# Monroe County M/WBE Certification Directory

| Name | Contact | Phone | E-Mail | Website |
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## Accounting & Financial Services

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| **Bad B Operations LLC** | **Jasmine Benjamin** | **585-851-2851** | **jas.badboperations@gmail.com** | **www.facebook.com/bad.b.operations.llc** |
| Products/Services: | Administrative Support; Bookkeeping; Business Consulting; Payroll Services; Billing/ Account Receivable | | | |
| **MWBE** | | | | |
| **Brooks Financial Services** | **Rosiland Brooks-Harris** | **585-200-0848** | **roz@brooksfs.com** | **www.brooksfs.com** |
| Products/Services: | Brooks Financial Services (BFS) provides Accounting Services to small businesses. Tax Preparation for individuals and small businesses. Financial Literacy Workshops for non-profit organizations. BFS is recognized by clients as an exceptional communicator offering simplicity, discretion, and integrity when conveying financial explanations. | | | |
| **MWBE** | | | | |
| **BTIER Group** | **Best Batchateu** | **585-802-3353** | **thebest@btiergroup.com** | **N/A** |
| Products/Services: | Tax Preparation Services | | | |
| **MBE** | | | | |
| **Cameron Professional Services Group** | **Francine Cameron** | **412-251-0607** | **FCameron@cameronpsg.com** | **www.cameronpsg.com** |
| Products/Services: | Accounting, auditing, tax planning, tax preparation, bookkeeping, financial statement preparation, financial statement analysis | | | |
| **MWBE** | | | | |
| **Car-Len Enterprises Corporation** | **Caroline Simpson** | **585-208-6303** | **carlencorp@yahoo.com** | **www.carlencorp.com** |
| Products/Services: | Bookkeeping Business Consulting Life Co, Government Contractor | | | |
| **MWBE** | | | | |
| **Depoian Team** | **AnnMarie Depoian** | **585-975-9681** | **annmarie@depoianteam.com** | **www.livemore.net/depoianteam** |
| Products/Services: | Depoian Team is a Certified Woman Owned since 2015. Owner, Ann Marie Depoian, has been licensed since 2001 and is a Registered Investment Advisor, a Fiduciary and Wealth Manager. She leads her unique, full-service financial agency team which has no quotas & no products we must sell, making our focus 100% on doing what's right for our client's best interest, with no conflicts of interest!<br>We provide clients with complementary financial needs analysis, we teach How Money WorksTM , financial literacy & educational programs, investment, debt management, insurance solutions, and mortgage services. We're headquartered in Rochester, NY and licensed throughout the US. Licensed in Life & Health, Series 6, 26, 63, 65, NMLS FL Mortgage Broker, Fixed, Fixed Indexed & Variable Annuities, Certified in Auto, Home & Commercial Business Insurance & Legal Protection. Florida Mortgage Broker NMLS ID: 55172, LO11729 | | | |
| **WBE** | | | | |
| **Easy Does It Tax Service** | **Melinda Thompson** | **585-351-7166** | **wigginsroc14611@gmail.com** | **NA** |
| Products/Services: | Tax prep - Bookkeeping - Financial Advisor Financial Literacy | | | |
| **MWBE** | | | | |
| **Employ-Ease, Inc.** | **Lisa Ann Kretzer** | **585-857-0256** | **Lisa@Employ-Ease-inc.com** | **www.employ-ease-inc.com** |
| Products/Services: | Payroll generation, payroll tax payment, unemployment & disability insurance coverages, workers comp admin, and benefit plan management | | | |
| **WBE** | | | | |

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## Accounting & Financial Services

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| **Heveron & Company CPAS, PLLC** | **Stephanie Annunziata** | **585-704-6002** | **stephanie@heveroncpa.com** | **www.heveroncpa.com** |
| Products/Services: | Accounting, auditing, attest and tax services | | | |
| **WBE** | | | | |
| **Horsey Buckner & Heffler, LLP** | **Kia Dawn Buckner** | **215-284-5300** | **kbuckner@hbheffler.com** | **www.hbheffler.com** |
| Products/Services: | Accounting, Advisory, Attest and Tax Services | | | |
| **MBE** | | | | |
| **Invessent, LLC** | **Jarrett Felton** | **585-748-3312** | **jarrett@invessent.com** | **www.invessent.com** |
| Products/Services: | Wealth Management, Investment Advisory Solutions, Estate Planning, Investment Management, Risk Analysis, Life & Disability Insurance, Business Planning, Business Valuation Analysis, Employee Benefits, Financial Planning, Financial Consulting, Financial Analysis, Investment Advice, Financial Education, Corporate Financial Education, Fiduciary Services, Financial Guidance, Executive Compensation, Retirement Planning, Social Security Planning, Health Care Planning, Long Term Care Planning. | | | |
| **MBE** | | | | |
| **JBW Consulting Solutions** | **Nancy Williams** | **585-317-8279** | **nkwillia@yahoo.com** | **N/A** |
| Products/Services: | Business/personal tax preparation, credit consulting and restoration, budgeting and money management, business development, LLC and S-Corp formation, Notary, real estate networking, local and international travel, and courier services. | | | |
| **MWBE** | | | | |
| **Kristie M. Beach, CPAs, PLLC** | **Kristie Beach** | **585-721-5663** | **kmbeach@kmbeachcpa.com** | **www.kmbeachcpa.com** |
| Products/Services: | Kristie M. Beach, CPAs, PLLC is a woman-owned business. Our team of experienced CPAs and dedicated support services Upstate New York and its surrounding communities. We specialize in attest engagements and serve a wide range of industries including government, school districts and nonprofits. | | | |
| **WBE** | | | | |
| **Lifetime Financial Group** | **Carmen Coleman** | **585-325-2525** | **lifetimefinancial@frontier.com** | **www.lifetimefinancialgrp.com** |
| Products/Services: | Insurance and Financial Services | | | |
| **MWBE** | | | | |
| **Purdie Analytics LLC** | **Devren Purdie** | **585-414-0143** | **devrenpurdie@purdieanalytics.com** | **N/A** |
| Products/Services: | The services we provide is Information Technology services. Specifically Business Intelligence reporting services. This includes data integration advisory. This can include roadmapping, analysis for implementation and guidance on how to implement. We also help to provide solutions for clients to extract data from business applications, use data engineering techniques to prepare data for reporting, and also present dashboards and reports for our clients to complete their analysis. | | | |
| **MBE** | | | | |
| **Sun Lion Financial Group LLC** | **Trilanea Spencer** | **585-754-7313** | **jspencer@sunlionfingrp.com** | **www.sunlion.org** |
| Products/Services: | We provide tax preparation services to individuals and businesses. We provide business bookkeeping services, business formation and development, business tax strategy services, and individual tax strategy services. We also provide Outsource Controller services, Fractional CFO services for many industries with a focus on construction, manufacturing and cannabis industries. | | | |
| **MWBE** | | | | |
| **Thorley Wealth Management, Inc.** | **Elizabeth Thorley** | **585-512-8453** | **ethorley@thorleywm.com** | **www.thorleywm.com** |
| Products/Services: | Financial advisors and wealth management professionals | | | |
| **WBE** | | | | |

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## Accounting & Financial Services

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| **Vargas Financial Services** | **Nakia Vargas** | **585-957-3658** | **vargasfinancial@outlook.com** | **www.vargasfinancialservices.com** |
| Products/Services: | I provide Bookkeeping, Tax Preparation, Business Consulting, Financial Coaching, Financial Literacy | | | |
| **MWBE** | | | | |

## Administrative Services

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| **Admin-On-Call, LLC** | **Eileen Baugh** | **315-956-0276** | **adoncallny@gmail.com** | **www.adminoncallny.com** |
| Products/Services:<br>**MWBE** | Liaison (Executive Assistant)<br>Email Management<br>Calendar Management<br>Financial Services<br>Travel Planning | | | |
| **Branches Freelancing LLC** | **Natalie Sheppard** | **585-719-4202** | **admin@branchesfreelancing.com** | **www.BranchesFreelancing.com** |
| Products/Services:<br>**MWBE** | Organizational Grant & Proposal WritingEvent CoordinationWebsite DevelopmentOperations Management & Strategic PlanningAdministrative Supportive ServicesTraining & Professional DevelopmentMarketing Materials Development | | | |
| **Datrose Inc.** | **Eunic Sonneville** | **585-490-3938** | **cleader@datrose.com** | **www.datrose.com** |
| Products/Services:<br>**MBE** | Smart Lockers Solutions - Safe exchange, storage and chain of custody of internal, high value IT assets. Effective and efficient mailroom management and package retrieval solution. Supply chain management and day use.24/7 secure access to your orders or deliveries.Strategic & Innovative Staffing Solutions Direct Placement Recruitment Temp Staffing, Temp – to – Hire, Pay rolling ServicesMailroom AutomationMail & Package Room Management \| From delivery to receipt, verify & track incoming and interoffice mail and packages, instantly.Invoice Processing & Accounts Payable AutomationDocument Scanning | | | |
| **DBA Assignment Understood** | **Ayriona Winston** | **585-314-3049** | **theassignmentunderstood@gmail.com** | **https://linktr.ee/Theassignmentunderstoo** |
| Products/Services:<br>**MWBE** | Landing Page Setup and Design, Executive Virtual Assistant Services, Administrative Support, Presentation Creation, Research Services/ Digital Marketing Research, Data Analysis, File and Data Management, Online Business Manager Services, Strategic Planning and Implementation, Project Management, Team Leadership and Communication, Systems Integration and Optimization, Financial Management, Client and Customer Relationship Management, Business Analysis and Reporting, Administrative Support, Ongoing Consultation and Support, Customized Solutions | | | |
| **Katapult Solutions, LLC** | **Deana Gugger** | **315-447-3736** | **dgugger@kpultsolutions.com** | **www.kpultsolutions.com** |
| Products/Services:<br>**WBE** | Document Scanning, Data Entry, Microfilm Conversion, Digitization, Oversized Scanning | | | |
| **Many Rivers Consulting, LLC** | **Jasmine Rivers** | **716-507-2012** | **jasminerivers@manyriversconsulting.ne** | **N/A** |
| Products/Services:<br>**MWBE** | Administration (Outsourcing, Training), Compliance, MWBE Compliance Monitoring and Reporting, and Community Outreach. | | | |
| **Samaria Holding LLC Services** | **Samaria Pollock** | **585-867-3367** | **samaria@samariaholding.com** | **www.samariaholding.com** |
| Products/Services:<br>**MWBE** | Administrative management consulting<br>Business startup guidance<br>Business operations organization<br>Small business operational support | | | |

## Adult Services

| Name | Contact | Phone | E-Mail | Website |
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## Adult Services

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| **Hand In Hand In Your Home Incorporated** | **Laurie Alverio** | **585-764-6799** | **lalverio@hihiyh.com** | **www.handinhandinyourhome.com** |
| Products/Services: | At Hand In Hand In Your Home, we're proud to offer a wide range of services designed to help older adults live safely, independently, and comfortably at home. We offer to following services:<br>Service Coordination, Assistance with Medicaid Applications, Life Planning, Aging in Place, Medical Appointment Coordination, Property and Home Maintenance, Wellness and Safety Planning, Navigating Hospital and Nursing Home Discharges, Travel & Event Companionship, Landscaping Services, Meal Delivery, In Home Haircare, Companionship, Housekeeping & Laundry Assistance, Errands & Shopping' Caregiver referrals | | | |
| **MWBE** | | | | |
| **Hanna Z Adult Daycare Inc** | **Rachel Vatelman** | **347-247-7292** | **hannazdaycare@gmail.com** | **N/A** |
| Products/Services: | Hanna Z Adult Day Care Inc. is a social adult day care in compliance with 9 NYCRR 6654.20 and a NYSDOH Medicaid approved Structured Day Program under the 1915(c ) HCBS waivers for Nursing Home Transition and Diversion waiver and Traumatic Brain Injury Waiver...Hanna Z Adult Daycare philosophy is developed on the premise that individuals with disabilities and/or older adults have the same rights as others. This includes the right to be in control of their lives, encounter and manage risks and learn from their experiences. This is balanced with the program& responsibility to assure the participants; health and welfare. Adult Day services are provided based on the participant unique strengths, needs, choices and goals. | | | |
| **WBE** | | | | |
| **Kindsoul** | **Alicia Smith** | **585-261-2605** | **alicia@kindsoul.com** | **N/A** |
| Products/Services: | I-Powered Companion Matching: Seniors are paired with "Kindsouls" based on personality and shared interests.<br>Personalized Home Visits: Seniors explore past passions or discover new hobbies with their Kindsouls, choosing from a curated selection of interest-based activities they may chose from our online Kindsoul Market.<br>Safety & Trust: Background-checked companions and ongoing quality monitoring with 24/7 emergency response hotline.<br>Family Dashboard: Track visits, engagement, and communicate with Kindsouls.<br>Flexible Packages: One-time sessions, recurring visits, or subscriptions tailored to senior preferences.<br>Interest-Based Activities: Enrichment that supports cognitive, emotional, and social well-being. | | | |
| **WBE** | | | | |

## Alarm Systems

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| **Celect, LLC** | **Jamar Clarke** | **315-414-8411** | **jamar@celect.tech** | **www.celect.tech** |
| Products/Services: | Commercial and Institutional Building construction, Administrative Management and General Management Consulting Services. Electrical Contractor and Other Wiring Installation Contractors. | | | |
| **MBE** | | | | |
| **Monroe Integrated Solutions** | **Shantae Russell** | **585-622-2595** | **sr@misnys.com** | **www.misnys.com** |
| Products/Services: | Monroe Integrated Solutions provides Fire and Burglar alarm installation services. Alarm monitoring, Wired and Wi-Fi networking. Surveillance Camera installation. Rewire of existing networks. Access control. | | | |
| **MBE** | | | | |
| **R.H. Fire, LLC** | **Rajahn Hasbin** | **315-807-4018** | **ra@rhfirellc.com** | **www.rhfirellc.com** |
| Products/Services: | Fire Protection/ Installation of Sprinkler System | | | |
| **MBE** | | | | |

## Amusement and Recreation Facilities

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|---|---|---|---|---|
| **Play Palace LLC** | **Kristen Bonn** | **585-857-0099** | **kmbonn@gmail.com** | **www.rocplaypalace.com** |
| Products/Services: | Play Area Access: The core service is providing access to a safe and stimulating environment with various play areas.<br>• Sensory Activities and Equipment: The play areas will be equipped with sensory equipment, swings, climbing structures, slides, ball pits, soft play equipment, and more, depending on the age group and focus.<br>• Birthday Parties and Events: Play Palace will offer party packages with decorations, designated party spaces, access to play areas, and potentially additional services like food and beverages. Also, host special events with themes or activities beyond birthday parties. | | | |
| **WBE** | | | | |

## Architectural and Engineering Services

| Name | Contact | Phone | E-Mail | Website |
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## Architectural and Engineering Services

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| **Architectura** | **Jennifer Takatch** | **585-442-8550** | **jtakatch@architecturapc.com** | **www.architecturapc.com** |
| Products/Services: | Architectural design services | | | |
| **WBE** | | | | |
| **Aurora Drafting and Consulting** | **Christal Steen** | **585-354-7836** | **CSteen@auroradrafting.com** | **www.auroradrafting.com (pending)** |
| Products/Services: | Aurora Drafting and Consulting's primary focus is construction technology for architecture, engineering, and construction trades. Services include, but are not limited to, Building Information Modeling (BIM), Coordination, 3D design, and 3D scanning. | | | |
| **WBE** | | | | |
| **Bridge Builder Property Management Corp** | **Barry John** | **347-968-9498** | **Barry.John@bridgebuildercorp.com** | **www.Bridgebuildercorp.com** |
| Products/Services: | Architectural services, including rendering, mapping, and drawings. Demolition & framing of residential and commercial buildings. Property Management and real estate services not limited to leasing, survey's, and consulting expert. Tiling, sheetrock/drywall, painting, masonry, finishing and carpentry for residential and commercial buildings | | | |
| **MBE** | | | | |
| **Build On Paper Engineering, P.C.** | **Sayanthan Chandrarajah** | **917-444-0801** | **buildonpaperengineering@gmail.com** | **N/A** |
| Products/Services: | Bridge Inspection, Structural design, Construction Inspection | | | |
| **MBE** | | | | |
| **BX2 Architecture** | **Sarah Bald** | **585-435-7983** | **sbald@bx2architecture.com** | **www.bx2architecture.com** |
| Products/Services: | Provide Architectural documents for use in the permitting and construction process. Can provide site observation and review of construction progress. | | | |
| **WBE** | | | | |
| **Circle Optics, Inc.** | **Zakariya Niazi** | **914-233-4735** | **zak@circleoptics.com** | **www.circleoptics.com** |
| Products/Services: | Engineering Design Services Panoramic Camera System | | | |
| **MBE** | | | | |
| **Costich Engineering, Land Surveying & Landscape Arc** | **Sarah King** | **585-734-8676** | **scostich@costich.com** | **www.costich.com** |
| Products/Services: | Civil Engineering, Land Surveying and Landscape Architecture Survey ServicesMapping & Analysis- GISSEQRConstruction Administration | | | |
| **WBE** | | | | |
| **Coyle & Caron, Inc.** | **Sally Coyle** | **407-866-0650** | **scoyle@coylecaron.com** | **www.coylecaron.com** |
| Products/Services: | Landscape architecture | | | |
| **WBE** | | | | |
| **Hydras Engineering, PLLC** | **Alaina Smith** | **907-205-1585** | **alaina@hydrasengineering.com** | **www.hydrasengineering.com** |
| Products/Services: | General Civil Engineering: Grading and Drainage Evaluation Analysis and Design, Culvert Sizing and Design, Site Plan Reviews and Consultation, PS&E Package Review, Survey Scoping and Planning.<br>Water Resources: Floodplain Evaluation, Mapping and Permitting; FEMA National Flood Insurance Program Studies, Hydrologic and Hydraulic Modeling, Bridge Hydraulic Analysis, Scour and Abutment Protection Design, Geomorphic Evaluations, River Restoration and Bank Stabilization.<br>Erosion and Sediment Control: SWPPP creation and Certified Compliance Inspections, Lakeshore Erosion Evaluation and Design, Erosion and Sediment Control Design | | | |
| **WBE** | | | | |

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## Architectural and Engineering Services

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| **Innovative Structural and Specialty Engineering** | **Radhi Majmudar** | **646-420-3309** | **radhi@innovstructure.com** | **https://innovstructure.com/** |
| Products/Services: | Design Services - Structural Engineering Design, Peer Reviews, Feasibility Studies, Facade / Building Envelope Engineering, Structural Glass Design, Fabric and Tensile Structure Design<br>Specialty Engineering - Structural Engineering Analysis, Parametric Modeling and Geometric Rationalization, Linear and Nonlinear Computer Analyses, Seismic Criteria Development, Seismic Evaluation and Design<br>Sustainability and Decarbonization - Embodied Carbon Calculations, Envision Sustainability Analysis, Materiality and Life Cycle Assessment, Multi-Objective Optimization for Efficient Decision Making | | | |
| **MWBE** | | | | |
| **JKMuir, LLC** | **Jennifer Muir** | **860-249-0989** | **jenmuir@jkmuir.com** | **www.jkmuir.com** |
| Products/Services: | Engineering consulting services - water and wastewater JKMuir is a versatile, innovative environmental engineering and energy consulting firm specializing in energy and sustainability for municipal, utility, and government clients. Since the firm's establishment in 2008, JKMuir has worked closely with clients to develop innovative and cost-effective strategies to reduce electrical consumption, manage costs, implement behind the meter and renewable technologies, and maximize funding sources available for energy projects. | | | |
| **WBE** | | | | |
| **JM Davidson Engineering, D.P.C.** | **Jamie Davidson** | **716-912-1423** | **jdavidson@jmdavidsoneng.com** | **www.jmdavidsoneng.com** |
| Products/Services: | Civil engineering services, including water and wastewater, structural, transportation, water resources, and railroad design and construction inspection services. | | | |
| **WBE** | | | | |
| **Joseph C. Lu Engineering, PC dba Lu Engineers** | **Cletus Ezenwa** | **716-912-0532** | **cezenwa@luengineers.com** | **www.luengineers.com** |
| Products/Services: | Asbestos assessment, asbestos abatement design, asbestos air and project monitoring, bridge condition inspection, bridge and culvert design, construction inspection, construction management, environmental investigation and remediation, GIS services, hazardous materials management, highway design, municipal engineering, natural resources, site development, storm water management, structural assessment and engineering, trail design, water and wastewater management design. | | | |
| **MBE** | | | | |
| **Kubit Engineering PLLC** | **Laura Miller** | **716-417-4522** | **smaekubit@kubiteng.com** | **N/A** |
| Products/Services: | Kubit Engineering was created with the goal of specializing in providing quality construction inspection, administration, and management services. This is accomplished by recruiting and staffing experienced and qualified staff for on-site field inspections, construction bidding support, construction administration support, and electronic completion of as-built record plans. The Company also focuses on the research and deployment of e-construction processes and technology in anticipation of progressing the field of construction services for aging assets and limited inspection resources. | | | |
| **WBE** | | | | |
| **Larimer Design, Inc** | **Richard Larimer** | **619-804-3171** | **tlarimer@larimerdesign.com** | **www.larimerdesign.com** |
| Products/Services: | Full Architectural Services | | | |
| **MBE** | | | | |
| **Larsen P.E., L.S., P.C. dba Larsen Engineers** | **Shreeram Shrivastava** | **585-272-7310** | **ram@larsen-engineers.com** | **www.larsenengineers.com** |
| Products/Services: | Larsen Engineers is a certified DBE and MBE firm that is interested in joining a team as a sub consultant. Larsen can serve as subcontractor for Civil, Structural and Site design roles. Larsen has Climate Change, Solar energy, and sustainable Green infrastructure expertise. | | | |
| **MBE** | | | | |
| **Mimar Architects & Engineers, INC. P.C** | **Kal Bhatti** | **443-655-2649** | **fuddin@mimarch.net** | **WWW.MIMARCH.NET** |
| Products/Services: | Mimar provides all kinds of services related to Architectural, Civil, Structural, mechanical, Electrical, Engineering, Planning, Interior Design, Graphic Design, Space Planning, Construction Management, Facility Assessment, Feasibility Studies, and Inspection of Building/Bridges | | | |
| **MBE** | | | | |

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## Architectural and Engineering Services

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| **Nexus NanoWorks** | **Alison Lyke** | **585-284-2065** | **alison@nexusnanoworks.com** | **www.nexusnanoworks.com/** |
| Products/Services: | Rapid Prototyping: Fast-turnaround development of microelectronics and MEMS devices, including design iteration, fabrication, assembly, and validation. This enables clients to quickly move from concept to functional prototype for testing and commercialization.<br>Custom Microelectronics Design: End-to-end design of specialized electronic systems tailored to client needs. This includes biosensors, optical and photonic devices, thin-film technologies, microfluidic systems, RF components, and system-on-chip (SoC) solutions.<br>MEMS and Nanotechnology Solutions: Design and integration of MEMS-based devices such as sensors (pressure, inertial, and environmental), as well as advanced nanotechnology applications including nanoporous membranes for filtration, diagnostics, and sensing.<br>Small-Batch Manufacturing: Low-volume production of highly specialized microelectronic components and systems, ideal for pilot programs, niche applications, and early-stage product launches.<br>Testing and Validation Services: Comprehensive performance verification including electrical testing, signal integrity analysis, environmental stress testing, and reliability assessment.<br>Technical Consulting and R&D Support: Engineering consulting services focused on design feasibility, process optimization, materials selection, and technology development for advanced electronics and semiconductor applications. | | | |
| **WBE** | | | | |
| **Pinewoods Engineering P.C.** | **Sarah Gilbert** | **585-261-7852** | **sgilbert@pinewoodseng.com** | **www.pinewoodsengineering.com** |
| Products/Services: | Civil Engineering, Storm Water Management, Site Development and Construction Plans, Water Main and Backflow Prevention Designs, Sanitary Sewer, Force mains, Pump Station, and Septic System Designs, Green Practices Design, Floodplain Impact Modeling, Watershed Hydrology and Impact Analysis, Cofferdam Design and Impact Analysis | | | |
| **WBE** | | | | |
| **Prudent Engineering, LLP** | **Philip Thayaparan** | **315-748-7700** | **pthayaparan@prudenteng.com** | **www.prudenteng.com** |
| Products/Services: | Professional Engineering Design, Land Surveying, Hydrographic Surveying, Bridge/Condition Inspection, Construction Management and Inspection | | | |
| **MBE** | | | | |
| **Ravi Engineering and Land Surveying, P.C.** | **Nagappa Ravindra** | **585-223-3660** | **nravindra@ravieng.com** | **www.ravieng.com/** |
| Products/Services: | Our focus is on providing state-of-the-art structural, transportation, environmental and geotechnical engineering services, construction inspection and land surveying, survey stakeout, subsurface utility location, property condition assessments and special inspections. | | | |
| **MBE** | | | | |
| **Razak Associates** | **Mohamed Razak** | **585-388-6710** | **mrazak@razak.net** | **www.razak.net** |
| Products/Services: | Architecture, Interiors, Planning, Landscape Architecture | | | |
| **MBE** | | | | |
| **Resolument Vert Solutions LLC** | **Shii-Anna Mudie** | **347-304-2008** | **smudie@resvertsolutions.com** | **www.resvertsolutions.com** |
| Products/Services: | Resolument Vert Solutions LLC is an engineering consulting firm with expertise in strategic sustainability consulting, high-performance building design, energy efficiency retrofits, energy optimization, decarbonization, resiliency, and electrification solutions for affordable housing, multi-family housing, mixed use properties, and commercial buildings to create eco-friendly urban developments in real estate, design, construction, and building operations at scale.<br>Led by a Certified Energy Manager with over a decade of experience, we provide sustainability consulting, thought partnership, data collection mining, & analysis, energy benchmarking, energy auditing, energy performance simulation, energy modeling, building performance optimization, carbon assessment and reduction, feasibility studies, incentive procurement, capital planning, performance tracking, cost benefit analysis, technical assistance, project management, portfolio analysis, NYC local law compliance, and measurement and verification services.<br>We specialize in HVAC systems, building management systems, energy efficiency inspection services, energy consulting services, energy program administration, energy conservation consulting, energy management engineering, energy comprehensive performance services, energy computerized control systems, utilities, and energy development and conservation agencies. NAICS Codes: 540350, 541690, 926110. | | | |
| **MWBE** | | | | |
| **Savin Engineers, P.C.** | **Rengachari Srinivasaragh** | **914-769-3200** | **nivas@savinengineers.com** | **www.savinengineers.com** |
| Products/Services: | Engineering Services - Civil, Structural, Environmental, Transportation, Mechanical, Electrical, Plumbing, and Instrumentation; Design and Consultation, Construction Management Services, Program Management Services | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Architectural and Engineering Services

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| **Skywave Communications INC.** | **Elizabeth Patterson** | **585-329-8401** | **Liz@skywave.org** | **www.skywave.org** |
| Products/Services: | Public Safety Communications Infrastructure Design, Engineering, Staging, Installation and maintenance. Motorola Solutions Service and Manufacturer Elite Reseller; Two way mobile radio vehicle installations; Two way portable radio repair. Engraving services available. Spectracom Reseller. | | | |
| **WBE** | | | | |
| **Sue Steele Landscape Architecture** | **Susan Steele** | **585-747-9996** | **sue@steele.la** | **www.steele.la/** |
| Products/Services: | Landscape Architecture / Project design, construction documentation, bid evaluation, and construction administration services for residential, commercial, institutional, and municipal projects.Site Planning / Master planning services for residential, commercial and institutional properties including phasing and implementations plans.Specialty Services / Public art integration, Public art call management and facilitation, historic preservation, and planting design.Support Services / Graphic development, 3D modeling, drafting, estimating, specifications, quality review services, and LEED certification support. | | | |
| **WBE** | | | | |
| **TRM Environmental Consultants, LLC d/b/a TRM Envir** | **Catherine Dare** | **315-334-3140** | **catherine@trmenvconsultants.com** | **trmenvironmental.com** |
| Products/Services: | RM has flexible staffing solutions and over 30 years of construction and environmental experience, allowing us to propose options for environmental and construction challenges. Core Services:• Construction Engineering Inspection• Construction Management / Owners Authorized Representative• Water Quality Assessment & Storm Water Management• Brownfield Site Assessments, Remedy Evaluation & Material Management Plans• Site Development Assistance, including Wetland Delineation and Ecological Impact Assessment• Drinking Water, Surface water, and Wastewater Management & Engineering Services | | | |
| **WBE** | | | | |
| **Vanguard Engineering PC** | **Joseph Ardieta** | **585-427-0320** | **joe@vaneng.com** | **www.VanEng.com** |
| Products/Services: | Site design, site construction administration, storm water and floodplain management | | | |
| **MBE** | | | | |
| **Watts Architecture & Engineering, DPC DBA Watts Arc** | **Edward Watts Jr.** | **716-206-5100** | **ewatts2@watts-ae.com** | **www.watts-ae.com** |
| Products/Services: | Professional Design Consulting Services for: Architecture, Civil Engineering, Landscape Architecture, Structural Engineering, Transportation Engineering, Environmental Engineering, and Regulated Building Materials. Watts also offers Construction Inspection services. | | | |
| **MBE** | | | | |

## Audio/Visual/Data Equipment & Services

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|---|---|---|---|---|
| **A/V Science, Inc.** | **Laurie Brown Elkin** | **585-719-4059** | **Laurie@avscience.com** | **www.avscience.com** |
| Products/Services: | Audio/video equipment, accessories and installations, automation programming, conference room systems,cabling, | | | |
| **WBE** | | | | |
| **Avarus Solutions LLC** | **Linda Yioulos** | **585-261-0033** | **linda@avarussolutions.com** | **www.avarussolutions.com** |
| Products/Services: | Avarus Solutions sells, installs and services the following: data network cabling, fiber installation and certification, electrical, video surveillance camera solutions, door access entry systems, wireless access points, paging, intercoms and AV. | | | |
| **WBE** | | | | |
| **Blizzgotech** | **Marcus Thomas** | **585-284-9926** | **Service@rocsmarthomes.com** | **www.rocsmarthomescom** |
| Products/Services: | Our company specializes in comprehensive home and business solutions, including expert electrical services, TV mounting, security camera system installations, and furniture assembly. We also offer general maintenance services | | | |
| **MBE** | | | | |
| **Hamilton Q AV Inc** | **Betty Quackenbush** | **585-415-7878** | **BetsQ@hamiltonqav.com** | **www.hamiltonqav.com** |
| Products/Services: | We provide audio and visual rental equipment to companies that need our services for their events. This include Microphones, speakers, projectors, screens, TV's and other equipment alike. We also offer technicians to run the equipment for the events that are well versed in their respective area. | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Audio/Visual/Data Equipment & Services

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|---|---|---|---|---|
| **Langie Audio Visual Systems** | **Emad Ali** | **585-309-1888** | **eali@langieav.com** | **www.langieav.com** |
| Products/Services: | Langie AV Design, Install, Service AV equipment, such as:<br>Crestron Extron, Sony, LG, Epson, Draper, Crown, JBL, etc. | | | |
| **MBE** | | | | |
| **MAC Group Solution Services LLC** | **Joann Brewer** | **609-230-5129** | **joann@mymacgroup.com** | **www.mymacgroup.com** |
| Products/Services: | Installation and Maintenance of Telecommunication systems, network equipment, audio equipment, video equipment, CCTV, wireless access points, kiosks and more. Design and install and expand network infrastructure. Provide field service support and contract management. | | | |
| **WBE** | | | | |
| **Manchester CS Inc** | **Kimberly Standish** | **716-743-1455** | **kimberlys@manchestercable.com** | **www.manchestercs.com** |
| Products/Services: | Fiber Optic Cabling Splicing & Data Network Cabling - Certified CommScope, Corning, Panduit and Leviton<br>Camera Systems - Certified Axis Communications and Verkada, Inc.<br>Access Controls - Certified Verkada, Inc.<br>Cellular Signal Boosting | | | |
| **WBE** | | | | |
| **National Sound LLC** | **Carolina Del Carmen Ram** | **585-746-8807** | **reylis462016@gmail.com** | **N/A** |
| Products/Services: | Providing sound for musical groups, sound rental, and DJ services for events | | | |
| **MWBE** | | | | |
| **Wrights TV Mounting and Surround Sound Install** | **Jamar Wright** | **585-456-3631** | **papiculo1982@icloud.com** | **N/A** |
| Products/Services: | Tv mounting /handyman /furniture assembly | | | |
| **MBE** | | | | |

## Building Materials, Supplies, & Equipment

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|---|---|---|---|---|
| **3d Merchant Services** | **Christine Speedy** | **954-942-0483** | **wbe@greatergoodtech.com** | **www.greatergoodtech.com** |
| Products/Services: | Commercial water conservation valve reduces costs and consumption instantly. Made in USA, installs in about an hour, 15 year warranty. Any building with over $5000 per month utility needs this due to fast ROI. | | | |
| **WBE** | | | | |
| **84 Lumber Company** | **Margaret Hardy** | **828-230-7308** | **alexandra@84lumber.com** | **www.84lumber.com** |
| Products/Services: | 84 Lumber Company is the largest privately owned building material supplier. 84 Lumber Company has more than 250 stores, component manufacturing plants, custom door shops and engineered wood product (EWP) centers nationwide. 84 Lumber offers more than just lumber and can provide materials including but not limited to the following categories:<br>Moldings and Millwork, Drywall, Kitchen and Bath design and cabinets, Roofing, Stairs, Pole Barns, Siding, Windows, Sheds, Decking, Railings, Erosion control, Doors, Insulation, Hardware, etc. | | | |
| **WBE** | | | | |
| **ABR Wholesalers, Inc** | **Jody McGarry** | **585-210-4580** | **jodymcgarry@abrwholesalers.com** | **www.abrwholesalers.com** |
| Products/Services: | We are a heating, ventilation and cooling wholesale distributor selling heating and cooling equipment and parts. | | | |
| **WBE** | | | | |
| **Accent Kitchen & Bath Design LLC** | **Anna Crown** | **585-734-6619** | **anna@accentkitchenandbathdesign.co** | **www.accentkitchenandbathdesign.com** |
| Products/Services: | We sell kitchen and bath cabinetry, countertops including quartz and stone options , design solutions, hardware fixtures, sinks, faucets, custom and semi-custom cabinetry, product selection service | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Building Materials, Supplies, & Equipment

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| **Ada Contracting, LLC** | **Stephanie Inderlied** | **757-620-3920** | **steph@adacontracting.com** | **https://adacontracting.com/** |
| Products/Services: | Distributor of commercial and industrial-grade products | | | |
| **MWBE** | | | | |
| **Bison Contracting & Builders Supply Corp** | **Catherine Pera** | **716-863-0655** | **cathypera@aol.com** | **www.bisoncontracting.com** |
| Products/Services: | Subcontractor for the erection, dismantle of scaffold - Supplier of masonry materials and construction materials - Supplier of scaffold and construction access. | | | |
| **WBE** | | | | |
| **By Julius** | **Julius Dorsey** | **585-261-6458** | **byjuliusd@gmail.com** | **www.byjulius.com** |
| Products/Services: | By Julius is a company specializing in the design and creation of unique and sustainable home decor items and custom work. By Julius offers both a range of pre-designed home decor items and custom design solutions, including bespoke furniture construction, lighting and precision laser-cutting service. | | | |
| **MBE** | | | | |
| **D. Warren Consulting LLC** | **Deborah Ann Warren** | **585-734-4490** | **deb@lightingwithdwc.com** | **www.lightingwithdwc.com** |
| Products/Services: | Supplier of Interior and Exterior lighting tubes, fixtures and poles | | | |
| **WBE** | | | | |
| **DTS Associates III Inc.** | **Jeff Clarke** | **585-254-0522** | **dtsassociatesinc@gmail.com** | **www.adirondackcompany.com** |
| Products/Services: | Dumpster rental, mulch, landscape mulch, screen topsoil, fill dirt, decorative stone, construction grade stone, sand, compost, and playground mulch | | | |
| **MBE** | | | | |
| **Dynamix Scaffold Group LLC** | **William Miranda** | **646-699-1766** | **bids@dynamixscaffold.com** | **www.dynamixscaffold.com** |
| Products/Services: | We are specialize in Shoring systems, Sidewalk Sheds, plywood wood enclosures, Needle beams, Jersey Barriers, Yodocks, Scaffolding, Roofing, Roof Protection, Pipe Scaffolding, Hoist Installation, Painting & Wall Covering, Siding, Structural and much more. | | | |
| **MBE** | | | | |
| **GoTToGo Electric, Inc** | **Gabrielle Keister** | **585-704-7687** | **gkeister@gottogoelectric.com** | **www.gottogoelectric.com** |
| Products/Services: | Distributor of electrical goods, specifically electrical apparatus, equipment, wiring supplies, cable, transformers, meters and splices | | | |
| **WBE** | | | | |
| **Greater Good Tech** | **Christine Speedy** | **954-942-0483** | **cspeedy@greatergoodtech.com** | **www.greatergoodtech.com/** |
| Products/Services: | Wave water conservation valve reduces whole property water use instantly; installs on property side of meter within existing infrastructure. EPA registered Biotab7 solid tablets purify and disinfect air, water, surfaces with fraction of storage space, landfill waste, cost vs typical janitorial supplies. | | | |
| **WBE** | | | | |
| **Huber Electric Inc.** | **Laura Tirone** | **716-824-8816** | **laura.tirone@huberelectric.com** | **www.huberelectric.com** |
| Products/Services: | Lighting, electric motors & pumps, batteries, meters, time clocks, distribution equipment. | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Building Materials, Supplies, & Equipment

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|---|---|---|---|---|
| **Illuminating Expressions Distribution** | **JoAnne Danzig** | **585-472-0389** | **Joey@ieLighting.com** | **www.ieLighting.com** |
| Products/Services: | Decorative Lighting (chandeliers, wall sconces, bath vanities, pendants, flush mounts, outdoor lighting, landscaping lighting, recessed can, under cabinet, lamps, etc..) Commercial Lighting (street lighting, troffers, cans, poles and heads), Industrial Lighting (waste water treatment plants, warehousing etc.), Hospitality Lighting (street lighting, sports lighting, etc.), Electrical switch gear, lighting control and programming, home goods (fans, mirrors, decor, floor lamps, table lamps, etc.). We provide lighting controls start up services, we provide deliveries to job sites. | | | |
| **WBE** | | | | |
| **Interstate Steel Sales, Inc.** | **Deborah Gaulin** | **716-651-5630** | **intstesal@gmail.com** | **www.interstatesteelsales.com** |
| Products/Services: | Structural Steel: beams, angles, channels, tubes, pipes, plates, bars, rod, HPs, sheets | | | |
| **WBE** | | | | |
| **JC Smith Inc** | **Joanne Reed** | **315-428-9903** | **churley@jcsmithinc.com** | **www.jcsmithinc.com** |
| Products/Services: | Sale, Rental, and Certified Warranty Repair of Construction tools (hand and power), Production of DOT certified signage, vehicle wraps, portable light towers, traffic lights, led signage, and traffic control cones, etc., geotechnical fabrics, fasteners, laser equipment sales and repair, safety equipment and apparel with or without in-house logo/design stitching and/or iron-on decal. | | | |
| **WBE** | | | | |
| **JHP Industrial Supply Company, Inc.** | **Emanuel Henderson** | **315-454-4292** | **emo405@aol.com** | **www.jhpindustrial.com** |
| Products/Services: | Plumbing, heating ,HVAC, Underground piping, plumbing fixtures, PPE Equipment, Air handling units, | | | |
| **MBE** | | | | |
| **Lakelands Concrete Products inc** | **Stacy Stevens** | **585-943-9344** | **sstevens@lakelandsconcrete.com** | **www.lakelandsconcrete.com** |
| Products/Services: | Precast Concrete Products: 3 Sided Culverts, Agricultural Products, Architectural Panels, Box Culverts, Bridge Arches, Bridge Slabs, Columns and Beams, Drainage Structures, Highway Barriers, Lighting Poles/Foundations, Noise Barrier Walls, Pump Stations, Retaining Wall Systems, Septic Tanks, Utility Structures, Vaults, Wall Panels | | | |
| **WBE** | | | | |
| **Lumentek Global** | **Sanwal Sarraf** | **585-755-4498** | **Sanwal.Sarraf@Lumentekglobal.com** | **www.Lumentekglobal.com** |
| Products/Services: | Supplier of LED Lights and Fixtures for all indoor and outdoor applications, Roadway and Street Lights, underdeck, under bridge, overhead, up cable fixtures, LED Lighting, and like. | | | |
| **MBE** | | | | |
| **R-Display & Lighting** | **Tommie Royster** | **585-781-4327** | **troyster@r-displayandlighting.com** | **www.r-displayandlighting.com** |
| Products/Services: | Electronic Materials for Organic Light Emitting Diode Display (OLED) Panels<br>Emitter Materials (materials that directly emit light) | | | |
| **MBE** | | | | |
| **Right Price Companies, Inc.** | **Darin Price** | **315-701-2380** | **dprice@rightpricecompanies.com** | **www.rightpricecompanies.com** |
| Products/Services: | Right Price Companies, Inc. is a stocking distributor, we specialize in commercial furniture sales, providing full service to our customers in both the private and public sectors. Our emphasis is on government, education, healthcare furnishings & fixtures.<br>RPC Technologies is a stocking distributor. we specialize in Fiberoptic cable, enclosures, panels, connectors, splices adaptors for high-performance network cabling solutions, all-around electrical supplies and audiovisual supplies. | | | |
| **MWBE** | | | | |
| **Sharris Temp Gating & Fencing LLC.** | **Islam Harris** | **347-626-4102** | **bharris157@yahoo.com** | **NA** |
| Products/Services: | Gating and fencing services, debris and garbage removal both residential and commercial, Moving services such as un/loading of PODS, garages, homes and yard cleanouts and some renovations, painting services as well as various plumbing services, | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Building Materials, Supplies, & Equipment

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| **Vast Enterprise Solutions** | **Vivek Thiagarajan** | **804-432-1576** | **Vivek@VASTenterprisesolutions.com** | N/A |
| Products/Services: | Light manufacturing, boring, drilling, electrical material procurement, assembly | | | |
| **WBE** | | | | |

## Business Consulting Services

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|---|---|---|---|---|
| **A-Room Consulting INC** | **Chad Anderson** | **585-623-2211** | **Triloni@a-roomconsultants.com** | www.aroomconsultants.com |
| Products/Services:<br>**MBE** | • Business Development: Business plan write-up, financial support, efficiency audits, property advisory, product and brand development, pricing market analysis.<br>• Application/Licensing Assistance: 1-on-1 licensing preparation, application walk-throughs.<br>• Marketing & Branding: Build and expand strategies, add-ons, and comprehensive packages.<br>• Trainings: Workforce safety and compliance training, operational SOP training.<br>• Compliance: General and operational compliance consulting, audits and inspections.<br>• Sale of Cultivation Equipment<br>• General Strategy Consultation, Sales Tax Audit/Returns<br>• Staffing Agency (Employer & Employee Based), Efficiency Audits<br>• Workforce Trainings/On-boardings, Life Insurance/Securities Sales<br>• Permits/Licensing Walk-Thrus, External Administrative Services<br>• Leadership & Strategic Planning, Operations Management<br>• Personnel Management, Financial Acumen | | | |
| **At The Table Consulting, LLC** | **Ebony D Caldwell** | **(716) 229-0629** | **atthetableconsulting@gmail.com** | www.atthetable.consulting |
| Products/Services:<br>**MWBE** | -Strategic planning<br>-Training and workshops<br>-Consulting<br>-Coaching | | | |
| **Blue Lotus Consulting LLC** | **Adrianne Morton** | **315-877-7465** | **bluelotusllc1@gmail.com** | N/A |
| Products/Services:<br>**MWBE** | Services: Grant proposal preparation (editing, researching funding opportunities, programmatic site reviewer, compliance), Pre-and Post grant award support; development assessment and evaluation plans; executive coaching for employees new to management as well as supervision of employees; and technical writing (preparing strategic plans, job descriptions, on/ off boarding of employees). | | | |
| **Clements Catalyst Consulting Group, LLC** | **Shelly Clements** | **585-978-9005** | **Shelly@ClementsCatalyst.com** | www.ClementsCatalyst.com |
| Products/Services:<br>**MWBE** | Leadership Development & Executive Coaching<br>Diversity, Equity & Inclusion (DEI) Facilitation<br>Strategic Planning & Organizational Development<br>Labor & Education Sector Consulting<br>Training & Professional Development Programs<br>Retainer & Advisory Services<br>Organizational Assessments & Reporting | | | |
| **CulturED Arts Consulting** | **Jacqueline Cofield** | **646-535-0594** | **contact@culturedartsconsulting.com** | www.culturedartsconsulting.com |
| Products/Services:<br>**MWBE** | CulturED Arts Consulting provides professional learning, curriculum development, and arts-integrated educational services for schools, districts, higher education institutions, and community organizations.<br><br>Our services include the design and facilitation of professional development workshops and multi-session learning series for educators and school leaders, with a focus on arts integration, culturally responsive instruction, interdisciplinary teaching, literacy across content areas, and student engagement.<br><br>We develop custom, standards-aligned curricula and instructional resources that integrate the arts with English language arts, social studies, STEAM subjects, and social-emotional learning. Curriculum services include unit design, lesson planning, assessment tools, and implementation support. | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Business Consulting Services

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| **Deborah Stamps Consulting, LLC** | **Deborah Stamps** | **585-414-6622** | **deborah@deborahstampsconsulting.co** | **www.deborahstampsconsulting.com** |
| Products/Services:<br>**WBE** | Strategic Consulting<br>Executive Coaching & Training<br>Health Transformers Program<br>Webinars and Workshops<br>Executive & Leadership Practice & Academic Environment Expertise<br>Health Transformers Program<br>Webinars & Workshops<br>Diversity, Equity, Inclusion & Justice (DEIJ)<br>Certified Maxwell Training | | | |
| **EDAGleason Consulting** | **Evalyn Gleason** | **585-255-0912** | **evalyn.gleason@gmail.com** | **www.edagleasonconsulting.com** |
| Products/Services:<br>**WBE** | Business and strategy consulting.<br>Workshops, community development, project consultation, market research, strategic planning. | | | |
| **Here's a Crazy Idea, Inc** | **Luisa Carley** | **585-406-1463** | **fcarley@elliementalhealth.com** | **N/A** |
| Products/Services:<br>**MWBE** | Here's a Crazy Idea, Inc. (DBA Ellie Mental Health Management Services) provides management for Ellie Mental Health Counseling, a national franchise.<br>As Ellie Mental Health Management Services the services we provide are:<br>- In-depth training<br>- Business consultation<br>- Administrative services including payroll, HR, 401k and health benefits.<br>- Staying actively engaged with the industry trends and evidence-based practices.<br>- Analyze and implement operational workflows to ensure consistency, standardization, and alignment with business objectives.<br>- Enhance brand recognition and growth through effective marketing strategies and guidelines.<br><br>*Provides management services for the Greater Rochester territory of Ellie Mental Health Counseling | | | |
| **Innovation Global Consulting INC** | **Deepak Marwaha** | **585-284-2209** | **deepakmarwaha951@gmail.com** | **N/A** |
| Products/Services:<br>**MBE** | Innovation Global Consulting LLC (IGC) is a minority-owned business consulting and entrepreneurship-development company based in Rochester, New York. IGC provides business consulting, startup and growth assistance, entrepreneurship training, contractor and skilled-trades business support, and business-development services. The company also sells and resells construction materials, building products, fixtures, and home-improvement goods. Through the Maple Street Business Innovation Center, IGC seeks to connect entrepreneurs, contractors, property owners, and small businesses with practical resources, professional relationships, and opportunities that support sustainable business growth. | | | |
| **Inspirata Consulting, LLC** | **Linda Stevens** | **202-255-2902** | **lstevens@inspirataconsult.com** | **www.inspirata-consulting.com** |
| Products/Services:<br>**WBE** | Inspirata provides business consulting services in general with a specific focus on the following capabilities:<br>Program & Project Management, Organizational Change Management, Communications, Custom Training, Data & Analytics, Process Understanding/Alignment | | | |
| **Jaedicke Consulting LLC** | **Elizabeth Jaedicke** | **617-233-2536** | **elizabeth@jaedickeconsulting.com** | **www.jaedickeconsulting.com** |
| Products/Services:<br>**WBE** | Jaedicke Consulting LLC provides clients with a rigorous approach to airport traffic forecasting and economic analysis based on extensive industry knowledge and a detailed understanding of aviation data sources. Elizabeth Jaedicke, the firm's founder and principal consultant, started the firm in 2018 after 14 years with top consulting firms serving airport, banking, and institutional clients on six continents. Jaedicke Consulting specializes in creating custom aviation traffic forecasts; we examine individual market drivers and tailor a forecast methodology to each airport. The ability to create a meaningful airport traffic forecast relies on knowing what approach to apply when and what data sources best serve as model inputs. | | | |
| **KAMAHG LLC dba Arrow House Group** | **Kathryn Ann Malik** | **704-996-1430** | **Kayte@arrowhousegroup.com** | **www.ArrowHouseGroup.com** |
| Products/Services:<br>**WBE** | Full-service, women-owned consulting firm specializing in strategy, operations, revenue growth, and technology. Industry focus in Sports and Entertainment, Retail/eCommerce, Higher Ed, Technology and Financial Services. 3 verticals to service clients' individual needs. Arrow has solutions for Digital Strategy & Transformation \| Product Management \| Software Development \| Project Management \| Website Creation \| Program Remediation \| Risk Mitigation \| AI Roadmapping and more | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Business Consulting Services

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| **Karen L. Kaplan, LLC** | **Karen Kaplan** | **315-560-9395** | **Karen@karenlynnkaplan.com** | **www.karenlynnkaplan.com** |

Products/Services:

**WBE**

Drawing on 30+ years of cross-sector experience on 4 continents, Karen equips leaders and teams to deliver results in any environment with a unique background navigating complexity in high-stakes, fluid settings. Services:
=>Learning & Development - tailored Workshops & Leadership Intensives in: Navigating Complexity for Impact, Facilitating for Results, and Speaking to Influence (general public speaking skills and giving presentations)
=>Advisory & Facilitation – customized, strategic support to mid- and senior-level leadership tackling thorny issues & executing goal-oriented plans through small group engagement or larger team events
=>Keynotes that inspire action with practical tools equipping leaders to move from flux to forward motion
=>Coaching for Executives and Emerging Leaders to elevate performance and hone decision-making

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| **KG Professional Consulting** | **Kathleen Lowe Graupman** | **585-831-0278** | **kathygraupman@gmail.com** | **N/A** |

Products/Services:

**WBE**

Consulting services focused on leadership development, systems improvement, professional development of leaders, strategic planning, building efficiencies with operations, enrollment and staffing.

