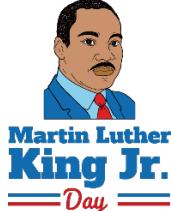


Monday	Tuesday	Wednesday	Thursday	Friday
5 <b>Breaded Haddock</b> on a Bun with Tartar Sauce Brussels Sprouts Pear Cup Chocolate Marble Ice Cream Cup	6 <b>Chicken Breast</b> over Salad with Ranch Dressing Dinner Roll Fresh Orange Cherry Pie	7 <b>Sweet and Sour Pork</b> over Rice Stir Fry Vegetables Fresh Apple	8 <b>Split Pea Soup</b> Ham and Cheese on a Bun with Mayo Pineapple Cup	9 <b>Meatball Sub</b> with Sauce and Cheese on a Roll Cole Slaw Green Beans Mixed Fruit Cup
12 <b>Macaroni and Cheese</b> Stewed Tomatoes Broccoli Fresh Apple	13 <b>Tortilla Crusted Tilapia</b> Rice Salsa Cup Corn Peach Cup	14 <b>BBQ Chicken Sliders</b> (2 each) Spinach Fresh Banana	15 <b>Pork Fajita Bowl</b> with rice & beans, peppers & onions, lettuce & cheese Salsa Cup Tortilla Chips Mixed Fruit Cup	16 <b>Tomato Florentine Soup</b> Spinach Quiche Italian Blend Vegetables Peach Cup
19  Martin Luther <b>King Jr.</b> Day No Meals Served	20 <b>Chicken Patty</b> on a Bun with Lettuce and Mayo Peas & Carrots Mandarin Oranges	21 <b>Tuna Salad</b> over Lettuce with Italian Dressing Multigrain Bread Fresh Pear Pudding Cup	22 <b>Philly Cheesesteak</b> with mushrooms, peppers, onions, and mozzarella Carrots Fig Newtons	23 <b>Stuffed Shells</b> with Sauce Breadstick Broccoli Fresh Orange
26 <b>BBQ Beef</b> over Baked Potato with Sour Cream Carrots Pear Cup	27 <b>Chicken and Gravy</b> Mashed Potatoes Dinner Roll with Butter Green Beans Fresh Apple Mini Eclairs	28 <b>Vegetable Soup</b> Chicken Breast on a Bun Peach Cup Strawberry Ice Cream Cup	29 <b>Turkey Chili</b> with cheddar and sour cream Corn Muffin Broccoli Pear Cup	30 <b>Chicken Salad</b> over Lettuce with Italian Dressing Dinner Roll with Butter Fresh Banana Brownie

Menu subject to change. Contact your local Senior Center Meal Site for updates and specialty meal changes.