



Lunch Club 60 Menu – October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
5 Salisbury Steak Mashed Potatoes Brussels Sprouts Fresh Banana Pudding Cup	6 Tomato Florentine Soup Spinach Quiche Italian Blend Vegetables Chocolate Marble Ice Cream Cup	7 Chicken Patty On a Bun with Honey Mustard and Swiss Cheese Roasted Potatoes Carrots Peach Cup	8 BBQ Pulled Pork on a Bun Cole Slaw Spinach Fresh Apple Jello Cup	9 Ground Beef Taco Salad with cheddar, corn, salsa, and sour cream Tortilla Chips Fresh Apple
12 Columbus Day Stuffed Shells with Sauce Breadstick Broccoli Fresh Orange	13 Pub Burger on a Bun with Cheese, Lettuce, and Tomato Roasted Potatoes Carrots Mixed Fruit Cup	14 Sloppy Joe on a Bun Peas & Carrots Mixed Fruit Cup Ice Cream Cup	15 Chicken Fajita with sour cream Chuckwagon Corn Fresh Banana	16 Ground Beef Wedding Soup Chicken Breast over Salad with Italian Dressing Dinner Roll Pear Cup
19 Breaded Pollock on a Bun with Tartar Sauce Roasted Potatoes Zucchini Fresh Orange Cream Puffs	20 Chicken ala King over Egg Noodles Green Beans Fresh Kiwi	21 Split Pea Soup Ham and Cheese on a Bun with Mayo Butternut Squash Pineapple Cup	22 Macaroni and Cheese Stewed Tomatoes Broccoli Fresh Apple	23 Beef Stew Biscuit Mixed Vegetables Mandarin Oranges
26 Stuffed Pepper Casserole Brussels Sprouts Pineapple Cup Cookie	27 Vegetable Soup Chicken Breast on a Bun Mixed Fruit Cup Brownie	28 Chicken Breast over Pasta Alfredo Broccoli Fresh Orange	29 Meatloaf with Gravy Mashed Potatoes Prince William Vegetables Pear Cup Cream Puffs	30 Tortilla Crusted Tilapia Rice Salsa Cup Corn Peach Cup

Menu subject to change. Contact your local Senior Center Meal Site for updates and specialty meal changes.