Monroe County Office For The Aging

Lunch Club 60 Menu – December 2026

Foodlink NOURISHING LIVES

Monday	Tuesday	Wednesday	Thursday	Friday
30 **Pub Burger** on a Bun with Cheese, Lettuce, Tomato, and Relish Broccoli & Carrots Fresh Banana	**1** **BBQ Beef** over Baked Potato with Sour Cream Carrots Fresh Apple Jello Cup	**2** **Macaroni and Cheese** Stewed Tomatoes Broccoli Fresh Apple	**3** **Beef Barley Soup** Roasted Potatoes Brussels Sprouts Peach Cup Mini Eclairs	**4** **Chicken Patty** on a Bun with Lettuce and Mayo Peas & Carrots Mandarin Oranges
7 **Lentil Spinach Soup** Baked Potato with Cheddar Cheese and Sour Cream Mixed Vegetables	**8** **Stewed Chicken** over Rice Capri Blend Fresh Orange	**9** **Cheesesteak** with peppers, onions, and mozzarella Mashed Squash Cauliflower Pear Cup	**10** **Sweet and Sour Pork** over Rice Stir Fry Vegetables Fresh Banana	**11** **Reuben Style Chicken Breast** on a Bun Mashed Squash Prince William Vegetables Mixed Fruit Cup
14 **BBQ Pulled Pork** on a Bun Cole Slaw Spinach Fresh Apple Jello Cup	**15** **Burger Plate** with Macaroni Salad, Roasted Potatoes, and Meat Sauce Pear Cup	**16** **Chicken Fajita** with sour cream Chuckwagon Corn Fresh Banana	**17** **Corn Chowder** Sausage Slider with Peppers and Onions Brussels Sprouts Fresh Orange	**18** **Stuffed Pepper Casserole** Brussels Sprouts Pineapple Cup Cookie
21 Holiday Meal **Beef Wellington** Mashed Potatoes Glazed Carrots Boston Cream Pie	OR **22** **Lemon Butter Tilapia** over Rice Spinach Pineapple Cup Ice Cream Cup	**23** **Stuffed Shells** with Sauce Breadstick Broccoli Mixed Fruit Cup	**24** **Breaded Pollock** on a Bun with Tartar Sauce Brussels Sprouts Pear Cup Chocolate Marble Ice Cream Cup	**25**  No Meals Served
28 **Pub Burger** on a Bun with condiments Italian Blend Vegetables Pineapple Cup Chocolate Pudding	**29** **Salisbury Steak** Mashed Potatoes Brussels Sprouts Dinner Roll with Butter Mandarin Oranges	**30** **Meatloaf** with Gravy Mashed Potatoes Prince William Vegetables Pear Cup Cream Puffs	**31** **Chicken Parm** over Pasta San Francisco Vegetable Blend Mixed Fruit Cup	**1**  No Meals Served

Menu subject to change. Contact your local Senior Center Meal Site for updates and specialty meal changes.

All meals served with milk (1% or Fat-Free Chocolate) and fortified juice

Certified by Michelle Koch Blood, RD - 10/20/2026

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