SPECIFIC DRUGS AND THEIR EFFECTS

<table>
<thead>
<tr>
<th>DRUG NAME</th>
<th>OTHER NAMES</th>
<th>HOW CONSUMED</th>
<th>EFFECTS</th>
</tr>
</thead>
</table>
| ALCOHOL   | Beer, wine, liquor, cooler, malt liquor, booze | Orally | • Addiction (alcoholism)  
• Dizziness  
• Slurred speech  
• Disturbed sleep  
• Nausea  
• Vomiting  
• Hangovers  
• Impaired motor skills  
• Violent behavior  
• Impaired learning  
• Fetal alcohol syndrome  
• Respiratory depression & death (with high doses) |
| AMPHETAMINES | Speed, uppers, ups, hearts, pep pills, black beauties, bumble bees, benzedrine, dexedrine, footballs, biphedrine, copilots | Orally, injected, snorted, or smoked | • Addiction  
• Irritability  
• Anxiety  
• Increased blood pressure  
• Paranoia/psychosis  
• Depression  
• Aggression  
• Convulsions  
• Dilated pupils/blurred vision  
• Dizziness  
• Sleeplessness  
• Loss of appetite; malnutrition  
• Increased body temperature  
• Increased risk of exposure to HIV, hepatitis, other infectious diseases |
| METHAMPHETAMINE | Speed, meth crank, crystal, ice, fire, croak, crypto, white cross, glass | Orally, injected, snorted, or smoked | • Addiction  
• Irritability  
• Anxiety  
• Increased blood pressure  
• Paranoia/psychosis  
• Aggression  
• Nervousness  
• Compulsive behavior  
• Stroke  
• Depression  
• Convulsions  
• Heart/blood vessel toxicity  
• Insomnia  
• Loss of appetite; malnutrition  
• Hallucinations  
• Formication (the sensation of insects crawling on or under the skin)  
• Increased risk of exposure to HIV, hepatitis, other infectious diseases |

FACTS FOR PARENTS

- 25% of 8th graders have admitted to being intoxicated at least once
- Chronic use can induce psychosis with such symptoms as paranoia and visual/auditory hallucinations
- Some users avoid sleep for 3 to 15 days. "Ice" is the street name for smokeable methamphetamine
SPECIFIC DRUGS AND THEIR EFFECTS

STIMULANTS

**ECSTACY** (methyleneoxyamphetamine)

XTC, Adam, MDMA

Orally

- Psychiatric disturbances, including panic, anxiety, depression, paranoia
- Muscle tensions
- Nausea
- Blurred vision
- Sweating
- Increased heart rate and blood pressure
- Tremors
- Hallucinations
- Reduced appetite
- Sleep problems
- Fainting
- Chills

**RITALIN** (methylphenidate)

Speed, west coast

NOTE: Ritalin is a legally prescribed medication for treating Attention Deficit Disorder/hyperactivity, but is sold and abused as a street drug.

Tablet crushed, the injected or snorted

- Loss of appetite
- Fevers, convulsions, severe headaches
- Increased risk of exposure to HIV, hepatitis and other infectious diseases when injected
- Irregular heartbeat and respiration
- Paranoia, hallucinations, delusions
- Excessive repetition of movements and meaningless tasks
- Tremors, muscle twitching

**HERBAL ECSTACY/EYPHERINE**

Herbal Ecstasy (sic), Cloud 9, Rave Energy, Ultimate Xphoria, X

Orally

- Increased heart rate and blood pressure
- Seizures
- Heart attacks
- Stroke
- Death

**DESIGNER DRUGS** (Fentanyl-based)

Synthetic heroin, goodfella

Injected, sniffed or smoked

- Instant respiratory paralysis
- Potency creates strong possibility of overdose
- Increased risk of exposure to HIV, hepatitis and other infectious diseases when injected
- Many of the same effects as heroin

Ecstasy is popular at all-night underground dance parties ("raves") and is the most common "designer drug."

Some children buy or steal the drug from their classmates.

The active ingredients in Herbal Ecstasy are caffeine and ephedrine.

Designer drugs are created by changing the molecular structure of an existing drug to create a new substance.
## SPECIFIC DRUGS AND THEIR EFFECTS

### STIMULANTS

<table>
<thead>
<tr>
<th>DRUG</th>
<th>EFFECTS</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>GHB</strong> (Gamma Hydroxybutyric Acid)</td>
<td>Liquid ecstasy, somatomax, scoop, Grievous Bodily Harm, liquid x Georgia Home Boy, goop</td>
</tr>
<tr>
<td>Snorted, orally, smoked, mixed into drinks</td>
<td>Snorted or dissolved in water and injected</td>
</tr>
<tr>
<td>• Liver failure</td>
<td>• Addiction (alcoholism)</td>
</tr>
<tr>
<td>• Vomiting</td>
<td>• Pupil dilation</td>
</tr>
<tr>
<td>• Tremors</td>
<td>• Elevated blood pressure and heart rate</td>
</tr>
<tr>
<td>• Seizures</td>
<td>• Increased respiratory problems</td>
</tr>
<tr>
<td>• Comas</td>
<td>• Increased risk of exposure to HIV, hepatitis, and other infectious diseases when injected</td>
</tr>
<tr>
<td>• Fatal respiratory problems</td>
<td>• Paranoia • Seizures</td>
</tr>
<tr>
<td></td>
<td>• Heart attack • Respiratory failure</td>
</tr>
<tr>
<td></td>
<td>• Constricted peripheral blood vessels</td>
</tr>
<tr>
<td></td>
<td>• Restlessness, irritability, anxiety</td>
</tr>
<tr>
<td></td>
<td>• Loss of appetite</td>
</tr>
<tr>
<td></td>
<td>• Tactile hallucinations</td>
</tr>
<tr>
<td></td>
<td>• Increased body temperature</td>
</tr>
<tr>
<td></td>
<td>• Death from overdose</td>
</tr>
</tbody>
</table>

Sometimes the user transports the drug in empty hotel shampoo or eye-dropper bottles.