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| **Kindred Dynamics LLC DBA Weprogy** | **Diana Kleps** | **646-468-0797** | **Dianak@kindreddynamics.com** | **www.KindredDynamics.com** |

Products/Services:

**MWBE**

Management Consulting & Advisory Services

Strategic planning, change management, and organizational transformation.
Project management oversight for large-scale initiatives, including technology transitions, construction/real estate development, and organizational rollouts.
Healthcare operations support, including transition management, workflow optimization, and performance improvement.
Employee engagement assessments, surveys, and structured interviews to enhance productivity and workplace culture.
Market research, competitive analysis, and feasibility studies to support decision-making.
Development of comprehensive business reports, strategic recommendations, and performance dashboards.
Subcontractor hiring, coordination, and compliance oversight for specialized services.

Technology & Platform Services (Weprogy)

Procurement SaaS platform for managing RFPs, bids, and vendor networks.
Vendor onboarding, qualification, and bid comparison tools to streamline sourcing.
Secure hosting, data analytics, and project tracking dashboards.
Custom software and integration solutions to support procurement and vendor management needs.
Marketplace network development for buyers and service providers in facility management, maintenance, and other service industries.

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| **LifeSync** | **Tara Marie LoCastro** | **585-698-7207** | **taramlocastro@gmail.com** | **N/A** |

Products/Services:

**WBE**

Growth ImplementationsStrategic and Innovative InitiativesStakeholder EngagementNew Ventures and ExpansionsCooperative Business ModelsInterim LeadershipCertified Disc Workplace Facilitator Mentoring/Coaching and Development

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| **Lynnogen LLC** | **Kara Bosco** | **585-737-3878** | **karalynnbosco@gmail.com** | **www.lynnogen.com** |

Products/Services:

**WBE**

Business Consulting Services - At Lynnogen, we specialize in providing expert consulting services with a focus on procurement optimization, product management, and business planning. Our experienced consultants are dedicated to helping businesses unlock their full potential

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| **Manifest Consulting Inc.** | **Adenike Bamgboye** | **516-912-6656** | **admin@mfstconsult.com** | **https://mfstconsult.com/** |

Products/Services:

**MBE**

Procurement lifecycle management, Vendor management, Procurement audits, contract compliance, operational assessments, Policy and procedure development, supplier diversity development and support, procurement training and technical assistance, Strategic planning, Business process improvement, management consulting, workforce development, supplier outreach and engagement, research and development, survey design and administration, data collection and analysis, stakeholder engagement, program evaluation, capacity building programs, non-profit advisory.

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Business Consulting Services

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| **Mendon Group Solutions** | **Madhu Nair** | **585-624-7202** | **madhu@mendongroup.com** | **www.mendongroup.com** |
| Products/Services: | We provide strategic business and technology consulting including web/mobile application development, supply-chain services, design services, customer acquisition/experience services, training services including eLearning and learning management systems, and program/project management services. | | | |
| **MBE** | | | | |
| **MH Education Solutions** | **Kathleen Black** | **202-812-4461** | **drkathleenblack@mhedsolutions.com** | **www.mhedsolutions.com** |
| Products/Services: | MH Education Solutions provides consulting, coaching, and professional development services that support organizational effectiveness, leadership capacity, and systems improvement. Services are delivered to schools, education systems, nonprofit organizations, and mission-driven public and private organizations. Core services include:<br><br>Leadership Coaching and Development<br>Organizational Strategy and Systems Consulting<br>Professional Learning and Facilitation<br>Program Design, Evaluation, and Improvement<br>Technical Assistance and Advisory Services | | | |
| **MWBE** | | | | |
| **Ne Taba International** | **Halimah Ouedraogo** | **703-627-1577** | **houedraogo@ne-taba.com** | **www.ne-taba.com** |
| Products/Services: | Ne Taba International offers a range of consulting services designed to empower organizations and individuals in the fields of public health, workforce development, and social innovation. Our expertise spans from strategic planning and program development to scaling up initiatives, ensuring data-driven decision-making, and fostering effective leadership. We are committed to mobilizing resources, forming strategic partnerships, and utilizing innovative approaches to address complex challenges, ultimately promoting sustainability and positive social impact. | | | |
| **MWBE** | | | | |
| **On The Ground Research** | **Janelle Duda** | **585-683-3638** | **janelle@onthegroundny.com** | **www.onthegroundny.com** |
| Products/Services: | Social Science Research consulting, which includes technical assistance, program assessment and evaluation, continuous program improvement, research design development, program implementation, and outcome evaluation. | | | |
| **WBE** | | | | |
| **PED Consulting LLC** | **Pierre Dorancy** | **585-414-2286** | **pdorancy@gmail.com** | **www.ped-consulting.com** |
| Products/Services: | PED Consulting LLC provides professional management consulting services to public housing authorities, government agencies, nonprofit organizations, and community development partners. Core services include: (1) Housing Authority Operations Consulting — Section 8 HCV program management, leasing operations optimization, SEMAP performance improvement, and voucher utilization strategy; (2) HUD Regulatory Compliance Advisory — 24 CFR compliance, corrective action plan development, audit preparation, and VMS-PIC data reconciliation; (3) Strategic Planning and Organizational Management — multi-year strategic roadmaps, organizational assessments, change management, and performance management frameworks; (4) Resident Services Program Development — Family Self-Sufficiency (FSS) program support, workforce readiness programming, financial literacy (FREEDOM™ framework), and resident economic empowerment initiatives; (5) Program Management and Evaluation — program design, launch, outcomes tracking, and HUD-compliant reporting for government-funded programs; (6) Financial Modeling and Grant Management — investor-grade reporting, grant application support, and outcomes dashboards for HUD, DYCD, DHS, and other funders. | | | |
| **MBE** | | | | |
| **Process & Strategy Solutions, PLLC** | **Cynthia Kalina-Kaminsky** | **972-898-3910** | **Cynthia@ProcessStrategySolutions.com** | **www.ProcessStrategySolutions.com** |
| Products/Services: | Process & Strategy Solutions is a certified WOSB with over 25 years of experience in supply chains and business strategy. Defining, shaping strategic change and efficiency initiatives to orchestrate alignment of operations, supply chains to strategic organization plan, war fighter needs, regulatory requirements through integrating innovation, data, continuous improvement, transformation, cybersecurity, sustainment, resilience, governance. Products & services include range of Operations and Supply Chain consulting, contracting, virtual and onsite training for ASCM-APICS certifications, SCOR, and other training, FREE Supply Chain Assessment, Mapping, Strategy, Metrics, Efficiency | | | |
| **WBE** | | | | |
| **Professional Notary Services, Inc.** | **Marcelle Tiberio** | **585-613-2153** | **marcy@professionalnotaryservices.biz** | **www.professionalnotaryservices.biz** |
| Products/Services: | We provide national in-person mobile notary services and international online notary services to consumers and businesses. | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Business Consulting Services

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|---|---|---|---|---|
| **ReThinkit Strategies** | **Katia Chaban** | **585-202-9620** | **katchaban@gmail.com** | **www.rethinkitstrategies.com** |
| Products/Services: | Consulting Services: We help companies navigate the complexity of ESG and achieve sustainability goals. Combining our IT and Sustainability insights and experience, and through a circular lense, our goal is to help companies create the most effective sustainability strategies. We can execute a short or long-term engagement dependent on the unique journey of your business. This includes identifying the sustainability risks and issues facing your business, assessing your organization's value chain, including technology and supplier selections, determining what is material to the organization, and recommending the purposeful actions and strategies needed to meet your sustainability goals.Advisory Services: Drawing on diverse experiences and knowledge to provide guidance to support you in your sustainability journey to make you successful. Unlike a task-oriented consulting engagement, this role can be as involved in the organization as you need to help shape your goals, craft purposeful and impactful strategies, and work with you to create innovative solutions to challenges or barriers as sustainability becomes a norm in your organization. | | | |
| **WBE** | | | | |
| **Rolling Enterprises. Inc.** | **Meshae Rolling** | **315-726-1039** | **meshae@rollingenterprises.com** | **www.eventprep.com/meshae-rolling** |
| Products/Services: | Rolling Enterprises, Inc. provides the following mix of products and services through its DBAs: (a) Event Prep sources, procures and contracts hotel venues locally, regionally and nationally for clients in the market for overnight accommodations for their meetings, retreats, conferences & conventions. This service is offered gratis on a complimentary basis since it is standard industry practice for the hotel industry to pay third-party companies like Event Prep on commission. Event Prep also provides event & conference planning and onsite management services on a compensatory basis. W/ Just The Basics Financial Literacy DBA produces workshops, seminars, teleconferences and webinars centered on Fundamental Financial Literacy | | | |
| **MWBE** | | | | |
| **Sicily Swaghdad** | **Tyirik Gibson** | **585-451-3558** | **Larrylove585@myyahoo.com** | **N/A** |
| Products/Services: | Sicily Swaghdad is a MWBE certified solutions provider. We bridge the gap between institutional project requirements and high performance execution. Whether your needs are creative, technical, or facility based. We provide the sourcing, vendor management, and oversight necessary to ensure the project success | | | |
| **MBE** | | | | |
| **Smart Business Advisors** | **Drake Thomas** | **585-557-2940** | **drakethomas@sbarochester.com** | **NA** |
| Products/Services: | Project Audit Services, Project Management Services, Reimbursement Disbursement Services, General Administrative Support, Government Project Support Services, Real Estate Transaction Support Services, Construction Management Support Services, MBA, Certified Business Advisor, Logistics & Moving Support Services, Accounting Support Services, Training Support Services, Information Technology Support Services, Technical Writing Support Services, Financial Transaction Support Services | | | |
| **MBE** | | | | |
| **SMW CONSULTING LLC** | **Sharon Wasco** | **330-310-5755** | **sharon@smwconsultingllc.com** | **www.linkedin.com/company/smw-consulti** |
| Products/Services: | SMW Consulting, LLC, is the consultancy of community psychologist Sharon M. Wasco, PhD, specializing in applied research and program evaluation consultation including staff training, needs/assets assessment, logic modeling, evaluation design and implementation, data analysis, communicating results, and grant and report writing. Dr. Wasco has a network of associates and subject matter experts who collaborate on projects as needed. | | | |
| **WBE** | | | | |
| **StaCreative** | **Stacy Porcelli** | **775-830-7057** | **stacy.porcelli@stacreativeconsulting.co** | **www.stacreativeconsulting.com** |
| Products/Services: | Change Capabilities, Assessment of technical or cultural impact on business and personnel, change marketing, Change strategies and execution, Change Management coaching, Frameworks for Navigating Change | | | |
| **WBE** | | | | |
| **Sywftlight** | **Hiram Nunez** | **773-362-2707** | **hiram@swyftlight.com** | **www.swyftlight.com** |
| Products/Services: | Professional services. Business strategy, integrated marketing, branding, web design/development, digital transformation, and app development. | | | |
| **MBE** | | | | |
| **The Caulfield Consulting Group, LLC** | **Russell** | **617-216-0154** | **erich@caulfieldconsulting.com** | **www.caulfieldconsulting.com** |
| Products/Services: | Planning, analysis, meeting facilitation, research, and training. | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Business Consulting Services

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| **Third Eye Network LLC** | **Dr. Lomax Campbell** | **585-350-6403** | **lomax@thirdeye.network** | **https://thirdeye.network/** |
| Products/Services: | Strategic Planning; Marketing Strategy Plans; Organizational Culture Change Management; Economic Recovery Planning; Workforce Planning; Entrepreneurial Ecosystem Building Programs | | | |
| **MBE** | | | | |
| **Tracey D. Miller Associates LLC** | **Tracey Miller** | **585-820-1361** | **Tdmiller@tdmaroc.com** | **https://tdmaroc.com/** |
| Products/Services: | Tracey D. Miller Associates LLC is a consulting, project development, and management company headquartered in Rochester, New York. | | | |
| **MWBE** | | | | |
| **Verbosity, LLC** | **Stephen Edwards** | **571-253-2308** | **sde@verbosity.com** | **www.verbosity.com** |
| Products/Services: | Our services focus on integrated solutions designed to enhance the performance of your business or agency. By incorporating industry best practices into your workflows and strategies, we can help you be more efficient and better serve your customers. Our products and services include:<br>• Automated Workflow Design, Training, and Implementation<br>• Customer Engagement<br>• Accountability and Transparency Strategies<br>• Remote Automated Workforce Development (AWD)<br>• Map it. Snap it. Send it. (MSS) Crowdsourced Reporting Tool<br>• Asset Management on the Go (AWD)<br>• Mobile Accessible Support Services (MASS)<br>• Mapterial Health (Public Health Disasters)<br>• System Integrations: Legacy, Enterprise, Third-Party and B2B<br>• Staff Augmentation<br>• Consulting | | | |
| **MBE** | | | | |
| **Verdura Counseling & Consulting** | **Jacqueline Verdura** | **585-590-2149** | **jackie@verduracc.com** | **www.verduracc.com** |
| Products/Services: | Verdura Consulting & Counseling is a multidisciplinary firm dedicated to empowering organizations and individuals through innovative strategies, expert guidance, and personalized support. We specialize in bridging operational excellence with human-centered care, delivering solutions that drive measurable impact across healthcare, business, and community sectors.<br>Our team combines deep industry expertise with a collaborative approach to design sustainable systems, optimize workflows, and foster growth. From healthcare networks to corporate enterprises, we partner with clients to transform challenges into opportunities for success.<br>Healthcare Consulting<br>Management Consulting<br>Solution Design<br>Workflow Design<br>Partner Mobilization<br>Clinical Coaching & Counseling<br>Business Coaching | | | |
| **WBE** | | | | |
| **Wildflower Consulting LLC** | **Khara Grant** | **585-490-7141** | **khara@wildflowerconsultants.com** | **www.wildflowerconsultants.com** |
| Products/Services: | I assist female entrepreneurs; woman-owned start-ups and small businesses by providing training to create new businesses by learning foundational and high-level skills of business as well as workforce readiness. In addition, providing strategies to grow or scale existing small women-owned businesses. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Business Consulting Services

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| **WORTHY ANALYTICS, LLC** | **Panyun Chen** | **585-210-2315** | **worthyanalytics7@gmail.com** | **https://worthydata-gebke3nb.manus.spac** |

Products/Services: Worthy Analytics is an AI-enabled data, financial analytics, and business intelligence firm serving public sector agencies and private enterprises. We specialize in modernizing finance and performance management functions through advanced analytics, artificial intelligence, and intelligent automation. Our solutions enhance transparency, operational efficiency, financial performance, and executive decision-making by embedding AI directly into finance, reporting, and business intelligence workflows.

- AI-Enabled Finance Transformation & Advanced Financial Analytics
- AI-Integrated Business Intelligence & Executive Reporting
- Data Analytics, Engineering & Predictive Modeling
- Intelligent Automation & AI-Driven Performance Optimization
- Strategic Performance & Analytics Consulting

**MWBE**

## Childcare Services

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|---|---|---|---|---|
| **Caring and Sharing Child Care Center** | **Kimberly Roberson** | **585-303-5257** | **kimberlyroberson@aol.com** | **www.caringandsharingchildcare.com** |

Products/Services: Universal Pre-KindergartenEducational Child Care ServicesBefore and After School ServicesTutoring Services

**MWBE**

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| **Home Away From Home Child Care Center LLC** | **Stephanie Lucas** | **585-472-3799** | **stephanie@homeawaychildcare.com** | **www.homeawaychildcare.com** |

Products/Services: We serve ages 6 weeks to 12 years old. Our curriculum is Reggio Emilio based and theme based lesson planning.

**WBE**

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| **Lovi's Little Steps** | **Samaria Pollock** | **585-867-3367** | **samaria@samariaholding.com** | **https://lovislittlesteps.com/** |

Products/Services: Early childhood childcare services
Daily supervision and structured learning activities
Before- and after-school care
Safe childcare environment for working families
Child development focused programs

**MWBE**

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| **Marvelous Mind Academy LLC** | **Rosa Curtis** | **585-685-5572** | **rosamarie@marvelousmindacademy.co** | **www.marvelousminds.com** |

Products/Services: Child care services

**MWBE**

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|---|---|---|---|---|
| **One Knowledge Academy** | **Nija Quinn** | **585-851-2366** | **nijaquinn@oneknowledgeacademia.org** | **www.oneknowledgeacademia.org** |

Products/Services: One Knowledge Academy is a private preschool program that is expanding into the addition of kindergarten. One Knowledge Academy offers a biblical worldview education for 3 and 4 year old students with a focus on the subjects of Reading, Literacy, and Math. Biblical history and theological studies are rooted within the structure of the education. One knowledge Academy's foundation is fixated within scripture, primarily Daniel 1:17, establishing a firm conviction of identity and faith. Our curriculum emphasizes the necessary foundation of phonemic awareness in vital literacy learning, beginner mathematical structure, and social emotional awareness and learning establishing a foundation for students to begin to flourish hereafter.

**MWBE**

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| **PJ's Pals Childcare Center LLC** | **Chelsea O'Meally** | **585-415-6222** | **chelseaomeally@yahoo.com** | **https://sites.google.com/view/pjs-pals-chil** |

Products/Services: Provide childcare services to working families within the Rochester area.

**MWBE**

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| **Sunshine Daycare, Inc.** | **Janine Sciarabba** | **585-746-7191** | **j9sciarabba@yahoo.com** | **www.sunshinedaycareinc.com/** |

Products/Services: Child care services

**WBE**

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Childcare Services

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|---|---|---|---|---|
| **Tecias Childcare, LLC** | **Martecia Kelly** | **585-317-6846** | **teciaschildcare@gmail.com** | **N/A** |
| Products/Services: | I provide childcare services during normal and extended hours. | | | |
| **MWBE** | | | | |
| **The Lewis Daycare Service LLC** | **Regina Lewis** | **585-303-3658** | **reginalewis48@gmail.com** | **N/A** |
| Products/Services: | I have over 20 years of experience in the daycare industry, managing both home-based and center-based facilities. I am now in the process of opening a new center that will provide healthy meals for children of all ages, ensuring a safe and nurturing environment for their growth and play. This center will also create job opportunities in the city of Rochester and offer reliable transportation services to and from the center, allowing parents to focus on their work, stability, and quality of life. | | | |
| **MWBE** | | | | |
| **Wunderville LLC** | **Amira Faress** | **862-368-0628** | **a.faress.business@gmail.com** | **www.WUNDERVILLEPRESCHOOL.COM** |
| Products/Services: | CHILDCARE AND EDUCATION | | | |
| **MWBE** | | | | |

## Commodities/Retail

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|---|---|---|---|---|
| **1-800 Flags** | **Amber Imburgia** | **585-472-4020** | **amber@1-800flags.com** | **www.1-800flags.com** |
| Products/Services: | At 1-800 Flags we sell high quality Made in America flags, banners, country flags, flagpoles, accessories, custom flags and banners and more. | | | |
| **WBE** | | | | |
| **Advent Solutions** | **Marie Misere** | **585-406-8848** | **essence5152@gmail.com** | **N/A** |
| Products/Services: | Fruits and Vegetables, Hygiene and Personal Care Products<br>Toilet paper, Toothbrushes, Paper towels, Tissues, Other personal hygiene items, Office Supplies, Stationery (pens, paper, notebooks), Office cleaning supplies, Miscellaneous Household and Institutional Goods | | | |
| **MWBE** | | | | |
| **BADMAN Entertainment** | **Jarod McClary** | **585-448-5238** | **badmanent1@gmail.com** | **N/A** |
| Products/Services: | BADMAN Ent. is a dynamic department store nestled in the heart of Rochester, NY. Founded with a profound commitment to serving historically underserved communities, we aim to revolutionize the retail landscape by fostering economic empowerment, community enrichment, and entrepreneurial growth. Our mission extends beyond merely providing goods; we strive to create a vibrant ecosystem where businesses thrive, individuals flourish, and communities prosper. | | | |
| **MBE** | | | | |
| **Bee Snatched** | **Dana Johnson** | **585-770-0759** | **danamjohnson08@gmail.com** | **www.beesnatched.com** |
| Products/Services: | Full body sauna suits, waist trainers, workout sweat bands, women shapewear, ex(fajas, girdles) BBL pillows, work out clothing, breastfeeding body shaper dresses, body suits, rompers & sauna work out pants, | | | |
| **MWBE** | | | | |
| **Cosmic Creations Collective LLC** | **DeAndre Vaden** | **585-776-7065** | **deandrevaden1997@gmail.com** | **Cosmoandwandacreations.com** |
| Products/Services: | Indoor & outdoor plants, decorative planters, garden/plant consultations, repots, plant rescue services, drawing, photography, crafts, and jewelry. | | | |
| **MBE** | | | | |
| **Custon Queens Production LLC** | **Malikah Davis** | **585-298-2048** | **Malikahdavis07@gmail.com** | **www.customqueensproduction.com** |
| Products/Services: | I provide custom made tumblers and other personalized merchandise. At CUSTOM QUEENS we can personalize anything you want. The possibilities are endless. We have over 100 different products we currently offer. Don't see something you may want? Just reach out and we can make it happen! | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Commodities/Retail

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|---|---|---|---|---|
| **DABLITE Vending Solutions LLC** | **Dezmond Morrow** | **585-738-2031** | **bmorrow30@yahoo.com** | **www.dablitevendingsolutions.com** |
| Products/Services: | Currently we offer affiliate marketing of rental power bank charging stations to customers. We also own our own rental power bank charging stations which we place in vendor locations to increase foot traffic, drive sales, and enhance consumer experiences. We also sell, maintain, and operate Ai powered vending machines through a company called micro-mart for our clients. A bonus feature to our business model is that on our rental power bank charging stations, we also offer digital advertising services for companies. | | | |
| **MBE** | | | | |
| **Elated SleepWear** | **Dontaniya Clark** | **585-664-5024** | **dontaniyagreen0@gmail.com** | **N/A** |
| Products/Services: | I provide Pajamas for kids women and men.<br>I also Provide Hair Bonnets and slippers. | | | |
| **MWBE** | | | | |
| **Ember Craft Pottery LLC** | **Vanessa Harris** | **760-419-3195** | **vanessafhawkins@gmail.com** | **www.embercraftpottery.com** |
| Products/Services: | | | | |
| **WBE** | | | | |
| **Esma Monuments INC** | **Kelli Edwards** | **585-713-3815** | **kellidevine1@gmail.com** | **www.esmamonument.com** |
| Products/Services: | Headstones, Monument, Memorials ex: Plaques, banners, Urns, Urn jewelry, memoriam blankets and apparel. | | | |
| **MWBE** | | | | |
| **Garden Of Eden Root Of Garden** | **Brenda Lee Elsaw** | **585-635-4817** | **diamondelsaw3@gmail.com** | **N/A** |
| Products/Services: | Natural Soaps, Deodorant, Shampoo, Body Butter, Beard Oils | | | |
| **MWBE** | | | | |
| **Gen128 Holdings LLC** | **Krizel Mendoza** | **917-753-0667** | **krizelmendoza@icloud.com** | **www.batangasbest.com, www.reinadeperl** |
| Products/Services: | Gen128 Holdings LLC, trading under the names "Batangas Best" and "Reina De Perlas," is your gateway to two remarkable worlds of exquisite offerings. | | | |
| **MBE** | | | | |
| **Holly-wood Decorative Creations** | **Holly Pearson** | **585-754-5028** | **hollywooddecorativecreations@gmail.c** | **www.facebook.com/Hollywooddecrativecr** |
| Products/Services: | As of right now I offer wooden home décor that can be customized to your home. My inventory runs from blanket ladders, to stove top covers, all the way to toilet paper holders, along with personalize signs that can be multifunctional and much more. All items can come in different colors, saying and sizes. Everything is completely handmade and painted by me in my home. I am looking to open a storefront soon to expand my sales but also help other local small business that are woman and or minority owned to have a place to sell their products as well. | | | |
| **WBE** | | | | |
| **Inventory New York LLC** | **Makeda McGowan** | **585-673-0133** | **inventorynewyork@gmail.com** | **depop.com/inventorynewyork** |
| Products/Services: | Inventory New York provides one of a kind quality vintage(1960s-Y2K) and second hand clothing and accessories. | | | |
| **MWBE** | | | | |
| **Kapibala Inc** | **Ada Hwa Tung Lung** | **929-313-0819** | **info@kapibala.us** | **N/A** |
| Products/Services: | Finding potential products or new inventions on Kickstarter. We now have reusable power banks with solar panels, etc. | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Commodities/Retail

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|---|---|---|---|---|
| **L'Couture LLC** | **LaCarrie S Byer** | **917-208-3767** | **noni.butterfly@yahoo.com** | **N/A** |
| Products/Services: | Clothing for women and men. Jackets, shirts, sweaters and ancillary items for the discerning client | | | |
| **MWBE** | | | | |
| **Lift Bridge Yarns** | **Jessie McNaughton** | **607-591-0820** | **jessie@liftbridgeyarns.com** | **www.liftbridgeyarns.com** |
| Products/Services: | We sell hand knitting yarn, knitting & crochet tools and related accessories & gifts. | | | |
| **WBE** | | | | |
| **NoNetz, Inc.** | **Catherine Paraggio** | **914-589-2055** | **cathy@nonetz.com** | **www.nonetz.com** |
| Products/Services: | design services for clothing; men and boys swim trunks; kids rash guards; men's polos; women's joggers, sports bras, wrap sweaters knitted on demand; men's joggers, crew neck sweaters and hoody's knitted on demand; wool hats and fingerless gloves; women's one piece and bikini swimwear knitted on demand | | | |
| **WBE** | | | | |
| **Profits in Pajamas, LLC** | **George Denis** | **917-286-7099** | **Profitsinpajamas@publicist.com** | **www.Profitsinpajamass.com** |
| Products/Services: | "Profits in Pajamas" is designed to guide you through the exciting journey of building a successful home-based business. Whether you're a seasoned professional seeking more flexibility or a newcomer eager to explore entrepreneurial avenues, this book will provide you with actionable insights, strategies, and inspiration to thrive in the world of remote work. | | | |
| **MBE** | | | | |
| **Raquel Denise Handbag Boutique** | **Raquel Lowry** | **585-355-0762** | **rlowry86@gmail.com** | **www.raqueldenisehandbags.com** |
| Products/Services: | Handbags, totes, purses, wallets, t-shirts, and handbag accessories (retail, wholesale, customized (for non-profit/profit/corporate and government) | | | |
| **MWBE** | | | | |
| **Ready For Unsteady, LLC** | **Angela D'Amico** | **585-489-2621** | **readyforunsteady@gmail.com** | **www.readyforunsteady.com** |
| Products/Services: | Ready for Unsteady is a resource hub dedicated to making disaster preparedness approachable, affordable, and actionable - especially for people who don't see themselves as traditional "preppers." We aim to de-stigmatize "prepping" and reposition the effort as building resilience within your household. Ready For Unsteady provides:<br><br>- Step-by-step guides on essential skills such as water purification, fire-starting, emergency kits, and sheltering in place<br>- Downloadable checklists and planning tools for individuals, families, and pet owners<br>- Educational videos and blog content that break down preparedness concepts into clear, easy-to-follow formats<br>- Product recommendations and gear reviews tailored for real-world emergencies—not just extreme survival scenarios | | | |
| **WBE** | | | | |
| **Roc Paper Straws** | **Karrie Laughton** | **585-314-2365** | **Rocpaperstraws@gmail.com** | **Rocpaperstraws.com** |
| Products/Services: | We manufacture paper drinking straws in various sizes and colors. We make standard size straws, milkshake straws, cocktail straws, and Bubble Tea straws. They are available wrapped or unwrapped, are biodegradable, compostable, marine-safe, food-grade, and gluten-free. | | | |
| **WBE** | | | | |
| **RocCity Restaurant Supply LLC dba Henrietta Restaur** | **Ariadna Hefke** | **585-935-1475** | **arih@henriettarestaurantsupply.com** | **www.HenriettaRestaurantSupply.com** |
| Products/Services: | Commercial kitchen equipment, disposable paper and plastic supplies, smallwares, baking supplies, janitorial & sanitizing supplies, bar supplies. | | | |
| **MWBE** | | | | |
| **Scented Serenity Candles** | **Charlene Hall** | **585-502-9274** | **info@scentedserenitycandles.com** | **www.scentedserenitycandles.com** |
| Products/Services: | Scented Serenity Candles was born out of a personal journey of healing and connection. During the difficult period of the COVID-19 pandemic, I began making candles as a way to cope with the stress and challenges of life. It was a time of reflection, and through creating scents, I found a way to deal with the grief I had carried since losing my dad in 2012. Creating candles and crafting unique scents helped me find comfort and peace, reminding me of cherished family memories and providing an outlet for my emotions. In 2023 the name became official. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Commodities/Retail

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|---|---|---|---|---|
| **Shop Peppermint LLC** | **Tanvi Asher** | **718-664-3996** | **tanvi@shop-peppermint.com** | **www.shop-peppermint.com** |
| Products/Services: | Women's apparel, accessories, Rochester themed gifts and home goods | | | |
| **MWBE** | | | | |
| **Stacy K Floral** | **Stacy Ercan** | **585-244-1414** | **stacy@stacykfloral.com** | **www.stacykfloral.com** |
| Products/Services: | Floral, gifts, and decor items | | | |
| **WBE** | | | | |
| **Sumerians LLC** | **Mohammed Hdabee** | **585-775-8831** | **sumeriansllc@gmail.com** | **N/A** |
| Products/Services: | Retail store specializing in the resale of customer returns, overstock, and surplus merchandise sourced from major retailers, including but not limited to Costco, Walmart, and Target. Our inventory includes a wide variety of products such as household and kitchen items, clothing, furniture, automotive parts and accessories, toys, home décor, electronics, and other consumer goods. Product availability varies based on incoming inventory. | | | |
| **MBE** | | | | |
| **Under The Arbor Bridal, LLC** | **Suzanne Kenyon** | **585-355-6820** | **suzannekenyon585@gmail.com** | **www.underthearborbridal.com** |
| Products/Services: | Wedding gowns; mother's, bridesmaids, prom and flower girls dresses as well as various accessories and everyday women's apparel | | | |
| **WBE** | | | | |
| **What's Good®** | **Jennifer Young** | **585-259-9857** | **jennifergyoung@icloud.com** | **www.shopwhatsgood.com** |
| Products/Services: | We offer eco friendly and socially responsible household essentials like laundry soaps, home cleaners, sponges and scrub brushes; food storage such as containers, wraps, baggies; personal care items like shampoo and bar soaps and lotions; and an assortment of gifts from kid toys to candles. | | | |
| **WBE** | | | | |

## Community Development

| | | | | |
|---|---|---|---|---|
| **Gateway Holdings ROC LLC** | **Bryan Burroughs** | **585-319-0785** | **burroughsbryan1@gmail.com** | **N/A** |
| Products/Services: | Community outreach program and consulting services | | | |
| **MBE** | | | | |
| **Hallmark Planning & Development** | **Arthur Hall Jr.** | **716-486-9763** | **art@thehallmarkfirm.com** | **www.thehallmarkfirm.com** |
| Products/Services: | Public Engagement - Hallmark works with clients to customize robust public engagement strategies to elevate ideas and solutions across diverse projects.<br>Placemaking - Hallmark works with partners to strategically shape the physical and social character through public art and cultural engagement activities<br>Community Planning—Hallmark helps identify community priorities through a comprehensive planning process.<br>Commercial Real Estate - As a licensed commercial real estate professional, we offer comprehensive solutions customized to meet your needs. | | | |
| **MBE** | | | | |
| **Institute for Social Entrepreneurship LLC** | **David Dey** | **585-576-6634** | **ddey@institute4se.com** | **www.institute4se.com** |
| Products/Services: | We are consultants that research, design and develop ventures and programs that build communities and economies. We have experience in working with and designing community engagement, development and business consulting activities. Our expertise includes:* Community & Economic Development* Public / Private Partnerships* Program Design* Securing Resources to Launch or Grow Ventures* Managing and Growing New and Existing Ventures | | | |
| **MBE** | | | | |

## Construction - Concrete/Masonry/Paving

| | | | | |
|---|---|---|---|---|
| **AM Building Restoration Inc.** | **Castor Miranda** | **646-568-2850** | **info@ambuildingrestoration.com** | **N/A** |
| Products/Services: | Façade Restoration & Local Law 11 (FISP) Compliance, Brick Pointing, Masonry & Brownstone Restoration, Concrete Repair, Waterproofing & Crack Sealing, Scaffolding & Sidewalk Shed Installation, Balcony, Parapet & Lintel Repair, Roof Repair, Flashing & Sealant Systems, Roof Deck Waterproofin g & Coatings, Façade Repair (Brick, Stone, Stucco, EIFS), OSHA Compliant Safety Protocols, Site Supervision & Emergency Make Safe Services Services | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Construction - Concrete/Masonry/Paving

| | | | | |
|---|---|---|---|---|
| **Bucket Pro, LLC** | **Cheyenne Brooks** | **(716) 602-2557** | **bucketprollc@gmail.com** | **www.bucketprollc.com** |
| Products/Services: | Concrete Curbing, Site Prep, Demolition, Concrete Flat Work, Concrete Foundations, Excavation | | | |
| **MBE** | | | | |
| **C. Downing Enterprises LLC** | **Clinton Downing** | **585-747-0037** | **cdowning106@gmail.com** | **N/A** |
| Products/Services: | Concrete Flat work and Foundations<br>Asphalt driveways And parking lots. To provide exceptional construction services built on integrity, quality, and accountability while creating lasting partnerships with our clients and strengthening the communities we serve. | | | |
| **MBE** | | | | |
| **Champion Asphalt Maintenance** | **Julie Ans Shove** | **315-589-7953** | **championasphalt7953@yahoo.com** | **www.championasphaltny.com** |
| Products/Services: | Asphalt maintenance, seal coat, pavement markings, crack sealant | | | |
| **WBE** | | | | |
| **Cummings Construction, LLC** | **Charles Cummings** | **585-370-2985** | **charlie@cummings-construction.com** | **N/A** |
| Products/Services: | We provide General Construction and project management services. We self perform Concrete, Masonry, small excavation, limited sitework, cost estimating, limited painting and masonry restoration | | | |
| **MBE** | | | | |
| **LG Pavement Maintenance INC** | **Laura Gray** | **585-690-6482** | **lgpavement@gmail.com** | **N/A** |
| Products/Services: | Asphalt & concrete repairs with epoxy or with existing material, asphalt paving and concrete new installs, striping new layouts and restripes, sealcoating parking lots, milling existing pavement, hot crack fill | | | |
| **WBE** | | | | |
| **Millennium Construction Inc** | **Gail Cefalu** | **716-525-5232** | **gail@mci2010.com** | **www.millenniumconstructioninc.net** |
| Products/Services: | Roadwork, Sitework, Drainage, Concrete Curb, Flatwork, Pavement, ADA Ramps, Stairs, Foundations. Flooring systems including epoxy, urethane mortar, hybrid systems, decorative, functional & resurfacing. | | | |
| **WBE** | | | | |
| **Monroe Masonry & Concrete** | **Darouny Vongphachanh** | **585-261-3206** | **customersupport@monroemc1.com** | **www.monroemasonryconcrete.com** |
| Products/Services: | Provide masonry and concrete services for indoor and outdoor needs. This includes brick, block, pavers, sidewalks, stairs, chimneys, driveways, and more. | | | |
| **MWBE** | | | | |
| **Montanosa Restoration LLC** | **Jesus Crawford** | **585-413-3810** | **jesus@montanosa.net** | **N/A** |
| Products/Services: | Concrete Restoration, Masonry Restoration, New Masonry, Waterproofing, Air Barrier and Sealants. | | | |
| **MBE** | | | | |
| **Najee & Son Restorations, LLC** | **Kenneth Barksdale** | **585-333-9089** | **barksdale1962@icloud.com** | **N/A** |
| Products/Services: | Commercial Masonry and Restorations | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Construction - Concrete/Masonry/Paving

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|---|---|---|---|---|
| **Precision Paving & Concrete, Inc** | **Anthony Close** | **585-491-3697** | **anthonyclose2020@gmail.com** | N/A |
| Products/Services: | Paving and concrete installation | | | |
| **MBE** | | | | |
| **Rodey Construction LLC** | **Raphael Odney** | **585-478-9718** | **info@rodeyconstruction.com** | N/A |
| Products/Services: | Services include: Line Technicia,n Troubleshooting, Power Line Installation, Driveway Concrte, Stamped Concrete, Sidewalk Installation, Stone Veneer | | | |
| **MBE** | | | | |
| **Seabreeze Pavement of NY LLC** | **Keruin Negron** | **585-338-2333** | **kelly@seabreezepavement.com** | www.seabreezepavement.com |
| Products/Services: | Asphalt Installation and maintenance, install parking lots, driveways, speed bumps, asphalt sidewalks, and asphalt repairs. Asphalt striping and sealingConcrete installation, install sidewalks, concrete driveways and patios. Culvert pipe installation and repair, Install and repair Catch basins, install retaining walls. | | | |
| **MBE** | | | | |
| **SLM Enterprises** | **Samuel McCullough** | **585-615-4670** | **samuelmccullough44@gmail.com** | N/A |
| Products/Services: | Drive ways dig outs, stone grade and rake asphalt for finish, compact and roll. Pot hole repairs, demolition, drywall, interior painting. Porch and deck builds. Construction site clean-up service. | | | |
| **MBE** | | | | |
| **Syrstone Inc.** | **Beth Bellinger** | **315-560-3400** | **beth@syrstone.com** | www.syrstone.com |
| Products/Services: | Saw cut Grooving of Concrete, Rumble strips (MIARDS/CARDS/SHARDS), Granite Curbing, Unit Pavers, Concrete Slip form | | | |
| **WBE** | | | | |
| **T.A. Scott Company Inc.** | **Tony Scott** | **585-727-5286** | **tonyscott1969@icloud.com** | N/A |
| Products/Services: | Commercial-grade asphalt paving and striping, contract labor, roof repair, framing, hauling, demolition, and construction clean-up | | | |
| **MBE** | | | | |

## Construction - Electrical Services

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|---|---|---|---|---|
| **AC Electric Lighting the Future LLC** | **Andie Colon** | **585-298-5489** | **acelectriclightingthefuture@gmail.com** | https://acelectriclighting.com/ |
| Products/Services:<br>**MBE** | Meter Installations (meter installed or an old one upgraded)<br>EV Charger Installations (professional EV charger installation services for homes and commercial properties)<br>Commercial Wiring (commercial wiring services are designed to meet the high-power demands of offices, retail stores, warehouses, and industrial facilities)<br>Residential Wiring (e offer comprehensive residential wiring services, including new construction wiring, rewiring, lighting installations, and repairs) | | | |
| **Affordable Good Electric LLC** | **Nigel Carrington** | **585-642-5357** | **nigelcarrington78@gmail.com** | N/A |
| Products/Services:<br>**MBE** | Residential Electrical Services:<br>Wiring and rewiring, electrical panel upgrades, lighting installation and repair, ceiling fan installation, home automation systems, electrical inspections<br><br>Commercial Electrical Services<br>Electrical system design and installation, maintenance and repair services, energy-efficient lighting solutions, emergency electrical services, surge protection systems, data and communication cabling<br><br>Emergency Services- 24/7 emergency repair services<br>- Prompt and reliable service to address urgent electrical issues | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Construction - Electrical Services

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|---|---|---|---|---|
| **Betances Electric LLC** | **Edgar Betances** | **585-409-0545** | **edbetances@yahoo.com** | **NA** |
| Products/Services: | Residential and Commercial Electrical Services | | | |
| **MBE** | | | | |
| **C & E Electric LLC** | **Colin Ball** | **585-317-7899** | **ecblectric@gmail.com** | **N/A** |
| Products/Services: | Residential and Commercial Electrical Install. New house wiring, new business wiring. Panel Upgrades. Fire alarm install.Faulty wiring or electrical equipment troubleshootingElectrical Motor Systems Maintenance | | | |
| **MBE** | | | | |
| **Economy Sales & Service LLC** | **Michael Rihm Sr.** | **585-802-6528** | **economysalesservices@gmail.com** | **N/A** |
| Products/Services: | Primarily engaged in installing and servicing electrical and mechanical equipment. We perform preventative maintenance on all electrical equipment, machine equipment, new work, additions, alterations, maintenance and repairs. | | | |
| **MBE** | | | | |
| **EYW Companies LLC** | **Amy McEntee** | **585-202-7579** | **amcentee@eywcompanies.com** | **www.eywcompanies.com** |
| Products/Services: | EYW designs and builds custom control panels in our UL 508A & 698A certified manufacturing facility. We provide scheduled and emergency services related to instrumentation & control automation systems. Services include, but are not limited to instrumentation calibrations, controls troubleshooting, PLC design and programming, HMI development, SCADA application and graphic screen development, wireless communications. VFD configuration and replacement. | | | |
| **WBE** | | | | |
| **Fuerza Electric Corp** | **Christina Morales** | **585-747-7237** | **cmorales@fuerzaelectriccorp.com** | **www.FuerzaElectricCorp.com** |
| Products/Services: | We upgrade outdated electrical services in residential homes and commercial buildings that are so common in Monroe and surrounding counties. We also repair and install new plugs and switches in any room, such as bathrooms and kitchens, as well as add any needed circuits to make sure nothing gets overloaded and runs smoothly. And for your addition, we will install a sub panel to make sure your home has everything you need. We can even power up your garage.<br>We install EV chargers; swimming pool and hot tub electric for heaters and lights; new ceiling fans; and modern recessed lighting.<br>And don't worry, if you have plaster walls, our professionals are known for making seamless repairs. | | | |
| **MWBE** | | | | |
| **Glory Bound Solutions, Inc.** | **Tony Montes III** | **209-601-4497** | **JASON@GLORYBOUNDSOLUTIONS.CO** | **N/A** |
| Products/Services: | Glory Bound Solutions, Inc. (GBS) provides wired, wireless, security, low-voltage, and IoT network services for correctional facilities, local governments, and public-sector environments. Founded in 2016, GBS supports mission-critical communications and infrastructure with reliable installation, field service, and technical support. | | | |
| **MBE** | | | | |
| **H&N Electrical Solutions INC** | **Henry Paye** | **585-287-0382** | **hnelectricalsolutions@gmail.com** | **N/A** |
| Products/Services: | H&N PROVIDES,ALL ELECTRICAL,RESIDENTIAL AND COMMERCIAL NEDDS, RE-WIRES, SERVICES INSTALLATIONS, NEW CONSTRUCTION, AND ALL BUT NOT LIMITED TOO ALL EMERGENCY, REPAIRS AFTER HOURS | | | |
| **MBE** | | | | |
| **H. Richardson & Sons LLC** | **Cheryl Richardson** | **315-778-0745** | **crichardson@hrsutilities.com** | **www.hrsutilities.com** |
| Products/Services: | Make ready power line contractorFiber make-ready and installationForestry ServicesPower line storm restoration services | | | |
| **WBE** | | | | |
| **Hazlow Electronics, Inc.** | **Alma Crain** | **715-209-5542** | **alma@hazlow.com** | **www.hazlow.com** |
| Products/Services: | Manufacture of cables, wire harnesses and electronic assemblies. Our products include complex wire harnessing, small, large and multi-conductor assemblies,electromechanical switches, power boxes, fans, and motor assemblies, as well as cables such as flat, multi-conductor, flex, IDC, coax, and ribbon. We also provide kitting services such as labeling, bagging, and boxing. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Construction - Electrical Services

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|---|---|---|---|---|
| **Invictus Electrical** | **Christine Dertinger** | **585-738-4614** | **chd@invictuselectrical.com** | **www.invictuselectrical.com** |
| Products/Services: | Invictus Electrical, LLC is a full-service electrical contractor serving the Rochester, NY area and all of New York State. Founded in 2009, NY, Invictus is a commercial and industrial electrical contractor. We are also a certified solar installer, certified fire alarm installer and have a Master's License. | | | |
| **WBE** | | | | |
| **Jallahquay Construction LLC** | **James Jallahquay** | **585-200-9086** | **jallahquayconstructionllc@gmail.com** | **N/A** |
| Products/Services: | General electrical installation and maintenance.New and old construction. Low voltage. | | | |
| **MBE** | | | | |
| **Licciardi Radio Services Inc.** | **Jennifer Ashworth** | **585-694-9924** | **jen@lrsradio.com** | **www.lrsradio.com** |
| Products/Services: | Kenwood, ICOM, Viking, Motorola 2-way radios and LTE devices. Accessories such as speaker microphones, headsets for portable radios, mobile radios, vehicles, motorcycles. Cell phone boosters and amplifiers. Public Safety BDA's and DAS systems. Antennas, RF cabling, Fiber optic cabling, RF connectors, electrical primary wire (8-14 gauge), power supplies, power amplifiers, vehicle fuses. Sells & installs lightbars and vehicle lighting (tractors, construction equipment, cars, pickups, busses, vans, emergency vehicles, police, ambulances. Vehicle installations of 2-way radios, light controllers. Building cable runs, outside antennas, preventative maintenance on 2 way radios and related equipment. Radio Rentals | | | |
| **WBE** | | | | |
| **Lit Mode Electrical Contracting Inc** | **Charnjit Singh** | **646-752-3687** | **info@litmodeelectrical.com** | **www.litmodeelectrical.com** |
| Products/Services: | Lit Mode Electrical, based in Queens, New York, is a trusted provider of residential and commercial electrical services. They specialize in everything from minor repairs to advanced smart home installations, combining high-quality equipment with professional, reliable service. Committed to customer satisfaction, the team offers thorough consultations to help clients choose the best solutions for their needs and ensures every project is completed to the highest standard. | | | |
| **MBE** | | | | |
| **Power to the People Electrical Service LLC** | **Handy Slade** | **585-851-1229** | **handyslade0831@gmail.com** | **N/A** |
| Products/Services: | Power to the People Electrical Service LLC is an Electrical Contractor. Working in the new contraction, service upgrades, rewiring, install of security cameras. Troubleshoot to find the electrical issues and work to fix it. | | | |
| **MBE** | | | | |
| **ReySol Electric LLC** | **Carlos Alvarez** | **585-469-0417** | **reysolelectric@gmail.com** | **www.reysolelectricllc.com** |
| Products/Services: | ReySol Electric provides electrical solutions for residential and commercial applications.TroubleshootingInstallationRelay Testing and calibration | | | |
| **MBE** | | | | |
| **Royal Electric LLC** | **Daniel Brown-Banks** | **585-649-3075** | **dbrown@royalelectric.net** | **https://royalelectric.org/** |
| Products/Services: | Electrical service and installation. Residential and commercial repair of electrical lighting controls, motors, outlets, and circuit breaker replacement. Panel upgrades and new construction, sub panel installation, generator installation, and electric vehicle charging equipment. | | | |
| **MBE** | | | | |
| **Titanium Electrical Corp** | **Ardita Lushaj** | **646-300-5003** | **info@titaniumelectrical.us** | **https://titaniumelectrical.us/** |
| Products/Services: | Electrical contracting services, including installation, repair, maintenance, and troubleshooting of electrical wiring, lighting, panels, outlets, switches, circuit breakers, low-voltage systems, fire alarm wiring, security system wiring, data cabling, equipment connections, and electrical upgrades for residential and commercial properties. | | | |
| **WBE** | | | | |
| **TSI Global Companies, LLC** | **T Brown** | **636-949-8889** | **dbrown@tsi-global.com** | **www.tsi-global.com** |
| Products/Services: | Audio Visual, Network Cabling, VoIP, Electrical, Security Systems, Access Control | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Construction - Electrical Services

