by Legislators Kener and Smith
Intro. No
RESOLUTION NO OF 2023
AMENDING RESOLUTION 395 OF 2022 AUTHORIZING CONTRACT FOR OFFICE FOR THE AGING PROGRAMS IN 2023-2024
BE IT RESOLVED BY THE LEGISLATURE OF THE COUNTY OF MONROE, as follows:
Section 1. Section 1 of Resolution 395 of 2022 is hereby amended to read as follows:
The County Executive, or his designee, is hereby authorized to execute contracts, applications, and any amendments thereto, with the agencies listed in Attachment A in an amount not to exceed \$8,175,556 \$8,907,872 for the period of January 1, 2023 through March 31, 2024.
Section 3. Funding for these contracts is included in the 2023 operating budget of the Monroe County Department of Human Services, Office for the Aging, general fund 9300 and general fund 9001; funds centers 5501030000, Support Service Contracts; 5501040000, Nutrition Service Contracts, and 5501050000, Education, Training, Wellness Contracts.
Section 4. This resolution shall take effect in accordance with Section C2-7 of the Monroe County Charter.
Human Services Committee; March 28, 2023 - CV: 9-0 Ways and Means Committee; March 28, 2023 - CV: 11-0 File No. 23-0084
ADOPTION: Date: Vote:
ACTION BY THE COUNTY EXECUTIVE
APPROVED: VETOED:
SIGNATURE: DATE:

EFFECTIVE DATE OF RESOLUTION:

Added language is <u>underlined</u> Deleted language is <del>stricken</del>

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Apprient Automotes & Assessings Abrient's Obsesse and National Obsessions Assessings, Inc., Caregiver Education and Support		111,862	each re	Caregiver effection programs, training and support groups and information & assistance effered to individuals dispressed with early to and range Akhelmer's disease and either membry related dispressors.
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				Providing Assistances and Treatment for Home-based Senior (PATIS).
walker speed to the second		33,839		The Aging Atachery Program (Auth) is an evidence-based program developed by the Atalaims Council on Aging Asin' teaches an Individual rown solds and standings for managing their health effectively, more wall and standing positive changes in their life.
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Coordinated Care Services, Inc.			_	
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### PURCHASE OF SERVICES INFORMATION FORM

Per Resolution 223 of 2007 as amended by Resolution 11 of 2008

Re: Amend Resolution 395 of 2022, Attachment A. Authorization to Contract for Office of Aging Programs with the following agencies: Medical Motor Service of Rochester and Monroe County, inc. – Transportation, Goodwill of the Finger Lakes, Inc. – Catering & Registered Dietitians Service, Lifespan – Falls Prevention & Mobility Management and UR Medicine Home Care - Home Delivered Meal Program in 2023-24.

Total Served 2021:

N/A

**Proposed Operational \$** 

\$16,500

Amt. 2023:

Proposed ARPA \$ Amt.

2023:

\$43,500

**SECTION I** 

PROGRAM:

Falls Prevention Program

CONTRACTOR:

Lifespan of Greater Rochester, Inc., Ann Marie Cook, President/CEO

PROGRAM DESCRIPTION:

Evidence-based falls prevention wellness program for adults age 60 and older. The program teaches older adults how to avoid falls and improve or maintain their balance in order to prevent injuries and maintain their independence.

PRIMARY OBJECTIVE(S)/

DELIVERABLES:

Certified Master Trainers will provide information and support via a "Falls Prevention Program" to older adults at local senior centers and other locales where older adults congregate in order to maintain their balance as they age. Trainings and instructional books are provided throughout the eight week course.

PRIMARY PERFORMANCE MEASURE/INDICATOR:

Upon completion of classes, at least 98% of older adults taking class will feel more comfortable in increasing their physical activity.

