## **Monroe County Mental Health Clinics 2021**

## Mental Health Clinics

- URMC Strong Behavioral Health:
  - o General Adult Psychiatry (Adult), Deaf Wellness Clinic (Adult), Family Therapy (Adult and Youth): 585-275-8321; 300 Crittenden Blvd.
  - o Older Adults Clinic: Adult; 585-279-7849; 315 Science Parkway, Suite 200
  - Strong Ties: Adult; 585-279-4900; 2613 W Henrietta Rd.
  - Lazos Fuertes: Adult; 585-273-5050; 150 N Chestnut St; Provides bilingual/bicultural (Spanish) services
  - Pediatric Behavioral Health & Wellness: Youth; 585-279-7800; Multiple locationscall for access; Provides child and adolescent outpatient services including counseling, family therapy, group therapy, substance use assessment, psychological testing

## Rochester Regional Health System:

 Genesee Mental Health Center: Adult and Youth; Personalized Recovery Oriented Services (PROS) Program - Adult; Clinic: 585-922-7770; PROS Program: 922-7200; 224 Alexander St.

Clinic Walk-In Hours (no appointment needed) - Adult: Tues & Thurs 8:30-11:30 to be seen between 9-3pm; Youth: Mondays 9:30-12:30, Wednesdays and Fridays 8:30-10:30

- o Rochester Mental Health Center: Adult; 585-922-2500; 490 East Ridge Rd,
- Greece Behavioral Health Center/Pinewild: Adult; 585-723-7740; 100
  Pinewild Drive,
- Evelyn Brandon Health Center: Adult; Offers Personalized Recovery Oriented Services (PROS) Program; Clinic: 585-723-7740; PROS Program -585 368-6982; 81 Lake Ave,
- Catholic Family Center: Adult and Youth; 585-238-8699; 87 N. Clinton Ave.
  - o Walk-In Hours (no appointment needed) Mon 1-3pm, Tues-Thurs 9-11am
- FLACRA Mental Health Services: Adult; 585-434-2633; 339 East Ave, Suite 303
- Liberty Resources Behavioral Health Clinic: Adult and Youth; 585-410-3370; 175 Humboldt
  - Walk-In Hours (no appointment needed) Mon, Wed, Thurs 8:30-11am,
    Tues 10:30-1pm

## Other Family & Individual Support Services

- Mental Health Association of Rochester: Adults, Youth and Families
  - o Main Office: 585-325-3145; 320 N Goodman St, Suite 202
  - Self-Help Drop In Support: 585-325-3145 x300; 344 N Goodman St; Walk-in or call 5pm-9pm, 7 days/week
  - Life Skills: 585-325-3145 x210; 344 N Goodman St.
- NAMI Rochester: Adults and Families; 585-423-1593; 320 N Goodman St #102.
  - Support, education, and advocacy for individuals and families impacted by mental illness