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|---|---|---|---|---|
| **Universal Electric Services** | **Traiva Breedlove** | **585-781-4986** | **traivabreedlove@gmail.com** | **https://universalelectriccorp.com** |
| Products/Services: | Universal Electric Services provides comprehensive electrical contracting across residential, commercial, and government sectors, with a primary focus on large-scale projects such as new school and government building constructions.<br>Construction Electrical Installations:<br>Installation of complete electrical systems in newly constructed schools and government buildings.<br>Power Distribution Systems:<br>Lighting Systems:<br>Installation of interior and exterior lighting, including LED retrofits for energy efficiency.<br>Fire Alarm and Life Safety Systems:<br>Security and Communication Systems:<br>Backup Power and Emergency Systems:<br>Renovations and System Upgrades:<br>Compliance and Documentation:<br>Maintenance Contracts<br>Thermographic imaging, breaker testing, and scheduled system checks.<br>Safety and Risk Mitigation:<br>Residential Work: | | | |
| **MWBE** | | | | |
| **VanDuser Electric LLC** | **Michelle VanDuser** | **585-727-8732** | **Michelle@vanduserelectric.com** | **www.vanduserelectric.com** |
| Products/Services: | VanDuser Electric, LLC specializes in upgrading outdated electrical panels in low-income homes—because safe, modern electricity shouldn't be a luxury. We're passionate about making homes safer, more efficient, and more reliable, especially for families who need it the most. As a family-owned business, we're dedicated to providing affordable, high-quality electrical upgrades. Our focus is on residential electrical panel upgrades that meet today's energy demands while ensuring all work is code-compliant, safe, and completed to the highest standards. Millions of families live in aging homes with outdated, overloaded panels that can't support modern appliances or energy use. These aren't just inconveniences—they're fire hazards. But for many, the cost of upgrades puts basic safety out of reach. | | | |
| **WBE** | | | | |

## Construction - Garage Doors

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|---|---|---|---|---|
| **Pro Dock and Door, LLC** | **Megan Smaldino** | **716-913-5630** | **msmaldino@pddwny.com** | **www.pddwny.com** |
| Products/Services: | We supply, install, service and repair commercial overhead doors and loading dock equipment. | | | |
| **WBE** | | | | |

## Construction - General

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|---|---|---|---|---|
| **Admirable Creations Renovations LLC** | **Craig Williams** | **585-201-6518** | **admirablecreate1@gmail.com** | **N/A** |
| Products/Services: | Exterior Siding, Doors, Windows and Kitchen and Bath | | | |
| **MBE** | | | | |
| **Adonis Construction LLC** | **Adonis Jones** | **585-303-2068** | **Adoniscollc@gmail.com** | **N/A** |
| Products/Services: | General Construction | | | |
| **MBE** | | | | |
| **Al Arsh Construction Corp** | **Ghulam Murtaza** | **718-431-5203** | **alarshny@yahoo.com** | **https://alarshconstruction.com/** |
| Products/Services: | Al Arsh Construction Corp is a versatile general contractor offering a wide range of construction and renovation services. Specializing in masonry, scaffolding, painting, plastering, demolition, and exterior steel structures, the company is equipped to handle diverse projects with precision. Their expertise extends to road painting, interior and exterior building repair, maintenance, and remodeling | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Construction - General

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|---|---|---|---|---|
| **Amazn Handy Man** | **Sergio Barton** | **585-363-9633** | **amaznhandyman19@gmail.com** | N/A |
| Products/Services: | Electrical Fixtures, drywall, painting, lawncare and maintenance, flooring, furnace consultation | | | |
| **MBE** | | | | |
| **Anchor Innovations, LLC.** | **Jose Cipola** | **585-737-6478** | **anchorinnovations@gmail.com** | N/A |
| Products/Services: | Commercial and residential construction, new builds, building/remodeling, fencing, tiling/flooring, siding, roofing, painting, window and door installation/replacement, concrete, asphalt, plumbing and electric. | | | |
| **MBE** | | | | |
| **ATLAS Construction USA Corp** | **Masroor Anwar** | **917-536-6969** | **Hasan@atlasconstnyc.com** | www.networx.com/c.atlas-construction14 |
| Products/Services: | UNIT MASONRY, ROOFING AND SIDING, FACADE REPAIR, DEMOLITON, SCAFFOLDING, ROOFING PROTECTION, SIDEWALK VIOLATION REMOVAL, SIDEWALK, PAVING, CURB REPAIR AND MAINTENANCE, RESTORATION WORK, Waterproofing (including basement waterproofing) Local Law 11 compliance and brickwork, Backyard transformations and full home renovations, California stucco application, Drywall installation, Sidewalk violation removal and PSI 5000 installation<br>Commercial roof coating for protection, Grind point and facade repairs | | | |
| **MBE** | | | | |
| **Axis Builders Construction INC** | **Justin Morrison** | **315-561-6242** | **axisbuilders.roc@gmail.com** | N/A |
| Products/Services: | We offer residential construction services specializing in framing, decking, fencing, building garages, pole barns and small additions. | | | |
| **MBE** | | | | |
| **ClayHill Construction Corporation** | **Tara Clayton** | **716-201-7128** | **clayhillcorp@gmail.com** | www.clayhillconstructioncorp.com |
| Products/Services: | Contractor - Residential and Commercial, Roofing, Siding, Gutters, Windows, Doors, Drywall Installation, Painting, Lead Abatement, Masonry/Masonry Restoration, Concrete Foundation, Concrete Paving, Flooring-Ceramic, and Tile and Terazzo | | | |
| **MWBE** | | | | |
| **CNY Interior Solutions LLC** | **Adrianne Schiffer** | **315-378-5813** | **cnyinteriorsolutions@gmail.com** | www.cnyinteriorsolutions.com |
| Products/Services: | CNY Interior Solutions LLC is a Women owned business providing historical restoration, commercial construction, and custom residential services. Specifically we offer superb framing ,custom finishing carpentry, as well as other building services for a vast variety of projects. For a specific details on projects and services we offer go to our website cnyinteriorsolutions.com | | | |
| **WBE** | | | | |
| **Costa A Ring Remodeling** | **Elyjah Galvez** | **585-500-9406** | **Costaring504@yahoo.com** | N/A |
| Products/Services: | Residential Remodeling: kitchen, bathroom, whole-home renovations, additions<br>Commercial Construction: buildouts, renovations, maintenance for businesses<br>Custom Projects: tailored construction solutions to meet unique client needs<br>Affordable Housing Development: dedicated to building and renovating properties for low-income families | | | |
| **MBE** | | | | |
| **Distinguished Real Estate** | **Andre Wilson** | **585-690-1219** | **dre_wilson15@yahoo.com** | N/A |
| Products/Services: | Real Estate maintenance and general construction | | | |
| **MBE** | | | | |
| **Dmyles Inc** | **Daruis Myles** | **716-909-0718** | **dariusmyles@dmylesinc.com** | www.dmylesinc.com |
| Products/Services: | We specialize in sitework, paving, excavation, demolition, select demolition and all types of earthwork. | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Construction - General

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|---|---|---|---|---|
| **Dons Global Construction, LLC** | **Donald Faulk** | **585-673-6330** | **donsglobalconstruction@gmail.com** | **www.donsglobalconstruction.com** |
| Products/Services: | Drywall/hanging ,finishing painting, flooring/tile, vinyl, wood, concrete/finishing, masonry/brick, block, demolition ,renovations, home rehab/rehabilitation Etc. | | | |
| **MBE** | | | | |
| **Dorcas Construction Company** | **Dorcas Roman** | **585-524-9190** | **dorcasconstructioncompany@gmail.co** | **NA** |
| Products/Services: | Full Kitchen Remodeling, Full Bathroom Remodeling, Full basement Renovations, drywall, demolition, Plumbing, Minor Electrical (outlets), floor, painting both commercial and residential, decks, fence, etc. | | | |
| **MWBE** | | | | |
| **Draghi Burgos Construction LLC** | **Alexander Burgos** | **716-541-4751** | **aburgos@draghiburgos.com** | **www.draghiburgos.com** |
| Products/Services: | Draghi Burgos Construction is a full-service contractor specializing in commercial renovations, alterations and additions. We perform the following scope of work: general contracting, finish carpentry, wall assemblies, framing, drywall, ceilings, millwork, commercial doors, frames and hardware, and selective demolition. | | | |
| **MBE** | | | | |
| **DT Contractors Inc** | **Dharry Tulshi** | **334-777-7634** | **dharry.tulshi@yahoo.com** | **N/A** |
| Products/Services: | General construction, renovation and repair work | | | |
| **MBE** | | | | |
| **Essential Construction Group Inc.** | **Ernest Page** | **585-736-1470** | **essentialconstructiongroupinc@yahoo.c** | **N/A** |
| Products/Services: | Selective Interior Demolition, Drywall, Insulation, Construction Site Clean Up | | | |
| **MBE** | | | | |
| **Flour City Construction LLC** | **Jose Otero** | **585-354-4027** | **flourcityconstructionllc@gmail.com** | **N/A** |
| Products/Services: | Painting, poured concrete foundation ,framing ,masonry ,roofing, siding drywall, interior painting, exterior painting, flooring and tiles finish carpentry | | | |
| **MBE** | | | | |
| **Flower City General Contractor** | **Rodney Rice** | **585-775-2599** | **rodneybenardr@gmail.com** | **N/A** |
| Products/Services: | Contracting, subcontracting, cleaning, renovation | | | |
| **WBE** | | | | |
| **Follicle Company LLC** | **Gerome Day** | **929-231-5120** | **folliclecompany@gmail.com** | **N/A** |
| Products/Services: | Installation of resilient floor tile, carpeting, linoleum, and hardwood flooring. The work performed may include new work, additions, alterations, maintenance, and repairs. Drywall installation | | | |
| **MBE** | | | | |
| **Freedom Homes, LLC** | **Megan Pasquantonio** | **585-330-9590** | **mrstonio@gmail.com** | **www.freedomhomesconstruction.com** |
| Products/Services: | Total kitchen and bath renovations, tub to shower conversions, custom cabinetry, distinct flooring, tile work, painting, custom lighting, doors and windows, finished basement and attics, complete breakroom remodeling, custom office space, and more. | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Construction - General

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|---|---|---|---|---|
| **Grace Builder & Consulting** | **Karen Horace** | **585-580-2851** | **kdhorace@yahoo.com** | **https://www.facebook.com/whereintegrity** |
| Products/Services: | Estimating, Consultation, Framing, flooring, Drywall, Painting, Commercial and Residential Construction, Doors, Windows | | | |
| **MWBE** | | | | |
| **Hartski Enterprises** | **Allen Hart** | **607-454-7433** | **brandon@hartski.net** | **N/A** |
| Products/Services: | ommercial building renovations,<br>residential remodeling,<br>interior construction,<br>exterior construction,<br>subcontracting,<br>prime contracting,<br>construction management,<br>waste management,<br>debris hauling, | | | |
| **MBE** | | | | |
| **High Rock Contracting Inc** | **Nestarlin Peralta** | **585-236-6140** | **info@highrockcontracting.com** | **https://highrockcontracting.com/** |
| Products/Services: | High Rock Contracting, Inc. provides asbestos abatement, mold remediation, lead-safe renovation/RRP work, selective interior demolition, residential rehab repairs, unit turns, drywall repair/replacement, painting, flooring, trim, doors, minor carpentry, exterior lead-safe prep/painting, and related building repair services. We support municipal, nonprofit, property-management, and prime contractor projects with safe work practices, containment, documentation, and inspection-ready handoffs. | | | |
| **MBE** | | | | |
| **Hungate Construction, LLC** | **Jennifer Hungate** | **585-233-0228** | **jenn@hungateconstruction.com** | **www.hungateconstruction.com** |
| Products/Services: | General construction specializing in interior carpentry, painting, concrete and specialties installation. | | | |
| **MWBE** | | | | |
| **Infinity Property Management NY LLC** | **Deepak Marwaha** | **Phone** | **Dmarwaha@gmail.com** | **N/A** |
| Products/Services: | Our company does complete remolding for our company properties. Once the property is fully remodeled we will rent it low income based on HUD guidelines. We also have started to do remodeling for other clients. We have done kitchen, bathrooms,Decks and roofs. | | | |
| **MBE** | | | | |
| **James Renovation & Construction LLC** | **James Howell** | **585-261-4488** | **howellj118@gmail.com** | **www.pureenthusiasm.wixsite.com/jamesr** |
| Products/Services: | RenovationHome RemodelingPlumbingElectricalHeating & CoolingPaintingConstruction | | | |
| **MBE** | | | | |
| **Kingdom's Help Construction** | **Leo Chamorro** | **315-372-2792** | **Kingdom243@gmail.com** | **N/A** |
| Products/Services: | Foundations, framing, roofing, siding, doors, windows, interior finishes, drywall, acoustical ceiling, flooring, and trim. | | | |
| **MBE** | | | | |
| **Like Minds Reno LLC** | **Whitney Terrell Brown** | **585-285-8620** | **wbrownlmr@aol.com** | **Facebook@LMR LLC** |
| Products/Services: | Carpentry, masonry, flooring, plumbing, electrical, siding, roofing. | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|
| **Construction - General** | | | | |
| **Lopez and Son's, Inc.** | **Sandra Lopez** | **708-599-4889** | **lopezandsons@aol.com** | N/A |
| Products/Services: Lopez And Sons, Inc. is a minority/HUB general construction, supply, and Job Order Contracting company. We provide construction materials, tools, equipment, job-site supplies, and logistical support, along with demolition, renovation, concrete and civil work, roofing, plumbing, electrical, HVAC, and project build-back services.<br><br>We serve airports and aviation facilities, government agencies, school districts, municipalities, commercial clients, transportation authorities, and prime contractors. Our company is committed to dependable service, competitive pricing, safety, quality workmanship, timely delivery, and meeting every customer's project requirements. | | | | |
| **MWBE** | | | | |
| **Lucky 7 Construction Group, LLC** | **Mary Elizabeth Welch** | **585-465-9975** | **mary@sevenconstructiongroup.com** | www.sevenconstructiongroup.com |
| Products/Services: ENERGY: land Clearing, Site Prep Work, Excavation for Underground Utility Installations, Concrete Pad and Bollard Installations, Site Restoration.UNDERGROUND UTILITIES: Electric, Fiber, Gas, Sewer, Water, and Non-Potable Water Repairs and Installations.CONCRETE: Sidewalks, Patios, Foundations, EV Charging Station Pads, Stairs and Ramps, General Flatwork.EMERGENCY RESPONSE: Mud, Waste and Debris Removal, Slope Stabilization, Rock Slope Protection, Drainage, Pipeline and Utility Repairs. | | | | |
| **WBE** | | | | |
| **M Johnson Construction** | **Paul Johnson** | **585-737-5466** | **mjohnsonconstructioninc@gmail.com** | www.mjohnsonconstructioninc.com |
| Products/Services: We are a commercial carpentry group rough carpentry, finish Carpentry, windows, doors, Siding, and roofing. | | | | |
| **MBE** | | | | |
| **MZ GENERAL CONTRACTING CORP** | **Mazhar Iqbal** | **917-293-6444** | **mzcontracting1@gmail.com** | N/A |
| Products/Services: Specialized in masonry, sidewalk installation and repair, plumbing, interior and exterior services, and carpentry. With a focus on quality and craftsmanship. | | | | |
| **MBE** | | | | |
| **Omni Construction** | **Shannon Fair** | **585-201-8464** | **contact@pickomni.com** | www.pickomni.com |
| Products/Services: Consulting, Project management, estimating, construction | | | | |
| **WBE** | | | | |
| **OSO, Inc.** | **Ruth Gomez** | **585-284-7767** | **rgomez@osoconstruction.net** | N/A |
| Products/Services: Commercial and Institutional Building Construction, Highway, Street, and Bridge Construction. Poured Concret, Flooring, Finishing Carpentry, speciality trades. | | | | |
| **MWBE** | | | | |
| **Palmetto Drywall LLC** | **Meybhol Sapienza** | **585-820-1924** | **palmettodrywall25@gmail.com** | N/A |
| Products/Services: Palmetto Drywall is a drywall contracting company specializing in high-quality installation, finishing, and repair services for both residential and commercial clients. We differentiate ourselves through a commitment to exceptional craftsmanship, speed, and reliability, ensuring project timelines and customer expectations are consistently met. | | | | |
| **MWBE** | | | | |
| **Precision Constructors Corp** | **Darren Thomas** | **585-423-0283** | **precisionconstruction803@gmail.com** | NA |
| Products/Services: Concrete, Masonry, Heavy Highway, Sidewalks, Footers, Foundations | | | | |
| **MBE** | | | | |
| **Reimagine Renovation** | **Megan Mills** | **585-620-6160** | **hello@reimaginerenovation.com** | https://reimaginerenovation.com/ |
| Products/Services: Residential interior home remodeling contractors. Providing services such as full home remodels, kitchen remodels, bath remodels, flooring, painting, drywall | | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Construction - General

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|---|---|---|---|---|
| **Reinvigorated LLC** | **Kenji Dukes** | **585-309-1655** | **reinvigorated4@gmail.com** | N/A |
| Products/Services: | I am a General Construction company, we handle most phases. Site work, roofing, flat work, Block work, demolition, framing etc. | | | |
| **MBE** | | | | |
| **Ricardo's Home Repairs LLC** | **Ricardo Shaw** | **585-690-3190** | **Ricardoshomerepair@outlook.com** | www.ricardoshomerepairllc.com |
| Products/Services: | Residential and Commercial Construction, Door and Window Installation, Kitchen Remodeling, Bathroom Remodeling, Roofing Installation and Repair, Siding Installation and Repair, Flooring Installation and Repair, Trim and Finish Carpentry, Framing Services, General Home Repair, Interior and Exterior Painting, Drywall Installation and Repair, Concrete Work and Masonry, Demolition Services, Tiling, Deck Repair and Installation, Gutter Installation | | | |
| **MBE** | | | | |
| **Roc City Property Preservation** | **Lydia Rivera-Warr** | **586-524-7072** | **roccitypropertypreservation@gmail.com** | N/A |
| Products/Services: | Field Service Inspections and Property Preservation Services, General Contractor, landscaping, painting, cleanouts, weatherization | | | |
| **MWBE** | | | | |
| **RocFuture Remodeling Group LLC** | **Phil Greene** | **585-978-0977** | **phil@rocfutureboxing.com** | N/A |
| Products/Services: | Blueprint Reading, Building Code Compliance, Carpentry, Drywall & Sheetrock, Interior Design Knowledge, Painting & Finishing, Flooring Installation, Demolition. | | | |
| **MBE** | | | | |
| **Scott Construction Services of Rochester, Inc.** | **Michael Scott** | **585-370-6331** | **mscott1299@hotmail.com** | N/A |
| Products/Services: | General Construction, Electrical Construction, Site Excavation, Playground Construction | | | |
| **MBE** | | | | |
| **Sobrino Enterprise LLC** | **Samuel Sobrino** | **716-617-1265** | **sam.sobrino@sobrinoenterprise.com** | www.sobrinoenterprise.com |
| Products/Services: | • Interior & Exterior Painting • Lead-Safe Renovation & EPA RRP-Compliant • Drywall Installation, Repair & Finishing • Trim, Doors, Frames • Finish Carpentry • Kitchen & Bathroom Renovations • Flooring Installation (LVP, Tile, Hardwood) • Fence Installation & Exterior Improvements • Deck Repairs & Carpentry Upgrades • Residential & Light Commercial Remodeling | | | |
| **MBE** | | | | |
| **Standard General Construction Inc** | **Adnan Shamas** | **917-310-2100** | **standardgconstruction@gmail.com** | https://standardgeneralconstruction.com/ |
| Products/Services: | Home additions and extensions, Kitchen and bathroom remodeling, Basement finishing, Roofing and siding, Framing and structural work, Flooring, drywall, painting, and trim, Decks, porches, and garages, Repair and renovation of existing homes Exterior improvements and landscaping-related construction | | | |
| **MBE** | | | | |
| **Steve General Contractor, Inc.** | **David Vasciannie** | **585-721-1224** | **dave@stevegc.com** | www.stevegeneralcontractor.com |
| Products/Services: | General construction, carpentry, concrete, masonry, demolition | | | |
| **MBE** | | | | |
| **Superior Entities** | **Charles Mack** | **(585) 362-7038** | **charlestmacksr@gmail.com** | N/A |
| Products/Services: | Demolition, Asbestos, Lead Mitigation, General Construction - Roofing, Drywell, Masonry ---Local 435 - Laborer's | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Construction - General

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|---|---|---|---|---|
| **Swift Works** | **James Swift** | **585-208-1986** | **Swiftworks11@gmail.com** | N/A |
| Products/Services: | General contracting work residential | | | |
| **MBE** | | | | |
| **The Given Vision LLC** | **Jodi-Ann Richard** | **929-210-4088** | **thegivenvision@yahoo.com** | N/A |
| Products/Services: | Residential and commercial renovations, drywall, drywall finishing, flooring, and doors. | | | |
| **MBE** | | | | |
| **The Madera Company LLC** | **Salomon Madera** | **585-953-2337** | **smadera523@gmail.com** | N/A |
| Products/Services: | Remodeling, Siding, Roofing, Framing | | | |
| **MBE** | | | | |
| **Thompson General Construction** | **Richard Thompson** | **585-520-3927** | **Richtj1973@gmail.com** | N/A |
| Products/Services: | General Construction including demolition, concrete work | | | |
| **MBE** | | | | |
| **Tirmisu Home Renovations LLC** | **Brandon Nasir White** | **585-851-4044** | **whitebrandon0325@gmail.com** | https://whitebrandon0325.wixsite.com/my |
| Products/Services: | This Business Offers Home Renovations, Bathroom Remodel, Doors, Flooring Contractors, Hardscaping, Interlocking Pavers, Kitchen Remodel, Lawn Maintenance, Painting Contractors, Retaining Wall Contractors, Snow Removal Services, Windows | | | |
| **MBE** | | | | |
| **Tristate Building Renovation Inc** | **Mohammed Saleem** | **718-794-0003** | **infotristate2749@gmail.com** | https://tristatebuildingrenovation.com/ |
| Products/Services: | ri-State Building Renovation Inc. is a Bronx-based general contractor serving the tri-state area (NY, NJ, CT), specializing in high-quality construction, renovation, and restoration services for both residential and commercial properties. With over 15 years of industry experience, the company offers a wide range of services including roofing, concrete work, scaffolding, exterior restoration, and interior remodeling. Known for its skilled craftsmanship, code-compliant work, and reliable project delivery, Tri-State is a trusted choice for clients seeking professional, end-to-end building solutions. | | | |
| **MBE** | | | | |
| **Upstate Interiors LLC** | **Cecil McClary Jr.** | **585-509-8587** | **knofi@upstateinteriorsllc.com** | www.Upstateinteriorsllc.com |
| Products/Services: | Upstate Interiors, LLC is a New York State certified minority and disadvantaged business. We specialize in metal framing, insulation, drywall, plaster, and acoustical ceilings. We have a proven track record and many years of experience. We have successfully completed projects for local and state agencies. We take pride in targeting city residents and introducing them to the trades. We hire and provide wrap around services that our employees need to be successful in the construction industry. Upstate Interiors LLC is committed to training and providing life skills to all employees. | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Construction - General

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|---|---|---|---|---|
| **USC Builds** | **Melissa Suchodolski** | **585-261-8880** | **melissa@uscbuilds.com** | **www.uscbuilds.com** |
| Products/Services: | + Acoustical Ceiling Tiles [ACT]<br>+ Air Barrier Systems<br>+ Air Sealing<br>+ Cost Estimating<br>+ Doors, Frames, Hardware<br>+ Drywall Installation & Finishing<br>+ Finish Carpentry<br>+ Insulation<br>+ Metal Stud Framing<br>+ Painting<br>+ Project Administration<br>+ Project Management<br>+ Value Engineering<br>+ Wood Framing | | | |
| **MWBE** | | | | |
| **VKS Plastering & Masonry** | **Vernell Simon** | **585-503-6283** | **vksprop@yahoo.com** | **N/A** |
| Products/Services: | Residential commercial construction and repairs | | | |
| **MBE** | | | | |
| **Warren Davis Renovation LLC** | **Rose Marie Robinson** | **585-831-8907** | **rosemarie4110@gmail.com** | **N/A** |
| Products/Services: | Will provide post construction clean up. Can also do: Drywall, drywall patchwork, painting, vinyl flooring, tile flooring, hardwood floor, window instillation, cabinet instillation. Kitchen and bathroom install. | | | |
| **MWBE** | | | | |
| **Way Bigga LLC** | **David Williams** | **585-290-2183** | **dwill14619@gmail.com** | **N/A** |
| Products/Services: | All handyman services. Assembly, mounting (tv, pictures, mirrors, etc.), door locks and knob changing, light fixtures and ceiling fan installation. | | | |
| **MBE** | | | | |
| **Wesson Contractors of Rochester LLC** | **Myeisha Wesson** | **585-290-3936** | **wessoncontractorsofrochester@gmail.c** | **N/A** |
| Products/Services: | Demolition, Debris Removal, Property Management, Interior/Exterior Painting, Residential Renovations, Handyman Services, Snow Removal, Lawn Care Services & More... | | | |
| **MWBE** | | | | |

## Construction - Management Services

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|---|---|---|---|---|
| **Cole Scheduling Services LLC** | **Clifton Cole** | **585-709-7599** | **ccolescheduling@gmail.com** | **https://www.coleschedulingservicesllc.co** |
| Products/Services: | Professional project scheduling services using Microsoft Project or Primavera P6 software | | | |
| **MBE** | | | | |
| **Delaney CMS** | **Mary William Delaney** | **585-943-1136** | **delaneycms@gmail.com** | **www.delaneycms.com** |
| Products/Services: | Full Agency CM - Preconstruction, Construction, and Closeout. Construction Inspection. Clerk of the Works. Estimating, CPM Scheduling, Design QA/QC Reviews, Value Engineering, Constructability Reviews. | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Construction - Management Services

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|---|---|---|---|---|
| **GHP Inc** | **Benjamin Morgan** | **585-353-4385** | **ben@rlssone.com** | N/A |
| Products/Services: | GHP INC is a total solutions construction management company bringing forth all-encompassing construction management solutions from start to finish – from pre-construction to delivery. | | | |
| **MBE** | | | | |
| **Hathko LLC** | **Sunil Cheriyan** | **585-764-1614** | **sunil@hathko.com** | N/A |
| Products/Services: | Hathko, LLC is a a construction and supply company providing services in Construction Management, General Construction, and Material & Equipment Supply. The company was built upon the extensive construction industry experience, executive leadership, and operational expertise of Sunil P. Cheriyan, whose nearly 25 years of experience will provide a strong foundation for Hathko's capabilities and future growth. | | | |
| **MBE** | | | | |
| **Landon & Rian Enterprises Inc** | **Windell Gray** | **585-202-0808** | **wgray@landonrian.com** | www.landonrian.com |
| Products/Services: | Construction Administration (Architects/Engineering Firms)<br>• M/W/D/SBE & EEO Contract Monitoring & Compliance - NYS and Federal Contracts<br>• Equal Opportunity Employment (EEO) Monitoring & Compliance<br>• Construction Management Technical Support Services Staffing<br>- Project Engineer/Superintendent<br>- Safety Inspector<br>- Administrative Support<br>• Safety Monitoring and Inspection<br>• OSHA 10 & 30 Hour Outreach Training, DOT Flagging Class | | | |
| **MBE** | | | | |
| **MDC Properties & Development, Inc** | **Mark Chester** | **585-953-0083** | **mdc12571@yahoo.com** | N/A |
| Products/Services: | Development, Project Estimating/Budgets, Consulting, Project Management, Construction. | | | |
| **MBE** | | | | |
| **Navigate NY, LLC** | **Donna Keatley** | **585-747-7827** | **donna.keatley@navigate-ny.com** | www.Navigate-NY.com |
| Products/Services: | MWBE and SDVOB solicitation and utilization.<br>Assistance with bid preparation, if required.<br>Budget preparation.<br>Drawing review for compliance and buildability.<br>Schedule development and assistance utilizing either P6, Microsoft Project or Procore.<br>Assistance with the submittal process, to include Submittal Exchange, development and maintenance of the customer/owner driven log.<br>Assistance with closeout documentation, to include development of O&M manuals, as-built drawings utilizing BlueBeam (PDF), punch list development, maintenance and tracking. | | | |
| **WBE** | | | | |
| **Rogers Enterprises Construction Safety & Quality Con** | **Eric Rogers** | **585-415-8900** | **eric.rogers@rogersenterprises.net** | NA |
| Products/Services: | Project Management Project Engineering ServicesAdministrative Management & General Management Consulting ServicesConstruction Safety Consulting & Engineering ServicesCompliance MonitoringSecurity & Safety Consulting Building Code Consulting | | | |
| **MBE** | | | | |
| **Tbruce Designs** | **Todd Bruce** | **585-831-6025** | **tbruce96@yahoo.com** | N/A |
| Products/Services: | Schematic design, Contract document review, project management. | | | |
| **MBE** | | | | |

## Construction - Mechanical/HVAC

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Construction - Mechanical/HVAC

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|---|---|---|---|---|
| **ABSOLUTE HVAC CORP** | **Ihsiu Liu** | **929-444-8777** | **absolutehvac999@gmail.com** | **www.absolutegcpros.com** |
| Products/Services: | Absolute HVAC is a fully licensed and insured general contracting company providing residential and commercial construction, remodeling, renovation, insulation, and HVAC services. Our experienced team is committed to delivering high-quality craftsmanship, energy-efficient solutions, and reliable project management. Whether you're upgrading an existing property, improving comfort and efficiency, or planning a complete renovation, we provide dependable service and results built to last. | | | |
| **MWBE** | | | | |
| **ALJ Heating & Cooling, LLC** | **Anthony Johnson** | **518-416-3356** | **Ajheatingcoolingllcny@gmail.com** | **https://aljheatingcoolingllc.com/** |
| Products/Services: | Commercial and residential HVAC installation, maintenance and repair, furnace repair, water heater replacement, and emergency repairs. | | | |
| **MBE** | | | | |
| **AURA HVAC INC** | **ADA LUNG** | **929-313-0819** | **info@aura-hvac.com** | **www.aura-hvac.com** |
| Products/Services: | Aura HVAC LLC is a minority- and women-owned HVAC contractor specializing in energy-efficient heating and cooling system installations and building electrification projects across New York. We provide residential and light commercial HVAC services, including heat pump installations and assistance with utility incentive and rebate programs. Home Appliances and Heat pump installation and HVAC upgrades in NY. We handle NYSERDA, AUP, Utility company incentives rebate programs. | | | |
| **MWBE** | | | | |
| **Coldwater Insulation, Inc** | **Murry Hooper** | **585-697-4404** | **murry@Coldwaterinsulation.com** | **www.ColdwaterInsulationinc.com** |
| Products/Services: | Mechanical Insulation | | | |
| **WBE** | | | | |
| **Dakksco Pipeline Corp** | **Amy Morin** | **585-370-9042** | **dakkscopipeline@hotmail.com** | **NA** |
| Products/Services: | Full Service Public Works General Contractor belonging to Local 435 Rochester Laborers. Dakksco performs pipeline, mechanical pumps, fittings, valves and installation of piping systems. Also performs excavation, pump stations, sheet pile and shoring, valve pits, concrete tunnel work and repairs, sewer repairs, very experienced in working in the Monroe County CSOAP tunnels and shafts performing structural and mechanical repairs and gate repairs. | | | |
| **WBE** | | | | |
| **Elemental Commercial Services LL** | **Kevin Ortiz** | **585-402-4231** | **kevin.ortiz@elementalhvac.com** | **www.elementalhvac.com** |
| Products/Services: | Chiller Services: Start-up, repair, eddy current testing, tube cleaning, refrigerant management (Daikin, Trane, Carrier), HVAC System Maintenance: Full-service preventive maintenance, emergency repairs, seasonal changeovers, Installation & Retrofits: Plan/spec and design-build HVAC projects, RTU replacements, VFD and BAS upgrades, Refrigeration Services: Walk-in units, lab-grade refrigeration, glycol chillers, ice machines,<br>Controls & Energy Optimization: BAS programming, energy audits, system integration, remote monitoring,<br>Mechanical Piping & Plumbing: Condensate lines, cooling tower piping, pump service, insulation, Air Distribution Systems: Duct inspection, sealing, VAV box service, airflow balancing, Compliance Support: Commissioning, LEED documentation, energy program alignment, NYS code inspection | | | |
| **MBE** | | | | |
| **Empire State Mechanical Contractors, Inc.** | **Valerie Ann Micalizzi Osv** | **585-729-4071** | **valerieoswald@rochester.rr.com** | **NA** |
| Products/Services: | Construction, Mining, and Forestry Machinery and Equipment Rental and LeasingOil and Gas Pipeline and Related Structures Water and Sewer Line and Related Structures<br><br>Water and Sewer Line and Related Structures Structural Steel and Precast Concrete Power and Communication Line and Related Structures Construction | | | |
| **WBE** | | | | |
| **GM Mechanical HVAC LLC** | **Ronnie Shanklin Jr.** | **716-548-7755** | **shanklinb@aol.com** | **N/A** |
| Products/Services: | HVAC, Mechanical Contractor Service, Repair, and installation | | | |
| **MBE** | | | | |
| **Heat & Kool, Inc** | **Christina Sillick** | **585-738-1035** | **christina@heatkool.com** | **www.heatkool.com** |
| Products/Services: | We provide installations and repairs of all HVAC systems, water heaters, etc. for residential, commercial and industrial customers. | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Construction - Mechanical/HVAC

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|---|---|---|---|---|
| **Leo J. Roth Corporation** | **Kaitlin Hildebrandt** | **585-261-1876** | **kroth@leojroth.com** | **www.leojroth.com** |
| Products/Services: | Mechanical Contracting, Roofing, Residential HVAC, Building Automation, Green Energy, Metal Fabrication | | | |
| **WBE** | | | | |
| **M.G.M. Insulation, Inc.** | **Mel Brooks** | **585-303-8446** | **MSBROOKS@MGMINSULATION.COM** | **www.mgminsulation.com** |
| Products/Services: | Commercial insulation on mechanical and plumbing systems, selective demolition, asbestos abatement, caulking and sealants, material sales | | | |
| **MBE** | | | | |
| **Nautilus Mechanical LLC** | **Amanda DeFrane** | **585-545-0848** | **Nautilusmech@gmail.com** | **www.nautilusmech.com** |
| Products/Services: | Mechanical contracting for ua local 13, pipefitting, plumbing, hvac instal, admin support, material purchasing. | | | |
| **WBE** | Woman-owned, service-disabled-veteran-owned union mechanical contractor in Rochester, NY. Medical gas, process piping, plumbing, and HVAC installation, led by a journeyman and Army veteran. Precision in every detail. | | | |
| **OCM Construction Inc.** | **Konrad Ortega** | **716-860-2778** | **KORTEGA@OCMCONSTRUCTIONINC.C** | **OCMCONSTRUCTIONINC.COM** |
| Products/Services: | OCM is a HVAC contractor that specializes in the Insulation of hot and cold pipes as well as duct work. OCM works through out the state of New York. We are also a signatory contractor with our necessary Union's. | | | |
| **MBE** | | | | |
| **ORSA Construction Dba J.T. Mauro Sheetmetal** | **Jeremie Peterkin** | **470-985-0303** | **jeremie.peterkin@orsatechnologies.com** | **N/A** |
| Products/Services: | HVAC systems fabrication, installation and maintenance, mechanical services, and plumbing, Spiral & Rectangular ductwork material supplier also. | | | |
| **MBE** | | | | |
| **Pipitone Enterprises, LLC** | **Stacey Pipitone** | **585-293-0961** | **stacey@pipitoneenterprises.com** | **http://www.pipitoneenterprises.com/** |
| Products/Services: | HVAC-R/Mechanical - Installation, Service, Preventative Maintenance | | | |
| **WBE** | | | | |

## Construction - Painting

| | | | | |
|---|---|---|---|---|
| **Craven's Painting, Restoration & Demolition LLC** | **Robert Craven** | **585-485-9514** | **cravenspaintingrestoration@gmail.com** | **NA** |
| Products/Services: | Painting, Restoration, Demolition, Painting of Bridges, commercial, ships & houses | | | |
| **MBE** | | | | |
| **JDA Painting** | **Hope Washington** | **585-568-7940** | **info@jdwhomesolutions.com** | **www.jdwpainting.com** |
| Products/Services: | Commercial and Residential Interior Painting | | | |
| **MWBE** | | | | |
| **Marc L G Painting LLC** | **Marc Gonzales** | **347-781-7082** | **ceo@marclgpaintingllc.com** | **https://marclgpaintingllc.com/** |
| Products/Services: | Painting Wallpaper Light wall repair | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Construction - Painting

| | | | | |
|---|---|---|---|---|
| **Myeisha Enterprise** | **Myeisha Wesson** | **585-290-3936** | **Eish27@gmail.com** | N/A |
| Products/Services: | Handyman & Construction CompanyInterior & Exterior Painting, Demolition, Pipefitting, Minor Plumbing, Debris Removal, Site Prep, Site Cleanup, & More! | | | |
| **MWBE** | | | | |
| **Skiplinks LLC DBA CertaPro Painters of West Rochest** | **Ronald Sellers** | **585-233-7043** | **rsellers@certapro.com** | rochester-west.certapro.com |
| Products/Services: | Interior, Exterior Residential Commercial Painting | | | |
| **MBE** | | | | |
| **Smooth Colors By Design Corp** | **John Johnson** | **585-230-9215** | **smoothcolorsbydesign@gmail.com** | www.smoothcolorsbydesing.com |
| Products/Services: | PaintingDrywall Repair/InsulationMinor ElectricalMinor PlumbingWindow InstallationDoor Installation | | | |
| **MBE** | | | | |
| **Sunny Days Painting LLC** | **Reinaldo Colon** | **585-224-5910** | **sunnydays.ray@yahoo.com** | www.paintrochester.com |
| Products/Services: | Painting and Drywall Services (Interior and Exterior) - Commercial and Residential - New Construction, Renovation, Retro Fits, Maintenance Accounts – Apartments, Condominiums, Dorms, Floor Sealants, Epoxy Coatings, Paints, Stains, Varnishes, Poly Urethanes Caulking, Sealants Quality Brushwork, Airless Spray, Rolling New Construction, Renovation, Retro Fits, Maintenance Accounts Power washing – Floors, Decks, Buildings, Residential Homes, etc. Sandblasting (Environmentally Friendly)Wood Roofs | | | |
| **MBE** | | | | |
| **Visionary Painters LLC** | **Mark Palmer** | **585-802-1584** | **VISIONARYPAINTERS2023@GMAIL.CO** | N/A |
| Products/Services: | Painting and Wall Covering Contractors | | | |
| **MBE** | | | | |

## Construction - Plumbing

| | | | | |
|---|---|---|---|---|
| **Cannon & Noto Ent, Inc** | **Mark Cannon** | **585-417-5506** | **Mark@cannonandnotoenterpriseinc.co** | N/A |
| Products/Services: | Plumbing Contractors | | | |
| **Caubry Corp** | **Catrina Aubry** | **585-226-7697** | **catrinaaubry@gmail.com** | N/A |
| Products/Services: | Plumbing (Residential & Commercial), Grease Trap, Septic | | | |
| **WBE** | | | | |
| **NGA Associates, Inc.** | **John Walker** | **716-982-7277** | **johnw.npm@gmail.com** | N/A |
| Products/Services: | Plumbing subcontract work, new builds and remodels for commercial an residential. | | | |
| **MBE** | | | | |
| **Pinckney Contracting & Plumbing Service** | **Isiah Pinckney** | **585-955-3516** | **infopcplumbingservice@gmail.com** | www.pcplumbingservice.com |
| Products/Services: | Installation of water supply lines and drainage systems. Troubleshooting/repair of plumbing systemsInstallation/repair plumbing venting systems. Installation/repair plumbing fixturesResidential/Commercial Remodel. Drywall installation/repairFlooring installation - Wood, laminate, vinyl, carpet, tile Painting | | | |
| **MBE** | | | | |

## Construction - Remediation Services

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Construction - Remediation Services

| | | | | |
|---|---|---|---|---|
| **High Quality Restoration LLC** | **Ryan Pyles** | **585-355-0413** | **ryan@hqrdry.com** | **www.hqrdry.com** |
| Products/Services: | High Quality Restoration provides fire, flood and mold restoration services. HQR is a full-service company which means we will also provide the construction services to rebuild the property after a fire or flood. We also have a national cleaning contract that is primarily carpets for a large American based church. | | | |
| **MBE** | | | | |

## Construction - Roofing

| | | | | |
|---|---|---|---|---|
| **CTA Contractors** | **Robert Adams** | **585-416-9084** | **robertadams@ctaroofs.com** | **www.ctaroofs.com** |
| Products/Services: | EPDM (Rubber) roofing, TPO roofing, PVC roofing, Asphalt shingle roofing | | | |
| **MBE** | | | | |
| **F & M Construction Corp** | **Felipe Simbaina** | **(585)732-8701** | **info@fandmcontractingcorp.com** | **www.fandmcontractingcorp.com** |
| Products/Services: | Roof, Siding, Gutters, Home Repairs | | | |
| **MBE** | | | | |
| **Fussyteam LLC** | **Nicko Medina** | **585-730-3484** | **mrfussynick@gmail.com** | **https://mrfussyroofing.com/** |
| Products/Services: | Commercial and Residential - Full Roof Replacements, Roof overs and repairs, Chimney Repairs, Ice Dam Removal, Roof Maintenance, Drain Blockage Maintenance, TPO (Thermoplastic Olefin) Roofing, EPDM (Ethylene Propylene Diene Monomer) Roofing, Gaco Roof Coating, Metal roofs | | | |
| **MBE** | | | | |
| **Long Roofing NY LLC** | **Rebecca Claffey** | **585-478-3170** | **LONGROOFINGNY@GMAIL.COM** | **N/A** |
| Products/Services: | Commercial Roofing, siding and gutter installation - Shingle and EPDM | | | |
| **WBE** | | | | |
| **Rivas Roofing & Exteriors LLC** | **Jomara Rivas** | **585-481-7408** | **rivasroofingandexteriors@gmail.com** | **www.rivasroofingexterior.com** |
| Products/Services: | Roofing (Residential and commercial) Asphalt shingles and flat roof, gutters, skylight, fascia, and soffits. | | | |
| **MWBE** | | | | |
| **Titan Roofing, Inc.** | **Fred Pazmino** | **413-536-1624** | **mail@titanroofing.com** | **www.titanroofing.com** |
| Products/Services: | Commercial roofing, sheet metal, waterproofing, restoration | | | |
| **MBE** | | | | |
| **Western New York Exteriors, LLC** | **Steven Caamano** | **585-484-1830** | **steven@wnyexteriors.com** | **www.wnyexteriors.com** |
| Products/Services: | Roofing, Siding, Sheet Metal, Gutters, Insulation | | | |
| **MBE** | | | | |
| **Woody's Remodeling & Construction** | **Jessie Woody** | **585-281-4110** | **jwoody002@frontier.com** | **N/A** |
| Products/Services: | Siding Contractors, Roof insulation contractor, Addition, alteration and renovation (i.e., construction), multifamily building, Painting and wallpapering, Roofing Brushes, Painting Inactive, Roofing and Siding | | | |
| **MBE** | | | | |

## Construction - Telecommunications

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Construction - Telecommunications

| | | | | |
|---|---|---|---|---|
| **H&H Telecom Construction Inc** | **Fariha Habib** | **929-261-7779** | **fariha@hnh-us.com** | **https://hnh-us.com/** |
| Products/Services: | Cell Tower Construction, Installation & Maintenance: .<br>Cell Tower Mapping, Inspection, Restoration & Reinforcement; In-Building DAS Antenna System<br>Private LTE Network Installation; IoT & Smart Cities/Buildings; Public Safety Wireless System Installation:<br>Fiber Run, Installation & Maintenance; Microwave Installation, LOSS Survey, Link Budget Analysis & Alignment; Wi-Fi & Access Point Design, Installation & Maintenance: Our experts design, install, and maintain Wi-Fi networks and access points to deliver reliable wireless connectivity. EV Charging Station Civil Construction & Infrastructure Service; Project & Construction Management | | | |
| **MWBE** | | | | |

## Construction - Windows & Glass

| | | | | |
|---|---|---|---|---|
| **Healthy Glass, LLC** | **Marybeth McConnell** | **585-223-3456** | **marybeth@healthyglasstinting.com** | **www.healthyglasstinting.com** |
| Products/Services: | Decorative Film, Security Fil, Architectural Fil, Roller Shade Blinds | | | |
| **WBE** | | | | |

## Counseling & Social Work

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|---|---|---|---|---|
| **Angels Monitoring Buffalo-Rochester LLC** | **Sarah Bell** | **585-552-1057** | **Info@angelsmonitoringroc.com** | **www.angelsmonitoring.com/buffalo-roche** |
| Products/Services: | Angels Monitoring Buffalo/Rochester provides Supervised Visitation, Therapeutic Visitation, Monitored Visitation, Virtual Visitation, and Safe Exchanges. Serving all of Western New York<br>Court Order Supervised Visitation<br>Therapeutic Supervised Visitation<br>Virtual Visitation<br>Safe Exchanges<br>Social Work | | | |
| **WBE** | | | | |
| **Artwork For the Soul** | **Rachel Ortiz** | **585-348-1008** | **ritzrolon@gmail.com** | **www.ritzrolon@gmail.com** |
| Products/Services: | Artwork For the Soul was founded to teach customers alternative ways to resolve conflict within themselves and their community by using artistic means which foster well-being and a positive mental attitude. Rachel Ortiz, the founder, conducts the following classes: Recovery, Exploring Spirituality, Expressing Emotions, and Art as an Alternative to Violence. | | | |
| **MWBE** | | | | |
| **Genesee Valley Psychology, PLLC** | **Lauren Wadsworth** | **585-764-8748** | **lauren.p.wadsworth@gmail.com** | **www.gviproc.org** |
| Products/Services: | Individual and group psychotherapy for OCD, Anxiety/Depression, Trauma/PTSD, BPD | | | |
| **WBE** | | | | |
| **Halligan Creative Arts Therapy** | **Shannon Halligan** | **585-770-3323** | **shannon@halliganarts.com** | **www.halliganarts.com** |
| Products/Services: | dual mental health therapy, group mental health therapy, group art therapy, continuing education workshops. | | | |
| **WBE** | | | | |
| **Hudson Life Coaching** | **Krista Hudson** | **585-764-8422** | **Krista@hudsonlifecoaching.com** | **www.HudsonLifeCoaching.com** |
| Products/Services: | I offer personal development coaching, helping overwhelmed Mothers personally and professionally. I provide 1:1 support for burnout Moms, giving them the time and space to discuss their goals, and how to effectively achieve them. Sessions occur over the phone, or via virtual meeting. | | | |
| **WBE** | | | | |
| **Intentional Impact, LMSW, PLLC** | **Caswell Smith** | **585-290-2224** | **intentionalimpactmhc@gmail.com** | **NA** |
| Products/Services: | LMSW: The professional application of social work theory, principles, and the methods to prevent, assess, evaluate, formulate and implement a plan of action based on client needs and strengths, and intervene to address mental, social, emotional, behavioral, developmental, and addictive disorders, conditions and disabilities, and of the psychosocial aspects of illness and injury experienced by individuals, couples, families, groups, communities, organizations, and society. | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Counseling & Social Work

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|---|---|---|---|---|
| **Jennifer Schwytzer, LCSW PLLC** | **Jennifer Schwytzer** | **585-443-6602** | **jlschwytzer@gmail.com** | **www.jenschwytzer.com** |
| Products/Services: | Personal life coaching services to women in the helping professions (healthcare, mental health, teaching etc.) to reduce the impact of stress, overwhelm and anxiety and to live a happier, healthier lifestyle. Personalized workshops and presentations in the community focusing on education for stress management, anxiety, productivity, healthy boundaries and sustainability in their career. | | | |
| **WBE** | | | | |
| **Life Strategies Counseling Services LCSW PLLC** | **Nina Ruffin** | **585-415-3760** | **ninaruffinlcsw@gmail.com** | **www.lifestrategiescounselingservices.co** |
| Products/Services: | The therapists at Life Strategies Counseling Services offer individual, couples, family and group therapy sessions in-person (at Life Strategies Counseling Services offices), virtually (video, phone), and remotely in your home (or a community-based location). Evening and weekend appointments are also available. | | | |
| **MWBE** | | | | |
| **MindfulMatters585, LLC** | **Laura Gavigan** | **585-430-5674** | **laura.gavigan@gmail.com** | **www.mindfulmatters585.com** |
| Products/Services: | Life Coaching, Guided Meditations, Classes, Workshops, Retreats | | | |
| **WBE** | | | | |
| **Motivated 4 Change L.L.C.** | **Chad McDonald** | **585-802-5294** | **m4ccounseling@gmail.com** | **www.Motivatedforchange.com** |
| Products/Services: | Mental health and Counseling Services, Mental health Therapy, Group therapy, Couples therapy, Life skills<br>Anger management, Parenting skills, Depression/Anxiety symptoms management, Grief Counselin, Trauma Therapy,<br>Tutoring | | | |
| **MBE** | | | | |
| **Murray's Consultation Services, LLC** | **Chastity Murray** | **585-978-2701** | **contact@murraysconsultationservices.c** | **www.murraysconsultationservices.com** |
| Products/Services: | Individual Therapy<br>Couple's Therapy<br>Individual Coaching and Consulting<br>Mental Health/Behavioral Health Trainings<br>Mental Health/Behavioral Health Workshops<br>Mental Health/Behavioral Health Speaking Engagements | | | |
| **MWBE** | | | | |
| **Natural Restoration Counseling Services** | **Jini Figueroa** | **585-629-5750** | **jini.figueroa@gmail.com** | **N/A** |
| Products/Services: | Mental Health Counseling | | | |
| **MWBE** | | | | |
| **Path of Discovery Counseling Services, LCSW, PLLC** | **Fatima Banister** | **585-478-3423** | **fatima@pathofdiscoverycounseling.com** | **www.pathofdiscoverycounseling.com** |
| Products/Services: | Path of Discovery Counseling Services provides individual mental health services to adult women, couples therapy, and coaching services to aspiring entrepreneurs with an emphasis on service providers. | | | |
| **MWBE** | | | | |
| **Quiet Mind Therapy Services LCSW PLLC** | **Erin Weingart** | **585-314-6582** | **eweingart@quietmindtherapyservices.c** | **www.quietmindtherapyservices.com** |
| Products/Services: | We provide individual and group psychotherapy services to individuals (5 and up) families, and couples. | | | |
| **WBE** | | | | |
| **Speak More Life, LLC** | **Briana Parker** | **585-730-0974** | **speakmorelifellc@gmail.com** | **https://linktr.ee/BrianaParker?utm_source** |
| Products/Services: | Empowerment life coaching services for women and youth including 1:1 coaching, group coaching programs and workshops. Services focus on breaking through limiting beliefs, developing healthy habits and gaining clarity to accomplish goals and walk boldly into purpose. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Counseling & Social Work

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|---|---|---|---|---|
| **Speech Cuse Therapy** | **Valcuse Delma** | **646-634-3839** | **valcusedelma@gmail.com** | **www.speechcusetherapy.com** |

Products/Services:

**MWBE**

AAC Evaluation & Implementation for Nonverbal Individuals
Through dynamic assessments and a tailored feature-matching approach, I transition nonverbal clients into autonomous communicators. I match individual motor, cognitive, and visual profiles to the right technology trialing high-tech eye-gaze systems, switch access, or dedicated AAC software like TD Snap and Proloquo2Go. To ensure lasting success, I coach families, caregivers, and educational teams on modeling strategies, pairing play-based engagement with functional literacy instruction to build real-world communication skills.
Post-Stroke Rehab: Trach, PEG Weaning & Voice Restoration. For post-stroke adults, I address the critical intersection of breathing, swallowing, and speaking. By referring for advanced diagnostic imaging such as FEES and MBSS, I establish clear physiological baselines to safely guide tracheostomy patients through Passy-Muir valve placement toward decannulation. Using targeted dysphagia protocols and combining Expiratory Muscle Strength Training (EMST), targeted swallow maneuvers, and IDDSI-aligned diet progressions. I rebuild swallow function to safely wean clients off PEG tubes. By integrating breath support, vocal fold kinematics, and partner coaching, I help stroke survivors regain safe oral intake and rediscover their authentic voice.

| | | | | |
|---|---|---|---|---|
| **Stephanie Jackman LCSW PLLC** | **Stephanie Jackman** | **585-358-0512** | **stephanie@stephaniejackmanpllc.com** | **www.stephaniejackmanpllc.com** |

Products/Services:

**MWBE**

Mental Health and Psychotherapy services to individuals and familiesProvide workshops, trainings, webinars to organizations related to mental healthProvide program development and implementation of mental health programs

## Education - Driver Schools

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|---|---|---|---|---|
| **ABC School of Driving Inc** | **Jyoti Karch** | **585-355-3938** | **jkarch@abcschoolofdriving.com** | **www.abcschoolofdriving.com** |

Products/Services:

**MWBE**

Driving Instruction for Class D Drivers. State-mandated Pre-Licensing Course and Defensive Driving Courses. Auto Insurance.