Cocaine is a powerfully addictive drug. Heavy use can produce hallucinations, insomnia, paranoia, aggression, depression.

### COCAINE

Coke, snow, nose candy, flake, blow, big C, lady, white, snowbirds

### CRACK

Rock, freebase

A cheaper form of cocaine that may be more addicting.
**SPECIFIC DRUGS AND THEIR EFFECTS**

**OPIATES/OPIATE-LIKE**

**HEROIN**
Smack, horse, mud, brown sugar, junk, black tar, big H, dope

- Injected, snorted, or smoked
- Addiction
- Slowed and slurred speech
- Slow gait
- Constricted pupils, droopy eyelids, impaired night vision
- Vomiting after first use and at very high doses
- Decreased sexual pleasure or indifference to sex
- Reduced appetite
- Constipation
- Nodding off (at high doses)
- Respiratory depression or failure
- Increased risk of exposure to HIV, hepatitis, other infectious diseases
- Dry, itching skin and skin infections
- Death from overdose

Heroin users quickly develop a tolerance to the drug and need increasing amounts to get the same effects or to feel well.

**ROHYPNOL** (Flunitrazepam)
Roach, roofies, the forget pill, rope, rophies, ruffies, R2, foofenol, la roche, rib

- Orally
  - Addiction
  - Blackouts with a complete loss of memory
  - A sense of fearlessness and aggression
  - Dizziness and disorientation
  - Nausea
  - Difficulty with motor movements and speaking

Referred to as the "date rape drug," Rohypnol creates a drunk feeling that lasts two to eight hours.

**"SPECIAL K"** (Ketamine Hydrochloride)
Vitamin K, new ecstasy, psychedelic heroin, Ketalar, Ketaject, Super-K, breakfast cereal

- Smoked or snorted
- Delirium
- Amnesia
- Impaired motor function
- Potentially fatal respiratory problems

Popular at raves. Used as an anesthetic for animals.
SPECIFIC DRUGS AND THEIR EFFECTS

HALUCINOGENS

**PCP** (Phencyclidine)
- Angel dust, ozone, rocket fuel, dust, peace pill, elephant tranquilizer
- Orally, injected, snorted, or smoked
  - Hallucinations
  - "Out-of-body" experiences
  - Anxiety
  - Impaired motor coordination
  - Inability to feel physical pain
  - Respiratory attack
  - Depression
  - Anxiety
  - Disorientation
  - Fear, panic, paranoia
  - Aggressive behavior and violence
  - Inability to feel physical pain
  - Death

**LSD** (Lysergic Acid Diethylamide)
- Acid, microdot, tabs, doses, trips, hits, sugar cubes
- Tabs taken orally; gel/liquid put in eyes
  - Elevated body temperature and blood pressure
  - Suppressed appetite
  - Sleeplessness
  - Tremors
  - Chronic recurring hallucinations

**MUSHROOMS** (Psilocybin)
- Shrooms, caps, magic mushrooms
- Eaten or brewed and drunk as tea
  - Increased blood pressure
  - Sweating
  - Nausea
  - Hallucinations

Marijuana joints can be dipped into PCP without the smoker's knowledge.

LSD is the most common hallucinogen. LSD tabs are often decorated with colorful designs or cartoon characters.

Many mushroom users purchase hallucinogenic mushroom spores via mail order.
### SPECIFIC DRUGS AND THEIR EFFECTS

#### INHALANTS

Nitrous oxide, laughing gas, whippets, aerosol sprays, cleaning fluids, solvents

Vapors are inhaled

- Headache, abdominal pain, muscle weakness
- Severe mood swings and violent behavior
- Numbness and tingling of hands/feet
- Decrease or loss of sense of smell
- Nausea
- Nosebleeds
- Liver, lung and kidney damage
- Dangerous chemical imbalances
- Fatigue, lack of coordination
- Loss of appetite
- Decreases in heart and respiratory rates
- Hepatitis or peripheral neuropathy from long-time use

Hundreds of legal household products can be sniffed (or "huffed") to get high. All inhalants can be toxic.

#### MARIJUANA/HASH

Weed, pot, reefer, grass, dope, ganja, Mary Jane, sinsemilla, herb, Aunt Mary, skunk, boom, kif, gangster, chronic, 420

Smoked or eaten

- Bloodshot eyes
- Dry mouth and throat
- Impaired or reduced comprehension
- Altered sense of time
- Reduced ability to perform tasks requiring concentration and coordination
- Paranoia
- Intense anxiety or panic attacks
- Altered cognition, making acquisition of new information difficult
- Impairments in learning, memory, perception and judgement—difficulty speaking, listening effectively, thinking, retaining knowledge, problem solving, and forming concepts

The average age for first use is 14. Look for homemade pipes/bongs made from soda cans or plastic bottles.

#### STEROIDS

Roids, juice

Orally or injected into muscle

- Liver cancer
- Sterility
- Masculine traits in women and feminine traits in men
- Aggression
- Depression
- Acne
- Mood swings

Steroid users subject themselves to more than 70 potentially harmful side effects.

#### TOBACCO

Smoke, bone, butt, coffin nail, cancer stick; cigarettes, cigars, pipes, smokeless tobacco

Smoked, chewed, dipped

- Addiction
- Heart and cardiovascular disease
- Cancer of the lung, larynx, esophagus, bladder, pancreas, kidney and mouth
- Emphysema and chronic bronchitis
- Spontaneous abortion, pre-term delivery and low birth weight

One in five 12th graders is a daily smoker.