

SOLICITATION FOR EXPRESSIONS OF INTEREST

FALLS PREVENTION / BALANCE PROMOTION PROGRAM

August 17, 2012

Monroe County's Office for the Aging (MCOFA) is accepting Expressions of Interest (EOI) for the operation of a "Falls Prevention / Balance Promotion Program" for area seniors, age 60 and older. It is expected that the program will be held at Monroe County sponsored Senior Centers and other locales where older adults congregate. Currently, there are nineteen (19) Senior Center nutrition sites throughout Monroe County that provide older adults with hot, nutritionally balanced meals, recreation programming, social events, case management, and other quality-of-life services. The County's objective is to select a Respondent to conduct the program for the remainder of 2012, with the option to renew for an additional one-year term through 2013.

Though the County is willing to consider all potential visions and ideas for this program, the "Falls Prevention / Balance Promotion Program" must be based upon regulatory requirements. Respondents must be community based organizations that typically provide services for older adults, and the program must utilize experienced instructors. The Program should be based on research and must be a certified evidence-based program. Evidence-based programming turns tested program models or interventions into practical, effective community programs that can provide proven health benefits to participants. These programs provide an ideal model for giving older adults information and support, and can significantly improve the health and well-being of older adults in the community. In addition, Respondents must have a sustainability plan, such as a "Train the Trainer" component, in order for the program to continue after the funding period. Ongoing outreach plans should include introductory presentations at Senior Centers, Senior Housing communities, places of worship, and other locations.

Interested parties must submit the following information:

1. A letter indicating interest, which addresses the following:
 - a. a statement of experience and qualifications;
 - b. a description of how the program will be carried out, including local service areas;
 - c. a program sustainability plan(s) such as a built in "train the trainer" component, including an estimated number of trainers trained; and
 - d. an estimated number of people served.
2. Source document(s) indicating program is a certified Evidence-Based Program.

Submissions are due by August 31, 2012 at 3:00 PM EST. to the contact listed below:

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