## Educational Services

| | | | | |
|---|---|---|---|---|
| **Noetic Learning Center, LLC** | **Tiana Junious** | **585-820-1737** | **noeticlearningllc@gmail.com** | **N/A** |

Products/Services:

**MWBE**

Noetic Learning Center provides one-on-one tutoring designed to meet each student's individual learning needs. Our services focus on strengthening foundational skills, improving confidence, and helping students reach grade-level expectations.
Our tutoring programs include:
Individualized academic tutoring
Homework assistance
Test preparation and study skills
Skill-building in core subjects such as Math, English Language Arts, and Science
Academic goal setting and progress monitoring
Tutoring sessions are designed to provide targeted support and personalized learning strategies that help students build both academic skills and confidence.

## Emergency Management Services

| | | | | |
|---|---|---|---|---|
| **Blue Sky Planning Partners LLC** | **Mallory Brown** | **315-280-8132** | **mbrown@blueskyplanningpartners.com** | **www.blueskyplanningpartners.com** |

Products/Services:

**WBE**

Emergency management consulting, disaster preparedness consulting, business continuity consulting, disaster response consulting, emergency planning

| | | | | |
|---|---|---|---|---|
| **Vision Planning and Consulting, LLC** | **Deepa Srinivasan** | **240-893-8719** | **dsrinivasan@vision-pc.net** | **www.PlanVPC.com** |

Products/Services:

**MWBE**

Disaster Management – VPC offers experience working with clients in the development of short- and long-range program goals and related planning documents pertaining to four mission areas of Emergency Management: Prevention, Protection, Mitigation, and Recovery. We develop plans with the goal to reduce risk and provide maximum protection to people, physical assets, and economic well-being as well as to meet Federal requirements and funding eligibility.Plans & Policies• All Hazards Emergency Operations Plans• Continuity of Operations Plans• Hazard Mitigation Plans• Flood Mitigation Plans• Disaster Resistant University Plans

## Entertainment Services

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Entertainment Services

| | | | | |
|---|---|---|---|---|
| **Bella Beca LLC** | **Susan Boyd** | **585-454-7287** | **bella.beca@outlook.com** | **N/A** |
| Products/Services: | Community-centered consulting to design healing campaigns, brand activations, and grant-aligned social impact experiences. Education + Collaboration +Partnerships (lessons, performance), Weddings, Birthdays, Anniversaries, School Concerts, Church Concerts, Fundraisers, Eastman Canal Days, RCSD fundraisers, and Music Festivals. Advocacy tied to Social Determinants of Health (SDOH). Coaching and mentoring students to become their best selves as musicians and as people in life. Offer support and other individualized family services with SDOH | | | |
| **MWBE** | | | | |
| **Jazz Under the Bridge** | **Marlon Williams** | **917-309-2250** | **mwill@jazzunderthebridge.com** | **www.jazzunderthebridge.com** |
| Products/Services: | Jazz Under the Bridge® is a NYC community-originated music brand founded in 2016 by MWill, specializing in live events, music, and artist development. Focused on jazz, hip-hop, and improvisation, the platform connects local independent artists with larger audiences, offering live radio mixes, label services, and exclusive, community-driven performances. | | | |
| **MBE** | | | | |

## Event Management

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|---|---|---|---|---|
| **AR Events & Décor** | **Angel Rodriguez** | **585-524-8226** | **contact@areventsanddecor.com** | **N/A** |
| Products/Services: | AR Events & Decor is a premier event rental and decoration company based in Rochester, NY, specializing in creating unforgettable experiences for all types of celebrations. From photo booth rentals to elegant party decor, AR Events & Decor brings creativity, quality, and exceptional service to every event. Our services cater to weddings, birthday parties, graduations, corporate events, and special occasions. With a curated selection of stylish rental items and a passion for event aesthetics, we transform ordinary spaces into extraordinary moments.<br>Party Rentals, Photo Booth, Variety of back drops, Welcome signs, Party planning services | | | |
| **MWBE** | | | | |
| **Blue Skye Events LLC** | **Nicola Burroughs** | **585-298-8862** | **burroughsnp@gmail.com** | **https://blueskye.events/** |
| Products/Services: | The venue will be available for anyone to book their desired event. Certain events will require tickets that will be processed through a ticketing system. A food prep area is available for catering services. Liquor/beer/wine will be served at some events and will be managed by two licensed members of the business. | | | |
| **MWBE** | | | | |
| **C&B Elegant Events** | **Crystal Chapman** | **585-766-3432** | **c.b.elegantevents@gmail.com** | **www.cbelegantevents.com** |
| Products/Services: | C & B Elegant Events...<br><br>brings to you over 30 years of professional experience in event planning and coordination, for all types of events such as weddings, corporate events, parties & showers of all types, as well as charity & community events of any size. From start to finish, invitations to entertainment. Taking all of the stress away from you our client! Complete Event Decor, Planning, Coordination, Venue Rental, Decor Rental, and Catering | | | |
| **MWBE** | | | | |
| **City Nites Enterprises, LLC** | **William Rissell** | **585-953-9780** | **jccitylyfeent@gmail.com** | **https://citynitesent.com/** |
| Products/Services: | Budgetary Oversight, Venue & Event Management, Theme Direction, Targeted Marketing, Performance Optimization, Strategic Advisory. | | | |
| **MBE** | | | | |
| **Legacy Drama House** | **Mary Natasha Bisbee-Burr** | **585-301-7951** | **DrMaryBB@yahoo.com** | **www.THELegacyDramaHouse.com** |
| Products/Services: | The community venue is a theatre auditorium building (170 people capacity). The facility rents out the space to both personal and professional organizations for event space. This includes but is not limited to parties, weddings/receptions, fashion shows, concerts, stage plays, movies/screenings, and theater performances. In addition, the facility also hosts it's own community events (i.e. vendor markets, business networking events, etc.). | | | |
| **MWBE** | | | | |
| **Our Place Is Your Place Events** | **Lisa Bell** | **585-202-0059** | **lisadianeb@hotmail.com** | **N/A** |
| Products/Services: | We provide event space for your Church luncheons, Baby showers, Funeral repasts, fashion shows, Graduation dinners and Pop up shops where vendors can display there items. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Event Management

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|---|---|---|---|---|
| **ROC Events LLC** | **Marquita Rugless** | **585-309-3239** | **marquita@roc.events** | **www.ROC.Events** |
| Products/Services: | ROC Events LLC provides full-service event design, custom installations, and decor rentals for private, corporate, and community events across the Greater Rochester area.<br>Our services are organized into three tiers:<br>Event Design<br>Focal Points<br>Décor Rentals | | | |
| **MWBE** | | | | |
| **Rochester A-List** | **Amy Riposo** | **585-746-2576** | **amy@rochesteralist.com** | **www.rochesteralist.com** |
| Products/Services: | Event production from concept to creation including golf, fitness, outdoor adventures, food and beverage tasting, pop up dinners, business district events, rooftop celebrate local, fund-raising, and street parties. Marketing services- social media marketing, online magazine and event marketing. Private event planning. | | | |
| **WBE** | | | | |
| **Something Special Events & Decor Inc** | **Sherall Sanders** | **585-773-8421** | **sherrall.sanders@yahoo.com** | **N/A** |
| Products/Services: | Party planning and decorating | | | |
| **MWBE** | | | | |
| **Urban Euphoria LLC** | **Jonese Glover** | **585-615-6150** | **Jnicolle23@gmail.com** | **www.urbaneuphoriallc.com** |
| Products/Services: | Events; Fundraisers, Showers, Parties, Fashion Shows, Live Music Events, Comedy Shows | | | |
| **MWBE** | | | | |
| **You are Beautifully Made** | **Ronieka Burns** | **585-441-8534** | **ubeautifullymade@gmail.com** | **N/A** |
| Products/Services: | We specialize in event planning for women and girls by DV8ing from the norm.<br>We also provide shirts, sweaters, mugs, notebooks, hats, coats, jackets, aprons, etc. | | | |
| **MWBE** | | | | |

## Film/Video/TV Services

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|---|---|---|---|---|
| **10:30 Production Services DBA FortyLove** | **Gurjot Anand** | **571-275-2682** | **vinny@upfortylove.com** | **www.upfortylove.com** |
| Products/Services: | FortyLove Productions helps clients achieve their creative goals by providing comprehensive production services that meet their short- and long-term media needs, specializing in innovative photo concepts, video campaign execution, creative strategy integration, diversity and inclusion promotion, educational and instructional content, and AI video production. | | | |
| **MBE** | | | | |
| **1st Player Video Game Truck** | **James Bunn** | **585-351-3685** | **1STPLAYERVIDEOGAMETRUCK@GMAI** | **www.1stplayervideogametruck.com** |
| Products/Services: | PS5 x box series x varies retro Nintendo Sega games. Laser Tag and mobile amusement ride Gaga foam ball pit | | | |
| **MBE** | | | | |
| **Ashford Films** | **Kyran Ashford** | **585-297-8022** | **ashfordfilms@gmail.com** | **ashfordfilms@gmail.com** |
| Products/Services: | Ashford Films provides video services for the following.Weddings Small, Medium, Large<br>BusinessesCorporations Sporting EventsDocumentaries Short Films/ MoviesInterviewsPodcasts | | | |
| **MWBE** | | | | |
| **C47 Film Associates** | **Shannon Pies** | **585-719-5726** | **TeamC47@C47films.com** | **www.C47Films.com** |
| Products/Services: | Video Production Services; Digital Marketing; Digital Courses & Education products | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Film/Video/TV Services

| | | | | |
|---|---|---|---|---|
| **Cinevize LLC** | **Rashad Scott** | **585-797-3345** | **info@cinevize.com** | **www.cinevize.com** |
| Products/Services: | Media services - Video production, video filming, video editing, content creation, social media content, event videography, commercials | | | |
| **MBE** | | | | |
| **Engaging New Media, LLC** | **Erika MacDonald** | **347-762-5751** | **erikam@engagingnewmedia.com** | **www.engagingnewmedia.com** |
| Products/Services: | Promotional Videos, Training Videos, Public Service Announcements, Mini-Documentaries, Live Event Coverage and Streaming, Animation and Motion Graphics, Drone Videography, Mixed Media Services | | | |
| **MWBE** | | | | |
| **Guerrilla Music LLC** | **Erin Thompson** | **585-278-6530** | **ewt@guerrillamusic.net** | **www.guerrillamusic.net** |
| Products/Services: | Custom audio production: instrumental tracks, theme songs, jingles, scoring/sync work, audio books and narration. Stock footage (video and photos), portraits. | | | |
| **MBE** | | | | |
| **JazzCast Pros LLC** | **Jennifer Williams** | **(585) 201-8851** | **podcasts@jazzcastpros.com** | **www.jazzcastpros.com** |
| Products/Services: | Jazz Cast Pros LLC is a premier audio production and media publisher founded by renowned broadcaster Jazzy T. As a certified MWBE, we provide end-to-end podcast solutions—from concept to distribution. Our expertise spans audio post-production, brand messaging and managing podcasts on the Jazz Cast Pros Podcast Network. With decades of industry experience, we deliver high-quality, professional media solutions that elevate brands and expand audience reach.<br>Core Services<br>•Podcast Production (Editing, Mixing, Mastering, Sound Design)<br>•Podcast Publishing + Advertising<br>•Voiceover Services (Recording, Production, Casting)<br>•Audio Engineering (Post-Production, Restoration, Enhancement)<br>•Transcription & Closed Captioning<br>•Media Communications Consulting<br>•Media Buying (TV & Radio)<br>•Press Releases & Public Relations<br>•Podcast Marketing & Audience Growth<br>•SEO & Content Distribution (RSS Setup, Blogs, Social Media) | | | |
| **MWBE** | | | | |
| **NEVAEH STUDIOS LLC** | **Chaz Strothers** | **585-732-5773** | **chaz.strothers@gmail.com** | **N/A** |
| Products/Services: | Video and audio services for commercial and digital distribution | | | |
| **MBE** | | | | |
| **RAAB Entertainment LLC** | **Emanuel Greene** | **585-369-4694** | **raabentertainment@gmail.com** | **www.raabentertainment.com** |
| Products/Services: | Video ProductionVideo equipment rentalAudio ProductionAudio Equipment rentalMerchandise SaleYouth Artist Development Classes | | | |
| **MBE** | | | | |
| **Terry's Studio** | **Shania Brinkley** | **585-704-0447** | **terrysstudiorochester@gmail.com** | **N/A** |
| Products/Services: | Terry's Studio is a full-service content studio that offers simple, functional wooden furniture (Midcentury), abstract, angular, and geometric, with little ornamentation (Bauhaus), while embracing concealed elements like bricks and concrete, wiring, pipes, ducting (industrial- inspired atmosphere). This unique and unparalleled set design is intended to serve and assist creators, influencers, photographers, brands, and businesses with creating, staging and shooting content for their social media, blogs, websites, advertisement, etc. In addition, Terry's Studio can be rented for small events (30 person capacity) such as birthday parties, pop up events, workshops, baby showers, engagement parties, influencer events, etc. Terry's Studio offers a wide variety of photography equipment, stylish furniture and props to help guests curate content that they can leverage on various social platforms and marketing projects. | | | |
| **MWBE** | | | | |

## Flooring & Carpet

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Flooring & Carpet

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|---|---|---|---|---|
| **AD's Carpet Cleaning Service LLC** | **Anthony Davis** | **585-489-1857** | **Adscarpetcleaning2020@gmail.com** | **www.Adscarpetcleaningservice.com** |
| Products/Services: | I clean carpet and upholstery. Residential and commercial. I clean installed carpets and area rugs as well with a carpet machine that uses shampoo to clean the material. I clean furniture as well such as couches and dining chairs. You can call me or set up and appointment online and I come right out. | | | |
| **MBE** | | | | |
| **BenCo Ventures, LLC** | **Rebecca Hoyen** | **585-737-8247** | **bechoyen@gmail.com** | **N/A** |
| Products/Services: | We provide tile, marble, terrazzo, epoxy, concrete, brick, block and other trowel trade related services. Such services include, commercial and residential installation, restoration, and demolition of masonry products. | | | |
| **MWBE** | | | | |
| **GP Flooring Solutions** | **Abby Reinhard** | **800-832-3550** | **Abby@gpflooringsolutions.com** | **www.gpflooringsolutions.com** |
| Products/Services: | Flooring Products & ServicesCarpet, Vinyl' Rubber, Ceramic TileAccess FlooringStairsEntrance SystemsLinoleum, Wood, TileSports SurfacesESDDesignRecyclingMoisture RemediationFloor Leveling & MaintenanceCarpet Cleaning & SanitizingStain & Odor RemovalVinyl Floor Waxing & PolishingHard Surface Deep CleaningFloor Coatings, Restoration, SealingsStone, Tile, & Grout RestorationVinyl Floor No-Wax Sealing | | | |
| **WBE** | | | | |
| **Grade A Carpeting** | **Leslie Allen** | **585-739-5003** | **info@gradeacarpeting.com** | **www.gradeacarpeting.com** |
| Products/Services: | Residential and Commercial flooring sales, service and installation. We sell and install hardwood, tile, carpet and luxury vinyl tile. | | | |
| **WBE** | | | | |
| **Tile Pro Rochester, LLC** | **Jorge Perez Jr.** | **(585)755-4409** | **tilepro.rochester@gmail.com** | **N/A** |
| Products/Services: | Tile contractor including tile setting, tile installation and tile repair. | | | |
| **MBE** | | | | |
| **United Carpet Brokers, Inc.** | **Kristyn McEwen** | **585-218-2080** | **kmcewen@unitedcarpetfa.com** | **https://unitedcarpetny.com/** |
| Products/Services: | Carpet, Carpet Tile, Ceramic Tile, Luxury Vinyl Plank, Hardwood, Installation of all flooring | | | |
| **WBE** | | | | |

## Food & Beverage Services

| | | | | |
|---|---|---|---|---|
| **@jensArtisan LLC** | **Jennifer Del Rosario Donc** | **585-340-7123** | **bread@jensartisan.com** | **www.jensArtisan.com** |
| Products/Services: | Artisan sourdough bread and baked goods as well as all local grocer. specializing in local, no additive, preservatives, all natural and organic products. | | | |
| **MWBE** | | | | |
| **All You Can Eat Sweet's** | **Natalie Jackson** | **585-448-9458** | **nataliejackson048@yahoo.com** | **N/A** |
| Products/Services: | Desserts that are gluten free and non gluten free. | | | |
| **MWBE** | | | | |
| **Aunt Connie's Ed-U-Kitchen LLC** | **Connie Ervin** | **716-818-3699** | **jwedukitchen@gmail.com** | **www.auntconnieseduk.com** |
| Products/Services: | Hands-on Workshops that help individuals learn eating behaviors to achieve and maintain healthy consumption of food and prepare for employment in the food industryCommercial Kitchen Design for not-for-profits in WNY areaNutrition research for diabeticsCorporate catering with a healthy slantSERV Safe Food Safety Instructor providing National Restaurant Association CertificationFoodservice Operations Consultant | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Food & Beverage Services

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|---|---|---|---|---|
| **Berta's Place LLC** | **Alan Searles** | **585-755-6644** | **Bertasplaceroc@gmail.com** | **N/A** |
| Products/Services: | At Berta's Place Food from The Soul, we believe in the power of food to bring people together. Our dishes are made from the freshest ingredients, with a focus on quality, sustainability. Also, with following the teaching of my mother Berta Archer. From our succulent smoked fried chicken savory mac and cheese and our delicious variety of desserts, each bite is a journey into the soulful culinary traditions of Berta's Place. | | | |
| **MBE** | | | | |
| **Best Version Meal Prep and Catering** | **Deanna Salamone** | **585-797-3783** | **bestversionmealprep@gmail.com** | **N/A** |
| Products/Services: | Prepare clean eating, farm to table and healthy choice meals for all ages. Catering services for the Rochester area and surrounding areas. Specializing in multi-cultural foods. Instructional and hands-on cooking classes. | | | |
| **MWBE** | | | | |
| **Blissful Resources** | **Yoshica Bryant** | **585-301-6882** | **BryantYoshica2000@gmail.com** | **N/A** |
| Products/Services: | Blissful Resources is a proudly certified MWBE vending machine business specializing in the distribution of snacks, beverages, and wellness products through automated retail solutions. Our mission is to deliver convenient, accessible, and affordable products to customers in high-traffic areas such as schools, offices, hospitals, and public facilities. | | | |
| **MWBE** | | | | |
| **Blue Heron Coffee Co. LLC** | **Aubrey Mowers** | **585-465-7715** | **blueheroncoffeeroc@gmail.com** | **N/A** |
| Products/Services: | Mobile Espresso Cart service for events. Offering Espresso based beverages, Chai, Matcha beverages with the addition of dairy and non dairy milks, flavored syrups and pre baked approved goods from an approved bakery. | | | |
| **WBE** | | | | |
| **BONGA-LO LLC** | **Edaire Louis** | **585-503-4034** | **bongaloe1@gmail.com** | **www.africanhaitiancuisine.com** |
| Products/Services: | Food Products & Menu Offerings<br>Cuisine Types<br>Authentic African cuisine<br>Authentic Haitian cuisine<br>Traditional family recipes prepared by individuals from Haiti and Africa<br>Special Dietary Options<br>Halal food options | | | |
| **MWBE** | | | | |
| **C&T Distribution LLC** | **Fabian Taylor** | **585-204-0638** | **candtdistributionllc@gmail.com** | **www.c-tdistribution.com** |
| Products/Services: | C&T Distribution supply bulk grains, beverages, pre-cooked meal, spices & herbs, logistics, pastries, protein ands storage & logistics services. | | | |
| **MBE** | | | | |
| **Cafe International Foods LLC** | **Connie von Perlstein** | **585-721-8283** | **connieten@gmail.com** | **www.cafeinternationalfoodsllc.weebly.co** |
| Products/Services: | Cafe International Foods LLC specializes in importing and exporting a variety of food, medical and textile products for the Healthcare, Hospitality, Manufacturing and Retail Industry.Food products: including spices and other food ingredients, such as cinnamon, black pepper, coconut, turmeric, ginger, dried fruit, coffee, cashews, macadamia nuts and other special ingredients for the food industry.Medical products: including medical face masks, isolation gowns, gloves, bed sheets, towels, uniforms and other medical garments.Textile products: including uniforms, t-shirts, sweatshirts, all sizes of towels) and robes.Key services we provide, help ensure goals are being reached and objectives are being met. | | | |
| **WBE** | | | | |
| **Caffeine 'n' Corks LLC** | **Sonya Kittles** | **585-935-1068** | **caffeinencorks@gmail.com** | **https://caffeinencorks.com/** |
| Products/Services: | Coffee, teas, wine, cocktails, Charcuterie boards, light breakfast, soups, salads, sandwiches and pastries | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Food & Beverage Services

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|---|---|---|---|---|
| **Canning with Colette** | **Colette Muhammad** | **585-286-6490** | **colettemuhammad@yahoo.com** | **www.canningwithcolette.com** |
| Products/Services: | Products: Books, online course, home canning equipment, speciality home canned jams and jellies, Services: Consultations, online and in-person workshops | | | |
| **MWBE** | | | | |
| **Charlotte Wine and Liquor** | **Priya Bassi** | **585-732-3431** | **charlottespirits@gmail.com** | **N/A** |
| Products/Services: | Charlotte Wine & Liquor, Inc. is a women-owned retail business dedicated to providing a diverse selection of wines, spirits, and related products to customers throughout the Rochester, New York area. Established with a commitment to exceptional customer service, product knowledge, and community engagement, our company strives to create a welcoming shopping experience while supporting local events and organizations. | | | |
| **MWBE** | | | | |
| **CK Natural Fruit Juice** | **Melissa Baideme** | **716-485-3864** | **sales@cknaturalfruitjuice.com** | **www.cknaturalfruitjuice.com** |
| Products/Services: | CK Natural Fruit Juice packages, markets and sells Concord, Niagara, and Catawba Grape Concentrates as well as Tart Cherry Concentrate along with Concord Grape Pie Filling, Concord Grape Puree(bulk), Concord Grape Vinaigrette Salad Dressing and Concord Grape Candles. The grapes for our products are grown right here in Western New York by the hard-working farm families of the Lake Erie Grape Belt. | | | |
| **WBE** | | | | |
| **Dinner & Dessert** | **Mildred Strader** | **585-230-0790** | **Dinnerdessert585@gmail.com** | **Facebook.com/dinnerdessert585** |
| Products/Services: | Dinner & Dessert's provides fresh cooked to order take out to our local community. | | | |
| **MWBE** | | | | |
| **Effortlessly Healthy LLC** | **Shaina Zazzaro** | **585-622-0226** | **effortlesslyhealthy@gmail.com** | **www.ehmeals.com** |
| Products/Services: | Effortlessly Healthy was founded in 2013 in Rochester, NY with a simple but powerful goal: to remove the barriers to eating well. What began as a small, health-focused food truck quickly grew into a full-service meal preparation and delivery company as demand for fresh, convenient, and nutritious food options expanded throughout the region. Services: Meal Delivery Services, Catering Services, Mobile Food Truck, Frozen Meal Options | | | |
| **WBE** | | | | |
| **Equal Grounds Community Café** | **Monique Chatman** | **585-285-8298** | **info.equalgroundscafe@gmail.com** | **www.equalgroundscafe.com** |
| Products/Services: | Equal Grounds Community Café is a proudly Black- and woman-owned business located in the heart of Rochester, New York. Founded by Monique Chatman, the café was created to serve not just great coffee, but also as a safe, inclusive, and community-driven gathering space. We specialize in high-quality espresso beverages, locally roasted coffee, tea, and made-to-order specialty drinks, all served with a mission-driven purpose.<br>As a certified MWBE, Equal Grounds Community Café is committed to equitable economic growth, cultural inclusion, and offering access to quality food and beverage services that reflect the diversity of our community | | | |
| **MWBE** | | | | |
| **Exclusively Members Only** | **Janelle Holmes** | **585-623-9550** | **ExMembersOnly@gmail.com** | **N/A** |
| Products/Services: | Exclusively Members Only, LLC is a minority and women ran business in the Rochester area; specializing in Soul food and cajun/creole cuisines. | | | |
| **MWBE** | | | | |
| **Farmhouse Table LLC** | **Sarah Hasenhauer** | **585-626-2084** | **farmhousetablefood@gmail.com** | **www.farmhousetablefood.com** |
| Products/Services: | Full service catering, events & weddings, mobile bar services, event Coordination, farmers market & retail items, vintage rentals, Meal deliveries, packaged foods, sauces. | | | |
| **WBE** | | | | |
| **Flight Wine Bar** | **Susan Reuter** | **585-755-5388** | **flightrocdowntown@gmail.com** | **www.winebarflight.com** |
| Products/Services: | Wine, beer, cider, n/a beverages and small plates. Private events, wine tastings and educational evenings. | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|
| **Food & Beverage Services** | | | | |
| **India House** | **Om Sud** | **585-314-9295** | **om.sud@indiahouse.com** | **www.indiahouse.com** |
| Products/Services: | Full service restaurant, fast casual dining, prepared foods, and groceries | | | |
| **MBE** | | | | |
| **Island Wraps** | **Patricia Simmonds** | **585-415-2673** | **islandwraps2go@gmail.com** | **https://www.islandwraps2go.com/** |
| Products/Services: | Island Wraps is Locally Owned & Operated Family Restaurant. Providing Food, Beverage & Catering, Meal Preparation Services in Monroe, Adjacent Counties & NY States | | | |
| **MWBE** | | | | |
| **Its Not a Wrap LLC** | **Jennifer Blaine** | **585-414-5493** | **jennifer.blaine@firehousesubs.com** | **www.firehousesubs.com/locations/ny/wes** |
| Products/Services: | Submarine sandwiches | | | |
| **WBE** | | | | |
| **Jaime's Dreams Bakery** | **Jaime Lin Villani** | **585-490-1883** | **jaimesdreamsbakery@yahoo.com** | **www.Jaimesdreamsbakery.com** |
| Products/Services: | Baked goods including cookies, cakes, cupcakes | | | |
| **WBE** | | | | |
| **Jenny's Pies** | **Jennifer Burgado** | **585-642-5365** | **jennyspiesyum@yahoo.com** | **NA** |
| Products/Services: | Pies and baked goods. | | | |
| **WBE** | | | | |
| **Joe Bean Coffee LLC** | **Kathy Turiano** | **585-802-0831** | **kturiano@joebeanroasters.com** | **https://shop.joebeanroasters.com/** |
| Products/Services: | Roasted coffee—includes single origin, blends, and instant coffee. All sold as both retail (in-house and online) and wholesale. Ready to drink Cold brew coffee- sold as 4-packs and cases (24) both as retail and wholesale. Private label coffee. White label coffee services. | | | |
| **WBE** | | | | |
| **Juicy Jays Kitchen** | **Janelle Holmes** | **585-623-9550** | **JuicyJaysKitchen@gmail.com** | **www.Juicyjayskitchen.com** |
| Products/Services: | Juicy Jay's Kitchen is an exclusive catering and private cook service specializing in seafood, Cajun/creole, soul food, and soul fusion cuisines. Juicy Jay's Kitchen is a licensed and insured service, operating under a LLC and DBA. Proudly serving the Rochester, NY area, Juicy Jay's Kitchen took off in 2020 from just a dream and raw talent. After having spent the last few years perfecting their craft, Juicy Jay's Kitchen has built strong local and national relationships and has fed the souls of thousands. | | | |
| **MWBE** | | | | |
| **Just Chicken and Smoothies, LLC** | **Zehra Yoruk** | **585-369-9895** | **justchiknroc@gmail.com** | **www.justchiknroc.com** |
| Products/Services: | Fast-casual dining and takeout food service and catering. Peruvian rotisserie, chicken sandwiches, strips, nuggets, fries, salads, and other related food items. | | | |
| **WBE** | | | | |
| **Kandis Entertainment Lounge** | **Gregory Moorehead** | **585-831-1598** | **kivey08@yahoo.com** | **N/A** |
| Products/Services: | Kandis Entertainment Lounge will offer live music and drinks. | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Food & Beverage Services

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|---|---|---|---|---|
| **Kandykoolers LLC** | **Willie Sanders** | **585-200-9093** | **kandykoolers@gmail.com** | **NA** |
| Products/Services: | Catering Company | | | |
| **MBE** | | | | |
| **Katboocha** | **Katarina Eddy** | **585-905-7315** | **hello@katboocha.com** | **www.katboocha.com** |
| Products/Services: | Katboocha is the first kombucha brewery in Rochester, EST. 2017. We specialize in small batch, non-alcoholic kombucha and are proud to be woman-owned. | | | |
| **WBE** | | | | |
| **Kopani, LLC** | **Lily Morris** | **585-766-7411** | **lily@kopanicoffee.com** | **www.kopanicoffee.com** |
| Products/Services: | Specialty coffee roasting; retail and wholesale roasted coffee beans; private-label and custom coffee roasting, corporate and private-event coffee catering; mobile espresso bar services; coffee cart pop-ups, specialty coffee education, professional barista training, coffee consulting, custom coffee blend development. | | | |
| **MWBE** | | | | |
| **Korey Bakers** | **Korey Brooks** | **214-679-4777** | **korey.brooks@mail.com** | **www.koreybaker.com** |
| Products/Services: | Korey Baker's is an artisan bakery and café specializing in handcrafted breads, pastries, desserts, and Southern-inspired baked goods made from scratch using premium ingredients. Our offerings include artisan breads, cookies, cakes, pies, cheesecakes, muffins, scones, biscuits, cinnamon rolls, focaccia, seasonal desserts, and specialty baked goods. We also provide custom cakes, dessert tables, catering, wholesale baked goods for cafés and restaurants, corporate gifting, event desserts, coffee service, baking classes, and private event hosting. Our mission is to create exceptional food while building a welcoming community gathering place where people can connect over fresh, handcrafted baked goods. | | | |
| **MBE** | | | | |
| **Ks Eatery** | **Kiana Keller** | **585-794-8645** | **kianakeller131@yahoo.com** | **N/A** |
| Products/Services: | I am currently a start up business looking to become a brick and mortar and/or a food truck establishment. I offer food items of all varieties including full course meals, desserts, baked goods, soups/sandwiches/salads. I offer pick up and delivery options and am also able to cater large events and gatherings such as birthdays, weddings, baby showers, and graduation celebrations. More specifically, my restaurant will focus on gourmet soups and sandwiches. | | | |
| **MWBE** | | | | |
| **KTT Catering** | **Janella Betances** | **585-350-5499** | **kttcatering@gmail.com** | **www.kttcatering.com** |
| Products/Services: | Personal Chef and Caterer | | | |
| **MWBE** | | | | |
| **Laughing Gull Chocolates** | **Allison Zukoski** | **585-329-3185** | **allison@laughinggullchocolates.com** | **www.laughinggullchocolates.com** |
| Products/Services: | Artisan Chocolate Confections | | | |
| **WBE** | | | | |
| **Legacy Wine Bar** | **Ebony Smart** | **585-568-9017** | **ebonytb12@gmail.com** | **www.legacywinebar.com** |
| Products/Services: | The Wine Bar provides Wine and Beer from small family owned wineries and beer breweries. We also provide live Jazz music We hold events such as wine tasting, sip and paint and brunches. | | | |
| **MWBE** | | | | |
| **Liquid Sunrise Café** | **Alicia Sosa** | **424-436-0504** | **www.Liquidsunrisepzh@gmail.com** | **N/A** |
| Products/Services: | Food Truck<br>Smoothies, Fresh Pressed Juice, Matcha, Coffee, Overnight oats, fruit bowls. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Food & Beverage Services

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|---|---|---|---|---|
| **Lshantell** | **Latoya Heath** | **585-507-6464** | **latoyaheath1986@gmail.com** | N/A |
| Products/Services: | Catering Services | | | |
| **MWBE** | | | | |
| **Luigis** | **Kristin Weltman** | **585-733-1349** | **vitabellaorganic@gmail.com** | N/A |
| Products/Services: | coffee, lattes, tea, chai, pastries, donuts etc. | | | |
| **WBE** | | | | |
| **Ma's House Coffee LLC** | **Jillian Cook** | **585-402-8550** | **jillian.laurelc@gmail.com** | www.mashousecoffee.com/ |
| Products/Services: | This business is dedicated to serving coffee to the community in a homey, loving atmosphere that supports personal growth and community connection. This space will sell nonalcoholic drinks and high quality baked goods with inclusivity in mind offering dairy free options, vegan, gluten free and local high quality consumables. Highlighting local vendors and embracing a multitude of grass roots organizations will grow Ma's House Coffee LLC. Additionally, this coffee shop will provide a necessary third space, allowing for art programs, community learning programs and entertainment resulting in a more interconnected supportive community.<br>Bonded?NO | | | |
| **WBE** | | | | |
| **Mommy and Me Food Therapy INC** | **La-Tefiah Dawson** | **585-537-9055** | **latefiah@yahoo.com** | N/A |
| Products/Services: | Catering, meal prep, cooking classes. Mommy and Me Food Therapy is a family-centered food service business specializing in nutritious, sensory-conscious meals and food therapy support for children and families. Founded in 2017 by La-Tefiah, the business was created through a personal journey of healing and a passion for using food to nourish, comfort, and support others. | | | |
| **MWBE** | | | | |
| **Monae's Bake Land** | **Eric Brownlee** | **585-200-0878** | **Moneasbakeland@gmail.com** | N/A |
| Products/Services: | Cupcakes, cakes, cheesecake, cookies, brownies, pies. We cater weddings, baby showers, graduation, birthday parties, work events. Entree meals are available for special occasions. | | | |
| **MBE** | | | | |
| **Moo'd Burger Bar** | **Morgan Kellerman** | **716-800-9639** | **morgankellerman6@gmail.com** | www.moodburgerbar.com |
| Products/Services: | Food service restaurant and bar | | | |
| **WBE** | | | | |
| **Naughton's Johnson House** | **Mary Naughton** | **585-551-0829** | **maryvip40@gmail.com** | www.thejohnsonhouserestaurant.com |
| Products/Services: | Featuring an open-hearth grill, fireplace, baby grand piano with live music on weekends, and three private party rooms, Naughton's Johnson House has been serving as one of Rochester's premier steak houses since 1977. | | | |
| **WBE** | | | | |
| **Neens McQueens LLC** | **Christina Baker** | **585-880-6451** | **neensmcqueens74@gmail.com** | N/A |
| Products/Services: | Charcuterie (Grazing tables, platters, mobile charcuterie cart, instructional team building classes), sandwiches, salads, fruit trays, brunch boards (yogurt, pastries, protein items etc.) vegetable trays, snack cups, cookies | | | |
| **WBE** | | | | |
| **Nothing Bundt Cakes** | **Teresa Blake** | **585-315-4796** | **teresa.blake@nothingbundtcakes.com** | www.NothingBundtCakes.com/bakery/ny/ |
| Products/Services: | We offer Bundt Cakes in four sizes: our bite size “Bundtini’s”, single-serving “Bundtlets”, 8” & 10” Bundt Cakes, and Tiered Cakes. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Food & Beverage Services

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|---|---|---|---|---|
| **Okay Beer Co., LLC** | **Megan Phillips** | **585-738-7760** | **meganphillips001@gmail.com** | **www.drinkokaybeer.com** |
| Products/Services: | Brewery, Bowling Center, Restaurant, Bar, Music Venue | | | |
| **WBE** | | | | |
| **Palmgreen Enterprise** | **Danielle Palmgreen** | **585-749-9014** | **Palmgreenenterprise@gmail.com** | **N/A** |
| Products/Services: | I am franchising a beverage / food truck from a well known and established lemonade company. Mr. Squeeze Lemonade provides premium, handcrafted fresh-squeezed beverages made with simple ingredients, purified water , pure cane sugar , enhanced with real fruit additions like strawberry, lemon, blueberry, and mango. Each drink is made to order including sugar free options , delivering a refreshing, authentic taste experience that blends nostalgic lemonade tradition with modern flavor innovation. Born in New York in 2005 , Mr. Squeeze specializes in high-quality citrus beverages , teas, Palmer Style and specialty drink concepts served through mobile concessions, events, retail partnerships, and licensed operators—bringing a unique and consistent beverage solution to festivals, venues, and hospitality environments. | | | |
| **WBE** | | | | |
| **Panacheeza Inc.** | **Janessa Steenberg** | **315-382-5150** | **janessa@panacheeza.com** | **www.panacheeza.com** |
| Products/Services: | Panacheeza, Inc. is a woman-founded, clean-label food company on a mission to make plant-based eating irresistibly delicious. Founded in 2022 and inspired by Italian and Maltese culinary traditions, we reinvented parmesan using just a handful of real, purposeful ingredients.<br><br>Our signature products are made from cashew flour, nutritional yeast, garlic powder, Himalayan pink salt, and apple cider vinegar—delivering bold, cheesy, umami-rich flavor without dairy, gluten, soy, or preservatives.<br><br>Whether sprinkled on pasta, pizza, popcorn, veggies, or avocado toast, Panacheeza elevates everyday meals with a savory punch that satisfies like the real thing—only better.<br>Product Line: Original Parmesan<br>Truffle Parmesan<br>Spicy Parmesan | | | |
| **WBE** | | | | |
| **Park Pakk Exotics LLC** | **Terrance Melford** | **718-954-7891** | **terrancemelford79@gmail.com** | **N/A** |
| Products/Services: | We provide a multitude of different burgers, chicken wings including jerk seasoned, stuffed Caribbean Jonny cakes etc.. | | | |
| **MBE** | | | | |
| **Pivot Point Solutions, LLC** | **Catherine Holland** | **585-281-0067** | **cmholland1327@gmail.com** | **N/A** |
| Products/Services: | Poultry, eggs, flowers, honey, soaps | | | |
| **WBE** | | | | |
| **Roc Delights** | **Karim Curtis** | **585-766-2775** | **roc.delights9@gmail.com** | **N/A** |
| Products/Services: | Full service dine in restaurant | | | |
| **MBE** | | | | |
| **Roscoe Delicious Foods and Desserts** | **Roscoe Skinner** | **585-698-7097** | **RSKINNE6@GMAIL.COM** | **N/A** |
| Products/Services: | Cater to small business, private parties, corporate events, services, delivery services, meal prep services delivered to homes on a reoccurring basis, cooking lessons | | | |
| **MBE** | | | | |
| **Sacudida Coffee LLC** | **Dennis Sizer** | **585-737-0380** | **dsizer89@gmail.com** | **www.sacudidacoffee.com** |
| Products/Services: | Coffee whole or grind. We<br>also sell coffee accessories | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Food & Beverage Services

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|---|---|---|---|---|
| **Sages Café** | **Ceyonna Trotter** | **585-713-9248** | **sagescafellc@icloud.com** | **N/A** |
| Products/Services: | At Sages Cafe, we provide coffee, teas, juices, pastries (in house and non in house), once the liquor license is filed: wine and champagne, espresso and dessert pairings, community engagement events such as plant donations, and live music specializing in jazz and classical. | | | |
| **MWBE** | | | | |
| **Salena's Mexican Restaurant** | **Kelly Metras** | **585-721-4897** | **kellyometras@gmail.com** | **https://salenas.com/** |
| Products/Services: | Company Profile Full service restaurant focused on Mexican cuisine, offering dine-in, take-out, and catering options. Vegan, Vegetarian, and Gluten Free menus are available upon request. | | | |
| **WBE** | | | | |
| **Sea Restaurant Inc** | **Vilay Sysavath** | **978-866-4320** | **laisysavath@gmail.com** | **N/A** |
| Products/Services: | Full dine in restaurant and catering. Also take out | | | |
| **MWBE** | | | | |
| **Self Made Elite llc** | **Matin Young** | | **selfmadeelitellc@outlook.com** | **585-754-7025** |
| Products/Services: | Prepared meals ( breakfast, lunch, dinner )<br>Appetizers and side dishes<br>Beverages ( soft drinks, coffee, tea, juices )<br>Desserts ( cakes, pastries, ice cream, etc. )<br>Specialty items ( vegetarian, vegan, gluten-free, or signature dishes )<br>Packaged or take-home food items | | | |
| **MBE** | | | | |
| **Sheldon Café** | **Bre'onn Hepburn** | **585-355-1082** | **sheldonscaferoc@gmail.com** | **N/A** |
| Products/Services: | Providing home styles meals, dining in and out. | | | |
| **MWBE** | | | | |
| **Side Bar LLC** | **William Burke-Mattis** | **585-402-2888** | **williambmattis@gmail.com** | **www.sidebarroc.com** |
| Products/Services: | Side Bar is an artsy Restaurant Lounge in the heart of Downtown Rochester, NY. Cocktails, Delicious Food, Art and great networking makes Side Bar the place to be. The business is located at 238-242 South Ave in Rochester, NY Central Business District. | | | |
| **MBE** | | | | |
| **Snacks For Seniors** | **Theresa Toscano** | **585-749-5902** | **theresatoscano@yahoo.com** | **N/A** |
| Products/Services: | Snacks For Seniors is a mobile snack delivery business that brings curated, senior-friendly snacks and light refreshments directly to residents of assisted living and memory care facilities. The business operates from a purpose-built cargo van stocked with age-appropriate, easy-to-eat snacks, beverages, and comfort foods, visiting partner facilities on a regular rotating schedule. | | | |
| **WBE** | | | | |
| **Soulphol Eatz Llc** | **Raymond Trice** | **585-469-8722** | **ray.trice@soulpholeatz.org** | **https://www.soulpholeatz.org** |
| Products/Services: | Soulphol Eatz LLC provides catering, prepared meal services, preorder pickup and delivery, and fusion comfort food combining Asian, Caribbean, and soul-food influences. Services include individual meals, group orders, corporate and community catering, private-event catering, customized menus, and on-site hibachi-style food preparation. Signature offerings include pho, St. Louis-style fried rice, Soul-Asian lo mein, hibachi meals, specialty platters, and oxtail Philly egg rolls. | | | |
| **MBE** | | | | |
| **Spirit and Abundance LLC** | **Alinda Lawrence** | **585-465-1402** | **info@spiritandabundance.com** | **www.spiritandabundance.com** |
| Products/Services: | Production of non-dairy artisanal cheeses and craft condiments, plant based education and cooking classes | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Food & Beverage Services

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|---|---|---|---|---|
| **Squeezed Won LLC** | **Carolyn Dumas** | **585-481-6888** | **sqeezedwon214@gmail.com** | |
| Products/Services: | Fresh made to order lemonade | | | |
| **MWBE** | | | | |
| **Sticky's Cakes** | **Marcus Higdon** | **585-309-4521** | **marcushigdon23@gmail.com** | N/A |
| Products/Services: | I bake desserts from scratch ( Cakes pies, and cookies) | | | |
| **MBE** | | | | |
| **Sweet & Cute Sweets** | **Tina Clark** | **585-329-9100** | **tina.clark@sweetandcute.com** | www.sweetandcute.com |
| Products/Services: | Coffee Syrup (made with only real coffee and organic sugar), Coffee Syrup-related products (Salted Coffee Caramels, Coffee-Q BBQ Sauce, Soft & Flaky Peanut Brittle, and Salted Caramel Corn), baked goods (cookies, brownies, etc.), coffee drinks, bubble tea, hot food (Pulled Pork & Mac & Cheese).WHOLESALE Manufacturing: Coffee Syrup and Coffee Syrup-related products (see above), packaged cookies.RETAIL cafe/bakeshop: Grab & go small cafe/bakeshop menu and retail sales of Coffee Syrup products.PRE-ORDER FOR EVENTS: cookie trays, cupcakes, some hot foods | | | |
| **WBE** | | | | |
| **The Red Fern** | **Andrea Parros** | **585-978-2104** | **andrea.parros@gmail.com** | www.redfernrochester.com |
| Products/Services: | 100% vegan/plant-based menu w/ allergy friendly options. Dine in (indoor and weather-permitting outdoor), takeout & delivery. Bakery & catering. Beer & wine. | | | |
| **WBE** | | | | |
| **The Y Modern Bistro LLC** | **Kalem Rogers** | **646-770-0112** | **kalem@theymodernbistro.com** | www.theymodernbistro.com |
| Products/Services: | The Y Modern Bistro is a full-service restaurant and lounge located in Rochester, NY, dedicated to delivering a vibrant dining experience that blends contemporary cuisine with exceptional hospitality. Our menu features a variety of chef-inspired dishes paired with a curated selection of wines, beers, and handcrafted cocktails. With a focus on quality, ambiance, and community, we aim to become a go-to destination for dining, socializing, and private events in the region. | | | |
| **MBE** | | | | |
| **Too Pretty To Eat** | **Shamieka eEllis** | **585-329-2111** | **shamiekaellis24@yahoo.com** | www.tooprettytoeatny.com |
| Products/Services: | Restaurant, catering for all occasions , private dine in, event space, meeting space, fruit arrangements for all occasions | | | |
| **MWBE** | | | | |
| **Whitsons Nutrition LLC** | **Paul Whitcomb** | **631-424-2700** | **cattertonc@whitsons.com** | www.whitsons.com |
| Products/Services: | 45-year background serving public and private school dining programs; Proven ability to customize programs featuring nutritious menus made from scratch with wholesome ingredients. | | | |
| **MBE** | | | | |
| **Zweigle's Inc** | **Julie Camardo** | **585-504-2833** | **jcamardo235@gmail.com** | www.zweigles.com |
| Products/Services: | Zweigle's is a hot dog, classic and chicken sausage, fully cooked chicken breast, sliced chicken breasts, diced chicken breasts. meatballs, patties, deli meats and specialty meats manufacturer. We also manufacture non-meat protein meatballs such as vegetarian sausages and meatballs. We are a private label manufacturer and we also co-pack and are industrial ingredient suppliers. ; We use Natural Casings, Skinless casings and collagen casings for our hot dogs and sausages. We are Organic Certified and Halal Certified. ; Our plant is a ready to eat plant ; We manufacture with the following proteins: pork, beef, chicken, turkey, veal, organic beef, halal chicken and lamb. | | | |
| **WBE** | | | | |

## GIS/GPR Services

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|---|---|---|---|---|
| **Geocove** | **Karyn Tareen** | **407-680-5768** | **ktareen@geocove.com** | www.geocove.com |
| Products/Services: | GIS or Geospatial consulting and services. | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## GIS/GPR Services

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|---|---|---|---|---|
| **Innovative Contracting Services** | **Jaclyn Paetsch** | **585-615-3539** | **jaclyn.paetsch@icssupports.com** | **www.icssupports.com** |
| Products/Services: | GIS Services, AutoCAD, FEED, Data Entry, Document Scanning, SAP, Engineering | | | |
| **WBE** | | | | |
| **Valek GPR, LLC DBA Capital Region GPR** | **Mary Valek** | **518-954-5455** | **capitalregiongpr@gmail.com** | **https://capitalregiongpr.com** |
| Products/Services: | GPR<br>Ground Penetrating Radar for Commercial and Residential<br>Private Utility Locator<br>Underground Utility Locator<br>UST's and Septic System Locator<br>Cemeteries | | | |
| **WBE** | | | | |

