



Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>Greek Chicken Salad</b> With cucumber, tomato, red onion, feta, tzatziki, and Italian dressing Pita Bread Mixed Fruit Cup Fig Newton Bar	2 <b>Salisbury Steak</b> Roasted Potatoes Brussels Sprouts Fresh Mango	3 <b>Swiss Burger</b> on a Bun with Caramelized Onions 5 Bean Salad Cantaloupe	4 <b>Broccoli and Cheese Quiche</b> Hashbrown Patty Italian Blend Vegetables Pear Cup	5 <b>BBQ Beef</b> over Baked Potato with Sour Cream Carrots Fresh Apple Jello Cup
8 <b>Chicken Patty on a Bun</b> with Lettuce and Mayo Peas & Carrots Mandarin Oranges	9 <b>Pork Loin</b> with Gravy Pasta Salad Corn Cobette Brussels Sprouts Watermelon	10 <b>Tuna Salad Wrap</b> with Lettuce and Tomato Zucchini Mixed Fruit Cup Chocolate Pudding	11 <b>Chicken with Mushroom Gravy</b> Mashed Potatoes Green Beans Pear Cup Ice Cream Cup	12 <b>Meatball Sub</b> with Sauce and Cheese on a Roll Cole Slaw Green Beans Mixed Fruit Cup
15 <b>Ground Beef Taco Salad</b> with cheddar, corn, salsa, and sour cream Tortilla Chips Fresh Apple	16 <b>Reuben Style Chicken Breast</b> on a Bun Mashed Squash Prince William Vegetables Mixed Fruit Cup	17 <b>Stuffed Shells</b> with Sauce Breadstick Broccoli Fresh Orange	18 <b>Cobb Salad</b> with tomato, cucumber, chicken, egg, avocado, cheddar, and ranch dressing Dinner Roll With Butter Fresh Kiwi	19 Juneteenth <b>Lemon Butter Tilapia</b> over Rice Spinach Pineapple Cup Cream Cup
22 Father's Day <b>Pork Rib Patty</b> with BBQ Sauce Macaroni Salad Chuckwagon Corn Mixed Fruit Cup Cookie	23 <b>Breaded Pollock on a Bun</b> with Tartar Sauce Roasted Potatoes Zucchini Fresh Orange Cream Puffs	24 <b>Chicken ala King</b> over Egg Noodles Green Beans Fresh Kiwi	25 <b>Chicken Wrap</b> with Lettuce, Tomato, Cheddar Cheese, and Ranch Dressing Broccoli Salad Fresh Banana	26 <b>Pub Burger</b> on a Bun with Lettuce, Tomato, and Relish Cucumber Salad San Fran Blend Fresh Banana
29 <b>Tortilla Crusted Tilapia</b> Rice Salsa Cup Corn Peach Cup	30 <b>Sweet &amp; Sour Meatballs</b> over Rice Cauliflower Snap Peas Cantaloupe	1 <b>BBQ Chicken Breast</b> Roasted Sweet Potatoes Corn Cobette Dinner Roll with Butter Mandarin Oranges	2 <b>Macaroni and Cheese</b> Stewed Tomatoes Broccoli Fresh Apple	3  No Meals Served

Menu subject to change. Contact your local Senior Center Meal Site for updates and specialty meal changes.

*All meals served with milk (1% or Fat-Free Chocolate) and fortified juice*

*Certified by Michelle Koch Blood, RD - 2/10/2026*