

Lunch Club 60 Menu – August 2025

Monday	Tuesday	Wednesday	Thursday	Friday
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				Shredded Beef BBQ on a Bun Cole Slaw Mixed Fruit Cup
4	5	6	7	8
Grilled Greek Chicken with tzatziki and feta on a Pita Salad with Italian Dressing Chocolate Pudding	Philly Cheesesteak Sub Roll With Peppers, Onions, and Mushrooms Broccoli Apple	BBQ Chicken Sliders Broccoli Mandarin Oranges	Chicken Parmesan Penne Pasta Salad with Italian Dressing Banana	Macaroni and Cheese Stewed Tomatoes Apple
11	12	13	14	15
Salisbury Steak with Gravy Roasted Potatoes Broccoli Breadstick Apple	Stuffed Shells with Marinara Sauce Breadstick Green Beans Fresh Orange	Ground Beef Taco Salad Salsa & Tortilla Chips Sour Cream Mixed Fruit Cup	Chicken Salad Sandwich on a Bun Salad with Italian Dressing Banana Eclairs	Teriyaki Pork over Rice Broccoli Mandarin Oranges Brownie
18	19	20	21	22
Cobb Salad with Chicken, Egg, Cheddar, and Ranch Dressing Dinner Roll with Butter Strawberry Ice Cream	Meatloaf with Gravy Roasted Potatoes Broccoli Breadstick Fruit Cup	Penne and Meatballs Garlic Bread Sticks Salad with Italian dressing Apple Sauce	“Fried” Chicken on a Bun with Swiss and Honey Mustard Zucchini Peaches	Pub Burger with condiments on a bun Macaroni Salad Fruit Cup Juice Ice Cream Treat
25	26	27	28	29
Tuna Pasta Salad Dinner Roll Mixed Fruit Cup Salad with Italian dressing Banana	Macaroni and Cheese Stewed Tomatoes Sherbet	Pulled Pork on a Bun Roasted Potatoes Zucchini Applesauce	Cheeseburger with Bun Roasted Sweet potatoes Green Beans Peach Cups Chocolate Pudding	Stuffed Shells with Marinara Sauce Breadstick Broccoli Mixed Fruit Cup

Menu subject to change. Contact your local Senior Center Meal Site for updates and specialty meal changes.

All meals served with milk (1% or Fat-Free Chocolate)

Certified by Michelle Koch Blood, RD - 7/15/2025