## GPS Technologies

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|---|---|---|---|---|
| **AccuGPS (dba of JY JOINT LLC)** | **YiWei YQI** | **315-308-0068** | **yqi@accugps.com** | **accugps.com** |
| Products/Services: | Dash camera with multiple channels;OBD II Smart tracker; Magnetic Long term asset tracker4G/LTE GPS tracker with remote access controlWi-Fi Modem router for surveillance camera. | | | |
| **MBE** | | | | |

## Grant Management

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|---|---|---|---|---|
| **Ardent Group** | **Katherine Schnittman** | **585-953-1106** | **kate@ardentgroup.co** | **www.ardentgroup.co** |
| Products/Services: | Ardent Group provides fundraising and development consulting services for nonprofit organizations. Development planning, grant planning and writing, annual giving program design, development communications, development leadership support, development staffing strategies, donor relations support and community engagement strategies. | | | |
| **WBE** | | | | |
| **Bridge Philanthropic Consulting** | **Dwayne Ashley** | **646-926-4272** | **dwayne@bpc.fund** | **https://bridgephilanthropicconsulting.com** |
| Products/Services: | Structured Community Engagement and Outreach Service Delivery Model;Fiscal Sponsorship and Grants Administration Community Canvassing, Surveys, and Social Impact Assessments;Leadership and Staff Development and Training;Strong Portfolio of DEI Counsel, Solutions, and Workshops;Plan, Promote and Execute Conferences, Events, and Meetings;Strategic and Program Planning;Marketing and Communications;Crisis Management and Disaster Relief Outreach and Communications;Social Media, Web Design, and Digital Program Support; Technology Development and Programming. | | | |
| **MBE** | | | | |
| **KH-MPH Consulting LLC** | **Kyvaughn Henry** | **585-520-0678** | **kh.mphconsulting@gmail.com** | **N/A** |
| Products/Services: | Resource Development (i.e.. Grant-Writing), Project Administration & Support, Team-Wellness Building, Staff Development, Program Development, and Strategic Assessment & Planning. | | | |
| **MWBE** | | | | |

## Health & Beauty

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|---|---|---|---|---|
| **81 Degrees Beauty Parlor** | **Tymisha Williams** | **585-448-8267** | **t81degrees@gmail.com** | **N/A** |
| Products/Services: | Hair salon, custom wigs | | | |
| **MWBE** | | | | |
| **Amita Herb Facials and Brow Thread, LLC** | **Amita Vyas** | **585-305-2275** | **amitavyas129@hotmail.com** | **www.AmitasXpressSpa.com** |
| Products/Services: | Provide Facials, Waxing, Henna, Eyebrow Threading, Eyebrow Shaping, Laser Hair Removal, Laser Skin Tightening services.<br>Sell personal care and hygiene items line creams, lotions, sanitary pads, hand sanitizers and disinfectants. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Health & Beauty

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|---|---|---|---|---|
| **B. Mercedees Custom Wigs LLC** | **Mercedees Boutte** | **585-576-6796** | **bmercedees@gmail.com** | **www.bmercedeeswigs.com** |
| Products/Services: | B. Mercedees Custom Wigs LLC specializes in handsewn, custom-made glueless wigs designed for a natural look and everyday convenience. Each wig is customized with an emphasis on quality, comfort, and craftsmanship. The company also offers wig revamp services to extend the life of existing units. | | | |
| **MWBE** | | | | |
| **Blake Styles** | **Erin Blake** | **585-305-5107** | **erin_fitzy@yahoo.com** | **https://www.rebelredsroc.com/** |
| Products/Services: | Hair salon | | | |
| **WBE** | | | | |
| **ClipDart, Inc.** | **Kyle Parker** | **773-230-0638** | **Kyle@ClipDart.com** | **www.ClipDart.com** |
| Products/Services: | ClipDart, Inc. is a B2B social enterprise dedicated to providing culturally competent haircare services at businesses, specifically for underrepresented communities with limited access to essential haircare. Our mission is to enhance mental wellness and overall well-being through equitable access to high-quality, culturally sensitive haircare. | | | |
| **MBE** | | | | |
| **Essential Esthetics & Skin Care** | **Nakeithia Brown** | **585-503-7775** | **nbrown1csb@gmail.com** | **www.bookessentialesthetics.as.me/** |
| Products/Services: | Customized Facial, customized to each clientAge Smart Facial, great for clients looking to improve fine lines and wrinkles, age spots and bring back luster to the skinMini Consultation Facial, get a quick facial where I perform a complete skin analysis to determine your skin type. We will discuss skincare goals and areas you want to improve and create a treatment plan together for you to use at home and over time your skin will improve.Dermaplaning Facial, this is a form of exfoliation using a sterile single use blade to remove all vellus hairs from your face. Instantly revealing smooth skin. | | | |
| **MWBE** | | | | |
| **Facial Clarity Naturals and Botanicals LLC** | **Mary Caudle** | **585-730-0090** | **mary@facialclarity.com** | **www.facialclarity.com** |
| Products/Services: | My company combines my passion for skincare with my Italian heritage, offering handcrafted products made with high-quality, natural Italian based ingredients. Our signature 3-step "Radiance Ritual" at-home facial is designed to deliver the experience of professional skincare to everyday routines. | | | |
| **WBE** | | | | |
| **Fadeaway585** | **Angel Mercado** | **585-287-4757** | **angelmercado892015@gmail.com** | **www.fadeaway585.com/** |
| Products/Services: | Full service barber, including beard and eyebrow shaping. | | | |
| **MBE** | | | | |
| **Fancee's Nail & Lash Studio** | **Nancy Armfield** | **585-957-8131** | **fanceenailandlash@gmail.com** | **www.fanceestudio.com** |
| Products/Services: | Acrylic Services, pedicures, manicures, eyelash extensions, body and facial waxing, and Facials | | | |
| **MWBE** | | | | |
| **Fierce Beauty Co LLC** | **Lidia Burda** | **585-851-9296** | **leedaburda@skinstudiolaserhr.com** | **www.skinstudiolhr.com** |
| Products/Services: | We provide medical grade laser hair removal services utilizing a Candela Gentle Max Pro plus- this device is FDA approved for all skin types. All laser hair removal services are preformed by a licensed nurse (not required in New York state). | | | |
| **WBE** | | | | |
| **Gisselle Glitz n Glam** | **Gisselle Torres** | **585-695-7185** | **gisselletorres38@gmail.com** | **N/A** |
| Products/Services: | Make up, lip enhancement. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|
| **Health & Beauty** | | | | |
| **Humane Hairspace LLC** | **Natalie Turner** | **646-598-1186** | **hello@nataliefox.com** | **www.humanehairspace.com** |
| Products/Services: | We rent chairs to hairstylists & barbers to conduct their business. | | | |
| **WBE** | | | | |
| **Indulging Intimacy LLC** | **Alicia Barnes** | **585-284-0226** | **aliciapaige68@yahoo.com** | **N/A** |
| Products/Services: | I make natural skin care products for all skin types. My business is to promote self-love. I make skin nourishing whipped body butter, body oil with shimmer and without shimmer, body scrub, herbal detoxes, lip scrubs, facial serums, skin lightening butters, and facial oils. | | | |
| **MWBE** | | | | |
| **Kitz Styles, LLC** | **Fawn Griffin** | **585-729-4345** | **fawn524@gmail.com** | **N/A** |
| Products/Services: | Hair styling, hair products, hair extensions, false lashes | | | |
| **MWBE** | | | | |
| **Marcus The Barber and Associates LLC** | **Marcus Hamilton** | **716-638-7174** | **mhamilton33.mh@gmail.com** | **www.marcusthebarber.net** |
| Products/Services: | Barber cuts, facial massage, facial cleanse, scissor trim, straight razor, women and kids, men, cuts for adults and children with disabilities, mentoring, motivational speaking | | | |
| **MBE** | | | | |
| **Noot Beauty Lush LLC** | **Jailyn Barton** | **424-653-0267** | **Jailynbarton@gmail.com** | **www.nootbeautylush.com** |
| Products/Services: | Hair styling services. Natural hair care and maintenance. Silk presses. Hair treatments. Hair cutting. Hair coloring. Hair growth oils. Hair moisturizer. Hydrating hair mist. Hair accessories<br>Company ProfileNoot Beauty Lush LLC is a women-owned beauty business led by a licensed cosmetologist. We provide professional hair styling services focused on natural hair care and healthy hair maintenance.<br><br>We also develop and sell natural hair care products like herbal-infused oils, butters, and scalp treatments to support hair growth and moisture for textured hair. | | | |
| **MWBE** | | | | |
| **Paula Howard Enterprises Inc.** | **Paula Howard** | **585-737-9497** | **paulasessentials2@gmail.com** | **www.paulahowardessentials.com** |
| Products/Services: | Essential Oils, Lotions, Body & Linen Sprays, Natural Soaps and Body Washes, Shea Butter, Mango Butter, Cocoa Butter, African Black Soap, Fragrance Body Oils, Room Fragrances | | | |
| **MWBE** | | | | |
| **Phli Divas Beauty Salon** | **Tiffany Gray** | **585-478-9357** | **PHLIDIVASHAIRSALON@GMAIL.COM** | **phlidivasbeautysalon.wixsite.com/pheno** |
| Products/Services: | Full hair care service salon, chemical processing, natural hair care, extensions, facial waxing, lash extensions and make up services | | | |
| **MWBE** | | | | |
| **Pink Collar Society, LLC** | **Jillian Romano** | **585-236-7808** | **jromano.esthetics@gmail.com** | **www.pinkcollarsociety.glossgenius.com** |
| Products/Services: | I am an esthetician that provides facials and other skin care treatments, spray tans, waxing and lash extensions. I am renting chairs out to others who are either cosmetologists or barbers. I offer products for retail such as: skin care, post waxing products, post lash extension products, perfumes, skin tools, hair care etc | | | |
| **WBE** | | | | |
| **Purpose Grooming Lounge** | **Jamil Gaines** | **585-284-6671** | **purpos3grooming@gmail.com** | **N/A** |
| Products/Services: | Barbering, grooming | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Health & Beauty

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|---|---|---|---|---|
| **Queen Pen dba Ink Lnk** | **Tantalia Newman** | **585-831-5851** | **tantin21@me.com** | **N/A** |
| Products/Services: | • Custom Tattoos: Personalized, one-of-a-kind tattoo designs tailored to each client's vision, with attention to detail and creativity.<br>• Flash Tattoos: Pre-drawn, themed tattoo designs offered at promotional rates for special events or holidays.<br>• Specialty Tattoos: Includes thigh, quarter-sleeve, spine, neck, and hand placements designed to scale.<br>• Black & Grey / Color Realism: High-quality shading and color work for both realistic and stylized pieces.<br>• Cover-Up Tattoos: Redesigning or refreshing existing tattoos to restore client confidence.<br>• Heart Freckle Tattoos: Small, dainty tattoos used for beauty accenting or patch testing ink reactions.<br>• Mobile & Event-Based Tattooing: On-site tattoo services for events, private sessions, and pop-up locations. | | | |
| **MWBE** | | | | |
| **Reign's Crowns & Creations, LLC** | **Stefanie Dixon** | **585-642-7819** | **ccdstefd@yahoo.com** | **N/A** |
| Products/Services: | Hair, Skin and Nail care services. Consultation and customize services for non surgical hair replacement units. Wigs, facials, manicures, pedicures and lash services. | | | |
| **MWBE** | | | | |
| **Second Look Styling LLC** | **Sarah Pavia** | **585-353-9736** | **hello@secondlookstyling.com** | **www.secondlookstyling.com** |
| Products/Services: | Second Look provides styling and consultation to a variety of individuals, and we also sell secondhand/consigned goods, furniture, etc. We have customers all over the country and are opening up an in-person experience most likely in the South Wedge | | | |
| **WBE** | | | | |
| **Sew N City LLC** | **Shannon Scott** | **585-704-8212** | **info@sewncity.com** | **www.sewncity.com** |
| Products/Services: | Salon offers services such as sew-in weaves, quick weaves, braided styles, hair cuts, shampoo services, hair coloring, eyelash extensions and custom made wigs upon order. Products such as wigs, hair extensions, bonnets, scalp moisturizer and edge wraps for the maintenance of clients hair. For hospital patients and cancer chemotherapy patients we offer wigs and appearance enhancement services. | | | |
| **MWBE** | | | | |
| **Signature Stylez Hair Salon and Boutique** | **Valerie Green** | **5853707042** | **Shekinahcollection.333@gmail.com** | **www.signaturestylehairdiva.square.site** |
| Products/Services: | Signature Stylez is a Private Hair Salon and Boutique located in the city of Rochester New York. We provide hair and skin care as well as one on one business consulting, business start up and development. Signature Stylez offers wholesale distribution for new businesses. | | | |
| **MWBE** | | | | |
| **Skinn Deep Skintique LLC** | **Keona Williams** | **585-448-4881** | **khaleah.williams@yahoo.com** | **N/A** |
| Products/Services: | Natural Skincare products and services | | | |
| **MWBE** | | | | |
| **Skyn Therapy LLC** | **Danielle King** | **(585)402-4641** | **theskyntherapist@gmail.com** | **https://skyntherapyshop.com/** |
| Products/Services: | At Skyn Therapy, we understand that each individual's skin is unique, with its own set of needs. With a deep understanding of the challenges these conditions present, we've formulated each Skyn Therapy body care product to be a beacon of relief and renewal for your skin. Each Skyn Therapy creation is a testament to our commitment to your skin's wellness. Whether you're seeking hyperpigmentation remedies, calming red and inflamed skin, or balancing troublesome breakouts, our specialized formulations are here to support you on your skincare journey. Each product is thoughtfully crafted to deliver targeted results, without compromising on the purity and integrity of our ingredients. | | | |
| **MWBE** | | | | |
| **TC Consulting** | **Tiffany Cowart** | **585-305-1752** | **zamirra06@gmail.com** | **N/A** |
| Products/Services: | Provide excellent customer service while consulting with clients regarding hair care needs and education. Service clients hair care needs, book keeping, answering calls, responding to emails and mailings. Booking clients appointments, keeping track of inventory, marketing via social media, mailings and canvassing. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Health & Beauty

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| **The Beauty Cartel LLC** | **Sharon Gray** | **585-504-9671** | **shayhair585@gmail.com** | **www.BookTheBeautyCartel.com** |
| Products/Services: | Hairstyles & hair classes for youth | | | |
| **MBE** | | | | |
| **The Groom Room Mens Spa** | **Monique Chatman** | **585-285-8298** | **the.groomroomspa@gmail.com** | **www.groomroommensspa.com** |
| Products/Services: | Facials, Body Treatments, Teeth Whitening, Manicures and Pedicures<br>Bath and Body Products, Aftercare Treatments | | | |
| **MWBE** | | | | |
| **The Hair Chronicles Co.** | **Kionna Johnson** | **585-764-1436** | **thehairchronicles.co2025@gmail.com** | **NA** |
| Products/Services: | Discover the power of nature with our handmade, cruelty-free hair care collection. Crafted with care using natural ingredients, our products are designed to nourish and strengthen your hair while being kind to animals.<br>Our range includes:<br>•Hair Oil<br>•Shampoo<br>•Conditioner<br>•Hair Moisturizer<br>Healthy hair, naturally. Animal cruelty-free. Handmade with care. | | | |
| **MWBE** | | | | |
| **The Nail Room Roc LLC** | **Amber Peraino** | **(315) 450-0945** | **owner@thenailroomroc.com** | **https://thenailroomroc.com/** |
| Products/Services: | Russian and Structured Gel Manicure<br>A Russian Manicure is a highly detailed, luxury nail service that focuses on perfecting the cuticle area and creating a clean, polished look. Unlike a traditional manicure, it uses an electric file (e-file) with gentle precision to carefully exfoliate and remove dead skin around the nail, giving a flawless appearance. This technique not only enhances the shape and longevity of your manicure, but also creates a smooth foundation for hard or structured gel that can last up to four weeks without lifting. It's meticulous, hygienic, and the ultimate in modern nail care. | | | |
| **WBE** | | | | |

## Health & Wellness

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| **3 Heart Movement LLC** | **Caroline Webster** | **585-303-3196** | **caroline@3heartmovement.com** | **www.3heartmovement.com** |
| Products/Services: | Private fitness training specializing in Pilates and GYROTONIC training | | | |
| **WBE** | | | | |
| **A Caring Voice for You, LLC** | **Davina McLean-Randall** | **585-557-9356** | **info@caringvoiceforyou.com** | **www.caringvoiceforyou.com** |
| Products/Services: | We are a new phone companionship company that specializes in showing compassion to others through quality collaborative conversations to increase connectedness among seniors and adults with disabilities.At A Caring Voice for You, we understand the need for seniors and adults with disabilities to connect with others and have a meaningful conversation. Our passion is in reducing social isolation and loneliness through phone conversations in the comfort of their own home. We provide three services which include the following: Friendship Connection services are designed for seniors who need companionship throughout the day. Friendship Connection members will be paired with one another to talk over the phone with the hope of gaining joy, laughter and friendships without leaving your home. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Health & Wellness

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| **Driphouse Inc** | **Lisa Stantz** | **585-267-7804** | **info@driphouse.com** | **www.driphouse.com** |
| Products/Services:<br>**WBE** | Driphouse Inc in Pittsford, NY is a 100% Women owned and operated S-Corp. Owned by Lisa Stantz and Malisa Lougher.<br>We are a Recovery and wellness studio working with all ages helping to keep bodies moving and recovering faster from activity.<br>Suana<br>Sauna bed<br>Redlight therapy<br>Cryo therapy<br>Normatec compression therapy<br>Recovery and wellness studio<br>Suana<br>Sauna bed<br>Redlight therapy<br>Cryo therapy<br>Normatec compression therapy<br>Recovery and wellness studio | | | |
| **Equally Balanced Therapy and Wellness PLLC** | **Therica Harris** | **585-648-0591** | **info@equallybalancedwellness.com** | **www.equallybalancedwellness.com** |
| Products/Services:<br>**MWBE** | Specialize in medical, oncology, and prenatal massage for all community individuals who may benefit from specific medical treatment to improve mobility, reduce stress, and improve quality of life. | | | |
| **Exercise Express LLC** | **Karen Rogers** | **585-967-4356** | **karenrogers@theexerciseexpress.com** | **www.theexerciseexpress.com** |
| Products/Services:<br>**MWBE** | HARP Behavioral Health and Wellness Services | | | |
| **Face2Face Esthetics by Charissa,** | **Charissa Lacey** | **585-734-7936** | **lacyfamily@frontiernet.net** | **Www.f2fwithcharissa.com** |
| Products/Services:<br>**MWBE** | Esthetics services; professional facials back and face (peels,hydroge acne); body treatments (toxin removal & deep exfoliatio; waxing services; eyelash services; skincare education; makeup services; mobile services | | | |
| **Feel Good Fitness** | **Jeannine Graziano** | **585-530-0683** | **jgraz0804@gmail.com** | **www.feel-goodfitness.com** |
| Products/Services:<br>**WBE** | Group exercise classesOne to one personal trainingWellness events, webinars, and seminars | | | |
| **Fitbalanz Wellness Studio** | **Maribel Torres** | **585-536-7897** | **mthealth.coach24fit@gmail.com** | **www.fitbalanzroc.com** |
| Products/Services:<br>**MWBE** | Fitness Classes, Senior Fitness Classes, Nutrition Workshops, Personal Development Workshops, Wellness Consultations, Kids Fitness Classes, Water Fitness Classes. | | | |
| **FMR Fitness & Wellness** | **Christian Berenguer** | **914-479-4856** | **christianberenguer@fmrfit.com** | **N/A** |
| Products/Services:<br>**MBE** | As a human movement specialist, I specialize in biomechanics, focusing on functional movement patterns tailored to individuals' body. Bridging the gap between traditional training and physical therapy, designing programs that build strength, enhance mobility, and reduce pain. The goal is to promote sustainable, pain-free movement that improves how you move and feel on an every day bases.<br>In addition, we provide an all-inclusive wellness center for physical, mental, and emotional health. With expert training and a recovery lounge offering saunas, cold tubs, massage chairs, and compression therapy. One may also seek an individualized recovery session, which will include myofascial decompression, massage, manual stretching, stem, and/or contrast therapy. Goal being to provide a complete wellness experience with our services. It is the destination for total well-being if you're looking to train, recover, or find balance between both. | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Health & Wellness

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| **Front Porch Beauty LLC** | **Michelle Davis** | **585-685-3255** | **frontporchbeautyllc@gmail.com** | **N/A** |
| Products/Services: | Front Porch Beauty LLC is a Health & Wellness Spa where an individual can go to get aid/assistance with weight loss, teeth whitening and many more individualized body needs/wants. Here we use a machine which melts the body's fat via Radio Frequency and Cavitation aided with wood therapy if needed, along with other enhancements or assistance for the body. Here at Front Porch Beauty we help individuals feel their best while assisting them with their body goals. | | | |
| **MWBE** | | | | |
| **Graceful Bodyworks** | **Natalie Rammacher** | **646-246-8696** | **natalie@gracefulbodyworks.com** | **www.gracefulbodyworks.com** |
| Products/Services: | I provide massage therapy, exercise instruction, and nutritional education through private appointments, small groups, and workshops. | | | |
| **WBE** | | | | |
| **La'Movement Fitness** | **Lancia Woods** | **716-292-3880** | **lamovementfitness@gmail.com** | **www.LaMovementFitness.com** |
| Products/Services: | Provide classes for the following: Dance, Fitness. Yoga, Medititation, Stretching, Group Fitness, Motivational Speaking | | | |
| **MWBE** | | | | |
| **M/Body Rochester** | **Maureen Flaherty** | **585-455-8943** | **molly@mbodyrochester.com** | **www.mbodyrochester.com** |
| Products/Services: | M/Body is a fitness studio offering fitness/wellness services including personal training and classes in cycle, yoga, Pilates, barre, strength, boxing, HIIT and circuit training. | | | |
| **WBE** | | | | |
| **NavigateMD, LLC** | **Kristy Schworm** | **888- 898-0230** | **Kristy@navigatemd.com** | **www.navigatemd.com** |
| Products/Services: | NavigateMD is an online resource platform that helps individuals with disabilities, their families, and others find local resources specific to their needs. The resources they can find on our site are medical providers, nonprofit organizations, for-profit businesses that offer services for those with disabilities (service dog trainers, special needs attorneys, etc.), and recreational opportunities. | | | |
| **WBE** | | | | |
| **Oxygen Yoga & Fitness** | **Elizabeth Hayes** | **585-797-4975** | **brighton@oxygenyogafitness.com** | **www.oxygenyogafitness.com** |
| Products/Services: | Infrared yoga and fitness studio classes. We will also sell OYF branded merchandise. | | | |
| **WBE** | | | | |
| **Pivot Plus Wellness LLC** | **Laurie Robertson** | **585-520-3809** | **pivotpluswellness@gmail.com** | **www.pvtplus.com** |
| Products/Services: | Women Centered Group Fitness Classes (Step Aerobics, Body Weight and Resistance Band Workouts, Cardio Kickboxing)<br>Stress Management Solutions & Workshops | | | |
| **MWBE** | | | | |
| **Positive Vibration Fitness** | **Sofia Williams** | **585-290-8788** | **pvfitnesscompany@gmail.com** | **www.pvfitnesscompany.com** |
| Products/Services: | Dance Fitness<br>Design Social Emotional Learning experiences through movement<br>Mindfulness | | | |
| **MWBE** | | | | |
| **Rachelle's Services LLC** | **Rachelle Barber** | **585-445-4798** | **Rachellebrokerageservices@gmail.com** | **N/A** |
| Products/Services: | I'm a support broker. I provide services that help individuals with disabilities to self-direct their care by providing guidance, advice, and support to manage their services and budgets, hire and train staff, and connect with community resources to achieve their life goals and independence. Some of my key responsibilities include facilitating person-centered planning and circle of support meetings, managing budgets and expenditures, assisting with hiring and supervising direct support staff, and ensuring services align with an individual's unique needs and preferences. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Health & Wellness

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| **Raquel Wellness Massage Therapy PLLC** | **Raquel Walker** | **585-781-0385** | **relax@roclymphhaven.com** | **www.roclymphhaven.com** |
| Products/Services: | Our Lymphatic Treatment detoxifies the body, aids post-surgery recovery, eases premenstrual discomfort and much more. With Vodder MLD and wood therapy, our customizable sessions target specific needs. Experience deep relaxation and rejuvenation in just 45 minutes. | | | |
| **MWBE** | | | | |
| **Rehab2Home** | **Taber Starowicz** | **585-703-5771** | **Taber.pink@gmail.com** | **www.rehab2home.com** |
| Products/Services: | Pelvic Floor Therapy for Older Adults who may suffer from pelvic floor dysfunction: relating to frequent urination, urgency, urinary leakage, constipation, bowel incontinence, prolapse, pain during intercourse, pelvic pain or pressure, and infertility<br>Client and Family education on the rehabilitation process through the discharge process<br>Occupational Therapy services (before surgery and after surgery) with a full in-home evaluation to ensure safety<br>Exercises for strengthening and mobility/motility | | | |
| **WBE** | | | | |
| **ROC Body West LLC** | **Renee Mattice** | **585-727-3084** | **reneecarlineo@gmail.com** | **N/A** |
| Products/Services: | ROC Body West LLC is a boutique fitness studio with a projected start date of October 1st. The services provided are boutique fitness classes in the form of resistance training classes, pilates reformer classes and heated mat classes. | | | |
| **WBE** | | | | |
| **Sky Bound Performance Arts Center** | **Julia Frederick** | **541-913-6659** | **skyboundpac@gmail.com** | **N/A** |
| Products/Services: | Sky Bound Performance Arts Center is Rochester's first youth-focused aerial fitness and performance studio, designed to inspire creativity, build confidence, and foster collaboration in young performers. We offer small-group aerial arts classes using the aerial silks, hammock, hoop (lyra), and dance trapeze. With personalized instruction, participants learn strength, flexibility, and artistry in a safe and supportive environment. Structured sessions run in 4-, 6-, and 8-week formats, allowing students to progress at their own pace using skill trackers and instructor guidance. Our philosophy centers on creativity, positivity, and community, ensuring every child feels encouraged as they grow.<br>Company ProfileSky Bound Performance Arts Center is a woman-owned youth aerial fitness and performance studio located in Rochester, NY. We provide small-group aerial arts classes that build strength, flexibility, and confidence while encouraging creativity and collaboration. Our structured 4-, 6-, and 8-week sessions are designed for all skill levels, with progression guided by experienced instructors and skill tracking systems to ensure safety and growth. | | | |
| **WBE** | | | | |
| **Tozzi Yoga LLC** | **Kaitlyn Vittozzi** | **585-200-7209** | **Kaitlyn@tozziyoga.com** | **www.PenfieldYogaTherapy.Com** |
| Products/Services: | Yoga, Yoga Therapy, Meditation, Wellness, Corporate Wellness, Paddleboarding, Paddleboard Yoga, Team Building, Therapeutic Life Mentoring, Ayurveda | | | |
| **WBE** | | | | |
| **Tru Yoga Roc LLC** | **Kassandra Degus** | **585-698-5962** | **kdegus@gmail.com** | **www.betruyoga.com** |
| Products/Services: | Yoga: weekly classes, monthly workshops and special events/trainings | | | |
| **WBE** | | | | |
| **Victory Fitness** | **Rosalind Walker** | **585-370-2480** | **VictoryFitnessROC@gmail.com** | **www.victoryfitnessrochester.com** |
| Products/Services: | We offer a wide variety of group fitness classes, train the trainer classes, and wellness event planning, coordination, and facilitation for all age groups and demographics. | | | |
| **MWBE** | | | | |
| **Wellness 360 Physical Therapy and Massage PLLC** | **Lindsay Perez** | **585-469-0201** | **lindsay@wellness360fitness.com** | **www.wellness360fitness.com** |
| Products/Services: | Physical TherapyGroup Exercise Classes for people dealing with chronic illnessMassage TherapySupport Group and events for Caregivers | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Health & Wellness

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| **Wellness Associates of Greater Rochester LLC** | **Megan Clifford** | **585-278-2231** | **megan@wellnessrochester.com** | **https://www.wellnessrochester.com/** |
| Products/Services: We provide programming to address mental health and wellness from a prevention and early intervention perspective. We provide workshops, trainings, one on one coaching, group coaching and other services to organizations to assist them in assessing, developing, and implementing best practices in mental health and wellbeing for their employees and the people that they serve. Our main services include Mental Health First Aid, Youth Mental Health First Aid, Teen Mental Health First Aid and Self Help Plus. We provide mentoring and support to newly certified instructors to enable them to increase the scope of their impact. | | | | |
| **WBE** | | | | |
| **Work and Slay with Tay** | **Leonte Paul** | **585-698-7264** | **taypaul@slaywithtay.com** | **www.workandslaywithtay.com** |
| Products/Services: Group exercise classes; virtual group and one-on-one sessions; private exercise classes; team building classes health and wellness coaching | | | | |
| **MWBE** | | | | |
| **XXM Nutrition** | **Jia Guo** | **443-983-0035** | **JOHNGUO@XXM-NUTRITION.COM** | **www.xxm-nutrition.com** |
| Products/Services: Magnetic nanoparticles (MNP): MNP-SiO2, MNP-CooH, MNP-NH2, MNP-streptavidin, MNP-GMA, MNP-NTA-Ni, NMP-antibodies. Blood DNA extraction and purification kit, Saliva DNA/RNA extraction and purification kit, Plasmid DNA extraction Kit, Urine DNA extraction and purification kit. | | | | |
| **MBE** | | | | |

## Healthcare Administration

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| **Aidans Voice** | **Jacquelyn Smith** | **281-642-4794** | **jacquelyn@aidansvoice.net** | **N/A** |
| Products/Services: Healthcare primarily managed care consulting. Focus on MLTSS, Medicaid and Medicare. Advisor to technology companies developing innovative models to address SDOH concerns. | | | | |
| **MWBE** | | | | |
| **Enhance Solution LLC** | **Keith Nelson** | **585-305-6653** | **elkeitho@icloud.com** | **www.enhancesolutionsllc.com** |
| Products/Services: Medical coding audits insurance payments and all medical billing | | | | |
| **MBE** | | | | |
| **Horizon Care LLC** | **Dilli Ram Adhikari** | **614-930-7074** | **dechintranational1@yahoo.com** | **N/A** |
| Products/Services: Consumer Directed Program | | | | |
| **MBE** | | | | |
| **iloWae LLC** | **Jasmine Sumter** | **704-750-5655** | **ilowae.wellness@gmail.com** | **www.ilowae.com** |
| Products/Services: Medical Claims ProcessingMedical Coding ServicesRevenue Cycle Management Claim Denial ManagementElectronic Health Records (EHR) IntegrationCompliance and AuditingConsultation and TrainingRevenue OptimizationAccounts Receivable ManagementCustomized Reporting | | | | |
| **MWBE** | | | | |
| **MJL Consulting Group LLC** | **Marshee Love** | **585-490-5047** | **mlove@mjlconsultinggroupllc.com** | **N/A** |
| Products/Services: Medicaid Consulting, Notary Services, and Tax Preparation Services | | | | |
| **MWBE** | | | | |
| **NAO Medical** | **Priti Jain** | **910-310-3371** | **suris@naomedical.com** | **N/A** |
| Products/Services: Nao Medical has more than a dozen locations! We are M/WBE certified with the city of New York. Nao Medical is a full service Medical Center that offers Primary Care, Urgent Care, Occupational Health Services, Mental Health Services, CustomizedNutrition Programs and Women's Health Services. We are also licensed in multiple states. Our Company has been in existence for over 12-years providing urgent care medical services for patients within the communities they live in, PCP visits as well as customized occupational health services for many different employers ranging from home health agencies to extremely large corporations. In addition to serving our communities, Nao Medical can provide healthcare services on site;both at patient residences and places of business for our corporate clients. | | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Healthcare Administration

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| **NewVolt Solutions, Inc.** | **Christopher Fallon** | **585-729-6429** | **cfallon@newvoltsolutions.com** | **www.newvoltsolutions.com** |
| Products/Services: | NewVolt Solutions has two main healthcare analytics products: PSO Pulse and NVDP. PSO Pulse is a HIPAA-compliant patient safety analytics tool that is being used by patient safety organizations to analyze member hospital data and give them insights to reduce harm and inequities in their organizations. NVDP is a data platform that leverages AI and NLP to normalize and standardize healthcare data and other unstructured data. | | | |
| **MBE** | | | | |
| **Purposeful Concepts LL** | **Barbara Lake** | **928-399-0444** | **barbara@purposefulconceptsllc.com** | **www.purposefulconceptsllc.com** |
| Products/Services: | Purposeful Concepts LLC. (PCLLC) provides Educational Support Services, Custom Curriculum and Program Development, through a hybrid in-person and online delivery that includes multiple language translation on our website. Our Professional Consulting Services focus on multigenerational programs and people from all walks of life. Ask us about our Youth Development and Life Skills programming as we are eager to network and share with others interested in partnerships and education in Health & Human Relations, and Economic Development. What some call SDOH! | | | |
| **WBE** | | | | |

## Human Resource Consulting

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| **All Things DEI Consulting** | **Evelyn Parker** | **585-537-8234** | **evelynparker0@gmail.com** | **www.allthingsdei.org** |
| Products/Services: | Specializing in DEI, social issues, workplace culture and leadership for higher education, non-profit, corporate, agencies and others: Authentic and Transparent Keynote Speaker; Workshops and Seminars; Speaking Events; Coaching and personalized training; Strategic Plans (1-3 years)<br>Qualitative and quantitative data analysis; Open Dialogue and surveys for leaders and employees; Policy and Guidelines for Diversity, Equity and Inclusion; Board committee advisement; Individualized DEI Plan and Courses<br>DEI content delivered to groups; Conversation, facilitation around educational content; Strategies for stressful situations<br>Mentoring; Coaching; Advising | | | |
| **MWBE** | | | | |
| **Cepero Diversity & Human Resources Consultancy** | **Fernan Cepero** | **585-738-6384** | **fernanc@ceperodiversityhumanresourc** | **NA** |
| Products/Services: | Human Resource consultingDiversity, equity, and inclusion consulting | | | |
| **MBE** | | | | |
| **EAVI LLC** | **Valerie Wackman** | **585-705-2723** | **eavinyllc@gmail.com** | **www.eavillc.com** |
| Products/Services: | EAVI LLC is a veteran-owned professional services firm providing expert HR consulting, mediation, and mobile notary services for individuals and small businesses. By offering multiple services under one trusted name, EAVI LLC helps clients save time, reduce stress, and move forward with confidence.<br><br>We take a people-centered, ethical approach—offering clear guidance, practical solutions, and dependable support when it matters most. Our work is backed by credentialed expertise, including SHRM-certified HR consulting, NY-certified mediation, and NYS notary services. | | | |
| **MWBE** | | | | |
| **MM Inclusion Solutions** | **Mararet Cousin** | **585-975-9793** | **maggie@inclusionsolutionsllc.com** | **www.inclusionsolutionsllc.com/** |
| Products/Services: | Online courses and consulting related to Diversity, Equity, and Inclusion, Title IX, and Sexual Harassment Prevention for schools and businesses. | | | |
| **WBE** | | | | |
| **Moore Benefits Solutions LLC** | **June Moore** | **585-880-6854** | **jmoore@moorebenefitssolutions.com** | **www.moorebenefitssolutions.com** |
| Products/Services: | Human Resources Consulting Services - HR Needs Assessment, Expert HR Guidance and Dedicated Support to assist with Employee Related Matters (phone/email), Process and Procedure Documents and Other HR Projects (Disciplinary Process, Job Descriptions, Performance Review Procedures), Interim and Outsourced HR Support, HR Organizational Structure, Sexual Harassment Prevention, Manager & Supervisor, Conflict Resolution and Other HR Trainings.Benefits Administration Services - Employee Benefits Program Design, New Hire Benefits Onboarding, Broker and Carrier Liaison, Employee Advocate/Issue Resolution, Open Enrollment Project Management, ACA Reporting, Wellness Program Design, HIPAA Compliance. | | | |
| **MWBE** | | | | |
| **New Genesis Pathfinder, LLC** | **Diana Benjamin** | **718-400-6171** | **Diana@newgenesispathfinder.com** | **https://newgenesispathfinder.com** |
| Products/Services: | MWBE Compliance and Reporting, DEI Training/curriculum design, Certification processing, Supplier Diversity/Procurement consulting, Business Coaching/ Technical Assistance and Navigating Government processes. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Human Resource Consulting

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| **Plan-It Eboni, LLC** | **Eboni White-Henderson** | **585-454-9779** | **thrive@planiteboni.com** | **www.planiteboni.com** |
| Products/Services: | Human Resource Development consultingPersonality Awareness Coaching - personal developmentExecutive Coaching - authentic leadership coachingStrategic Planning - organizational personality-based L&D programmingMBTI Workshops - Myers-Briggs Type Indicator (MBTI) personality assessmentsPsychological Safety Development - team and organizational workplace psychological safety training and coaching | | | |
| **MWBE** | | | | |
| **sayhii LLC** | **Amy Gurkse** | **360-632-2532** | **amy@sayhii.io** | **www.sayhii.io** |
| Products/Services: | Sayhii is a background app and employee activation tool that asks an automatically prompted question as the first thing an individual sees, daily. It's architecture agnostic and takes the answers, determines the individual need, and activates the individuals to the right individual to have the right conversation to meet their needs. | | | |
| **WBE** | | | | |
| **SEE HR & Recruiting** | **Herman Parson** | **585-236-9968** | **herman@goseehr.com** | **www.goseehr.com** |
| Products/Services: | Recruiting, Handbooks, HR Support, Leadership training, Sexual Harassment Prevention Training, Payroll processing support.. All other HR needs | | | |
| **MBE** | | | | |
| **True North Executive Solutions. LLC** | **Michelle Lee** | **585-300-1574** | **mlee@truenorthexecutivesolutions.com** | **www.truenorthexecutivesoloutions.com** |
| Products/Services: | Consultancy providing strategic planning, organizational assessments, HR evaluations, board development services, compensation planning and design and pre-legal M&A review | | | |
| **WBE** | | | | |
| **Twin Star Diversity Trainers** | **Lauren Wadsworth** | **585-764-8748** | **lauren.p.wadsworth@gmail.com** | **lauren.p.wadsworth@gmail.com** |
| Products/Services: | Diversity training and consulting | | | |
| **WBE** | | | | |
| **Victoria Consulting Services Inc.** | **Victoria Yuzbasheva** | **716-861-8981** | **ygvictoria@yahoo.com** | **N/A** |
| Products/Services: | Victoria Consulting Services, LLC provides professional business services specializing in workforce, operational, and administrative solutions.<br><br>• Management and Operational Consulting – development of company structures, workflow systems, and standardized protocols that improve efficiency, compliance, and service delivery (NAICS 541611).<br>• Human Resources Consulting – organizational planning, policy creation, and employee relations support for small to mid-sized businesses (NAICS 541612).<br>• Professional and Workforce Training – customized training programs for leadership development, compliance, workplace safety, and performance management (NAICS 611430).<br>• Temporary Staffing Services – recruitment, placement, and supervision of qualified personnel for administrative and transportation support roles (NAICS 561320).<br>• Payroll and Administrative Services – payroll setup, timekeeping structure, and compliance consulting to streamline back-office operations (NAICS 541214). | | | |
| **WBE** | | | | |
| **Virtuous Consulting Services, LLC** | **Loretha McCullough** | **585-576-6862** | **virtuouscsllc@gmail.com** | **www.virtuouscsllc.com** |
| Products/Services: | CoachingProfessional Resume WritingPolicy & Procedure DevelopmentCredit Establishment / RestorationWorkplace Rights & Equality EducationHR Related Training & DevelopmentSmall Business EstablishmentNotary Services/Training | | | |
| **MWBE** | | | | |
| **VMS Strategic Resources** | **Velvet Lewis** | **585-694-2485** | **infovmsstrategicresources@gmail.com** | **N/A** |
| Products/Services: | Business consulting services, Business & marketing plans, HR solutions such as handbook, procedures, policy and manual creation, business development, contracts, training manuals and curriculum development, professional development training, grant writing services. | | | |
| **MWBE** | | | | |

## Information Technology Services

| Name | Contact | Phone | E-Mail | Website |
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## Information Technology Services

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| **AcendPro LLC** | **Oliver Akinrele** | **631-875-3282** | **oliver@acendpro.com** | **https://www.acendpro.com/** |
| Products/Services:<br>**MBE** | AcendPro LLC is a New York City Certified Minority Business Enterprise (MBE) delivering enterprise technology consulting, digital transformation, cloud modernization, AI, software engineering, and strategic advisory services. Led by an executive with 20+ years of Fortune 500 and public-sector leadership experience, AcendPro helps organizations modernize technology, accelerate innovation, improve operational performance, and achieve measurable business outcomes. | | | |
| **AMBERSTONE DIGITAL SOLUTIONS CORPORATION** | **VENKATA CHELLI** | **518-618-8622** | **contact@amberstonedigitalsolutions.co** | **www.amberstonedigitalsolutions.com** |
| Products/Services:<br>**MBE** | Amberstone Digital Solutions Corporation is a specialized Information Technology services firm delivering comprehensive Computer Systems Design and Consulting services (NAICS 541512).<br>We help organizations architect, modernize, and operationalize their IT systems and data platforms by integrating siloed environments and transforming data into a strategic enterprise asset. | | | |
| **Applied Intellect LLC** | **Sanjeev Sharma** | **720-703-1666** | **sanjeev.sharma@ap-in.com** | **www.ap-in.com** |
| Products/Services:<br>**MBE** | IT Consulting and Staffing Services.<br>Application & Software Services<br>Managed IT Services<br>Cybersecurity Services<br>Cloud Services<br>IT Infrastructure & Networking<br>IT Consulting & Strategy<br>508 Compl<br>Automated Testing<br>Application Service Desk<br>Staff Augmentation | | | |
| **Artech L.L.C.** | **Ranjini Poddar** | **973-998-2500** | **diversity@artech.com** | **www.artech.com** |
| Products/Services:<br>**MWBE** | Artech provides comprehensive Workforce Solutions including Contingent Staffing, Project Based Services (Managed Services, SOW Services etc.), Direct Hire Services, and Payrolling Support. Artech is a minority- and women-owned business enterprise and is ranked the #1 largest women-owned IT staffing firm in the U.S.<br><br>Artech has extensive staff augmentation experience in both IT and non-IT categories, providing a variety of workforce solutions to meet the needs of its clients in support of job categories such as Information Technology (IT); Engineering; Professional and Managerial; Call Center; Clerical; Scientific, Clinical and Regulatory; HR; Legal; Sales and Marketing; Design; and Finance and Accounting.<br><br>Besides its leadership in staff augmentation services in areas such as IT, Professional and Engineering, Artech also specializes in supporting such niche areas as big data, business intelligence and data warehousing, AI and machine learning, cloud computing, mobility, and ERP. | | | |
| **BlackHawk Data** | **Maryann Pagano** | **516-318-0225** | **mpagano@blackhawk11.com** | **www.blackhawk11.com** |
| Products/Services:<br>**WBE** | Core Infrastructure solutions, such as Cisco, Arista, Fortinet. Wireless product & services<br>Cyber security consulting and product. Managed and professional services teams. Design and consultation.<br>Cloudflare, SentinelOne, Arctic Wolf and many other cybersecurity providers. | | | |
| **Boundless Connections, LLC** | **Christina Lopez** | **716-790-1476** | **clopez@boundlessconnections.com** | **www.boundlessconnections.com** |
| Products/Services:<br>**MWBE** | Computer tutoring/trainingLeadership/Management trainingCorporate retreatsDiversity, Equity, Inclusion, and Belonging Consulting/TrainingProcurement for technology (desktops, laptops, mobile phones, cables, hard drives, thumb drives, printers, paper, smart boards, monitors, touch screens, biosecurity, software, websites, etc.) | | | |
| **Brilliant Repairs** | **Briannah Williams** | **585-734-1771** | **bmw@brilliantrepairs.com** | **www.brilliantrepairs.com** |
| Products/Services:<br>**WBE** | Technology consultant specializing in consumer electronic repairs, business technology service and maintenance, social media marketing, providing residential and commercial it support | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Information Technology Services

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| **Compu-Vision Consulting, Inc.** | **Shaloo Mital** | **732-422-1500** | **certs@compuvis.com** | **www.compuvis.com** |
| Products/Services: | Since 1998, our job has been to solve our client's enterprise technology challenges by offering superior quality servicesthat are easy to adopt, cost effective and client specific. Our knowledge goes beyond the technology. We bring togetherthe world's best technology and a human approach to help clients optimize their business processes. We offer the widestgamut of Information Technology and Information Systems consulting practices. We provide clients with a balance ofengagement solutions and resource augmentation.<br>MBE/WBE & NMSDC Certified Corporation.<br>Our top assignments:<br>1. Full Life Cycle Development in Client Server Technologies (Microsoft & Java) and Oracle technologies.<br>2. ERP (eg: Oracle/SAP/Peoplesoft/Workday).<br>3. Infrastructure (eg. Help Desk/Desktop/Systems Engineers/Network Professionals).<br>4. Virtualization and Big Data Analytics (eg. Hadoop/SCALA Developers/Architects). | | | |
| **MWBE** | | | | |
| **Dani Security LLC** | **Gregory Francois** | **585-233-8290** | **gregf@danisec.com** | **www.danisec.com** |
| Products/Services: | ani Security provides managed IT and cybersecurity services to small and mid-sized businesses, healthcare practices, law firms, financial services firms, and local government municipalities across upstate New York. Services include:<br>Managed IT Services: Proactive monitoring and management of client networks, servers, workstations, and devices. Includes help desk support, patch management, software updates, hardware procurement, and day-to-day IT operations support with 24/7 monitoring and a guaranteed 1-hour response time.<br>Cybersecurity Services: Comprehensive protection against cyber threats including ransomware, phishing, malware, and data breaches. Services include endpoint detection and response (EDR), firewall management, intrusion detection, vulnerability scanning, penetration testing support, and security information and event management (SIEM). | | | |
| **MBE** | | | | |
| **Data Brilliance Software LLC** | **Timothy Taylor** | **585-512-9524** | **ttaylor@databrilliancesoftware.com** | **www.databrilliancesoftware.com** |
| Products/Services: | Data Warehousing, Web Applications, Mobile Applications, Websites, Cyber Security, Backup and Recovery, Managed IT services, Networking and Security, Cloud Base Computing, Custom System Development, Existing System development and Improvement, Information Security, Software Architecture, IT Consulting, ERP and CRM Development, GIS Application Development, Database Design and Development, Database Conversion and Web Portals, Software Testing, Enterprise Human Capital Management, Disaster Recovery Systems, Infrastructure System Design and Development, API Integration, Hosting, IT System support, Training, Business Analysis, Dashboards/Reporting, IT Staff Augmentation | | | |
| **MBE** | | | | |
| **Effervescent Consulting** | **April Dua** | **703-987-3978** | **april.dua@effervescentconsulting.com** | **www.EffervescentConsulting.com** |
| Products/Services: | Effervescent Consulting is a premier White Glove IT Managed Services Provider with over 20 years of experience in management consulting, contingent workforce solutions, strategic advisory, business transformation, and thought leadership. We specialize in optimizing enterprise business applications, including Workday, Oracle, SAP, SuccessFactors, Microsoft, AWS, Salesforce, and ServiceNow. | | | |
| **WBE** | | | | |
| **empowerONETech** | **Shaquasia Constantine** | **585-201-2150** | **contact@empoweronetech.com** | **www.empoweronetech.com** |
| Products/Services: | empowerONETech provides services in graphic design, IT consulting, no code software development, data design and visualization, and technical training and education. Our offerings include the development of custom mobile and web applications, interactive dashboards, strategic visual content such as flyers and digital invitations, and tailored tech training programs for both youth and adults. We empower organizations, individuals, and communities by delivering accessible, future-forward solutions that eliminate digital barriers, champion equity, and drive meaningful, lasting impact. | | | |
| **MWBE** | | | | |
| **Essential Tech LLC** | **Ivory Simmons** | **518-244-0125** | **ivorysimmons7@gmail.com** | **www.essential-tech52.com** |
| Products/Services: | Field Service Tech - Onsite installation, Troubleshooting, Repair, Network setup/ repair, Replacing technology, cable maintenance and patching. | | | |
| **MWBE** | | | | |
| **Forte and Family Technologies, LLC.** | **Lawrence Forte III** | **585-727-6277** | **ceo@forteandfamily.com** | **www.forteandfamilytechnologies.com** |
| Products/Services: | Web Design, Web Development, Software Programming, Digital Marketing, Social Media Marketing, CAD, Prototyping, and Logo Creation and Development, Startup Coaching, Investor Pitch Coaching | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Information Technology Services

