

Lunch Club 60 Menu – November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Roast Beef with Gravy Mashed Sweet Potatoes Green Beans Dinner Roll with Butter Fresh Orange	Chicken Alfredo over spaghetti Breadstick Carrots Peach Cup	Turkey Chili Baked Potato with Cheddar Cheese and Sour Cream Broccoli Jello	Tuna Pasta Salad Dinner Roll with Butter Salad with Italian Dressing Fresh Apple Cream Puffs	Grilled Chicken Sandwich with lettuce, tomato, and mayo Corn Pear Cup Brownie
10	11	12	13	14
BBQ Chicken Sliders Carrots Fresh Apple Strawberry Ice Cream Cup	Pub Burger on a Bun with cheese, lettuce, and tomato Zucchini Fresh Banana Pudding	Chicken Salad over Salad Dinner Roll with Butter Mandarin Cup Mini Eclairs	Pork Fajita Bowl with rice, black beans, peppers, onions, and cheddar Salsa Cup Tortilla Chips Mixed Fruit Cup	Tomato Florentine Soup Broccoli and Cheese Quiche Green Beans Peach Cup
17	18	19	20	21
Meatloaf with Gravy Roasted Sweet Potatoes Breadstick Broccoli Jello	Tortilla Crusted Tilapia Rice Salsa Cup Corn Fresh Apple	Chicken Piccata over Rice Carrots Pear Cup	Chicken Soup Tuna Salad Sandwich on a Bun Peach Cup	Salisbury Steak with Gravy Mashed Potatoes Brussels Sprouts Cream Puffs
24	25	26	27	28
Chicken Parm over Pasta Salad with Italian Dressing Mixed Fruit Cup	Split Pea Soup BBQ Chicken Sandwich Fresh Orange Chocolate Swirl Ice Cream Cup	Macaroni and Cheese Stewed Tomatoes Broccoli Fresh Apple	 No Meals Served	 No Meals Served

Menu subject to change. Contact your local Senior Center Meal Site for updates and specialty meal changes.

*All meals served with milk (1% or Fat-Free Chocolate)
Certified by Michelle Koch Blood, RD - 9/22/2025*