	Current Year Projection	Next Year Projection
Program Year	1/1/23-12/31/23	1/1/24-012/31/24
Total # of Participants	600	600
Successful	588	588
% Successful	98%	98%

OUTCOME ASSESSMENT METHODOLOGY:

Program will survey participants with pre-tests and post tests to determine the effectiveness of this evidence-based wellness program

**SECTION II** 

**SOURCE MATERIAL:** 

Annual Evaluation with previous contractor is on file with the Clerk of the Monroe County Legislature

## **PURCHASE OF SERVICES INFORMATION FORM** Per Resolution 223 of 2007 as amended by Resolution 11 of 2008

Re: : Amend Resolution 395 of 2022, Attachment A. Authorization to Contract for Office of Aning Programs with the following agencies: Medical Motor Service of Rochester and Monroe County, Inc. - Transportation, Goodwill of the Finger Lakes, Inc. - Catering & Registered Distitions Service, Lifespan - Falls Prevention & Mobility Management and UR Medicine Home Care - Home Delivered Meal Program in 2023-24.

Total Served 2021 - 2022:

N/A

**Proposed Operational** 

\$Amt. 2023:

\$872,600

Proposed ARPA \$Amt.

2023:

\$626,316

**SECTION I** 

PROGRAM:

Home Delivered Meals

CONTRACTOR:

UR Medicine Home Care, Community Services, Inc. Michelle Dahlkemper President

PROGRAM DESCRIPTION:

One or two meals per day are provided to persons aged 60 and over who are homebound due to illness or disability and who are unable to prepare their own meals. Meals are available five days per week with provisions for weekend meals if needed. The primary objective is to increase the level of independence in the daily living of a frail, elderly participant who receives "Meals on Wheels."

PRIMARY OBJECTIVE(S)/

**DELIVERABLES:** 

Individuals will increase their level of independence through receipt of home delivered meals

PRIMARY PERFORMANCE MEASURE/INDICATOR:

Individuals receiving services will report higher levels of independence as a result of receiving home delivered meals (under this funding source)

	Current Year Projection	Next Year Projection
Program Year	1/1/23- 12/31/23	1/1/24- 12/31/24
Total # of Participants	900	900
% Successful	95%	95%

**OUTCOME ASSESSMENT** METHODOLOGY:

The New York State Office for the Aging collects and monitors data via MCOFA.

**BOARD MEMBERS:** 

Dallas Nelson, Kathleen Whelehan, James Dickson II, Kate Ackerman, Timothy Ashe, Mary Beer, Talethea Best, Adam Cardina, Ann Marie Cook, Mark Cronin, Michelle Dahlkemper, Dr Jason Feinberg, Steve Goldstein, Barbara Gray, Ann Harrington Diana Kurty, David Lipari, Kristi Love, William McDonald, Dallas Nelson, Judy Novak, Mark Prunoske, Alan Resnick,

Hazel Robertshaw, Kathleen Whelehan, Walt Winiarczyk

**SECTION II** 

SOURCE MATERIAL:

Annual Evaluation is on file with the Clerk of the Monroe County Legislature.

## **PURCHASE OF SERVICES INFORMATION FORM** Per Resolution 223 of 2007 as amended by Resolution 11 of 2008

Re: : Amend Resolution 395 of 2022, Attachment A. Authorization to Contract for Office of Aging Programs with the following agencies: Medical Motor Service of Rochester and Monroe County, Inc. - Transportation, Goodwill of the Finger Lakes, Inc. - Catering & Registered Distitians Service, Lifespan - Falls Prevention & Mobility Management and UR Medicine Home Care - Home Delivered Meal Program in 2023-24.

Total Meals Served 2021 - 22:

71.817

Proposed \$ Amt. 2023 - 24:

\$416,386

**SECTION I** 

PROGRAM:

Catering Services for the Congregate Nutrition Program & Grab n Go Program

CONTRACTOR:

Goodwill of the Finger Lakes, Inc. - Jennifer Lake, President / CEO

PROGRAM DESCRIPTION:

Preparation, delivery, and catering services for the Monroe County Office for the Aging Nutrition Programs congregate meal program and Grab n Go meal program for area senior centers.