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| **Fusion Digital LLC** | **Alyse Ferranti** | **585-746-2819** | **aferranti@fusiondig.com** | **www.fusiondig.com** |
| Products/Services: IT and AV hardware, software, solution design and implementation, installation, on-going support and break/fix to business and education. Can sell off state contracts. IT technology hardware includes computers, peripherals, servers, network infrastructure, etc. by manufacturers such as Dell, HP, HPE. IT software including cybersecurity, Microsoft 365, email protection, anti-virus, etc. IT managed service provider as well. AV hardware ranges from large format displays, projectors, interactive flat panels, audio equipment, control systems, wall mounts, cables, digital signage solutions, video conferencing solutions from manufacturers such as NEC, LG, Samsung, Clear Touch, Boxlight, Crimson, Peerless, Logitech, StarTech, Poly, etc. | | | | |
| **WBE** | | | | |
| **Global Solutions Group, Inc.** | **Bijal Mehta** | **248-767-1187** | **info@globalsolgroup.com** | **www.GlobalSolGroup.com** |
| Products/Services: Document ManagementEnterprise Document Management SolutionsLaser ficheEnterprise Records ManagementDocument Imaging System & ServicesHard Copy, Microfilm /Microfiche, Large Plan/Drawings, Audio and Visual, Magnetic MediaIT ServicesCloud HostingIT Support/Backup/Disaster RecoveryDatabase ManagementSQL/SharePointCybersecurityPhysical SecuritySecurity Cameras/CCTV/Entry Systems | | | | |
| **MWBE** | | | | |
| **GlobalPoint Inc** | **Srini Unnam** | **732-613-1124** | **Hr@globalpointinc.com** | **www.globalpointinc.com** |
| Products/Services: We are It consulting company which helps agencies and vendors with IT services. | | | | |
| **MBE** | | | | |
| **Hudson Infosec, LLC** | **Adrian Libert** | **646-206-5688** | **alibert@hudsoninfosec.com** | **www.hudsoninfosec.com** |
| Products/Services: Ayewo is our fully automated vulnerability scanning and reporting solution for cybersecurity audits and cybersecurity preparedness. It's a hardware / software solution. | | | | |
| **MBE** | | | | |
| **Industrial Staffing Services Inc.** | **Linda Block** | **732-238-6050** | **corpcompliance@equiliem.com** | **www.equiliem.com/** |
| Products/Services: ServicesWe have proven success in staffing for contract, contract-to-hire and direct placement opportunities. Equiliem can help with:<br>• Combatting Talent Shortages<br>• Staying Current on Market Trends, Pay, and Best Practices<br>• Building a Great Culture<br>• Focusing on Diversity, Equity & Inclusion<br>• Hiring for Critical Projects or Needs<br>• Determining Remote, Onsite, and Hybrid Work Models<br>• Adhering to Safety Regulations<br>• Mitigating the Cost of Labor Burden<br>• Enabling your Department's Best Use of Resources | | | | |
| **WBE** | | | | |
| **Info Advantage Inc** | **Linda Weller** | **585-331-8303** | **lweller@info-adv.com** | **www.info-adv.com** |
| Products/Services: Data backup and disaster recovery, Network security, Network monitoring and management, vCIO, IT Project Management, IT Asset Management and Lifecycle planning, IT Asset Management and Lifecycle planning, Strategic planning and IT consulting, Endpoint security, Office 365, VoIP/telephony, Cloud-based infrastructure (IaaS), On-premises server management, Mobile device management, Cyber Security, Managed Services | | | | |
| **WBE** | | | | |
| **iSECURE** | **Annette Warren** | **585-750-1506** | **annette.warren@isecurenet.net** | **www.isecurenet.net** |
| Products/Services: Cybersecurity Products: Managed Security Services, GRC Managed Services, IBM, Fortinet, Crowdstrike, Proofpoint, Varonis, Dark Trace, Recorded Future and many others - see website at www.isecurenet.net. Cybersecurity Professional Services: Tabletop, Vulnerability and Penetration testing, API Testing, Cloud Assessment and Managed Security Services. | | | | |
| **WBE** | | | | |
| **iVEDiX, Inc** | **Rajesh Kutty** | **585-317-1029** | **kutty@ivedix.com** | **www.ivedix.com** |
| Products/Services: Industrial IOT Hardware and Protocols; IOT Sensors and APIs<br>Digitize Physical Assets; Digital Twinning; Data Dimensionalization; Software design and configuration<br>API Design and Development; Advanced Analytics and visualization | | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Information Technology Services

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| **JAPStudios, LLC** | **Jenny Potter** | **518- 303-6965** | **japstudios.360@gmail.com** | **https://japbstudios.wixsite.com/japstudios** |
| Products/Services: | Digital platforms | | | |
| **WBE** | | | | |
| **K Systems Solutions** | **William Ford** | **201-273-2697** | **wford@kssnyc.co** | **www.kssnyc.co** |
| Products/Services: | IT advisory and strategic planning<br>IT Staffing & Staff Augmentation<br>Enterprise Technology Solutions<br>Software, Hardware & Licensing (Reseller Services)<br>Business Applications & Automation<br>Managed & Support Services<br>Managed IT services (partial or full) | | | |
| **MBE** | | | | |
| **Kables Computer Services** | **Knycos Ferguson** | **585-496-4376** | **knycos@kablescs.com** | **kablescs.com** |
| Products/Services: | IT Management and support, focused on Emergency Services. Provides Full IT management, including networking, device management, server administration, and training. | | | |
| **MBE** | | | | |
| **Kharma Software LLC** | **Megan Thompson** | **585-737-0833** | **megan@kharmasoftware.com** | **www.kharmasoftware.com** |
| Products/Services: | Website development, technical services such as coding on various tech stacks, domain purchases, user interface design, cloud services on Amazon Web Services, | | | |
| **WBE** | | | | |
| **Kumitech, LLC** | | **214-556-8024** | **contact@kumitech.io** | **www.kumitech.io** |
| Products/Services: | Cyber Security Strategy & Roadmap-Incident Response Plan Development-Security Policy Development-Long-Term Security Architecture DevelopmentCyber Security Advisory & Consulting Services-Kumitech' s Virtual CISO (vCISO) Services-Kumitech' s Security Architecture & Engineering ServicesSecurity Assessment-Ransomware Readiness Assessment-Information Security Risk Assessment-Cloud Security Assessment-Vulnerability Scanning AssessmentSecurity Configuration Analysis & EnhancementsKumitech Shield - Security Solutions:"Endpoint SecurityDatabase SecurityNetwork SecurityHost-based firewall (Linux)Zero Trust Security | | | |
| **MBE** | | | | |
| **LIT Technologies LLC** | **Keerthi Gangam** | **480-812-5136** | **keerthi@littechno.com** | **www.littechno.com** |
| Products/Services: | LIT Technologies LLC is a strategic staffing (IT/Non-IT), consulting and technology services company supporting commercial and government clients. Our mission is to empower organizations to enhance their business performance by leveraging skilled personnel and cutting-edge technologies. We specialize in delivering cost-effective solutions, contract, contract-to-hire SOW and full-time recruiting services, backed by a robust talent pool to meet business needs effectively. As a Small Disadvantaged Business (SDB) with SBA Women Owned and Service Disabled Veteran Owned certifications, we bring diversity and excellence to every project. | | | |
| **WBE** | | | | |
| **Maria Friske Design** | **Maria Friske** | **585-313-7351** | **mariafriske1@gmail.com** | **www.mariafriske.com** |
| Products/Services: | Web Design, Art Direction, Logo Design, Print Design, Brochure Design, Environmental Graphics Design, Banner Design, Meetings Design, PowerPoint Design, Animation Design, Brand Development, Catalog Design, Marketing Collateral Design, Poster Design, Page Layout, Flier Design, Image Editing, Digital Ad Design | | | |
| **MBE** | | | | |
| **Marsherall Partners, LLC** | **Tricia Marsherall** | **585-354-5505** | **tricia@marsherallpartners.com** | **www.marsherallpartners.com** |
| Products/Services: | Donor Database ManagementOutsourced Gift ProcessingDatabase ConsultingData AnalyticsDatabase Conversions and MigrationsDatabase AuditsDatabase TrainingFundraising Event Management | | | |
| **WBE** | | | | |
| **Mendon Group** | **Sharada Menon** | **585-565-3883** | **corporate@mendon.co** | **www.mendon.co** |
| Products/Services: | Data analytics, AI, ML, Digital Transformation, Computer Software, Programming, Web site design and development, Reseach and Development, Healthcare, Management Training, Logistic, Supply-Chain Management, Cloud Migration, SaaS, Web and mobile development, human-centered design, UX/UI, user-interface, graphic design, | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Information Technology Services

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| **Meridian Partners, LLC** | **Wilberto Martinez** | **305-444-1811** | **wil@mp.team** | **www.mp.team** |
| Products/Services: | ERP Migration ServicesERP Integration ServicesERP Maintenance ServicesCustom Computer Programming ServicesComputer Systems Design ServicesComputer TrainingAdministrative and General Management Consulting ServicesOffice Administrative Services | | | |
| **MBE** | | | | |
| **MSM-NET, Inc. dba/ MSMNET Security** | **Mark Marsh** | **312-952-8900** | **mark@msmnetsecurity.com** | **https://msmnetsecurity.com/** |
| Products/Services: | Our FedRAMP-approved cybersecurity solution provides comprehensive protection across Industrial Control Systems (ICS), Industrial Internet of Things (IIoT), IT systems, and endpoint environments, ensuring secure, compliant, and resilient infrastructure.<br><br>MSMNET Security continues to grow as the trusted partner of choice for Federal agencies, SLED organizations (State, Local, and Education), and Commercial enterprises seeking reliable, forward-thinking cybersecurity and AI solutions that meet today's challenges and anticipate tomorrow's threats. | | | |
| **MBE** | | | | |
| **Omsai Com LLC** | **Hari Gadi** | **571-235-4705** | **hr@omsai.com** | **www.omsai.com** |
| Products/Services: | IT Consulting<br>IT Training and Placement Services<br>Application Development<br>Web Development<br>SAP Solutions<br>ERP Software Solutions<br>Cloud Solutions<br>End-to-End IT Services | | | |
| **MBE** | | | | |
| **Paramint LLC** | **Samuel Okpara** | **718-249-9781** | **sam@paramint.digital** | **https://paramint.digital** |
| Products/Services: | Custom Software Development & Integrations; Custom Software Development; Mobile & Web Application Development; System Integrations (API, ERP, CRM)<br>Generative AI Solutions; Cloud Infrastructure Solutions<br>Workflow Automations; Database Management & Optimization; MWBE & DBE Certified Services<br>System Modernization (Legacy System Updates); Data Analytics & Visualization (Power BI, Retool, Reporting)<br>IT Hardware & Software Reselling; IT Hardware Resale (Dell, HP, Cisco, Lenovo, Asus, Google); Google Workspace Solutions & Integrations; Cloud Computing (Google Cloud)<br>Key Technologies; Generative AI for Automation; API & Third-Party Integrations; Cloud Computing Solutions; Business Process Automation | | | |
| **MBE** | | | | |
| **Pinnacle Solutions Incorporated** | **Suzanne Heiss** | **973-884-1020** | **sue.heiss@psi-nj.com** | **www.psi-nj.com** |
| Products/Services: | Pinnacle Solutions Inc. (PSI) is a software and consulting company providing custom financial software to banks, corporate users and Government agencies, since 1992. Synergy is PSI's suite of secure, functionally rich, web-based banking and financial applications developed using Microsoft .Net technology. The Synergy Collateral Management Application is used by NYC Department of Finance to receive inbound files from every bank and to track all city bank account balances and corresponding collateral coverage. In addition, Synergy is being used for audit purposes, to address FOIL requests and to provide NYC DOF with complete historical data for additional analytics. Synergy web-pages are fully integrated with Windows and other Microsoft products (e.g., Excel, Outlook, Word, Acrobat and Crystal reports). The Synergy Dashboard alerts the users to conditions of the collateral portfolio that need to be addressed. Synergy 's robust inquiry and reporting functions give the user the ability view and report consolidated data and to create dynamic customized reports with user defined filters. Synergy client/server technology and n- tier design is completely scalable and internet enabled with complete secure user administration. Contact us today to see if our solutions can work for your organization. | | | |
| **WBE** | | | | |
| **RAE Life LLC** | **Joseph Gibson** | **585-506-5291** | **raellc3@gmail.com** | **www.raelife.co** |
| Products/Services: | Web/Graphic Design ServicesWeb HostingPrint Production ServicesInformation Technology Services | | | |
| **MBE** | | | | |
| **Redvault Security LLC** | **Chevon Phillip** | **585-727-5749** | **cphillip@redvaultsecurity.com** | **www.redvaultsecurity.com** |
| Products/Services: | Cybersecurity: Our security solutions are affordable and designed to meet regulations and safeguard your information from cyber threats. Our team is highly trained in the latest technology to identify and respond swiftly to potential threats.- Cloud Computing: - Logistics: - IT Solutions: - Data & Analytics: - Artificial Intelligence (AI): | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Information Technology Services

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| **Rochester IT & Business Solutions** | **Brandie Shaw** | **585-236-6910** | **brandieshaw@roc-it.net** | **www.roc-it.net** |
| Products/Services: | Managed IT and Cybersecurity services | | | |
| **WBE** | | | | |
| **Rolle & Key Enterprises Inc.** | **Lydia Rolle-Key** | **347-535-9845** | **lydia@rolleandkey.com** | **www.rolleandkey.com** |
| Products/Services: | Data-driven training solutionsInstructional systems designLearning Management System (LMS)Personalized eLearning development ranging from basic to complex learning interactionsCustom instructor-led training development for both classroom and virtual environments | | | |
| **MWBE** | | | | |
| **Sligo Software Solutions Inc** | **Satish Busarapu** | **518-800-4101** | **gopala.vellanki@sligosoft.com** | **www.sligosoft.com** |
| Products/Services: | IT Staffing and Consulting, Human capital Optimization, Talent Integration | | | |
| **MBE** | | | | |
| **Tempus Network LLC** | **Paul Robinson** | **585-455-7898** | **paul.robinson@tempusnetwork.net** | **N/A** |
| Products/Services: | Cybersecurity advisory services, Governance, Risk and Compliance advisory services, Board level Business cybersecurity risk assessment, cybersecurity software guidance, Incident Response an contracted cybersecurity professionals. | | | |
| **MBE** | | | | |
| **This Good World Network LLC** | **Lisa Kribs** | **585-747-7024** | **lisa@tgwstudio.com** | **www.tgwstudio.com** |
| Products/Services: | Digital Web Design & Development / Digital & Social Advertising / SEO / E-Comm / ReportingStrategic Communications PlanningBrand & Campaign Communications /PR & Media Relations / Research & Analytics /Fundraising Strategy & CounselCreative & Branding, Brand Identity, Development & Design / Photography and Video Production/ Print Design / Audio & Podcast Production / Illustration Content Copywriting / Inbound Marketing / Email Marketing / Community Management / Lead Capture / Social Media IdentitySocial Impact InitiativesCompetitive Audits & Benchmarking /Social-Focused Partnership Strategies /Social Impact Reporting | | | |
| **WBE** | | | | |
| **Universal Equations, Inc.** | **Mensah Alkebu-Lan** | **201-431-7673** | **malkebu-lan@uequations.com** | **www.uequations.com** |
| Products/Services: | - Website Development / Redesign / Hosting (i.e. Drupal, Liferay, Adobe AEM, Modern JavaScript)<br>- Case Management / Business Automation<br>- Data Management (i.e. MongoDB, Couchbase)<br>- API & Data Integration<br>- Custom Software Development | | | |
| **MBE** | | | | |
| **V Group Inc.** | **Monika Rohila** | **609-371-5400** | **Certifications@vgroupinc.com** | **www.vgroupinc.com** |
| Products/Services: | Information Technology (IT) services, IT consulting, IT staff augmentation, IT professional services, deliverable-based IT services, software support services, digital accessibility services, data analytics, cybersecurity, business analysis, quality assurance, software and application development, website redesign and development, IT project management, and cloud computing solutions. | | | |
| **MWBE** | | | | |

## Insurance Services

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|---|---|---|---|---|
| **Cepeda Insurance Agency LLC** | **Dennisse Cepeda** | **585-629-3438** | **dennisse.cepeda@gmail.com** | **www.agents.farmers.com/ny/rochester/de** |
| Products/Services: | Commercial Insurance, auto, home, renters, landlord, vacant, pet, Medicare, Life and Health, Workers Comp, Cyber Security insurance, and many more. | | | |
| **MWBE** | | | | |
| **Deborah Ham Whitt Agency, Inc.** | **Deborah Ham Whitt** | **585-663-0960** | **deborah@deborahwhitt.biz** | **www.deborahwhitt.biz** |
| Products/Services: | Insurances for your Home, Auto, Boat, Motorcycle, Recreational Vehicles, Commercial Vehicles, Bonds, Business, Disability Income, Life, and more. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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| **Insurance Services** | | | | |
| **Flanagan Mills Insurance Agency, LLC** | **Megan Mills** | **585-678-8008** | **megan@themillsagency.com** | **www.Themillsagency.com** |
| Products/Services: | Local insurance agency partnering with several insurance carriers to provide personal, business and life insurance for our clients.For personal we have insurance products for:Auto, Home, Umbrella, Boat, Landlord, Motorcycles, Off Road Vehicles, Mobile Homes, Renters. For business we have:General Liability, Business Owners policies, Professional Liability, Cyber Liability, Workers Compensation | | | |
| **WBE** | | | | |
| **Ortolani Services Inc** | **Elizabeth Ortolani** | **585-565-9064** | **lizz@ortservices.com** | **www.ortservices.com** |
| Products/Services: | We are licensed life, accident, health insurance agents. We specialize in: individual and small group health, vision, and dental insurance (on and off exchange with the NYS of Health Marketplace), Medicare Supplement/Medigap, Medicare Part D, Medicare Advantage, NYS Disability and Paid Family Leave | | | |
| **WBE** | | | | |
| **Interior Design & Space Management** | | | | |
| **Design Space Studios** | **Brenna Thering** | **585-673-8027** | **accounting@designspacestudios.com** | **www.designspacestudios.com** |
| Products/Services: | Interior Design, Space Planning, Space Utilization Studios, Finish Selection & Specification, Furniture Space Planning, Furniture Selection & Specification, Furniture Dealership, Furniture Bid Documentation, Project Management, Interior Wayfinding & Signage, Furniture Procurement, Furniture Installation | | | |
| **WBE** | | | | |
| **Hunt Décor** | **Pamela Pratt** | **585-576-1987** | **pamelahunt1@yahoo.com** | **www.huntdecor.glossgenius.com** |
| Products/Services: | Seasonal interior designs, floral wreaths and arrangements, wall decor, Holiday (Christmas Decor) | | | |
| **MWBE** | | | | |
| **Interior Innovations** | **Laura Cueva** | **315-724-1985** | **laura.cueva@iicontractfurniture.com** | **www.iicontractfurniture.com** |
| Products/Services: | • Acoustical Elements• ArchitecturalElements• Cafeteria Seating• Classroom• Dormitory• Fixed Seating• Focused Spaces• Glass Store Fronts• Modular Casework & Lockers• DemountableModular Walls• Private Offices& Spaces• Reception• Signage• Tables• Workstations• UnderfloorTechnology &Electrical DistributionSystems | | | |
| **MWBE** | | | | |
| **Susan Clark Design** | **Susan Clark** | **585-208-0017** | **sclark@susanclarkdesign.com** | **ww.susanclarkdesign.com** |
| Products/Services: | Space planning, material and color selection, furniture selection and specification, signage and art selection and coordination, construction documents | | | |
| **WBE** | | | | |
| **The Design Initiative Inc** | **Mary-Ann Agresti** | **617-515-5418** | **magresti@thedesigni.com** | **www.thedesigni.com** |
| Products/Services: | INTERDISCIPLINARY DESIGN STUDIO CREATING ARCHITECTURAL, INTERIOR, AND SPACE PLANNING DESIGN SOLUTIONS | | | |
| **WBE** | | | | |
| **TiverBuilt LLC** | **Lindsay Prichard-Fox** | **585-623-3979** | **theteam@tiverbuilt.com** | **www.tiverbuilt.com** |
| Products/Services: | 3D Revit Modeling (BIM)Interior Design service360 LiDAR Scan Technology | | | |
| **WBE** | | | | |
| **Vargas Associates** | **Christine Vargas** | **585-730-8260** | **Christine.Vargas@VargasAssociates.co** | **www.VargasAssociates.com** |
| Products/Services: | Interior Design, Facilities Project Management, Commercial Relocation Planning, Furniture, Fixtures & Equipment (FF&E), Inventory Assessment | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|
| **Interior Design & Space Management** | | | | |
| **Workplace Interiors of Buffalo** | **Kristen Piekiel** | **315-430-7896** | **kpiekiel@wpibuffalo.com** | **www.workplaceintbuffalo.com/** |
| Products/Services: Workplace Interiors of Buffalo provides office furniture, commercial furniture, design specification, and finish selections. As well as architectural walls, ancillary furniture, workstations, and more. The services we offer are interior design, furniture installation, space planning, project management, move/relocations, design services, warehousing, tear-down & disposal. | | | | |
| **WBE** | | | | |
| **Interpreting & Translations Services** | | | | |
| **Atlantica International Group Inc.** | **Jesus Barberia** | **585-281-2110** | **jesus.barberia@atlanticainternational.co** | **N/A** |
| Products/Services: Spanish language access, cross-cultural communications, and training solutions - providing the highest quality, efficient, and competitive on-site interpretation, and translation services, for the institutional, and public sectors. | | | | |
| **MBE** | | | | |
| **E-Z translation Services Inc** | **Nazam Ali** | **585-241-9282** | **eztrochester@gmail.com** | **www.e-ztranslation.com** |
| Products/Services: Translate Foreign languages and ASL | | | | |
| **MBE** | | | | |
| **EZ Translations** | **Engin Ozay** | **585-698-8586** | **enginozay@gmail.com** | **N/A** |
| Products/Services: I provide professional Turkish–English interpretation and translation services, including simultaneous, consecutive, and sight interpretation, as well as certified written translations. My work primarily supports legal, government, medical, and business sectors. I am a Federally Certified Court Interpreter with more than 20 years of experience, regularly contracted by agencies such as the U.S. Department of Justice, Homeland Security, and the Executive Office for Immigration Review. | | | | |
| **MBE** | | | | |
| **Margha Consultants & Language Services LLC** | **Pasoon Wazir** | **585-285-0043** | **pasoonahmadw@gmail.com** | **www.marghalanguages.com** |
| Products/Services: Margha Consultants & Language Services LLC provides a wide array of intangible translation and interpretation services, primarily aimed at bridging language gaps between English and other languages. Our services encompass a diverse range of offerings, including document translation and interpretation in various fields, such as Medical and Legal Interpretation and Translation, Phone or Video Interpretation, Consecutive Interpretation, Localization, and Technical Translation. | | | | |
| **MBE** | | | | |
| **OSMOSIS Translations** | **Laura Molina** | **585-270-1004** | **laura@ospinamolina.com** | **www.ospinamolina.com** |
| Products/Services: Simultaneous and consecutive services from Spanish/English and English/Spanish.Document translation services from Spanish/English and English/Spanish.Transcription of video and audio recordings in Spanish and English. | | | | |
| **MWBE** | | | | |
| **Iron/Metal/Steel Manufacturing** | | | | |
| **G&J Contracting, Inc.** | **Crystal Jonathan** | **716-297-0389** | **gjcontracting@aol.com** | **www.gjcontracting.com** |
| Products/Services: We are associated with Ironworkers local:6,9&33. Our company employ's Union Ironworkers that install rebar & mesh in various construction sites in regions 4, 5,& 6. The following is just some of the projects: Bridge decks, Building foundations, Hospital, Universities, Stadiums, WWTP, Amazon projects, Windmills, Noise barriers and airports. Where there is rebar in a bid proposal/Job, we are qualified to install rebar in that portion of work. | | | | |
| **MBE** | | | | |
| **IntelliMetal, Inc** | **Kimberly Zapiach** | **917-859-6772** | **kzapiach@intellimetal.com** | **www.intellimetal.com** |
| Products/Services: Sheet Metal Fabrication, CNC Machining, Turning, Welding, PEMing, Powder Coating, Electo-Mechanical Assembly, Engineering for Manufacturability, Supply Chain Management | | | | |
| **WBE** | | | | |
| **Ironwood Studios Inc** | **Stacey Mrva** | **585-230-4101** | **stacey@ironwoodstudiosinc.com** | **ironwoodstudiosinc.com** |
| Products/Services: Custom metal artwork which includes public benches, sculptures, bike racks, banners and more. Host Welding Workshops for Women where folks with no experience learn how to MIG weld and create a sculpture. Offer workshops for teens and underserved groups to empower them and show them possible career options. | | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Iron/Metal/Steel Manufacturing

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|---|---|---|---|---|
| **RMG Custom Metal, LLC** | **Marisa Goodwin** | **585-698-9474** | **mgoodwin@rmgcustommetal.com** | **www.rmgcustommetal.com** |
| Products/Services: | Standing seam metal roofing, EPDM and TPO flat roofing systems, Copper, Slate, Tile roofing, Asphalt shingle roofing, custom metal fabrication for roofing and siding accessories. | | | |
| **WBE** | | | | |
| **Rusty Metals LLC** | **Jolene Lemke** | **716-481-7558** | **jolene@rustymetalswny.com** | **www.rustymetalswny.com** |
| Products/Services: | Welding fabrication and repairs, CNC plasma cutting, Equipment repairs, Custom metal signs | | | |
| **WBE** | | | | |
| **Rutner Iron Inc.** | **Carl Forty** | **585-317-3948** | **carlf@rutneriron.com** | **www.rutneriron.com** |
| Products/Services: | For over 70 years, Rutner Iron has been committed to providing our customers in Monroe County, with a comprehensive service when it comes to ornamental iron products. Whether it's a residential or commercial requirement our experts can help. Our services include iron railings, handrails, security bars, fences, gates, mobile welding, and welding repair, among others. | | | |
| **MBE** | | | | |

## IT Hardware & Software

| | | | | |
|---|---|---|---|---|
| **ComSource, Inc.** | **Denise Hanlon** | **315-682-4115** | **tstauffer@comsourceny.com** | **www.comsourceny.com** |
| Products/Services: | IT hardware, software and services covering data center, networking, security, collaboration, cloud services, personal computing, professional and managed services and staff augmentation. We sell products from over 90 manufacturers including Dell, Cisco, IBM, HPE, Commvault, Clear Touch and many others. | | | |
| **WBE** | | | | |
| **Concern Center, Inc.** | **Erin Halligan-Avery** | **315-657-7426** | **erin@concerncenter.com** | **www.concerncenter.com** |
| Products/Services: | We sell software that takes an organizations existing resources and displays them in a way that is more intuitive for the user to find the help that they need. | | | |
| **WBE** | | | | |
| **Executive Consultants United, LLC** | **Wheeler Coleman** | **312-268-5829** | **bid@ec-united.com** | **www.ec-united.com** |
| Products/Services: | EC-United is a minority owned consulting firm with a focus on 1) reselling various computer manufactures products and services, 2) Strategic IT Consulting Services, and 3) Contingent Labor. Our Value-Added Reseller (VAR) business resell computer manufacturers hardware (Laptops, Desktops, Servers, Network Hardware, etc.) and software (Security, Operating Systems, etc.) products through a Distributor. We are headquartered in Chicago Illinois with offices in Atlanta, Detroit, Dallas, and Fort Lauderdale. All EC-United offices support EC-United sales operations. All EC-United offices perform the same function. | | | |
| **MBE** | | | | |
| **Itegix LLC** | **Sean Hennessey** | **631-479-2427** | **shennessey@itegix.com** | **www.itegix.com** |
| Products/Services: | VAR, representing tier 1 brands of technology manufacturer's as an authorized reseller partner. Working with leading distributors and suppliers, focusing on sales to local gov't in NY. | | | |
| **MBE** | | | | |
| **MedTec InterLinx, LLC** | **Sandeep Krishnan** | **585-329-1625** | **sandeep.krishnan@medtecintl.com** | **www.medtecintl.com** |
| Products/Services: | Computers (PCs & Laptops), Printers, Data networking equipment (routers, switches etc.), Wi-Fi systems and access points, | | | |
| **MBE** | | | | |
| **Quality and Assurance Technology Corp** | **Marcos Merced** | **646-453-7119** | **diversity@qnatech.com** | **www.qnatech.com** |
| Products/Services: | IT hardware, software, and services resales | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## IT Hardware & Software

| | | | | |
|---|---|---|---|---|
| **SYNACT, Inc.** | **Sarah Computer** | **410-491-2122** | **sarah.compter@synact.net** | **www.synact.net** |
| Products/Services: | Design, configuration and support for Microsoft Dynamics 365 and Microsoft Power PlatformDesign, configuration and support for Microsoft 365 productivity tools, such as Microsoft Teams, Planner and OneNote | | | |
| **WBE** | | | | |

## Janitorial Supplies

| | | | | |
|---|---|---|---|---|
| **ABT PRODUCTS & SERVICES, LTD** | **Lisa Horchos** | **516-380-9924** | **lhorchos@abt-products.com** | **www.abt-products.com** |
| Products/Services: | ABT is a WBE Wholesale supplier of industrial supplies, janitorial supplies and safety equipment. ABT also supplies transit fleet parts | | | |
| **WBE** | | | | |
| **Economy Products & Solutions Inc.** | **Denise Wesley** | **585-482-5340** | **dwesley@epsroc.com** | **www.economyproductsandsolutions.com** |
| Products/Services: | Economy Products & Solutions Inc. is a Woman-Owned, Rochester based wholesale distributor of Janitorial Supplies & Equipment, Packaging Materials, Printing & Office Paper, Green Seal Products, Safety Products, Food Processing, and Wide Format Paper & Printers. We have been servicing Customers in the Rochester-area since 1936. We are passionate about providing competitive pricing accompanied by the highest level of service and product possible. We are not only committed to being of great service to our customers, but we are also committed to the environment as well. | | | |
| **WBE** | | | | |
| **Elite Relations,LLC** | **George Strickland** | **585-664-5877** | **stricklandgeorge51@gmail.com** | **www.elite-relations.com** |
| Products/Services: | Maintain a clean and well-functioning environment with our extensive range of janitorial and maintenance products. From cleaning agents to waste management solutions, we ensure that your facilities are always in top condition, promoting safety and hygiene. Our products cater to all facility sizes, ensuring that your operational needs are met with efficiency. | | | |
| **MBE** | | | | |
| **Jobena Corporation** | **Jaime Ruggiero** | **716-578-2173** | **jaime@jobena.com** | **www.jobena.com** |
| Products/Services: | Janitorial supplies, kitchen equipment, paper products for bars and restaurants, China and glassware, restaurant furniture, computer cable, server racks | | | |
| **WBE** | | | | |
| **One Stop Janitorial** | **Angella Luyk** | **585-414-6960** | **angella@onestoprochester.com** | **www.onestoprochester.com** |
| Products/Services: | We are a full service distribution company that offers everything from office supplies, janitorial supplies, food service items, printing, promotional items and printing needs. | | | |
| **WBE** | | | | |

## Janitorial/Post Construction/Demolition/Asbestos

| | | | | |
|---|---|---|---|---|
| **1 Essential Construction Group Inc** | **Marcus Haygood** | **585-957-0794** | **essentialconstructiongroupinc@gmail.c** | **N/A** |
| Products/Services: | 1 Essential Construction Group, specializes in supporting government and commercial projects that require interior demo and or Abatement services. | | | |
| **MBE** | | | | |
| **A.L Cleaning** | **Brian Johnson** | **585-683-9259** | **donnarossmoore@icloud.com** | **N/A** |
| Products/Services: | Commercial cleaning, floor stripping/waxing, sanitizing, windows | | | |
| **MBE** | | | | |
| **AAC Contracting, LLC** | **Michelle Schleher** | **585-967-1983** | **mschleher@aac-contracting.com** | **www.aac-contracting.com/** |
| Products/Services: | Asbestos AbatementMold RemediationLead Paint AbatementPCB RemediationSite RemediationMercury RemediationDisinfecting & SanitizingFireproofing Fire StoppingSelective DemolitionStructural DemolitionControlled ACM DemolitionMEP DemolitionFloor Shot Blasting & GrindingCold Jet Dry Ice BlastingHigh Pressure Water Jet CleaningIndustrial CleaningEquipment & Process Dismantling | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Janitorial/Post Construction/Demolition/Asbestos

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|---|---|---|---|---|
| **Acosta Detailed General Services** | **Alexander Acosta** | **585-615-1983** | **alexanderacosta19.aa@gmail.com** | N/A |
| Products/Services: | Interior/ Exterior cleaning, general property maintenance, painting, procurement assistance, furniture assembly | | | |
| **MBE** | | | | |
| **ACS Property Professionals** | **LaCresha Scott** | **585-524-6370** | **acspropertyprofessionals@gmail.com** | www.acsprop.com |
| Products/Services: | Post-construction cleaning services (Rough and final cleans), Residential and commercial turn-over cleaning services, interior residential painting services. | | | |
| **MWBE** | | | | |
| **AFM Professional Services LLC** | **Robert Holley** | **585-415-2406** | **rawholley@gmail.com** | N/A |
| Products/Services: | Asbestos environmental services (abatement), Fireproofing (installation), Mold remediation, Select demo(soft demo),Masonary contractor,concrete installation | | | |
| **MBE** | | | | |
| **Bells 5-Star Cleaning** | **Traci Brook** | **585-448-7319** | **traciibrock8@gmail.com** | NA |
| Products/Services: | Residential and commercial cleaning services | | | |
| **MWBE** | | | | |
| **Best Construction and Remediation Group LLC** | **Delaney Best** | **716-725-5281** | **bigd61@bestconstructionandremediatio** | N/A |
| Products/Services: | Asbestos Services: Asbestos abatement, Asbestos removal, Surveys, Inspections, Project Design, Project Monitoring, Mold and Lead Remediation, Post Construction Cleaning, HVAC Cleaning, Small GC Work,<br>Interior Demolition, Selective Demolition | | | |
| **MBE** | | | | |
| **B-Roc Construction Inc** | **William Bell Jr.** | **315-877-8894** | **banrcontracting@gmail.com** | N/A |
| Products/Services: | Construction cleaning, debris removal, demolition, selective demolition | | | |
| **MBE** | | | | |
| **Brown Cleaning Service 585 LLC** | **Taye Brown** | **585-415-9226** | **browncleaningservice786@gmail.com** | N/A |
| Products/Services: | rown Cleaning Service 585 LLC is a certified Minority- Owned Business Enterprise (MWBE) based in Rochester, New York, providing professional janitorial and cleaning services to residential, commercial, and government clients. We are committed to delivering high-quality, reliable, and cost-effective cleaning solutions that meet the standards required by public sector agencies and regulated environments.<br><br>Our core services include routine janitorial services, deep cleaning, office and facility maintenance, move-in/move-out cleaning, and customized cleaning programs tailored to client specifications. We are equipped to service offices, multi-unit residential properties, and small-to-mid-sized commercial facilities, with flexible scheduling to minimize disruption to daily operations.<br><br>Brown Cleaning Service 585 LLC emphasizes compliance, safety, and consistency in every project. Our team follows established cleaning protocols and industry best practices, with a strong focus on sanitation, attention to detail, and accountability. We are committed to maintaining clean, healthy environments that support productivity and public safety.<br><br>As an MWBE-certified business, we help agencies and contractors meet supplier diversity and participation goals while delivering dependable, high-quality service. We are dedicated to building long-term partnerships through professionalism, transparent communication, and consistent performance. | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Janitorial/Post Construction/Demolition/Asbestos

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|---|---|---|---|---|
| **C & C Miraculous Cleaning Services** | **Charles Taylor** | **585-200-9077** | **getthaddious@hotmail.com** | N/A |
| Products/Services: | Cleaning building interiors during and immediately after construction<br>Janitorial services<br>Window cleaning services,<br>Carpet cleaning services<br>Cleaning of Medical Facilities & Charter Schools | | | |
| **MBE** | | | | |
| **C4J Cleaning LLC** | **Claudius Scott** | **585-410-7250** | **c4jcleaningllc@gmail.com** | N/A |
| Products/Services: | Commercial Janitorial Services | | | |
| **MBE** | | | | |
| **Callahans Cleaning Services LLC** | **Linda Callahan** | **585-371-8482** | **ccallahancleaning@gmail.com** | N/A |
| Products/Services: | Residential and commercial cleaning services, including but not limited to: general cleaning, deep cleaning, move-in/move-out cleaning, post-construction cleaning, office cleaning, sanitizing and disinfecting services, kitchen and bathroom cleaning, floor care (sweeping, mopping, vacuuming), trash removal, and organizing services. We provide customized cleaning plans based on client needs and ensure high-quality, reliable, and professional service. | | | |
| **MWBE** | | | | |
| **Chellies Wash House** | **Tachelle Parson** | **585-215-3280** | **chelliewashhouse@yahoo.com** | www.chelliesWashHouse.com |
| Products/Services: | Mobile Laundry & Home Cleaning service | | | |
| **MWBE** | | | | |
| **Clean Hub Inc** | **Blaine Brinson** | **585-738-0127** | **Cleanhub219@gmail.com** | N/A |
| Products/Services: | commercial cleaning business that focuses on retail, small and big buildings clean as such as vacuuming, dusting, buffering and more | | | |
| **MBE** | | | | |
| **Cleaning Enterprises Inc.** | **Willie Campbell** | **585-910-3336** | **c.enterprises.inc@mail.com** | N/A |
| Products/Services: | Commercial Cleaning / Residential Cleaning : Restoration, Sanitation, Decontamination, Deep cleaning, information on how maintain with taught easy to follow instructions. | | | |
| **MBE** | | | | |
| **CNS Construction** | **Carolyn Cowart** | **585-957-0405** | **Carolyn.cnsconstruction7@gmail.com** | N/A |
| Products/Services: | Detail cleaning of buildings. Commercial cleaning and residential cleaning. Sweeping, mopping, dusting, making beds, move in and move out cleaning, pre and post construction cleaning, removal of debris, window cleaning, Interior and some exterior cleaning, | | | |
| **MWBE** | | | | |
| **Combat Cleaning Services Inc.** | **Kevin Woody** | **585-905-9046** | **info@combatcleanings.com** | www.combatcleanings.com/ |
| Products/Services: | Carpet cleaning, tile and grout cleaning, upholstery cleaning, pet, stain & odor removal, stone, wood floor and granite countertop cleaning services. | | | |
| **MBE** | | | | |
| **Compass Evaluation and Consulting** | **Chelsea BaileyShea** | **585-978-9826** | **chelsea@compassevaluation.com** | www.compassevaluation.com |
| Products/Services: | I am an external evaluator. I help individuals move from wondering how much they are achieving their goals to measuring their impact and using those data to build and improve programs and experiences. I provide services such as: creation of data collection tools, survey design, focus group/interview administration, data analysis, reporting, and consultation. | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Janitorial/Post Construction/Demolition/Asbestos

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|---|---|---|---|---|
| **Concrete Rose Design LLC** | **Marquita Rugless** | **585-303-4214** | **concreterosedesign@hotmail.com** | **www.ConcreteRoseDesign.com** |
| Products/Services: | Concrete Rose Design LLC provides interior site preparation, property cleanout, debris removal, and post-construction cleaning services for residential and commercial properties.<br>Interior Site Preparation (Non-Structural Tear-Out): Preparing interior spaces for renovation or remodeling through selective, non-structural removal of interior finishes, including cutting and removing drywall, removing carpet, hardwood, laminate, vinyl, and tile flooring, and removing cabinets, countertops, fixtures, trim, and other interior finishes. All tear-out work is non-structural; we do not remove load-bearing walls, perform structural demolition, or conduct building teardowns, excavation, or earthmoving.<br>Property Cleanouts and Debris Hauling: Full and partial cleanouts of residential and commercial properties, including estate cleanouts, rental turnover cleanouts, foreclosure and pre-sale cleanouts, and removal of furniture, appliances, and accumulated household or commercial contents. We load, haul, and properly dispose of all nonhazardous debris, including renovation debris generated from our own tear-out work.<br>Post-Construction and Deep Cleaning: Detailed cleaning of newly built or renovated spaces to make them move-in or client-ready, including dust and debris removal, surface cleaning, window and fixture cleaning, floor cleaning, and final punch-list cleaning for contractors, builders, and property owners.<br>We do not handle, transport, or dispose of hazardous materials, including asbestos, lead paint, chemicals, or biohazards. | | | |
| **MWBE** | | | | |
| **Crown Legacy Group LLC** | **Viktoria Love** | **585-953-1019** | **allnationsolutionco@gmail.com** | **N/A** |
| Products/Services: | All Nation Solution Co. (ANS), operated by Crown Legacy Group LLC, is a Western New York based commercial and residential cleaning company founded in 2025 and headquartered in Rochester, NY. Co-owned by Viktoria Love and Maryna Yankevich, ANS provides professional janitorial services to automotive dealerships, short term rental properties, and residential clients throughout the region. Our mission is to provide dependable, professional cleaning services that consistently exceed customer expectations through quality workmanship, honesty, reliability, and attention to detail with the vision of becoming Western New York's most trusted commercial cleaning company. ANS is minority owned women owned and committed to building a skilled, accountable workforce delivering consistent results for every client. | | | |
| **WBE** | | | | |
| **Dimensional Services Inc** | **Brenda Sylver** | **585-469-8476** | **BRENDA@DIMENSIONALSVC.COM** | **WWW.DIMENSIONALSVC.COM** |
| Products/Services: | COMMERCIAL JANITORIAL, COMMERCIAL CLEANING, FLOOR CARE, STRIPPING, WAXING, BUFFING FLOORS, CARPET CLEANING, UPHOLSTERY CLEANING, TILE AND GROUT CLEANING, WINDOW CLEANING, COMMERCIAL KITCHEN CLEANING. | | | |
| **WBE** | | | | |
| **Dreamcatchin Property Services** | **Jose Burgos** | **585-505-9177** | **jose@dchandymanservice.com** | **N/A** |
| Products/Services: | Janitorial Services, Landscaping services, Junk removal, Carpet and Upholstery Cleaning Services | | | |
| **MBE** | | | | |
| **Dumas Kouture LLC** | **Carolyn Dumas** | **585-481-6888** | **Dumaskouture214@gmail.com** | **N/A** |
| Products/Services: | Hospital grade cleaning services | | | |
| **MWBE** | | | | |
| **Dunbar & Dunbar Cleaning LLC** | **Lori Dunbar** | **585-642-5351** | **loriangelsns@gmail.com** | **www.Dunbarcleaningservice.com** |
| Products/Services: | Commercial Cleaning, Auto Scrubbing, Stripping and Waxing, COVID19 19 Cleaning with Disinfection and Electrostatic spray | | | |
| **MWBE** | | | | |
| **Duran Cleaning Services** | **Sebastain Duran** | **585-831-4089** | **durancleaningservices@yahoo.com** | **durancleaningservices.org** |
| Products/Services: | Commercial janitorial, junk removal services | | | |
| **MBE** | | | | |
| **Eli Cleaning Enterprises, Inc.** | **Eli Lewis** | **585-867-2233** | **elicleaning.inc@gmail.com** | **NA** |
| Products/Services: | Asbestos abatement, Asbestos removal, Commercial building janitorial services, Government building janitorial services, Institutional building janitorial services, Interior construction clean up, Exterior construction clean up | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|
| **Janitorial/Post Construction/Demolition/Asbestos** | | | | |
| **Emerald Cleaning Service** | **Melissa Cheeseman** | **315-857-3037** | **Emeraldcleaningservice585@gmail.com** | N/A |
| Products/Services: | Residential Cleanings, Move in/Move out Cleanings, Event & Party clean ups, Commercial Cleanings, Post-Construction Cleanings | | | |
| **WBE** | | | | |
| **Finishing Touch Power Washing LLC** | **Jerry Stewart** | **585-217-1442** | **jdstewart@finishingtouchpowerwashing** | https://finishingtouchpowerwashingllc.co |
| Products/Services: | Pressure washing services for residential/commercial properties, businesses, trash cans, patios, and other hard surfaces | | | |
| **MBE** | | | | |
| **Gibson Advantage Plus** | **Desiree Gibson** | **716-361-2721** | **familyservices@gibsonadvantage.org** | N/A |
| Products/Services: | Residential and commercial cleaning, Outdoor cleaning and landscaping, construction cleanup. | | | |
| **MWBE** | | | | |
| **Good Quality Cleaning Service** | **Eddie Chapple** | **585-470-7335** | **Chapple09231980@gmail.com** | N/A |
| Products/Services: | Good Quality Cleaning Service is a premier commercial cleaning company dedicated to providing in-depth cleaning solutions tailored to meet the unique needs of our clients. Our services are comprehensive and extend beyond standard cleaning tasks: Construction Clean-up, Floor Waxingin Services; Concrete Floor Services Apartment Cleaning Services: We ensure apartments are thoroughly cleaned prior to new move-ins. | | | |
| **MBE** | | | | |
| **Gr888 & Splendid Cleaning Service LLC** | **Cynthia Johnson** | **585-278-2014** | **Jordachewon233@icloud.com** | N/A |
| Products/Services: | Cleaning - Commercial FacilitiesMove in/out ServicesPost ConstructionStripping/Wax floors | | | |
| **MWBE** | | | | |
| **Greenlend Cleaning Service Company Inc.** | **Frederick Bryant** | **585-837-1126** | **Greenlendcleaning@gmail.com** | N/A |
| Products/Services: | We are a professional cleaning service, that provides general cleaning, carpet cleaning, stripping, wax, etc. | | | |
| **MBE** | | | | |
| **H2H Facility Services Inc.** | **lowanda Jones** | **585-629-6114** | **lowanda30@gmail.com** | www.h2h-facility-services.com |
| Products/Services: | Janitorial cleaning servicesWindow CleaningCarpeting CleaningPower Washing | | | |
| **MWBE** | | | | |
| **Hart Cleaning Services** | **Jake Hart** | **585-581-5548** | **hartcleaning@frontier.com** | N/A |
| Products/Services: | Janitorial & Post construction clean-up | | | |
| **MBE** | | | | |
| **Jolie Group** | **Francine Kwizera** | **585-506-1191** | **frakwize33@gmail.com** | |
| Products/Services: | Painting, janitorial, carpet cleaning | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Janitorial/Post Construction/Demolition/Asbestos

