


Lunch Club 60 Menu - July 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Stuffed Shells with Marinara Sauce Breadstick Broccoli Banana	Philly Cheese Steak on a roll with peppers, onions, mushrooms, and mozzarella Broccoli Apple	Chicken Fajita Bowl with rice, black beans, peppers, onions, and cheddar Salsa Cup Tortilla Chips Orange	 No Meals Served
7	8	9	10	11
Chicken Parmesan with Penne Pasta Salad with Italian Dressing Apple	Shredded Beef BBQ on a Bun Cole Slaw Mixed Fruit	Macaroni and Cheese Stewed Tomatoes Apple	BBQ Chicken Sliders Broccoli Mandarin Oranges	Pork Fajita Bowl with rice, black beans, peppers, onions, and cheddar Salsa Cup Tortilla Chips Banana
14	15	16	17	18
Chicken Salad Sandwich on a Bun Salad with Italian Dressing Banana Eclairs	Roast Beef with Gravy Roasted Sweet Potatoes Green Beans Dinner Roll with Butter Orange	Tuna Pasta Salad Dinner Roll Salad with Italian Dressing Mixed Fruit Sherbet	Grilled Teriyaki Chicken with Pineapple over Rice Broccoli Oranges Cherry Pie	Burger Trash Plate with Meat Sauce Roasted Potatoes Macaroni Salad Baked Beans Ice Cream
21	22	23	24	25
Teriyaki Pork over Rice Broccoli Mandarin Oranges Brownie	Cobb Salad with Chicken, Egg, Cheddar, and Ranch Dressing Dinner Roll with Butter Strawberry Ice Cream	Cheeseburger on a Bun Roasted Sweet Potatoes Green Beans Peaches Chocolate Pudding	Chicken Piccata over Penne Pasta Broccoli Breadstick Apple	Salisbury Steak with Gravy Roasted Potatoes Broccoli Breadstick Apple
28	29	30	31	
Meatball Sub with Mozzarella Green Beans Mixed Fruit	Pulled Pork on a Bun Roasted Potatoes Zucchini Applesauce	"Fried" Chicken on a Bun with Swiss and Honey Mustard Zucchini Peaches	Stuffed Shells with Marinara Sauce Breadstick Green Beans Applesauce	

Menu subject to change. Contact your local Senior Center Meal Site for updates and specialty meal changes.

All meals served with milk (1% or Fat-Free Chocolate)

Certified by Michelle Koch Blood, RD - 6/10/2025