PRIMARY OBJECTIVE(s)/

**DELIVERABLES:** 

Seniors enjoy a nutritious, safe, appealing, appetizing and satisfying meal, Improve or maintain the nutritional health for persons age 60 and above.

PRIMARY PERFORMANCE **MEASURE/INDICATOR:** 

Objective: Seniors enjoy a nutritious, safe, appealing, appetizing and satisfying meal.

Indicator of Success:

- Hot foods are delivered to meal sites at a minimum temperature of 140°F
- Cold foods are delivered to meal sites at a maximum of 45°F.
- 3 Meals are delivered within the two hour holding time.

	Current Year Projection	Next Year Projection
Program Year	1/1/23-3/31/24	1/1/24-3/31/25
Hot food delivered at 140°F	90%	90%
Cold Food delivered at 45°F	90%	90%
Meals delivered within two hours holding time	90%	90%
	50 A S	

<sup>\*</sup> Due to COVID-19 pandemic, senior centers were closed till July, 2021

**OUTCOME ASSESSMENT** METHODOLOGY:

The performance indicators are tracked by service delivery ticket and time/temperature logs.

The contractor will use the New York State Office for Aging's designated Statewide Client Data System, and the County's ContrackHQ to generate monthly and quarterly reports, annual self-evaluations, program assessments performance measures, outcome objectives, number of people served including demographics and units provided which measure the effectiveness and impact of the program.

# SECONDARY PERFORMANCE MEASURE/INDICATOR:

Satisfaction with Nutrition Program

Indicator of Success: 90% of the program participants will respond with "Overall, are you satisfied with the meals served?"

	Current Year Projection	Next Year Projection
Program Year	1/1/23-3/31/24	1/1/24-3/31/25
Total # of Participant Surveys Distributed	996	996
% Overall Satisfied with Meals Served	90%	90%

\*Due to COVID-19 pandemic, senior centers were closed till July, 2021.

The senior centers participants are satisfied with Nutrition Program including meals served. The Customer Satisfaction Survey is administered yearly by senior centers. Result will be recorded by the Office for the Aging's staff.

BOARD MEMBERS: John Henderson, Dr. Darrick Alaimo, Junior Dillon, David DilLoreto, M.D. Ph.D., Michael Frame, Amy Gould,

lan Harper, Brian Harrington, Susan Kitchen, Jennifer Lake, Judie Lynn Nassar McAvinney, Robert Poltrino

Gerard Rooney, Ph. D., Hezekiah Simmons, Vivek Thiagarajan

SECTION II

SOURCE MATERIAL: Annual Evaluation with previous contractor is on file with the Clerk of the Monroe County Legislature

### PURCHASE OF SERVICES INFORMATION FORM

Per Resolution 223 of 2007 as amended by Resolution 11 of 2008

Re: : Amend Resolution 395 of 2022, Attachment A. Authorization to Contract for Office of Aging Programs with the following agencies: Medical Motor Service of Rochester and Monroe County, Inc. — Transportation, Goodwill of the Finger Lakes, Inc. — Catering & Registered Dietitians Service, Lifespan — Falls Prevention & Mobility Management and UR Medicine Home Care.: Home Delivered Meal Program in 2023-24.

Total Served 2021

N/A

Proposed \$ Amt. 2023 -24:

\$62,500

**SECTION I** 

PROGRAM:

Mobility Management program

CONTRACTOR:

Lifespan of Greater Rochester, Inc. - Ann Marie Cook, President / CEO

PROGRAM DESCRIPTION:

Transportation coordination is needed in order to better serve those lacking access and information on various transportation options. Mobility Management Program will be a one-stop shop in order to identify specific options to access which best fits the need of individual older adults residing in Monroe County.