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|---|---|---|---|---|
| **KM Commercial Cleaning Inc.** | **Kai Juan Matthews** | **585-729-6894** | **kmcleaning277@gmail.com** | **N/A** |
| Products/Services: | Janitorial Services Include Green Cleaning, Office and Rest Room Services, Day Porter Services, Full Service Night Cleaning, General Detailed Services, Maintenance Services, and Window Cleaning. Specialty services include Carpet Cleaning Services, VCT Floor Stripping and Waxing, Pressure Washing, Interior Painting, Pre & Post Construction Clean Up, and Change of Occupancy Cleaning. | | | |
| **MBE** | | | | |
| **La Roca Group, LLC** | **Hilda Escher** | **585-739-0208** | **hildarosarioescher24@gmail.com** | **www.laroca.com** |
| Products/Services: | Post construction cleaning punch list taskssmall building products; light bulbs, outlet covers, carbon monoxide/smoke detectors, etc. | | | |
| **MWBE** | | | | |
| **Maximum Custom Cleaning LLC** | **Carl Forty** | **585-317-3948** | **carlf@maximumcustomcleaningllc.com** | **www.maximumcustomcleaningllc.com** |
| Products/Services: | Maximum Custom Cleaning provides a variety of services: cleaners and free consultation, moving-related cleaning, pre and post construction cleaning, office and workplace cleaning, standard cleaning, carpet and floor care services and cleaning, floor restoration, medical facilities cleaning, cleaning COVID-19 (including electrostatic disinfection), deep and precision cleanroom cleaning, commercial cleaning, commercial janitorial services, and custom cleaning. | | | |
| **MBE** | | | | |
| **MH. Construction Group Inc.** | **Marc Haygood** | **585-623-0317** | **mh.constructiongroupinc@yahoo.com** | **N/A** |
| Products/Services: | Interior Demolition, Asbestos Removal, Abatement Contractor, Drywall Installation | | | |
| **MBE** | | | | |
| **Midnight Janitorial** | **Angella Luyk** | **585-414-6960** | **angella@midnightjanitorial.com** | **www.midnightjanitorial.com** |
| Products/Services: | Commercial Cleaning Services | | | |
| **WBE** | | | | |
| **MLB Cleaning Service** | **Michelle Brown** | **315-879-1209** | **michellelbrown72@gmail.com** | **N/A** |
| Products/Services: | Building Cleaning, Sire-clean up, interior and exterior cleaning, New construction cleaning | | | |
| **MWBE** | | | | |
| **MS Cleaning and Home Improvements** | **Michael Walker** | **585-450-7164** | **youneedsanitationservices@gmail.com** | **N/A** |
| Products/Services: | Residential and commercial cleaning, landscaping, home improvements | | | |
| **MBE** | | | | |
| **New Age Cleaning Services LLC** | **Necole Jackson** | **585-290-2277** | **necolejackson88@yahoo.com** | **N/A** |
| Products/Services: | We provide commercial cleaning services that are up to date with OSHA LAWS | | | |
| **MWBE** | | | | |
| **NYC Disinfection Services INC** | **Alicia Halpin** | **347-236-1907** | **bids@nycdisinfection.com** | **www.nycdisinfection.com** |
| Products/Services: | We specialize in a range of services including restoration, janitorial services, ground maintenance, landscaping, snow removal, plumbing, electrical work, painting, wall covering, flooring (both exterior and interior), emergency response, disaster recovery, drain cleaning, and commercial building repair and maintenance. | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|
| **Janitorial/Post Construction/Demolition/Asbestos** | | | | |
| **Original Touch Cleaning & Restoration Services** | **Gregg Boose** | **585-727-4064** | **info@originaltouchcrs.com** | **https://originaltouchcrs.com/** |
| Products/Services: | Commercial Cleaning<br>Residential Cleaning<br>Crime Scene Cleaning | | | |
| **MBE** | | | | |
| **PF Cleaning Solution** | **Frank Palmo** | **585-703-9321** | **acleanstartwithus@gmail.com** | **N/A** |
| Products/Services: | Office cleaning<br>Strip and wax floors<br>Shampoo carpets | | | |
| **MBE** | | | | |
| **PPP Cleaning Service** | **Patricia Brown** | **585-737-8721** | **patty1brown3@gmail.com** | **N/A** |
| Products/Services: | Commercial Janitorial Services | | | |
| **MWBE** | | | | |
| **Praise God Cleaning Service** | **Rose Adams** | **716-255-7453** | **rose.adams1966@icloud.com** | **NA** |
| Products/Services: | Office cleaning, floor care, restroom sanitation, janitorial services, specialized cleaning. | | | |
| **MWBE** | | | | |
| **Prestige Janitorial LLC** | **Angela Calloway** | **585-733-3245** | **Prestigejanitorialetc@gmail.com** | **N/A** |
| Products/Services: | Post construction and commercial Janitorial- Bio cleaning , sewage backups , construction post cleaning, residential and commercial janitorial services | | | |
| **MWBE** | | | | |
| **QC Constructors** | **Nelson Colon** | **585-749-8253** | **qc.contracting585@gmail.com** | **NA** |
| Products/Services: | Residential, Commercial, Construction, and heavy-duty Cleaning, | | | |
| **MBE** | | | | |
| **QFS- Quality Facility Solutions** | **Juda Falkowitz** | **718-935-9923** | **bids@qfs.net** | **www.qfs.net** |
| Products/Services: | Quality Facility Solutions offers janitorial, custodial, and maintenance services, floor, stone care, and upholstery care, carpet cleaning, window washing, pressure washing, rubbish removal, pest control, landscaping, snow removal, fire, flood, mold, and emergency restoration services, mid and post-construction cleanup, porter and labor services, doormen and concierge services for the New York tri-state area. | | | |
| **WBE** | | | | |
| **RAMS ENVIRONMENTAL INC** | **Enoch Cray** | **585-685-5824** | **ecjnono@gmail.com** | **www.ramsenvironmental.com** |
| Products/Services: | Products & Services | | | |
| **MBE** | | | | |
| **Rochester Specialty Contractors** | **Lenora Paige** | **585-503-6944** | **fcmsl@frontier.com** | **www.flowercitymonitorservices.com** |
| Products/Services: | Asbestos Services: Surveys, Inspections, Project Design, Project Monitoring, Mold and Lead Remediation, Selective Demolition, Post Construction Cleaning-COVID 19 Cleaning, HVAC Cleaning Small GC Work | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|
| **Janitorial/Post Construction/Demolition/Asbestos** | | | | |
| **Rock Environmental, Inc** | **Kira North** | **508-951-2546** | **kira@rockenv.com** | **www.rockenv.com** |
| Products/Services: | Demolition, Selective Demotio, Asbestos Abateme, Lead Remediation -Residential and Commercial | | | |
| **WBE** | | | | |
| **Sheen and Shine** | **Israel Cuyler** | **585-423-2282** | **ike@sheenandshine.com** | **www.sheenandshine.com** |
| Products/Services: | Janitorial ServiceStripping / WaxingGrout CleaningCarpet CleaningWindow WashingPost-Construction Clean-Up | | | |
| **MBE** | | | | |
| **Sierra Environmental Solutions LLC** | **Luis Sierra** | **585-490-5503** | **everydaysolutionap@gmail.com** | **www.sierra-environmental.com/** |
| Products/Services: | Remediation services: including consulting to assist with the first phase testing and find the proper solution. Including remediation of Asbestos, mold, and lead. We do waste removal and pre/post construction cleaning.<br>We also help train people in the environmental field and with job development. | | | |
| **MBE** | | | | |
| **Snappie Cleaning Services LLC DBA Alliance Cleaning** | **Omar Douglas** | **646-251-7244** | **omardoug@gmail.com** | **N/A** |
| Products/Services: | Cleaning Services | | | |
| **MBE** | | | | |
| **Superior Excellence Enterprises Corp.** | **George Shoat** | **585-445-4087** | **gshoat@supexentcorp.com** | **www.supexentcorp.com** |
| Products/Services: | Full Service Janitorial/Cleaning Solutions<br>Full-Scale Post-Construction/Final Clean Services<br>Comprehensive Disinfection/ Infection Prevention Solutions<br>Specialty Care Solutions (Hard Surface Floor Care, All Surface Types, Carpet and Large Rug Cleaning) | | | |
| **MBE** | | | | |
| **Tailored Facility Services, Inc** | **Melinda Windom** | **585-729-1056** | **mwindom3@rochester.rr.com** | **www.tailored2utfscleaning.com** |
| Products/Services: | Janitorial services/Post Construction CleanupCarpet cleaningUpholstery cleaningstrip/wax vct flooringEnviro Sprays | | | |
| **MWBE** | | | | |
| **TheeCarey's Creations** | **Latrice Carey** | **585-649-4621** | **latricecarey2021@gmail.com** | **www.theecareys.com** |
| Products/Services: | Cleaning services residential commercial cleaning | | | |
| **MWBE** | | | | |
| **Thomas Construction and Maintenance** | **Ashley Thomas** | **585-455-8255** | **info@thomasroc.com** | **N/A** |
| Products/Services: | Post-construction cleaning for renovation projects and new builds, Interior demolition for renovation projects Landscape and Hardscape | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Janitorial/Post Construction/Demolition/Asbestos

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|---|---|---|---|---|
| **Top Of The Line Cleaning, Inc** | **Marcus Moses** | **716-308-8069** | **info@topofthelinecleaninginc.com** | **www.topofthelinecleaninginc.com** |
| Products/Services: | Cleaning & Janitorial<br>Facility Maintenance Cleaning<br>Post-Construction Cleaning<br>3-Phase Construction Cleaning (Rough, Final, Touch-Up)<br>Carpet Cleaning<br>Floor Care (Stripping & Waxing)<br>Window Cleaning<br>Ceiling & Vent Cleaning<br>Emergency Cleanup Services | | | |
| **MBE** | | | | |
| **Tulson Enterprise Corp** | **Karlene Edwards** | **516-395-5679** | **karlene.edwards@tulsonent.com** | **www.tulsonent.com** |
| Products/Services: | Janitorial servicesPost construction cleanTrailer cleanIndustrial cleanHeavy duty clean | | | |
| **MWBE** | | | | |
| **Van Dyke Norris Cleaning Services, LLC** | **LaTerese Matthews** | **315-516-0727** | **vandykenorriscleaning@gmail.com** | **www.vandykenorriscleaning.com** |
| Products/Services: | Janitorial/Office Cleaning Services - Office cleaning & restroomsFloor care Services - tile and grout cleaning, terrazzo polishing, waxing and buffing, VCT and concreteConstruction Cleanup - clean and restore the surfaces to their original intentionDaycare/Education Cleaning Services - cleaning and disinfecting servicesWindow Cleaning - clean windows are a reflection of your businessElectrostatic Sprayer Cleaning services - kills SARS-COV-2 and 47 other viruses | | | |
| **MWBE** | | | | |
| **Vetsworks inc** | **Allen Haynes** | **585-867-6926** | **Vetsworks@gmail.com** | **N/A** |
| Products/Services: | Presidential and commercial cleaning | | | |
| **MBE** | | | | |

## Job Training/Career Development

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|---|---|---|---|---|
| **Allegiant Safety Inc** | **Jamie McDonough** | **315-667-0591** | **Jlmcdonough@allegiantsafetyinc.com** | **N/A** |
| Products/Services: | Safety Consultation, OSHA Training and inspections. Additionally, the writing of safety manual and reviewing and revisions. Rigging and Lifting classes. | | | |
| **WBE** | | | | |
| **Another Chance Ministries Geared for Greatness** | **Gail Berkes** | **585-939-4277** | **Gailberkes@yahoo.com** | **N/A** |
| Products/Services: | Interview attire and On the Job training | | | |
| **MWBE** | | | | |
| **Ashley R. Cross LLC** | **Ashley Cross** | **585-261-0583** | **ashleyrcross87@gmail.com** | **www.ashleyrcross.com** |
| Products/Services: | Through dynamic and science-based research, Dr. Ashley Cross provides training and coaching to foster parents, adoptive parents, child welfare workers, social workers, biological parents, organizational leaders, and educators. These trainings empower professionals and parents working with and caring for vulnerable children the evidence-based skills they need to motivate. | | | |
| **MWBE** | | | | |
| **AVS Consulting Strategies** | **Annemarie Sheppard** | **585-509-7135** | **asheppard@avsconsultingstrategies.co** | **www.avsconsultingstrategies.com** |
| Products/Services: | Career Planning Services: College Essay Assistance, Professionalism Workshops, Resume Writing Workshops, Time Management Workshops, Cover Letter Writing, Student Portfolio Development, Interview Preparation, Elevator Pitch Development, Resume Writing. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Job Training/Career Development

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|---|---|---|---|---|
| **Changing Hearts and Minds LLC** | **Natasha Scott** | **253-222-9728** | **CHAHEARTSANDMINDS@GMAIL.COM** | **www.changingmindsandhearts.com** |
| Products/Services: | We provide one-to-one coaching, group coaching, mentoring, and professional development for leaders, and special and general education educators. We also provide parent workshops, behavior strategy sessions, and special education paperwork support services. | | | |
| **WBE** | | | | |
| **Chisel Collective LLC** | **Jerome Ward** | **585-353-8097** | **Rchisel585@outlook.com** | **www.Chiseledmindz.org** |
| Products/Services: | Educational and professional development services. Workforce development Training. | | | |
| **MBE** | | | | |
| **CleverEd Solutions** | **Sarah Demaray** | **850-570-7257** | **sarah@cleveredsolutions.com** | **www.CleverEdSolutions.com** |
| Products/Services: | E-Learning Course Creation, Instructional Design, Learning Experience Design, Learning Needs Analysis, Curriculum and Script Writing, Assessment Creation, Course Creation in Articulate (Storyline and Rise), Courses include Animation, Gamification, Personalization/Branching Scenarios, Feedback, and Performance Tracking. | | | |
| **WBE** | | | | |
| **Coach Shep's LLC** | **Kevan Sheppard** | **585-509-7137** | **sheppard11@gmail.com** | **www.coachshep.com** |
| Products/Services: | Camp DevelopmentYouth mentorshipNCAA college preparatory certificationAcademic advisementConflict resolutionSports trainingEvent Planning | | | |
| **MBE** | | | | |
| **Concrete Rose Publications, LLC** | **Banke Awopetu** | **832-493-6495** | **banketheauthor@gmail.com** | **www.concreterosepublications.com/** |
| Products/Services: | Educational ServicesCurriculum DesignDiversity & Inclusion ProgrammingProfessional DevelopmentAdult learningFacilitationProject ManagementEntertainment ProgrammingLesson PlansEquity Diversity Inclusion TrainingContinuing Education | | | |
| **MWBE** | | | | |
| **Consult DMC Inc.** | **Donna Cozine-Mills** | **845-826-4586** | **dmc@consultdmc.com** | **www.consultdmc.com** |
| Products/Services: | Consult DMC, Inc. is a woman owned business that focuses on Creating Organizational Culture to Maximize Leader and Employee Performance. Consult DMC Inc., led by Dr. Donna Marie Cozine, is a values-based, woman-owned, consulting firm created with the objective of developing the next generation of leaders and leadership capability throughout an organization's hierarchy to meet their strategic goals and priorities. Consult DMC, Inc. has extensive experience working in the education and not for profit sectors. Organizational Culture Development, Executive Coaching, Grants Management, Charter School Support. | | | |
| **WBE** | | | | |
| **Edify Magnify Optimize Consulting, LLC** | **Sharon Bruce** | **315-578-4546** | **sheriibee1@prodigy.net** | **www.edifymagnify.com** |
| Products/Services: | Educational and Career Consulting – Academic and Professional Development Resources, Strategies, Procedures for Post-traditional Learners, Mid-Career Professionals, Military Members/Veterans; B2G, B2B Leadership Training and Decision-making Programs for various disciplines, industries, including Government entities | | | |
| **MWBE** | | | | |
| **Four Point0 Standard LLC** | **Orane Barrett** | **860-655-9950** | **orane@koolnerdconnect.com** | **www.koolnerdconnect.com** |
| Products/Services: | Four Point0 Standard LLC bda Kool Nerd Connect [KNC] is a career education company that increases students' awareness of high-growth industries and their associated careers. As employers are struggling to find workers, KNC aims to have our students from underserved communities become candidates for employment in high demanding careers. KNC does this by producing and delivering live-online industry-career awareness courses to increase students' awareness of high-growth industries and their associated in-demand careers. | | | |
| **MBE** | | | | |
| **Hoop & Motivate** | **Johnathan Ivy** | **585-498-985** | **norman@wellnessrochester.com** | **www.hoopandmotivate.com** |
| Products/Services: | We engage youth through basketball, motivation speaking and community engagements. | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Job Training/Career Development

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|---|---|---|---|---|
| **Jadaa Mariee Beauty LLC** | **Jada Brooken** | **716-538-4159** | **jadaamarieebeauty@gmail.com** | **www.thejmbexperience.shop** |
| Products/Services: | Jadaa Mariee Beauty LLC provides specialized services in youth education, professional development, beauty industry training, and business coaching. The company delivers a variety of in-person and virtual programs designed to teach natural hair styling, entrepreneurship, and personal branding to youth, aspiring beauty professionals, and early-stage business owners. | | | |
| **MWBE** | | | | |
| **Johnson Consult, LLC** | **Pamela Johnson** | **585-754-1391** | **johnsonpamelad@outlook.com** | **N/A** |
| Products/Services: | Customized interactive soft skill trainings: Communication, Problem solving, Decision making, Teamwork, Conflict Resolution, and Leadership. • Assist with developing and/or honing in on the participate current skill set in order to use immediately on the job so that businesses can attain and retain a more skilled workforce. Holistic approach during training – Offer community resources based on the participants needs to improve performance while on and outside of the job.<br><br>• Coach and counsel, the participant in the moment based on my education/personal and professional experiences. | | | |
| **MWBE** | | | | |
| **Jsay Strategy Solutions** | **Shelby Boyd** | **585-450-9484** | **shelby.boydsb@gmail.com** | **ww.jsaystrategysolutons.com** |
| Products/Services: | Enrichment workshops and 1-on-1 consultation services | | | |
| **MWBE** | | | | |
| **Keen Conduct Corp** | **Stephen Bryant** | **585-642-9895** | **bholdhim84@gmail.com** | **NA** |
| Products/Services: | Keen Conduct Reentry Services, aims to provide comprehensive support to individuals returning to society after incarceration. We believe that everyone deserves a second chance, and we are committed to promoting Keen Conduct and helping our clients develop the skills and habits they need to succeed in their post-release lives. Our reentry services will include a range of programs and resources designed to support successful reentry. These will include:• Case management services• Job readiness training• Housing assistance• Education and training • Mental health and substance abuse services | | | |
| **MBE** | | | | |
| **Lemeilleurs School of Beauty Inc** | **Jade Reed** | **585-919-9398** | **Brandonjade2014@gmail.com** | **N/A** |
| Products/Services: | Educational services in Beauty | | | |
| **MWBE** | | | | |
| **Lorraine Bohonos Enterprises** | **Lorraine Bohonos** | **585-545-1515** | **lorrainebohonos@gmail.com** | **https://homefreeorganize.com/** |
| Products/Services: | Lorraine Bohonos is a passionate and experienced professional organizer based in Rochester, NY. Founded in 2010, Home Free Organize helps individuals and families achieve lasting organization and create functional, beautiful spaces that reflect their unique needs and styles. | | | |
| **WBE** | | | | |
| **Lujar Art LLC** | **Cory Wilson** | **585-738-4449** | **lujarartllc@gmail.com** | **www.lujarart.wixsite.com/lujarart** |
| Products/Services: | I run an art program for individuals with physical and mental disabilities. The program provides transportation and lunch. | | | |
| **MBE** | | | | |
| **Miss Sweet Potato Pie** | **Dianne Snowden-Johnsor** | **585-527-0655** | **Info@misssweetpotatopie.com** | **www.misssweetpotatopie.com** |
| Products/Services: | Children's entertainment, parties, story time, Apparel - t-shirts, book bags, books, music. | | | |
| **MWBE** | | | | |
| **NL Solutions** | **Nicolas Lamour** | **716-603-7900** | **nicolas@nl-solution.com** | **www.nl-solution.com** |
| Products/Services: | NL Solutions is committed to:• Consulting on and creating jobs and employment opportunities.• Building community and capacity around inclusive practices.• Expanding purchasing opportunities with local businesses. • Providing companies with unmatched support services.• Helping clients develop strategies that keep them competitive. • Taking the lead in improving operating systems to ensure• Fostering pride and confidence in the workplace. optimal workplace relationships.• Filling all needs of the clients' businesses to achieve success. | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Job Training/Career Development

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|---|---|---|---|---|
| **Opportunity Rocs, LLC** | **Shana Baker** | **585-730-2421** | **opportunityrocs@gmail.com** | **N/A** |
| Products/Services: | Job Development, Job Placement, Education and Training Exploration and Enrollment, Career Assessment. | | | |
| **WBE** | | | | |
| **Restart Solutions LLC** | **Wilfredo Figueroa** | **407-222-4854** | **david@restartsolutionsllc.com** | **N/A** |
| Products/Services: | Sawmill Work, Concrete Contractor, Job Training, Agricultural Manufacturing, General Freight Trucking, stamped concrete, sidewalks, driveways, pole barns, custom woodwork, flooring, CDL certified | | | |
| **MBE** | | | | |
| **Rochester Construction Training Center** | **Andrew Evans** | **585-309-1595** | **andrewevans129@gmail.com** | **www.rochesterconstructiontrainingcenter.** |
| Products/Services: | Our 90 day program introduces participants to carpentry framing, roofing, windows and doors, OSHA 10 certification, siding, insulation, drywall, masonry, plumbing and electrical. The training also includes heating, sub-floor, and painting. We also invite business to speak to the classes and they sometimes offer jobs on the spot. | | | |
| **MBE** | | | | |
| **Sankofa Studios** | **Ya'qub Shabazz** | **585-867-6752** | **info@yaqubshabazz.com** | **www.yaqubshabazz.com/** |
| Products/Services: | Art Education, Painting Workshops, DEI workshops, Fine Art, Art Prints, Gift Shop, Online Services, Arts Consulting | | | |
| **MBE** | | | | |
| **Soulstainable Living LLC** | **Tokeya Graham** | **585-362-1715** | **tokeya@soulstainableliving.com** | **www.soulstainableliving.com** |
| Products/Services: | Educational Consulting (PK-20+)Racial Equity ConsultingEducational Resource Development | | | |
| **MWBE** | | | | |
| **Spark Speak LLC** | **Maria Sepulveda** | **207-653-5519** | **maria@sparkspeakroc.com** | **www.sparkspeakroc.com** |
| Products/Services: | Spark Speak offers both workshops for large groups and coaching sessions for individuals or small groups. We cover a variety of public speaking topics, including presentations, interview preparation, and interpersonal communication. | | | |
| **WBE** | | | | |
| **The Art Administrators** | **Elizabeth Cameron** | **585-298-7361** | **elizabeth@theartadministrators.com** | **www.theartadministrators.com** |
| Products/Services: | Arts and administrator consultation | | | |
| **WBE** | | | | |
| **The Next Generation And You** | **Johnson Remy** | **857-261-0551** | **Cremy@thenextgenerationandyou.com** | **www.thenextgenerationandyou.com** |
| Products/Services: | he Next Generation And You is a company that focuses on curating personalized nature-based experiences that foster self-discovery, healing, and growth for individuals and teams, helping them reconnect with themselves, each other, and the natural world. TNG&Y provides professional development opportunities that are important for educators and professionals who are passionate about youth environmental education and workforce development. TNG&Y also provided and (and still do if requested) wide range of programs designed to provide you with opportunities to explore the environment, develop important skills, and become stewards of your community. | | | |
| **MBE** | | | | |
| **TLC ConsultED LLC** | **Tricia Crissman** | **585-615-5648** | **triciacrissman@tlcconsulted.com** | **www.tlcconsultED.com** |
| Products/Services: | Training and Professional Development ( CDA - child care; Teacher Assistant, Leadership, Diversity, and custom training for businesses, child care, schools and colleges | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Job Training/Career Development

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|---|---|---|---|---|
| **Totally You-nique Educational Consultants, LLC** | **Pamala Brown-Grinion** | **585-454-9827** | **consult@totallyyou-nique.com** | **www.totallyyou-nique.com** |
| Products/Services: | Provide training and coaching in the following areas: professional management and development, child & youth services, charm & etiquette, professional/scientific/technical services, management & consulting services, vocational/rehabilitation services, workforce development, life skills, re-entry, leadership, and personal/social skill development | | | |
| **MWBE** | | | | |
| **Virtual Work Force Inc.** | **Dshawna Dupree Singleto** | **585-370-6922** | **ddupree@virtualworkforceinc.com** | **www.virtualworkforceinc.com** |
| Products/Services: | Business Development ServicesMarketing ServicesGraphic Design ServicesOffice Administration ServicesM/WBE Certification Guidance | | | |
| **MWBE** | | | | |
| **Visions School Of Beauty** | **Kenisha June** | **585-370-1838** | **visionschoolofbeauty@yahoo.com** | **www.visionschoolofbeauty.com** |
| Products/Services: | We are a cosmetology School that offers two programs, Cosmetology (1000 clock in hours) and Natural Hair Care (300 clock hours).This curriculum does not only prepares students for the NYS board exam but also will enhance beauty professionals with business skills that'll prepare them on a successful journey in the hair and beauty industry. | | | |
| **MWBE** | | | | |
| **Wariebi & Associates, LLC** | **Stanley Ekiyor** | **585-478-9372** | **wariebi2001@yahoo.com** | **N/A** |
| Products/Services: | Wariebi & Associates, LLC equips educators and school leaders with expert-driven training specifically designed for K-12 education. Specializing in Special Education, ABA, PBIS, and Executive Leadership, we provide evidence-based coaching to enhance inclusion and student success. Our tailored solutions help schools create strong, supportive learning environments. Through our podcast and YouTube channel, Unstitching ADHD: Urban Ed. Talks with Dr. Stanley Ekiyor, we also promote ADHD awareness in urban communities. | | | |
| **MBE** | | | | |
| **Your Inner Dreams Life Coaching** | **Elisa DeJesus** | **585-260-3341** | **yourinnerdreams@gmail.com** | **www.yourinnerdreams.com** |
| Products/Services: | Individual Life CoachingGroup Life CoachingPersonal Growth WorkshopsMotivational PresentationsBook Discussion GroupsOnline Interest Groups | | | |
| **MWBE** | | | | |

## Landscaping, Mowing, & Snow Removal

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|---|---|---|---|---|
| **Alex Solano Property Maintenance** | **Alejandro Vallejos** | **315-247-9482** | **alexsolanopropertymaintenance@gmail.** | **N/A** |
| Products/Services: | Lawn maintenance, general plant care, basic garden installation, fertilization, landscape clean up, hardscaping, fence installation, gutter cleaning, flooring installation, interior residential painting, light residential electrical and plumbing work, junk removal. | | | |
| **MBE** | | | | |
| **Bartlett Lawn and Landscape** | **Nicole Bartlett** | **585-727-5032** | **bartlettlawnandlandscape@gmail.com** | **www.bartlettlawnandlandscape.com** |
| Products/Services: | Landscape Design, Landscape Consultations, Landscape Installations, Lawn Maintenance, Landscape Supplier | | | |
| **WBE** | | | | |
| **Block Work Services LLC** | **David Jones** | **585-673-5342** | **blockworkservice@gmail.com** | **N/A** |
| Products/Services: | Landscape,junk removal, paint,air duct cleaning,demolition, furniture assembly, tv mounting, other handy man services | | | |
| **MBE** | | | | |
| **Broccolo Tree and Lawn Care, Inc.** | **Laurie Broccolo** | **585-424-4476** | **DBRIDGES@BROCCOLOGROUP.COM** | **www.broccololawnandlandscape.com** |
| Products/Services: | Lawn Care, Planting, Hardscapes, Landscape Design and maintenance as well as a retail Garden Center | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Landscaping, Mowing, & Snow Removal

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|---|---|---|---|---|
| **Bryant Landscaping & Tree Servive** | **Norman Bryant** | **585-361-3104** | **bryantlandscaping25@gmail.com** | N/A |
| Products/Services: | Products provided Lawn care and maintenance<br>Tree trimming and tree removal<br>Mulching and planting<br>Seasonal spring and fall cleanups<br>Snow removal<br>Property and lot cleanups<br>Exterior property maintenance | | | |
| **MBE** | | | | |
| **Chris Lawn-n-Plow Care** | **Christopher Gayden** | **585-317-5099** | **danky25@gmail.com** | N/A |
| Products/Services: | Landscaping and snow plowing to churches apartment complexes and individual contracts | | | |
| **MBE** | | | | |
| **Colossal Landscaping LLC** | **DeWayne Rose** | **585-447-9166** | **ColossalHRandlandscaping@gmail.com** | N/A |
| Products/Services: | Landscaping services | | | |
| **MBE** | | | | |
| **Dozier Does It** | **Albert Milton** | **585-424-0355** | **dozierdoesit1@gmail.com** | ww.facebook.com/share/1FZwkYrsSm/?mi |
| Products/Services: | Landscaping, mowing,edging ,trimming,snow removal, mulching,house hold good moving and delivery | | | |
| **MBE** | | | | |
| **Gemini's Landscaping and Plowing** | **Elton Bethel** | **585-664-6387** | **geminisplowing@gmail.com** | N/A |
| Products/Services: | Gemini’s Landscaping and Plowing is a dependable, customer-focused outdoor services company providing year-round property maintenance. We specialize in professional landscaping services during the warmer months and reliable snow plowing and ice management throughout the winter season. Our goal is to keep properties safe, functional, and visually appealing all year long.<br>Our Services<br>Landscaping Services<br>• Lawn mowing and routine maintenance<br>• Spring and fall cleanups<br>• Mulching and bed maintenance<br>• Shrub and small tree trimming<br>• Residential and commercial property upkeep<br>Snow Plowing & Ice Management<br>• Driveway and parking lot plowing<br>• Walkway and entrance clearing<br>• Salting and ice control<br>• Storm-based and seasonal contracts | | | |
| **Girl Plower Landscaping** | **Bianca DiBello** | **585-737-5870** | **gina@girlplower.com** | www.girlplower.com |
| Products/Services: | Commercial and residential Snow removal and salting, commercial and residential landscaping, hardscaping, contracting, concrete | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Landscaping, Mowing, & Snow Removal

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|---|---|---|---|---|
| **Holt Property Services LLC** | **Joshua Holt** | **985-302-9728** | **holtpropertyservices585@gmail.com** | **https://www.holtpropertyservices.net** |
| Products/Services: | Snowplowing, Landscaping, Grass cutting, edging, tree and hedge trimming, lawn care, light household repairs, painting, drywall installation and repairs. | | | |
| **MBE** | | | | |
| **Hooty's Landscaping LLC** | **Brandon Ayala** | **585-354-2738** | **info@hootysexcavating.com** | **www.hootysexcavating.com** |
| Products/Services: | Excavating, Demolition, Trucking (sand, gravel, topsoil) | | | |
| **MBE** | | | | |
| **Pineda Property Maintenance** | **Peter Pineda** | **585-520-6627** | **pinedaproperties@yahoo.com** | **N/A** |
| Products/Services: | Spring/fall cleanup, trimming, pruning, garden installs, plant/tree/shrubs removal, debris removal, mulch installation, pressure washing, gutter cleaning, Christmas lighting installs, sod installs. | | | |
| **MBE** | | | | |
| **Thomas Brothers Landscape and Design LLC** | **Philip Thomas** | | **thomasbrotherslandscape@gmail.com** | **N/A** |
| Products/Services: | Mowing lawns , trimming bushes, topsoil, mulch , stone, planting , edging, paver patios, leaf clean ups , plowing, weeding, pretty much all aspects of landscaping | | | |
| **MBE** | | | | |
| **Top Lawn and Landscape** | **Alicia Ophardt** | **585-703-3279** | **office@toplawnlandscapes.com** | **www.toplawnlandscapes.com** |
| Products/Services: | Lawn Care, Lawn maintenance, landscaping, snow plowing | | | |
| **WBE** | | | | |
| **Tree Remedy Trims and Removal, LLC** | **Christie Katerle** | **584-967-7286** | **treeremedytrimsandremoval@gmail.co** | **N/A** |
| Products/Services: | Tree trimming and tree removal | | | |
| **WBE** | | | | |
| **White Boyz Snow Plowing & Landscaping LLC** | **Kevin White** | **585-414-2599** | **kwhite.sons@gmail.com** | **NA** |
| Products/Services: | Lawn mowing, edge trimming, low hanging tree limbs pruning, mulching, weeding; Fall/Spring Cleanup; Residential and Commercial Snow removal services | | | |
| **MBE** | | | | |

## Laundry & Dry Cleaning Services

| | | | | |
|---|---|---|---|---|
| **Norton laundromat inc** | **Mohammed Yousef** | **585-750-3115** | **mohyousef372@gmail.com** | **N/A** |
| Products/Services: | Norton Laundromat provides self-service laundry services for residential and local customers. The business offers coin-operated and/or card-operated washers and dryers in various sizes to accommodate everyday laundry needs.<br><br>Services include:<br>• Self-service washing and drying<br>• Large-capacity washers and dryers for clothing, bedding, comforters, blankets, and household linens<br>• Clean and well-maintained laundry facility<br>• Convenient laundry services for individuals, families, students, and local residents<br>• On-site customer assistance when available<br>• Vending machines and customer amenities (if applicable) | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|
| **Laundry & Dry Cleaning Services** | | | | |
| **Willie's Wash "N" Go** | **Willie Lightfoot** | **585-737-6152** | **willielightfoot@gmail.com** | N/A |
| Products/Services: | Wash and fold laundry services - pick up and deliver. | | | |
| **MBE** | | | | |
| **Legal Services** | | | | |
| **Fiordeliso Consulting LLC** | **Christina Fiordeliso** | **585-739-2228** | **fiordelisoconsulting@gmail.com** | N/A |
| Products/Services: | Medical and Legal Nurse Consulting services | | | |
| **WBE** | | | | |
| **J. Morgan Levy Firm, PLLC** | **Jennifer Levy** | **585-678-1160** | **morgan@jmorganlevyfirm.com** | www.jmorganlevyfirm.com |
| Products/Services: | Legal Services | | | |
| **WBE** | | | | |
| **Law Office of Charu Narang** | **Charu Narang** | **646-234-9500** | **charunarang@aol.com** | N/A |
| Products/Services: | business law, contracts law, family law, immigration law, legal counsel, patent law, trademark law, copyright law | | | |
| **MWBE** | | | | |
| **Maye Mediation, LLC** | **Chenoa Maye** | **585-806-5090** | **chenoa@mayemediation.com** | www.mayemediation.com |
| Products/Services: | Alternative dispute resolution practice specializing in mediation services for matrimonial and family (law) matters. | | | |
| **MWBE** | | | | |
| **Nearpass & Koegel PLLC** | **Catherine Nearpass** | **585-204-2029** | **kate@nearpasskoegel.com** | www.nearpasskoegel.com |
| Products/Services: | Impartial fact-finding and investigation services into allegations of misconduct, including discrimination and harassment, in a workplace. | | | |
| **WBE** | | | | |
| **The Law Firm of Janice M. Iati, P.C.** | **Janice Iati** | **585-454-6850** | **jiati@janiceiati.com** | www.janiceiati.com |
| Products/Services: | The Law Firm of Janice M. Iati, P.C. has provided legal services in civil litigation and investigations since its inception in 2008. The Firm focusing on trial defense litigation in all levels of state, federal, and appellate courts. The cases involve negligence, premises liability, contracts, products liability, and construction matters including New York State Construction Labor Laws. The firm also conducts legal training sessions for their corporate clients. | | | |
| **WBE** | | | | |
| **The Law Offices of Gregory Paul Salmon, P.C.** | **Gregory Salmon** | **585-360-0940** | **thesalmonlawfirm@gmail.com** | www.gregorysalmon.com |
| Products/Services: | Legal Services, General Counsel, Litigation, Tax Services, Business Advisory, Legal Consultation | | | |
| **MBE** | | | | |
| **The Zoghlin Group, PLLC** | **Mindy Lee Zoghlin** | **585-305-4108** | **mindy@zoglaw.com** | www.ZogLaw.com |
| Products/Services: | The Zoghlin Group PLLC and its principals have experience representing municipalities, individuals, groups and business clients regarding:• Planning, Zoning and SEQRA;• Federal and State Court litigation;• Appellate counsel;• Municipal law;• Environmental Law;• Representation before regulatory agencies;• First Amendment matters; and• Ethics matters. | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Legal Services

| | | | | |
|---|---|---|---|---|
| **Vahey Law Offices, PLLC** | **Laurie Vahey** | **585-262-5130** | **service@vaheylaw.com** | **www.vaheylaw.com** |
| Products/Services: | Legal services and representation. The practice areas the firm specializes in are business and commercial disputes, civil litigation, construction litigation, employment litigation, insurance coverage and defense, personal injury and professional defense. | | | |
| **WBE** | | | | |
| **Vivek J. Thiagarajan, Esq., Attorney-At-Law** | **Vivek Thiagarajan** | **804-432-1576** | **vjthiagarajan@gmail.com** | **N/A** |
| Products/Services: | Legal services | | | |
| **MBE** | | | | |

## Machine Shop/Tooling

| | | | | |
|---|---|---|---|---|
| **The Accurate Tools Shop, LLC** | **Temidayo Adebayo** | **585-254-2830** | **sales@accuratetoolny.com** | **www.accuratetoolny.com** |
| Products/Services: | Machining, Welding, Fabrication & Assembly of custom design. | | | |
| **MBE** | | | | |

## Marketing/Public Relations/Advertising

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|---|---|---|---|---|
| **ACE Transactions LLC** | **David Bryant** | **585-210-5828** | **David@acetransactions.org** | **N/A** |
| Products/Services: | Lead Generation; Marketing; Media Placement: Radio, TV, Digital; Word press; Website Design & Development | | | |
| **MBE** | | | | |
| **All Pro Catalyst Inc.** | **Roland Williams** | **636-368-6920** | **roland.williams@allprocatalyst.com** | **www.allprocatalyst.com** |
| Products/Services: | Sales, Public Relations, Marketing and Consulting | | | |
| **MBE** | | | | |
| **All Pro Marketing** | **Stephanie Armstrong** | **585-775-9625** | **stephanie.armstrong@allpromarketingu** | **www.allpromarketingusa.com** |
| Products/Services: | Digital Marketing, Event Production, Influencer Marketing, Celebrity Appearances, Email Marketing, Social Media Marketing, Search Engine Marketing, Search Engine Optimization, Content Marketing, Website Development | | | |
| **WBE** | | | | |
| **Aurora Design** | **Katy Kuczek** | **585-500-5740** | **katy@katykuczek.com** | **www.katykuczek.com** |
| Products/Services: | Brand development, creative direction, art direction, graphic design, copywriting, content development, websites, print advertising, digital advertising, campaigns, marketing, print collateral, magazines, newsletters, trade show displays, environmental graphics, social media, videos. | | | |
| **WBE** | | | | |
| **Avenue Blackbox Theatre Inc** | **Reenalda Golden** | **585-298-2698** | **theavenueblackbox@gmail.com** | **avenuetheatre.org** |
| Products/Services: | Live PerformancesFilm ScreeningsMultidisciplinary Arts education and trainingAfter and out of school programming for youthCommunity engagement eventsHealing arts and wellness programs | | | |
| **MWBE** | | | | |
| **BreedloveMedia, LLC** | **Traiva Breedlove** | **585-781-4986** | **traiva@breedlovemedia.com** | **https://breedlovemedia.com** |
| Products/Services: | In order to increase revenue for our clients, we offer paid advertising, direct mail, web development, landing page design, funnel buildouts, CRM buildouts & improvements, sales process training, graphic design work, lead calling services, media buying, social media advertising & promotion, TV advertising & promotion, email marketing, email optimization, email design, retention strategies, and whatever else the client may need from us in order to scale their business profitably & sustainably over time. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Marketing/Public Relations/Advertising

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|---|---|---|---|---|
| **Brown Baddie Public Relations** | **Juanita Worboys** | **716-954-6630** | **juanita@brownbaddiepr.com** | **www.brownbaddiepr.com** |
| Products/Services: | 1.Public Relations & Media Outreach<br>2.Brand Strategy & Positioning<br>3.Social Media Management & Content Creation<br>4.Event Promotion & Community Engagement<br>5.Press Releases & Media Kits<br>6.Small Business Growth Strategy | | | |
| **MWBE** | | | | |
| **Build Your Health LLC** | **Kavon Chatman** | **585-806-6082** | **traviskavon@gmail.com** | **www.byhmedia.co** |
| Products/Services: | Build Your Help LLC offers comprehensive marketing services for B2C commerce brands. We manage Google Ads, Facebook Ads, and TikTok Ads, focusing on keyword research, ad creation, budget optimization, and performance tracking. Our social media marketing includes strategy development, content creation, engagement tactics, and analytics. We provide consulting for marketing strategy, SEO, SEM, and e-commerce optimization. Additionally, we offer email marketing, website design and maintenance, graphic design, video production, and training workshops. | | | |
| **MBE** | | | | |
| **Designs by Pelham LLC** | **Pehlam Wilkerson** | **518-370-6427** | **designsbypelham123@yahoo.com** | **www.designsbypelham.com** |
| Products/Services: | Marketing, outdoor advertising, signage | | | |
| **MBE** | | | | |
| **Drummergirl Marketing** | **Alecia Peterson** | **607-348-4469** | **alecia@drummergirlmarketing.com** | **https://drummergirlmarketing.com/** |
| Products/Services: | Marketing & Sales StrategyExperiential Marketing (booth help, event marketing, and strategy & overall implementation)Digital Marketing (strategy & implementation)Integrated Marketing Communications ConsultingWhite Label Solutions | | | |
| **MWBE** | | | | |
| **e3 Corporate Solutions, LLC** | **Colleen McClaine** | **518-312-9194** | **colleen@e3corporatesolutions.com** | **www.e3corporatesolutions.com** |
| Products/Services: | $e^3$ corporate solutions is a women-owned, project management firm specializing in the design, production and execution of trade show exhibits, corporate events and environments. Our corporate event marketing clients depend on $e^3$ for creative solutions to exhibit their brand at trade shows worldwide, we assume a vital role in producing and hosting memorable events. This work allows us to immerse ourselves in the nuances of representing our clients' brand, making $e^3$ a natural fit for reinventing the functionality of any space or environment to accommodate the specific needs of each client. | | | |
| **WBE** | | | | |
| **elssus, LLC** | **Lori Sussle** | **215-378-5151** | **lori@elssus.com** | **www.elssus.com** |
| Products/Services: | Expertise spans communications including public and media relations, strategic, internal and crisis communications, ghostwriting and more. Lori uncovers unique stories and connects the dots to craft compelling narratives to engage the media and target audiences. This link provides a comprehensive overview: https://elssus.com/services | | | |
| **WBE** | | | | |
| **EverMore Marketing Solutions** | **Danielle Parkhurst** | **585-727-1109** | **danielle.parkhurst@evermorems.com** | **www.evermoremarketingsolutions.com** |
| Products/Services: | Creative Strategy & Development, Research, Production & Content Creation, Media Planning & Buying and Data & Analytics. | | | |
| **WBE** | | | | |
| **Frameworks Creative** | **Suzanne Rodriguez** | **607-221-6020** | **suzanne@mybrandframework.com** | **www.mybrandframework.com** |
| Products/Services: | Custom Photography for Businesses and Organizations<br>Logo development<br>Messaging<br>Marketing Consulting<br>Marketing Class Instruction | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Marketing/Public Relations/Advertising

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|---|---|---|---|---|
| **Fullknot Media** | **Brandy Sherice-Lakeshia I** | **585-201-2897** | **Brandy.Madera@gmail.com** | **www.fullnotmedia.com** |
| Products/Services: | Branding, Content Writing, Digital Marketing, Marketing, Non-Profit, Public Relations, Social Media Services | | | |
| **MWBE** | | | | |
| **Gleason Strategies** | **Krista Gleason** | **585-472-6850** | **krista@gleasonstrategies.org** | **www.gleasonstrategies.org** |
| Products/Services: | Gleason Strategies provides senior-level leadership and execution support in three areas:<br><br>Public Affairs & Communications: Government and community relations; Stakeholder engagement; External communications; Crisis and issues management<br><br>Organizational Strategy: Strategic and organizational planning; Change management; Facilitation; Consensus building<br><br>Capacity & Project Leadership: Program management; Interim leadership; Subcontractor project support | | | |
| **WBE** | | | | |
| **Humphrey Media Solutions** | **Lauren Humphrey** | **585-615-4213** | **lhumphrey87@gmail.com** | **N/A** |
| Products/Services: | Professional services company specializing in marketing, communications, and administrative support. Humphrey Media Solutions provides full-service content development, including social media strategy, copywriting, photography, and graphic design, as well as website support, digital asset creation, and project coordination. With extensive experience in tourism marketing, community engagement, and organizational operations, the company helps clients streamline workflows, strengthen brand presence, and deliver a polished, people-centered customer experience. | | | |
| **WBE** | | | | |
| **Impact Consulting Enterprises LLC** | **Cheryl McCants** | **973-337-2028** | **cmccants@eimpactconsulting.com** | **www.eimpactconsulting.com** |
| Products/Services: | public relationscommunity outreachmarketingadvertisinggraphic designwebsite design and developmentsocial media managementdigital marketing campaignsmedia relationsstrategic communicationmarket researchbusiness strategycreative innovationstrategic growth strategiespredictive analytics | | | |
| **MWBE** | | | | |
| **Indigo 15, LLC** | **Sherry Jackson** | **585-746-3485** | **sherry@indigo15.com** | **www.indigo15.com** |
| Products/Services: | Services include strategic communications, public relations counsel, social media and website management, media relations, promotions, event planning, community engagement and more. | | | |
| **MWBE** | | | | |
| **Iron Sharpens Iron LLC** | **Quentin Gause** | **585-201-0982** | **qgause@ironvisuals.com** | **N/A** |
| Products/Services: | Iron Sharpens Iron LLC is 100% minority owned. We help brands with their digital marketing, we also help companies with corporate wellness, and we sell dietary supplements to universities. | | | |
| **MBE** | | | | |
| **Jay Diamond** | **Roland Williams** | **310-883-5560** | **roland.williams@jaydiamondusa.com** | **www.jaydiamondusa.com** |
| Products/Services: | AI Automation, Augmented/Mixed Reality, Brand Strategy, Celebrity/Influencer Procurement, Content Creation, Creative Services, Data Analytics, DEI Consulting, Digital Marketing, Events & Sponsorship, Market Research, Media Planning & Buying, Sports Marketing, Multicultural Marketing, OOH/In Venue, Public Relations, Social Media Marketing, Supplier Diversity, Video & Audio Production, Web Development | | | |
| **MBE** | | | | |
| **JDW Press** | **Hope Washington** | **585-625-8177** | **haworthington@jdwpress.com** | **www.jcsmithinc.com** |
| Products/Services: | Marketing consulting and Copywriting | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Marketing/Public Relations/Advertising

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|---|---|---|---|---|
| **Juhanna Rogers, LLC** | **Juhanna Rogers** | **317-379-3632** | **juhannascholar@gmail.com** | **https://juhannarogers.com/** |
| Products/Services: | As CEO of Johanna Rogers LLC, Dr. Johanna Rogers manages the overall strategy, operations, and creative direction of the company. Her daily duties include developing and executing marketing strategies through networking, emailing, and creating promotional materials to secure business opportunities. She conducts research and writing to develop new presentation topics, curates innovative artistic approaches for workshops, and produces plays and performance pieces for clients and stage productions.<br>Dr. Rogers also engages in professional development by attending empowerment and business workshops to strengthen both business practices and client offerings. A significant portion of her time is dedicated to client engagement, including meeting with organizations to design customized deliverables, delivering keynote speeches, facilitating workshops, and traveling nationwide for performances and speaking engagements.<br>Additionally, she oversees the financial and administrative operations of the business, preparing budgets, managing expenses, and coordinating with accountants and consultants. These combined responsibilities ensure the company's sustainability, growth, and impa | | | |
| **MWBE** | | | | |
| **Lake Effect Graphics LLC** | **Kyle Flaherty** | **585-364-8877** | **lakeffectgraphics@gmail.com** | **https://lakeeffectgraphics.com** |
| Products/Services: | Custom vehicle wraps (vinyl color changes and vinyl graphics), Fleet graphics, business windows and walls | | | |
| **MBE** | | | | |
| **LáLew Public Relations** | **Jessica Lewis** | **585-773-1140** | **jessica@lalewpr.com** | **www.lalewpr.com** |
| Products/Services: | Traditional Public Relations<br>Public Relations Counsel<br>Media Training<br>Strategic Planning<br>Social Media Management<br>Press Conference Coordination<br>Crisis Communications<br>Media Buying<br>Key Messaging Services<br>Internal Communications Services<br>Brand Management Services | | | |
| **MWBE** | | | | |
| **Lime Creative LLC** | **Reagan Burns** | **607-592-9254** | **reaganburns8@gmail.com** | **www.reaganburns.com** |
| Products/Services: | Marketing services, including branding, website design, digital marketing, graphic design, SEO and online marketing and social media advertising, festival and event marketing, WordPress maintenance and social influencer marketing. | | | |
| **WBE** | | | | |
| **Linden Digital Marketing** | **Lindsay Connelly** | **860-550-5343** | **lindsay@lindendigitalmarketing.com** | **www.lindendigitalmarketing.com/** |
| Products/Services: | We offer our digital marketing services in simple, straightforward service packages that are customized to guide you through these stages of growth, no matter what stage you are in. By offering our services in packages we offer flexibility in the different tactics we manage for you, while providing quality and consistency structured to your unique growth goals.Digital Marketing ServicesWeb DevelopmentCreative ServicesPrinted Media | | | |
| **WBE** | | | | |
| **Magesta Images** | **Melinda Thomas** | **585-727-0566** | **magestaimages@gmail.com** | **https://magestaimages.com/** |
| Products/Services: | Indirect/direct business print marketing, multi-media production, social media content, business cards, promotional flyers, posters, postcards, website design, yard signs, etc | | | |
| **MWBE** | | | | |
| **Mancini Public Relations** | **Christina Mancini** | **585-747-8464** | **christina@mancinipublicrelations.com** | **www.mancinipublicrelations.com** |
| Products/Services: | Public Relations; Fundraising Strategy & Coaching; Non-Profit Management Consulting; Strategic Planning; Media Relations; | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Marketing/Public Relations/Advertising

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|---|---|---|---|---|
| **Media Connection, LLC** | **Gloria Smith** | **585-381-9710** | **gloria@themediaconnection.net** | **www.themediaconnection.net** |
| Products/Services: | Full-service marketing and media buying services including digital marketing, traditional advertising and marketing, website development, drone photography, video production, radio, to, out-of-home advertising, cpc, social media marketing. | | | |
| **WBE** | | | | |
| **Media Impressions Limited** | **Patty Carroll** | **585-203-1165** | **pcarroll@media-impressions.com** | **N/A** |
| Products/Services: | Media planning and buying (TV, Radio, Outdoor, Digital social etc.) | | | |
| **WBE** | | | | |
| **Men of Eureka Development LLC** | **John Hill** | **585-230-7479** | **ceo@menofeureka.com** | **www.menofeureka.com** |
| Products/Services: | Men of Eureka Development is a minority owned consulting firm with a focus on Business and Management Consulting, IT Consulting and IT strategic planning, Website Design and Maintenance, Project Management (PMP Certified) / Project Consultant, Board of Directors Engagement, Advisement and Training, Leadership Development & Training. | | | |
| **MBE** | | | | |
| **Metrix Marketing, Inc.** | **Kathleen Driscoll** | **585-802-4933** | **driscoll@metrix-marketing.com** | **www.metrix-marketing.com** |
| Products/Services: | Metrix Marketing provides clients with a wide range of advertising services, including market research, strategic planning, advertising, public relations, guerrilla marketing and media buying, to help them achieve their marketing objectives. For some clients, Metrix' role is akin to an external marketing department, working with planning, strategy and execution. For other clients, Metrix puts staff in the field, meeting with prospective customers and making the case for the client directly. | | | |
| **WBE** | | | | |
| **Moxie Creative Studios** | **Rubi Rodriguez** | **585-259-3489** | **rubi@moxiecreativestudios.com** | **www.MoxieCreativeStudios.com** |
| Products/Services: | Moxie Creative Studios provides social media marketing, content marketing, branding, website development, email marketing, event planning, event marketing, ad campaigns, search engine optimization, influencer marketing and user generated content marketing. | | | |
| **MWBE** | | | | |
| **Ms Josalyns Promotions 2017** | **Josalyn Jackson** | **585-455-3982** | **msjosalynspromotions2017@gmail.com** | **https://msjosalynspromotions2017.service** |
| Products/Services: | MsJosalyns Promotions 2017 is a multidisciplinary creative consulting and business support company dedicated to empowering entrepreneurs, artists, and small business owners through strategic branding, content creation, and personalized business development services. Based in Rochester, NY, the company provides a wide range of offerings including business consulting, advertising consulting, creative consulting, recording studio services, music production support, business management, content creation, affiliate marketing, and freelance project work. With a strong focus on elevating underserved communities and independent creatives, MsJosalyns Promotions 2017 blends hands-on expertise with authentic, legacy-driven guidance. The company also produces books, music, and branded merchandise, expanding its impact across multiple platforms. Every service is designed to help clients strengthen their brand identity, increase visibility, and build sustainable growth. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Marketing/Public Relations/Advertising

