices C- F for bibliographies on sleeping and feeding issues from PERL (also available at MCEIP). See <a href="#">Resource Directories</a> for additional agency resources.</p>

## Sources for Books/Videos/Handouts

Source	Contact Information	Description
<b>Parents As Teachers (PAT) handouts</b>	Available through the PAT Program of Family Resource Centers; contact Sicily Mitchell @ 467-8130 x1 for details. Also available for reference at MCEIP.	Numerous topics related to child development and rearing, including topics such as attachment, discipline, fears, negativism, self-esteem, sibling rivalry, sensory overload, sleeping, temper tantrums, temperament, etc. See “Family Resource Centers” under <u>Parent Support and Groups</u> for additional agency resources.
<b>Rochester Public Library</b>	<a href="http://www.rochester.lib.ny.us">www.rochester.lib.ny.us</a> (See “Member Library Directory” link on website for information on branch locations and hours.)	LIBRAWeb Library Catalog can be searched by topic, material type, and branch location. Examples of the many books and videos on parenting include: <ul style="list-style-type: none"> <li>• “123 Magic” Video; 2001 production- clinical psychologist Thomas W. Phelan explains to parents and teachers how to manage children.</li> <li>• “What’s a parent to do?” Video; a special presentation of ABC news. Features parenting techniques from noted experts.</li> </ul>
<b>Rochester Regional Library Council: ROARING CAT</b>	<a href="http://rrlc.library.net">rrlc.library.net</a>	Catalogue of materials in academic, public, and school libraries in five counties.
<b>Woodbine House</b>	6510 Bells Mill Rd. Bethesda, MA 20817 (301) 897-3570 (800) 843-7323 <a href="http://www.woodbinehouse.com">www.woodbinehouse.com</a>	Publisher of books on disabilities for parents, children, teachers, and other professionals. Topics include medical issues, developmental disabilities, siblings, parents, and mental health among others.