PRIMARY OBJECTIVE(S)/

**DELIVERABLES:** 

Mobility management programs includes a wide range of activities that seek to optimize all transportation resources in a community including specialized transportation services for older adults, people with disabilities, and individuals with lower incomes. Mobility management looks beyond a single transportation service or solution to encompass a variety of services and options to meet individual needs in a coordinated and cost-effective manner.

PRIMARY PERFORMANCE MEASURE/INDICATOR:

Individuals receiving services will receive safe, door-to-door transportation services.

	Current Year Projection	Next Year Projection
Program Year	1/1/23-12/31/23	1/1/24-9/30//24
Total # of Participants	600	400
# Successful	540	360
% Successful	90%	90%

OUTCOME ASSESSMENT METHODOLOGY:

Clients are surveyed to determine effectiveness of the program and measure the level of increased knowledge after receiving information from a MIPPA counselor. Surveys are compiled

and analyzed annually.

**BOARD MEMBERS:** 

Vicki Hines, LaRon Rowe, Chris Martusewicz, Jane Shukitis, Mark McDermott, Lucia Acosta-Castillejo, , Michael Burke, Jim Condello, Will Carroll, Tere Dominas, Beverly Fair-Brooks, Jarrett Felton, John Fornof, Bob Hartman, Dr. Brian Heppard, Lori Jansen, Cindy Lovetro, John Lynch, Jr., Dr. Robert McCann, Pennie McNulty, Susan Powell Byrd, Lisa Powers, Yvette Tehan,

Roberta Van Winkle, Liz Vega

**SECTION II** 

SOURCE MATERIAL:

Annual Evaluation with previous contractor is on file with the Clerk of the Monroe County

Legislature

# PURCHASE OF SERVICES INFORMATION FORM Per Resolution 223 of 2007 as amended by Resolution 11 of 2008

Re: : Amend Resolution 395 of 2022, Attachment A. Authorization to Contract for Office of Aging Programs with the following agencies:

Medical Motor Service of Rochester and Monroe County, Inc. – Transportation, Goodwill of the Finger Lakes, Inc. – Catering & Registered

Dietitians Service, Lifespan – Falls Prevention & Mobility Management and UR Medicine Home Care - Home Delivered Meat Program in 202324.

**Total Participants Served** 

2021:

Proposed \$ Amt. 2023:

\$61,625

1.194

SECTION!

PROGRAM:

Registered Dietician (RD) Services

CONTRACTOR:

Goodwill of the Finger Lakes, Inc. - Jennifer Lake, President / CEO

PROGRAM DESCRIPTION:

RD services for various aspects of the senior center nutrition program.

PRIMARY OBJECTIVE(s)/ DELIVERABLES: Registered Dietitian (RD) will provide RD services for various aspects of the nutrition program. Duties performed include menu planning, nutritional education, counseling, screening and presentations.

PRIMARY PERFORMANCE MEASURE/INDICATOR:

Objective: To discuss health goals and challenges during the contract year in one-on-one nutrition counseling sessions. To promote better nutrition, physical fitness and health through information and instruction on nutrition and related consumer topics.

#### Indicator of Success:

1. Total Number of Hours Nutrition Counseling is provided meets MCOFA's goals

2. Total Number of Participants that attend Nutrition Education Presentation meets MCOFA goals

	Current Year Projection	Next Year Projection
Program Year	1/1/23-12/31/23	1/1/24-12/31/24
Total Hours of Nutrition Counseling Provided	150	150
Total Number of Participants at Nutrition Education Presentations	2,400	2,400

OUTCOME ASSESSMENT METHODOLOGY:

The Contractor will use the New York State Office for Aging's designated Statewide Client Data System, and the County's ContrackHQ to generate monthly and quarterly reports, annual self-evaluations, program assessments, performance measures, outcome objectives, number of people served including demographics, and units provided which measure the effectiveness and impact of the program. The performance indicators are tracked by how many participants attended the presentations and how many hours were spent providing consultations.

