

An illustration of two hands being washed with soap bubbles. The hands are shown in a light skin tone, with one hand being washed by the other. Numerous light blue and green bubbles of various sizes are scattered around the hands, some appearing to be on the skin. The background is a solid blue color.

KEEP YOUR GERMS TO YOURSELF

Wash your hands with soap
and hot water, or use a
waterless hand cleanser after:

- Blowing your nose or coughing
- Using the bathroom
- Being near someone who is ill.

We'll all feel better!

www.nyhealth.gov
www.pandemicflu.gov