SECONDARY PERFORMANCE MEASURE/INDICATOR:

Satisfaction with the Nutrition Counseling and Nutrition Education Program

Indicator of Success: 90% of the program participants will respond with "Overall, are you satisfied with the Nutrition Programs such as Nutrition Counseling, Nutrition Education and Senior Farmer Market Program"

# OUTCOME ASSESSMENT METHODOLOGY:

	Current Year Projection	Next Year Projection	
Program Year	1/1/22-12/31/22	1/1/23-12/31/23	
% Overall Satisfied with Counseling sessions	90%	90%	
% Overall Satisfied with Nutrition Education sessions	90%	90%	

\*Due to COVID-19 pandemic, senior centers were closed until July, 2021.

The Customer Satisfaction Survey is administered yearly by the Contractor Result will be recorded by the Office for the Aging's staff.

John Henderson, Dr. Darrick Alaimo, Junior Dillon, David DiLoreto, M.D. Ph D., Michael Frame, Amy Gould

Ian Harper, Brian Harrington, Susan Kitchen, Jennifer Lake, Judie Lynn Nassar McAvinney, Robert Poltrino

Gerard Rooney, Ph. D., Hezekiah Simmons, Vivek Thiagarajan

**SECTION II** 

**BOARD MEMBERS:** 

SOURCE MATERIAL: Annual Evaluation with previous contractor is on file with the Clerk of the Monroe County Legislature



# PURCHASE OF SERVICES INFORMATION FORM

## Per Resolution 223 of 2007 as amended by Resolution 11 of 2008

Re: : Amend Resolution 395 of 2022, Attachment A. Authorization to Contract for Office of Aging Programs with the following agencies: Medical Motor Service of Rochester and Monroe County, Inc. - Transportation, Goodwill of the Finger Lakes, Inc. - Catering & Registered Distitions Service, Lifespan - Falls Prevention & Mobility Management and UR Medicine Home Care - Home Delivered Meal Program in 2023-24,

Total Served 2021

281

Proposed \$ Amt. 2022:

\$691,097

**SECTION I** 

PROGRAM:

Transportation Services for Older Adults

CONTRACTOR:

Medical Motor Service of Rochester and Monroe County, Inc., Timothy Kohlmeier, Executive Director

PROGRAM DESCRIPTION: Transportation provided on a regular basis for senior center participants, social adult day services clients, and

dialysis patients.

PRIMARY OBJECTIVE(\$) DELIVERABLES: The primary objective is to improve independence and mobility of older persons, enabling them access to

health, nutritional, social services and dialysis treatments.

PRIMARY PERFORMANCE Individuals receiving services will receive safe, door-to-door transportation services

**MEASURE/INDICATOR** 

	Previous Year Projection	Previous Year Actual	Current Year Projection	Next Year Projection
Program Year	1/1/22-12/31/22	1/1/22-12/31/22	1/1/23-12/31/23	1/1/24-12/31/24
Total # of Participants	431	281	433	400
# Successful	388	281	390	360
% Successful	90%	65%	90%	90%

OUTCOME **ASSESSMENT** METHODOLOGY:

Performance is measured through monthly service reports, and quarterly measure totals which report the unduplicated number of persons served as well as the number of trips to each Senior Center and dialys s locations. A customer satisfaction survey is administered annually.

**BOARD MEMBERS:** 

Martin Murphy, Mark Benotti, Patricia M. Woods, Sean Rivers Christopher Trageser, Mark Bergin, Katte Charboneau, Joanne Dermady, Deborah M. Field, Matthew Kelley, Britt Lui, James E. Morris Josh Pryor.

Jennifer Simon, Liza Stevenson, Thomas G. Tuke David J. Whitaker

**SECTION II** 

SOURCE MATERIAL:

Annual Evaluation is on file with the Clerk of the Monroe County Legislature