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|---|---|---|---|---|
| **Neighborly Network Media** | **Jennifer Cohen** | **585-210-0559** | **jcohen@neighborlynetworkmedia.com** | **www.neighborlynetworkmedia.com** |
| Products/Services: | 01 \| Storytelling Package<br>Perfect for those who need consistent, professional content without additional staff<br>3 - month minimum \| Deliverables scale with contract length<br>Includes:<br>- Content strategy and planning<br>- Audience and messaging alignment<br>- Customized content calendar<br>- One filming day per month<br>- Shared Google Drive content folder<br>- Platform-ready video / digital assets<br><br>02 \| Project Package<br>Perfect for those with a specific need, one-time campaign, or limited budget<br>- Up to 4 deliverables from our a la carte menu, not to exceed $2,500 value. Choose up to 4 deliverables from the a la carte menu and we'll capture everything in one shoot day. Ideal for a campaign launch, fundraising push, events, or seasonal content refresh.<br><br>03 \| Strategy Session<br>Perfect for those who need a clear plan before taking the next step<br>90-minute session \| Follow-up summary included<br>Includes: A 90-minute 1:1 with NNM Founder and CEO Jenna Cohen. We'll work through your content goals, your audience, and where your current strategy has gaps. You'll leave with a written summary and concrete next steps you can act on right away. | | | |
| **WBE** | | | | |
| **On The Move Contracting Services** | **Maat Reed** | **585-861-9500** | **maat@onthemovecs.com** | **www.onthemovecontractingservices.com** |
| Products/Services: | On The Move Contracting Services is a full-service advertising agency, including production, social media, and all media placements. We also utilize our M/WBE certification to create channel partnerships as a reseller for digitalization, elevator parts and we are on the NYS contract as a reseller for janitorial supplies and equipment. | | | |
| **MWBE** | | | | |
| **Open Mic Communications** | **Waymon Daniels** | **585-524-9997** | **danielswaymon248@yahoo.com** | **ww.openmiccommunications.com** |
| Products/Services: | Consulting/workshops/Public speaking | | | |
| **MBE** | | | | |
| **Outright Agency** | **Darin Ruchirek** | **240-462-5311** | **darin@weareoutright.com** | **www.WeAreOutright.com** |
| Products/Services: | Graphic Design, Advertising, Branding, Video Production, Website Design, UX Design | | | |
| **MWBE** | | | | |
| **Phu Concepts Inc** | **Latrell Liptot** | **585-402-8459** | **management@phuconcepts.com** | **www.phuconcepts.com** |
| Products/Services: | Minority owned, Multi Cultural Diversity, Website design and development Marketing / Printing / Hosting / graphic design / Web development / Social media Marketing / CMS / Web application development | | | |
| **MBE** | | | | |
| **Rochester Artist Collaborative** | **Adam Eaton** | **585-500-7023** | **adame52555@yahoo.com** | **www.rochesterartistcollaborative.com** |
| Products/Services: | Membership: Artist and Model Directory; Collaboration Opportunities; Networking and Events; Workshops and Classes; Exhibitions and Events; Creative and Professional Services; Photography and Videography; Graphic Design<br>Event Management | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Marketing/Public Relations/Advertising

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|---|---|---|---|---|
| **ROCthecitywithHope** | **Hope Breen** | **585-622-4605** | **hope@rocthecitywithhope.com** | **https://www.rocthecitywithhope.com** |
| Products/Services: | ROCthecitywithHope "helps locals become tourists and creates Rochester, NY enthusiasts" offering a wide variety of advertising and marketing solutions for small, local businesses to promote them to Hope's thousands of local followers. | | | |
| **WBE** | | | | |
| **Serve Me the Sky Digital** | **Emily Hessney Lynch** | | **emily@servemethesky.com** | **www.servemethesky.com** |
| Products/Services: | Social media consulting -- strategies, audits, 1:1 consultations, and workshops.Content writing -- blog posts, brochures, email newsletters, website copy, etc. | | | |
| **WBE** | | | | |
| **Seven Affiliates, LLC** | **Lindsi Flynn** | **585-899-9913** | **lindsiflynn1@gmail.com** | **N/A** |
| Products/Services: | Market Research:Strategic Planning:Brand Development:Digital Marketing:Advertising:Public Relations (PR):Content Creation:Web Development:Social Media Management:Event Marketing:Marketing Automation:Analytics and Data Analysis:Strategic Partnerships:Employee Training: | | | |
| **MWBE** | | | | |
| **Sparks + Sullivan LLC** | **Gwen Sparks** | **503-927-4251** | **ryan@sparkssullivan.com** | **www.sparkssullivan.com** |
| Products/Services: | Research, Strategy and DesignRESEARCH: Human-centered Research, Visitor and User Research, Insights and Synthesis, Experience Mapping, Prototyping and TestingSTRATEGY: Brand Positioning and Strategy, Holistic Visitor Experience Plans, Experience Frameworks and Journeys, Marketing and Communication Plans, Launch/Go-to-Market Plans, Strategic PlansDESIGN: Brand Identity  Environments Wayfinding Activations and Campaigns, Cartography and Map Design, Data Visualization and Infographics | | | |
| **WBE** | | | | |
| **SRGMF LLC** | **Shawn Goburn** | **585-309-6300** | **shawn.gee@srgmf.com** | **www.srgmf.com** |
| Products/Services: | Brand Consulting, Market Consulting, Promotion, Event Planning, Advertising Media Services - Photo, Video, Graphic Design, Web Development | | | |
| **MBE** | | | | |
| **Stemless Co.** | **Koushalah King** | **503-662-2241** | **koushi@stemless.co** | **https://www.stemless.co** |
| Products/Services: | Stemless Co. provides a cloud-based SMS marketing and constituent/customer engagement platform, built on AWS infrastructure, that enables businesses and organizations to communicate with their customers or constituents via two-way text messaging. Core offerings include:<br><br>- SMS marketing and messaging campaigns: bulk and segmented text campaigns, appointment reminders, promotions, alerts, and notifications, sent to subscriber lists of millions of unique phone numbers<br>- Two-way conversational messaging: real-time, two-way SMS conversations between businesses and their customers, rather than one-way broadcast messaging.<br>- MOE, an AI-powered conversational agent: configured to handle inbound customer inquiries, automate responses, and support multilingual conversations.<br>- Real-time analytics dashboard: live reporting on message delivery, engagement, subscriber growth, and campaign performance.<br>- Compliance infrastructure: TCPA and 10DLC-compliant messaging, audit trails, and HIPAA-eligible configurations for regulated industries.<br>- Flexible service models: available as a fully managed service (Stemless configures and operates the platform on the client's behalf) or as a self-serve platform (clients manage their own campaigns and messaging directly). | | | |
| **MWBE** | | | | |
| **SYNERGY SOUND LLC** | **Darniel Miller** | **585-313-4180** | **braveyankeetimes@gmail.com** | **www.Synergyworldsound.com** |
| Products/Services: | Consultation on the use of Social media and Digital platforms, the future of Technology, Paid media, SEO, AI, Augmented Reality , Fintech literacy | | | |
| **MBE** | | | | |
| **The Quotient Group** | **Kimberly Sipploa** | **920-809-4550** | **kim@thequotientgroup.com** | **www.thequotientgroup.com** |
| Products/Services: | Aviation marketing and in-terminal advertising | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Marketing/Public Relations/Advertising

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|---|---|---|---|---|
| **Toggle Comms, LLC** | **Shelia Dunne** | **585-645-8237** | **sheila@togglecomms.com** | **www.togglecomms.com** |
| Products/Services: | Toggle elevates your brand's presence and clears obstacles hindering your marketing objectives. Our wide range of marketing and creative services encompasses ad creation, social media design, brand development, concept ideation, video production, digital marketing strategy, and AI-enhanced creative content. Additionally, we generate insightful thought leadership and competitive intelligence analyses. By customizing our offerings to align with your specific requirements, we deliver distinctive solutions that resonate with your brand's unique identity. | | | |
| **MWBE** | | | | |
| **VitalUP Marketing** | **Krishan Jhalani** | **917-353-1709** | **krishan@vitalupmarketing.com** | **www.vitalupmarketing.com** |
| Products/Services: | Digital Marketing, Website Development, Google Search Marketing, Paid Social Media Advertising, Social Media Marketing, Email Marketing, Influencer Marketing, Content Creation, Photography, Videography, Conversion Rate Optimization, Website Data Analysis, Mobile app development | | | |
| **MBE** | | | | |
| **Webbestry LLC** | **Jalynn Webb** | **585-317-9051** | **webbjalynn@gmail.com** | **www.webbestry.com** |
| Products/Services: | Graphic Design, Logo Design, Web Development (Front-End), Web Hosting, Website Management, Social Media Management, Video Editing, IT Support, and Brand Consulting. | | | |
| **MWBE** | | | | |

## Mechanical Services

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|---|---|---|---|---|
| **Ronnie Lott's Place** | **Ronald Muhammad** | **595-465-6940** | **ronmuhammad3@gmail.com** | **N/A** |
| Products/Services: | Housing maintenance repair and small engines repair | | | |
| **MBE** | | | | |

## Medical Equipment & Supplies

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|---|---|---|---|---|
| **CARA Medical** | **Marie Rabin** | **716-838-2360** | **mrabin@cara-medical.com** | **www.cara-medical.com** |
| Products/Services: | Healthcare FurnitureDiagnostic EquipmentEmergency EquipmentLaboratory EquipmentPersonal Protection EquipmentRehabilitation EquipmentHealthcare Sundries | | | |
| **WBE** | | | | |
| **J2 Medical Supply Inc.** | **Roland Williams** | **310-883-5560** | **sales@j2medicalsupply.com** | **www.J2MedicalSupply.com** |
| Products/Services: | COVID-19 Antigen Rapid Test, N95 and KN95 Respirator Masks, 3-ply facemasks, Nitrile and Vinyl Examination Gloves, Walkers and Crutches, Isolation and Surgical Gowns, Hand Sanitizer | | | |
| **MBE** | | | | |
| **Nu-Life Medical Equipment and Supplies, Inc.** | **Shamim Malik** | **585-672-5105** | **nulifemedical12@gmail.com** | **www.nulifemedicalsupplies.com** |
| Products/Services: | Breast Pumps fully or partially covered by insurance, bed and bath safety, compression stocking, etc. | | | |
| **MWBE** | | | | |
| **United Oxygen and Medical Equipment, Inc.** | **Antonietta Nolletti** | **585-507-5804** | **toni@unitedoxygenandmedical.com** | **www.unitedoxygenandmedical.com** |
| Products/Services: | Rental and purchase of stationary oxygen concentrators, portable oxygen concentrators, in-home hospital beds and accessories, Capp machines and supplies, Lift chairs, Diabetic shoes, nebulizers, incontinence products, bath safety items, aids to daily living, Canes and crutches, compression stockings and wraps, scooters, manual and power wheelchairs, walkers and rollators, orthopedic bracing, sanitizers. | | | |
| **WBE** | | | | |

## Medical Services

| Name | Contact | Phone | E-Mail | Website |
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## Medical Services

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|---|---|---|---|---|
| **A Touch of Love Nursing** | **Andra Moody** | **585-309-0553** | **andra@atouchoflovenursing.com** | **N/A** |
| Products/Services: | Home care- coming to clients homes and providing nursing care<br>Trach care- cleaning and changing. Preforming suctioning as needed<br>ADL- cleaning, feeding and providing medication<br>Lymphatic massages- helping fluid move to be release from ones body | | | |
| **MWBE** | | | | |
| **Family Health NP Practice, P.L.L.C.** | **Beverly Whyte** | **585-309-1745** | **familycarenursingpractice@outlook.co** | **www.fhnursingpractice.com** |
| Products/Services: | The practice provides healthcare services to different patient populations: children and adults. This includes but is not limited to physical exams, routine screenings, and immunizations, health and wellness counseling, and the management of chronic medical conditions such as hypertension, hyperlipidemia, diabetes, chronic pain, substance use disorder, etc.- Telemedicine- House call visits | | | |
| **MWBE** | | | | |
| **Flower City Lactation & Doula Services, LLC** | **LaKeisha Washington** | **585-203-6183** | **lakeisha@flowercitylactation.com** | **www.flowercitylactation.com** |
| Products/Services: | Doula Services – Providing physical, emotional, and informational support to birthing individuals before, during, and after childbirth. This includes prenatal education, labor support, and postpartum care to enhance birth experiences and outcomes.<br>Lactation Consulting – Offering expert breastfeeding support through prenatal education, in-home and virtual consultations, latch assessments, and troubleshooting common breastfeeding challenges. Services also include support for pumping, milk supply concerns, and special circumstances such as tongue/lip ties and NICU stays.<br>Placenta Encapsulation – Preparing the placenta into capsules, tinctures, or other forms for postpartum recovery, with potential benefits such as hormone balance, increased energy, and improved mood.<br>Breastfeeding & Parenting Education – Conducting workshops, group classes, and one-on-one sessions covering breastfeeding, newborn care, pumping, returning to work, and other essential parenting topics.<br>Provider & Community Outreach – Collaborating with healthcare providers, hospitals, and community organizations to improve access to breastfeeding support and maternal health services, including Medicaid-covered lactation and doula care. | | | |
| **MWBE** | | | | |
| **J.K.Co. Pulse Protectors L.L.C.** | **Jael Hannah** | **585-351-1515** | **jkpprotectors@gmail.com** | **www.Pulseprotectors.com** |
| Products/Services: | CPR Training Courses<br>-Basic Life Support (BLS) for Healthcare Providers<br>-CPR for New Healthcare Workers<br>-Lay Rescuer CPR (Adult/Child/Infant)<br>-Basic First Aid<br>-CPR + First Aid Combo Training<br>-Scenario-Based Real-Life Training<br>-In-Home or On-Site CPR Simulations<br>-Hybrid/Blended Learning Options<br>-Refresher & Recertification Courses<br>-BLS and First Aid Recertifications<br>-Youth & Community Education<br>-Community CPR Pop-Ups<br>-Business & School Contracts<br>-CPR Training for Small Businesses, Daycares, & Schools<br>-CPR Merchandise (Coming Soon) | | | |
| **MBE** | | | | |
| **Joy Speech Language Pathology** | **Sarah Shellard** | **585-333-4770** | **joyslp.t@gmail.com** | **https://joyslpt.wixsite.com/joy-slp** |
| Products/Services: | Speech-language therapy and evaluation services in English and Spanish across the lifespan, both in-person and via teletherapy. | | | |
| **WBE** | | | | |
| **Priority Cares Home Services LLC** | **Ezekiel Olaniyi** | **347-985-3863** | **prioritycareshome@gmail.com** | **www.prioritygroups.org** |
| Products/Services: | CDPAP Caregiving Service,Residential, Commercial, Construction, and heavy-duty Cleaning,Medical Billing Service | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Medical Services

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|---|---|---|---|---|
| **SafeHaven International, LLC** | **La Carla Holmes** | **585-752-3127** | **lacarlaholmes@lcthanp.com** | **N/A** |
| Products/Services: | SafeHaven provides community-based behavioral health outreach, mental health and substance use support, referral navigation, care coordination, and connection to needed medical, social, and community services. | | | |
| **MWBE** | | | | |
| **Tibbens Family Medicine** | **Jennifer Applicant Name** | **585-755-1519** | **jennifer.tibbens@gmail.com** | **www.Tibbensfamilymedicine.com** |
| Products/Services: | Family Medicine primary care office offering: preventative care, chronic disease management, weight loss management, hormonal management, women's health, prenatal and obstetric care, aesthetic medicine, lifestyle medicine, behavioral health, urgent care, procedures and vaccinations. | | | |
| **WBE** | | | | |
| **Universal Care Services, LLC** | **Mildred Strader** | **585-230-0790** | **localcarecompanions@gmail.com** | **www.Universalcareservicellc.com** |
| Products/Services: | In-home care services are provided by a caregiving professional who will assist with ADLs. These activities of daily living include;Meal Planning & PreparationShopping & ErrandsAccompany to Doctors appointmentHousekeeping, Stripping the beds & LaundrySet up and Monitoring of Bathing & DressingCompanionship, Mental StimulationSpecialized Alzheimer's Caregivers / Dementia CaringEncouragement & monitoring of exercisesOvernight ServicesRespite careAssistance with Physical Therapy routineStaffing Services | | | |
| **MWBE** | | | | |
| **Wildflower Birth Support, LLC** | **Bridget Strub** | **585-880-5387** | **bridgetthedoula@gmail.com** | **www.wildflowerbirth.co** |
| Products/Services: | Birth doula servicesBaby gear/equipment rentals such as bassinets, folding cribs, high chairs, car seatsHospital-grade (multi-use) breast pump rentals (Medela Symphony PLUS)Inflatable birth pools ("Birth Pool in a Box" )Perinatal education (childbirth prep, infant care, postpartum prep, etc.) | | | |
| **WBE** | | | | |

## Miscellaneous Services

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|---|---|---|---|---|
| **Lear Stables LLC** | **Amy Lear** | **585-764-8759** | **amylear@writeme.com** | **www.learstables.com** |
| Products/Services: | Lear Stables LLC offers horseback riding lessons, horse training and horse sales in Honeoye Falls, NY. We teach lessons to students of all ages and abilities how to safely ride horses and compete with them. We also offer training services for horses who have never been ridden or who have behavioral problems, and offer sales of well trained riding horses. | | | |
| **WBE** | | | | |

## Office Supplies/Equipment/Furniture

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|---|---|---|---|---|
| **ACH Transportation LLC** | **Benjamin Hawkins** | **585-415-3525** | **bhawkins@achtransportation.com** | **achtransportation.com** |
| Products/Services: | PPE supplies, office supplies, janitorial and cleaning supplies . | | | |
| **MBE** | | | | |
| **B & W Supply** | **Rebecca Benjamin** | **607-273-5300** | **hbenj@bwsupply.com** | **www.bwsupply.com** |
| Products/Services: | Commercial Foodservice Equipment (Ovens, Refrigeration, Mixers, etc.) and Supplies, Smallware's, Janitorial & Paper Supplies | | | |
| **WBE** | | | | |
| **Cueva Contract Inc. dba Interior Innovations** | **Laura Cueva** | **315-793-7577** | **chris.compeau@iicontractfurniture.com** | **www.iicontractfurniture.com** |
| Products/Services: | Furniture solutions to fit every space. And every need. Cubicles, Private Offices, Lounges, Moveable walls, Glass walls, Ergonomic Products, Seating, Fixed seating, Height Adjustable | | | |
| **MWBE** | | | | |
| **Genesee Office Interiors, Inc.** | **Marj Cunningham** | **585-224-8280** | **goi@geneseeoffice.com** | **www.geneseeoffice.com** |
| Products/Services: | GOI offers sales, service and installation for contract office furniture, healthcare, and senior living. Attention to detail when selecting upholstery that work with our clients cleaning protocols. We listen to how you want your space to look and reflect your business, recommending the best options within budget to create the spaces where people want to work. | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Office Supplies/Equipment/Furniture

| | | | | |
|---|---|---|---|---|
| **Intivity, Inc.** | **Fabarico Morales** | **585-737-6638** | **fmorales@intivity.com** | **www.intivity.com** |
| Products/Services: | Office Supplies, Janitorial Supplies, Breakroom/Coffee, Printing Supplies, Signage, Promotional Products, Office Furniture, Architectural Walls, Ancillary Furniture, WorkstationsIndustrial Supplies: Hand Tools, Power Tools, Plumbing, Fasteners, Lighting, Material Handling, Safety SuppliesServices: Space planning, Project Management, Move/Relocations, Design Services, Warehousing, Tear-down & Disposal. | | | |
| **MBE** | | | | |
| **Photikon Corporation** | **Mary Condon** | **585-421-0540** | **mjcondon@photikon.com** | **www.photikon.com** |
| Products/Services: | Office imaging equipment and supplies including printers, copiers and fax machines. Supplies include original and high quality compatible toner and inkjet cartridges for all major branded devices. | | | |
| **WBE** | | | | |
| **S&B Computer & Office Products, Inc.** | **Seema Nepal** | **518-877-9500** | **seema@sbcomputers-office.com** | **www.sbcomputers-office.com** |
| Products/Services: | S&B can provide everything to keep your office running, this includes:Office supplies & Furniture (includes breakroom and janitorial supplies)Promotional products (we can brand or message just about anything)K-12 School suppliesIndustrial Supplies | | | |
| **MWBE** | | | | |
| **SandBox Union LLC** | **Tiffany Organisciak** | **585-278-8696** | **tiffany@sandboxunion.com** | **https://sandboxunion.com/** |
| Products/Services: | Our SBU consultants believe nothing is impossible. If you have a vision of how your business should run, our consultants and software developers can bring your ideas to life.Take your software to the next level. Sandbox Union can support, maintain, evolve & advance your current business software. We provide expert, unbiased recommendations for the future that help you get the best performance and most value from the systems you rely on for your daily operations by publishing and maintaining in the cloud via AWS or Microsoft Azure. | | | |
| **MWBE** | | | | |
| **Seating Inc.** | **Judy Hart** | **585-468-2875** | **jhart@seatinginc.com** | **www.seatinginc.com** |
| Products/Services: | Built to order chairs, made in NY. Task chairs, desk chairs, ergonomic chairs, conference chairs, guest chairs, stacking chairs, benches, 24.7 chairs, stools, 24.7 stools, executive chairs, leather chairs, classroom chairs, healthcare chairs, waiting room chairs, heavy duty chairs. | | | |
| **WBE** | | | | |
| **Teltech Communications** | **Lisa Hanlon** | **970-390-1658** | **LHANLON@TELTECH.COM** | **www.teltech.com** |
| Products/Services: | 3PL Forward & Reverse Logistics/Supply Chain Solutions, Talent Resourcing, Asset Management, Technology Solutions, Equipment Sales, Network Deployment, Equipment Recycling | | | |
| **MWBE** | | | | |
| **Ziske-Kraftwerks, Inc.** | **Anne Marie Ziske** | **716-285-4984** | **annmariez@kraftwerks.net** | **www.kraftwerks.net** |
| Products/Services: | Shelving, Racks, In-Plant Offices, Demountable Walls, Storage Systems, Casework - Wood, Casework - Steel/Metal, Fume Hoods, Base - Cabinets, Bio-Safety Cabinets, Safety Cabinets, High Density Storage, Mobile-Aisle Storage,Modular Drawers Storage, Workstations, Workbenches, Carts, Materials Handling Equipment, Metal Partitions, Weapons Lockers, Gear Lockers, Tenant Lockers, School Lockers, Wire lockers, Wire Cages, Wire Partitions, Wire Enclosures, Vertical Storage Unit-(VSU), Carousel, Mezzanines, Operable Partitions, Folding Partitions, Display Cases, White Boards, Gym Equipment | | | |
| **WBE** | | | | |

## Perfroming Arts

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|---|---|---|---|---|
| **Legacy Dance Studio Inc.** | **Constance Smith** | **716-940-1985** | **legacydance17@gmail.com** | **www.legacydancewny.com** |
| Products/Services: | Dance, Collaboration, Social and Emotional Support, Mentorship, Fitness and Recreational Sport, Performing Arts, Theater, Community Outreach, Dance Educational Awareness, Early Child Development Skilled Development for Participants, Students with Intellectual Disabilities | | | |
| **MWBE** | | | | |

## Pest Control

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|---|---|---|---|---|
| **Innovative Pest Management, Corp** | **Kennedy Brayboy** | **585-474-0025** | **innovativepestcorp@gmail.com** | **www.ipmroc.com** |
| Products/Services: | Innovative Pest Management Corp offers exterminating and pest control services to families and businesses in the Greater Rochester, NY Area. We employ a great many common-sense techniques. We recognize that each situation may require special attention, whether it's protecting your child's school or daycare or making sure that your favorite restaurant is pest free. Our qualified staff will deliver the most effective and least obtrusive pest removal methods specific to your needs. | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|
| **Pest Control** | | | | |
| **Lady Bugs All Pest Solutions, Inc.** | **Suzanna Dutro** | **585-645-3613** | **SuzannaDutro@gmail.com** | **www.ladybugsallpestsolutions.com** |
| Products/Services: | Residential and Commercial Pest Control services including, but not limited to: rodent, bird, flying insects, bed bugs, food service audits, roaches, wildlife. | | | |
| **WBE** | | | | |
| **Rochester Pest Pro** | **Jane DiBiase** | **585-329-7330** | **jane@rochesterpestpro.com** | **www.rochesterpestpro.com** |
| Products/Services: | Commercial and Residential Pest Control, Nuisance Wild Life Control, Pest Prevention, Humane Exclusion Services, Granular Barrier Treatments, Barrier Spraying, Removal & Treatment, Humane Trapping & Release, Baiting Treatments, Spot Treatments, Bioremediation Drain Services, Deceased Animal Removal, Emergency Animal Removal, Monitoring, Camera Monitoring, Wood Bore Inspections, Rodent Maintenance Services | | | |
| **WBE** | | | | |
| **Pharmacy** | | | | |
| **A&J Pharmacy** | **Sandra Le** | **585-626-5660** | **sle@anjpharmacy.com** | **www.ajpharmacy.org** |
| Products/Services: | A & J Pharmacy llc established in 2011. It is a consultative programs and specialized prescription drugs and pharmaceutical products for Elderly and mental health patients, but every one is welcome to use our pharmacy services: Free delivery - Vials - Blister Packs- Medicine-On-Time (MOT) packing-ED special pricing program - Vacine. See our website www.anjpharmacy.org for more information | | | |
| **MWBE** | | | | |
| **Photography** | | | | |
| **Flood and Flood Photography and Videography, LLC** | **Bettie Flood** | **585-427-7460** | **jflood@floodandfloodpro.com** | **www.floodandfloodpro.com** |
| Products/Services: | Flood and Flood provides a number of quality services to the business community and the public in Photography, Videography, Aerial photography, Focus Group Sessions and Research and Development. We are a minority Owned Small Business with over 18 years of experience. | | | |
| **MBE** | | | | |
| **Glorious Images** | **Glory Harris** | **585-622-4492** | **Gloriousbygh@gmail.com** | **GloriousImages.com** |
| Products/Services: | Provides photography services for the following; Events, headshots, children, family, senior portraits, prom, couples, branding/marketing, portraits, and real estate | | | |
| **MWBE** | | | | |
| **Heather Bellini Photography, LLC** | **Heather Bellini** | **716-909-5541** | **hbelliniphoto@gmail.com** | **www.heatherbelliniphotography.com** |
| Products/Services: | Commercial Photography, Headshot & Portrait Photography, Event photography | | | |
| **WBE** | | | | |
| **Lindsey E Card Media LLC** | **Lindsey Card** | **(315) 359-3112** | **lindseyecard@gmail.com** | **www.lindseyecard.com** |
| Products/Services: | My company uses unique professional photography images tailored to each project's needs:Wedding PhotographyProduct PhotographyEvent PhotographyFood photographyCorporate PhotographyCommercial Photography Family photographySocial Media Management | | | |
| **WBE** | | | | |
| **Molaire Consulting LLC DBA Mike Molaire Fine Art** | **Michel Molaire** | **585-317-1383** | **mike@mikemolairefineart.com** | **https://www.mikemolairefineart.com/art-f** |
| Products/Services: | fine art photography for commercial and residential spaces, wearable art products, photographic services, residential and commercial on location photoshoots | | | |
| **MBE** | | | | |
| **Natalie Fox Photography LLC** | **Natalie Fox** | **646-598-1186** | **hello@nataliefox.com** | **www.nataliefox.com** |
| Products/Services: | Photographic Services: Editorial, Families, Portraiture, Events, Products, Food and Beverage, Boudoir, Street, | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Photography

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| **Nii Mayor Photography** | **Alfred Okai** | **585-719-9381** | **niimayorphotography@gmail.com** | **www.mayorphotos.com** |
| Products/Services: | Photography Services360 spin booth rental | | | |
| **MBE** | | | | |
| **Sweet Home Photography** | **Meg Tyo** | **585-703-2380** | **meg@sweethomephotoroc.com** | **www.sweethomephotoroc.com** |
| Products/Services: | Portrait Photography for Older Adults<br>Legacy Portraits & Meaningful Object Sessions<br>Memorial Home Photography<br>Photography to Support Coping with Loss & Transition<br>Community Event & Candid Photography<br>Milestones & Celebrations<br>Brand Photography & Professional Headshots | | | |
| **WBE** | | | | |
| **Tatyana Consaul Photography** | **Tatyana Consaul** | **585-749-8261** | **tconsaul@gmail.com** | **www.tconsaul.com** |
| Products/Services: | Commercial photographer covering events, conferences, photo journalism, product photography, headshots, marketing images, documenting and more. | | | |
| **WBE** | | | | |
| **The Photography Experience LLC** | **Jolana Hollister** | **585-694-4468** | **jolana@rocphotoexperience.com** | **www.rocphotoexperience.com** |
| Products/Services: | Commercial Photography - Headshots, project photography, website photography, product images, in-studio and on-site photography for businesses, advertising photography, event photography, real-estate photographyFamily Photography - Weddings and family photography for all stages of life | | | |
| **WBE** | | | | |

## Priniting Services/Graphic Design/Promotional Items

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|---|---|---|---|---|
| **Alpha Graphics** | **Steven Service** | **585-436-3100** | **sservice@alphagraphics.com** | **www.alphagraphics.com/us-new-york-roc** |
| Products/Services: | Customized marketing solutions to businesses using data driven, multi-channel communications including: design, print, web, mobile, email, & social media services. High quality digital color printing, large/over-sized format color printing, sign creation, vehicle graphics & wrapping, promotional products, digital archiving, , binding & finishing. Brand awareness, copyrighting and graphic design, website creation & hosting, website traffic generation, search engine optimization, social media integration, digital marketing; including QR codes & augmented reality, customer loyalty programs, high-impact presentations, mailing services and direct mail campaigns, list acquisition & management services. | | | |
| **MBE** | | | | |
| **Beals Graphic Design** | **Janette Biehler** | **585-481-7501** | **janette@bealsdesign.com** | **www.bealsdesign.com** |
| Products/Services: | Printed design materials like brochures, magazines, invitations, mailers, calendars, menus, rack cards, posters, promo items, postcards and similar products Large Format Design like vehicle wraps, billboards, corporate signs, retractable and hanging banners, vinyl wall murals, backdrops and custom items Digital Graphics like infographics, e-flyers, social media ads, graphics for websites, and other online graphics | | | |
| **WBE** | | | | |
| **Creations by Lena LLC** | **Jessica Frederick** | **716 697-2349** | **sales@creationsbylena.com** | **WWW.CREATIONSBYLENA.COM** |
| Products/Services: | CUSTOM EMBROIDERED APPAREL AND ACCESSORIES | | | |
| **MWBE** | | | | |
| **Custo Print** | **Kernell Miller** | **585-472-1061** | **Kernell@custoprintshop.com** | **www.custoprints.com** |
| Products/Services: | Screen printing on apparel, Embroidery on apparel, wide format printing such as banners, wall mural wraps | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Priniting Services/Graphic Design/Promotional Items

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| **Deb Bishop Design** | **Debra Bishop** | **585-267-9939** | **debbishopdesign@gmail.com** | **www.debbishopdesign.com** |
| Products/Services: | With over 25 years of experience in graphic design and project management, I specialize in helping organizations create meaningful impact through innovative design solutions. My expertise spans the entire design process, from conceptualization to final delivery, ensuring each project meets the highest standards of quality and creativity. | | | |
| **WBE** | | | | |
| **Dreissig Apparel Inc** | **Marc jones** | **315-701-1230** | **mjones@dreissigcompany.com** | **www.dreissigapparel.com** |
| Products/Services: | Dreissig Apparel Inc. was founded to supply athletic teams, organizations and corporate companies with their apparel and textile needs. Within this division of the business we have a full service screen-printing and embroidery facility. | | | |
| **MBE** | | | | |
| **Expozures** | **Kathleen D'Alfonso** | **585-737-8600** | **sdalfons@rochester.rr.com** | **www.companycasuals.com/expozures** |
| Products/Services: | Embroidery, Silkscreen, Apparel, and all promotional product | | | |
| **MBE** | | | | |
| **Harmony Design Custom Apparel** | **Karen Pelc** | **585-503-1252** | **harmony.design@yahoo.com** | **www.harmonydesignapparel.com** |
| Products/Services: | We specialize in commercial embroidery, screen printing, and heat press for custom apparel and accessories.Ex. Tee shirts, jerseys, crew sweatshirts, hoodie sweatshirts, zip and pullover jackets, cinch bags, canvas bags, caps, knitted caps, dress shirts, polos, sweat pants, work jackets, lab coats, scrubs, reflective safety vestsReview website for full catalog: harmonydesignapparel.com | | | |
| **WBE** | | | | |
| **Imageprinters M&P Corp.** | **Monwell Floyd** | **585-360-0132** | **monwell6@gmail.com** | **www.imageprinter.com** |
| Products/Services: | Offset printing, digital printing, mailing, design, wide format printing, booklet and magazine printing. | | | |
| **MBE** | | | | |
| **Jade Chi LLC** | **Jade Singleton** | **646-504-9611** | **jade@jadechi.net** | **www.jadechi.net/** |
| Products/Services: | T-shirts, screen printing, embroidery, pens, stress balls, notebooks, tote bag, hand sanitizer | | | |
| **MWBE** | | | | |
| **Moses Operandi** | **Lisa Moses** | **720-633-1614** | **lisa@mosesoperandi.com** | **www.mosesoperandi.com** |
| Products/Services: | My work spans a diverse range of disciplines, including interior architecture and renovations, branding and identity design, visioning and positioning, furniture and packaging design, exhibitions and installations, fine art, websites, and environmental graphics.<br><br>I specialize in crafting innovative, bespoke solutions that bridge the gap between art and architecture. From immersive installations to community-driven designs, my holistic approach ensures a seamless process where I personally oversee every project as both creator and client liaison. This hands-on commitment is rooted in my belief that great design requires passion, precision, and personal dedication. | | | |
| **WBE** | | | | |
| **Out Of The Office Services LLC** | **Nicole Vosburgh** | **585-203-1464** | **nicole@outoftheofficeservices.com** | **www.outoftheofficeservices.com** |
| Products/Services: | Digital and offset print, graphic design, promotional merchandise, branded/decorated apparel, signage | | | |
| **WBE** | | | | |
| **Panther Graphics Inc** | **Tony Jackson** | **585-546-7163** | **Tony@panthergraphics.net** | **www.panthergraphics.net** |
| Products/Services: | Commercial Printing - Provide complete capabilities for one, two and four color printing services for short to long runs of manufactured products including stationary, direct mail marketing, brochures, sell sheets, catalogs, books, all publishing materials, kitting, fulfillment | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|
| **Priniting Services/Graphic Design/Promotional Items** | | | | |
| **Printing Plus LLC** | **Shabbir Arif** | **718-268-8580** | **info@signarama-foresthills.com** | **https://signarama.com/locations/ny-forest** |
| Products/Services: | Illuminated Signs, Advertisement Banners, Digital Screens, Post Cards, Printing, Design, Web services, Badges, Flyer, Posts, Channel Letter | | | |
| **MBE** | | | | |
| **Superior Diamond Coach LLC** | **Janice Parker** | **585-775-9216** | **jmplatinum1@gmail.com** | **N/A** |
| Products/Services: | Design and craft -drink wear , phone cases shirts and craft item. Prepare and design holiday gift baskets. | | | |
| **MWBE** | | | | |
| **Wards Printing** | **Arthur Ward** | **315-525-0032** | **admin@wardsprintingsyr.com** | **www.wardsprintingsyr.com** |
| Products/Services: | Screen Printing/Embroidery/Way finding signs/banners/business cards/blueprints/graphic design and rebranding/signage | | | |
| **MBE** | | | | |
| **Professional and Organizational Development** | | | | |
| **AIOPX Management Consulting** | **David Powe** | **585-627-1716** | **dpowe@aiopx.com** | **www.AIOPX.com** |
| Products/Services: | Management Consulting and Executive Coaching in MWBE Development, Leadership Development, Operations Excellence and Supply Chain, Lean-Six Sigma, Diversity, Equity, and Inclusion. | | | |
| **MBE** | | | | |
| **American Business Education Initiative** | **Natasha Polito** | **585-329-5566** | **uketasha@gmail.com** | **N/A** |
| Products/Services: | Business mentoring and education | | | |
| **WBE** | | | | |
| **Breakthrough Leadership Consulting** | **Deborah Hanmer** | **585-484-9790** | **deb@bktlead.com** | **www.bktlead.com** |
| Products/Services: | Strategic Planning, DEI, Leadership Development and Coaching, Community Engagement | | | |
| **MWBE** | | | | |
| **BRI Consultancy LLC** | **Sarah Silverstone** | **585-431-3416** | **info@brockportresearchInstitute.com** | **https://brockportresearchinstitute.com** |
| Products/Services: | Provide grant writing, evaluation, professional development and project management services to educational, not-for-profit, small business and governmental organizations | | | |
| **WBE** | | | | |
| **C3 Consultancy Services, LLC** | **Jocelyn Basley** | **773-971-7613** | **jrbasley@c3consultancy.org** | **N/A** |
| Products/Services: | Group/Meeting Facilitation, Process Improvement, Project Management, Collaborative Leadership, Community Consultation, Strategic Planning, Personal Coaching, Grant Management | | | |
| **MWBE** | | | | |
| **Conflict Management Solutions LLC** | **Nikita Williams** | **585-298-4715** | **conflictmanagementsolutions@gmail.co** | **N/A** |
| Products/Services: | Conflict Management Solutions LLC is a Cognitive Behavior Intervention Community Service. We provide Conflict Behavior Therapy Programming. The curricula encompasses: Anger Management, Effective Communication, Conflict Management, Critical Thinking, and Interactive Journaling. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Professional and Organizational Development

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|---|---|---|---|---|
| **Crane Solutions LLC** | **Maya Crane** | **585-797-5130** | **maya@thecranesolutions.com** | **NA** |
| Products/Services: | Strategic management, nonprofit, and organizational justice consulting | | | |
| **MWBE** | | | | |
| **Dawnbreaker Consulting** | **Sara Rosenfeld** | **617-230-6837** | **Dawnbreakerconsulting@gmail.com** | **http://Dawnbreakerconsulting.com** |
| Products/Services: | Leadership/Executive Coaching and Mentoring, Teacher Coaching and Mentoring, Curriculum design, Restorative Justice/Practices Training and Facilitation, Classroom Management, Behavior Management, Community Partnership Engagement, Professional Development | | | |
| **MWBE** | | | | |
| **DLT Consulting** | **Daniele Lyman-Torres** | **585-673-6330** | **daniele@drdltconsulting.com** | **www.drdltconsulting.com** |
| Products/Services: | Leadership Services:Leadership Development and CoachingExecutive SearchesCompensation Plans and ContractsAnnual Work Plans and ReviewGovernance and Training Services:Board Composition and AssessmentNonprofit Start Ups and ComplianceFinancial Sustainability MonitoringAnnual Board Training and Work plansStrategic Service Planning:Full Plan DevelopmentForecastsStrategic Marketing SupportFacilitator ServicesOrganizational Architecture Engineering | | | |
| **MWBE** | | | | |
| **Ellis K Consulting LLC** | **Krystle Ellis** | **754-422-2298** | **krystle@elliskconsulting.com** | **www.elliskconsulting.com** |
| Products/Services: | Strategic PlanningLeadership DevelopmentPolicy RemasteringDiversity, Equity, and Inclusion EducationMotivational SpeakingExecutive CoachingHuman Resource Strategist | | | |
| **MWBE** | | | | |
| **Equity Warrior Strategies, LLC** | **Jonathan Meagher-Zayas** | **315-373-3174** | **jonathan@equitywarriorstrategies.com** | **www.equitywarriorstrategies.com** |
| Products/Services: | Equity Warrior Strategies LLC is a consulting company focused on creating change in the nonprofit and social impact sector. We partner with individuals, groups, organizations, and associations to create change through three service areas: change leadership, community building, and championing equity. Services provided include training, coaching, and consulting. | | | |
| **MBE** | | | | |
| **FHG Matters LLC** | **Gloria Morgan** | **585-415-9997** | **gamorgan@fhgmatters.com** | **www.fhgmatters.com** |
| Products/Services: | Leadership development, professionals seeking career advancement, organizational change, HR management, and curriculum/program development | | | |
| **MWBE** | | | | |
| **Footprint Enterprises, LLC** | **Ivy Caldwell** | **585-489-7465** | **ivy@footprintenterprisesllc.com** | **www.footprintenterprisesllc.com** |
| Products/Services: | Life coaching, mentorship, online/virtual courses, self-publishing, ghostwriting, notary, business support services, life insurance, property and casualty. | | | |
| **MWBE** | | | | |
| **Galica LLC** | **Carlos Perez** | **585-319-9301** | **galicaehs@gmail.com** | **www.galicalean.com** |
| Products/Services: | Galica LLC provides Lean/Process Improvement training, process facilitation, knowledge transfer, and coaching for higher education, healthcare, and the mid sized enterprise. | | | |
| **MBE** | | | | |
| **Gwen, Inc.** | **Gwen Webber-McLeod** | **315-252-6326** | **gwen@gweninc.com** | **N/A** |
| Products/Services: | Leadership Development Consulting, Organization Development Consulting, DEI Strategy Consulting, Executive Coaching specifically for emerging and established minority leaders, Professional Facilitation for Business Meetings and Strategic Planning, Frequently Sought After Keynote Speaker, Lecturer on the topics of DEI, Change Management, Trust a Strategic Business Resource, Author Your Leadership Journey: Living and Leading In and On Purpose | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Professional and Organizational Development

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| **Healings ROC** | **Michelle Thomas** | **585-402-1906** | **healingsroc@gmail.com** | **www.Healingsroc.com** |
| Products/Services: | Life coaching services | | | |
| **MWBE** | | | | |
| **High Vibe Cowork LLC** | **Merchon Hargrave** | **585-451-3322** | **Highvibecowork@gmail.com** | **wwwhighvibecowork.com** |
| Products/Services: | Accountability Cohorts, virtual co-working sessions, group coaching, mindset workshops | | | |
| **WBE** | | | | |
| **Holland Communications, LLC** | **Andrea Holland** | **585-233-1836** | **andrea@andreaholland.net** | **www.andreahollandcoaching.com** |
| Products/Services: | Leadership Development - workshops, group coaching and professional assessments for teams & organizations<br>Executive Coaching - private executive coaching for Managers, Directors, VPs and C-level leaders<br>Public Speaking & Presentation Coaching<br>Media Training | | | |
| **MWBE** | | | | |
| **Inspire Improv and Coaching Inc** | **Caitlin Drago** | **585-750-3687** | **caitlin@inspireimprov.com** | **www.inspireimprov.com/** |
| Products/Services: | Inspire Improv & Coaching Inc provides one on one leadership coaching services as well as group workshops and programs, that focus on helping teams to work together more effectively, by improving listening and communication skills; As both a certified coach and trained actor, Caitlin uses the principles behind improvisation as a primary platform for interactive learning, allowing participants to “try on” new skills in real time, allowing for an impactful learning experience. Topics Include<br>The Improv Approach to communication and connection<br>Communication styles (using the DISC assessment)<br>Teamwork; giving and receiving feedback; Having difficult conversations; Presence; Culture creation; Coaching conversations. We also provide Culture Assessment & Consultation.Through surveys, focus groups and/or one-on-one conversations we look at your overall culture, what is going well and where there is room for growth. | | | |
| **WBE** | | | | |
| **IntegrateXpress LLC** | **Kristy Gonzalez** | **585-957-4132** | **Kgonzalez@integratexpress.com** | **www.integratexpress.com** |
| Products/Services: | Organizational Change Management, Software, and Departmental Integration, Software and processes implementation, Team Coaching, and Business Accounting Services. | | | |
| **MWBE** | | | | |
| **International Commission of Urban Entrepreneurs** | **Rondell Breedlove Jr.** | **585-625-9688** | **rondellbreedlovejr@icloud.com** | **N/A** |
| Products/Services: | Financial Investing Training 101, group and 1on 1 training and counseling, assistance and seed funds to open bank accounts for investing, transportation assistance.Employment referrals, emergency housing and food assistance, mentoring and mentor match, Life Skills workshops, | | | |
| **MBE** | | | | |
| **LinkeLearn** | **Diana Callahan** | **585-749-6196** | **dchapoy@gmail.com** | **www.linkelearn.com** |
| Products/Services: | Instructional Design & Curriculum Development; eLearning Development; Bilingual Learning Solutions; Learning Strategy & Consulting; Leadership & Coaching Programs; Workshop Design & Facilitation; Global Program Localization & Translation; Content Audits & Learning Experience Redesign; LMS Support & Content Upload; Creative Media & Visual Design | | | |
| **MWBE** | | | | |
| **Little Black Buddha** | **Ahlia Kitwana** | **585-633-7590** | **ahlia@littleblackbuddha.com** | **www.littleblackbuddha.com** |
| Products/Services: | Project management, operations management, team and leadership development, executive coaching | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Professional and Organizational Development

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|---|---|---|---|---|
| **MB Executive Consulting, LLC** | **Michele Buono** | **585-944-9664** | **M.Buono.MBConsulting@outlook.com** | **N/A** |
| Products/Services: | Consultancy Services for not for profit organization and small mission driven for profit companies that include:<br>Project Management for collaborative community impact initiatives in Monroe County.<br>Assessing & developing organizational strategic plans<br>Conducting SWOT analysis for organizational restructuring and implementing growth opportunities<br>HR and operational support<br>Middle management leadership development and training<br>Executive Level Coaching | | | |
| **WBE** | | | | |
| **MRD Empowerment Solutions** | **Maryann Rivera-Dannert** | **407-799-0005** | **maryann@maryannriveradannert.com** | **www.maryannriveradannert.com** |
| Products/Services: | Certified Professional Speaker, Life & Leadership Coaching, Workshop Facilitator, Publisher, Podcaster, HR Consulting, Career Consultation (resume writing, interviewing skills) | | | |
| **MWBE** | | | | |
| **New York State Mental Health Alliance** | **Hennessey Lustica** | **585-472-4066** | **Hlustica@nysmhalliance.org** | **www.nysmhalliance.org** |
| Products/Services: | NYSMHA provides workforce development, training, technical assistance, consulting, and program implementation services focused on mental health, behavioral health, education, and workforce shortages. Services include Grow Your Own Behavioral Health Pathway curriculum development and licensing; professional development and continuing education programs; school mental health program design and implementation; behavioral health workforce coaching and supervision; internship and residency program development; strategic planning; comprehensive school counseling plan development; grant writing and grant management support; program evaluation and data analysis; leadership coaching; workforce retention initiatives; conference and event planning; community partnership development; and consulting services for schools, BOCES, higher education institutions, healthcare organizations, government agencies, and nonprofit organizations | | | |
| **WBE** | | | | |
| **Raeanne Lacatena, Inc.** | **Raeanne Schnabel** | **595-485-2830** | **Raeanne@raeannelacatena.com** | **www.raeannelacatena.com** |
| Products/Services: | Holistic Business CoachingMastermind Coaching for Female EntrepreneursSmall Group Coaching for New Female Business OwnersIndividual and Team coaching for Small Business Owners - Professionals, Small Corporations, Executives, Brick and Mortar Businesses, Authors and Creative | | | |
| **WBE** | | | | |
| **RKKS Mental Health Counseling PLLC** | **Kacie Switzer** | **585-420-7656** | **switzer@rkks.care** | **N/A** |
| Products/Services: | RKKS Mental Health Counseling PLLC is a partnership between masters' level clinicians Rebecca Kistner LMHC and Kacie Switzer LMHC, established in September of 2016, designed to serve a specific population of adult clients involved in the criminal justice system. The partnership serves the Federal Bureau of Prisons and US Probation and Pretrial Services with quality, evidenced informed, client centered, outpatient mental health and sex offender treatment services. We provided individual and group therapy, psychiatric evaluation and medication management, and polygraph services. | | | |
| **WBE** | | | | |
| **SENECA SCIENTIFIC SOLUTIONS + LLC** | **Dean Seneca** | **678-524-5177** | **thundereagle1042@gmail.com** | **www.senecascientificsolutions.com** |
| Products/Services: | We deliver a robust spectrum of services in public health and urban/regional planning. These fall under the following subcategories: Public Health Consulting, Program Management, Budget/Cost Control, Policy Formulation, Agency Management, Partnership Building, Health Service Improvements, Training & Development, Emergency Response, Data Analysis & Reporting, Proposal Writing, and Community Planning and Design. More specific examples of previous projects and ones in development include: COVID-19 Grant with NYSDOH to build capacity of Tribal Nations in a pandemic response, Tribal Emergency Preparedness and Response Management Tool Kit, Decolonizing Data in NYS - addressing Health Equity and Indigenous Health Disparities, Indigenous Community Conversations addressing Trauma and Substance Abuse Disorders, Building Capacity of Caregivers for Indigenous Elders, Working Effectively with Tribal Governments – tailored culturally appropriate training, Indigenous Health Coalition, and Healing through Culture - targeting Native Youth. | | | |
| **MBE** | | | | |
| **Sensational Inclusion** | **Tyana Rene Velazquez-Sr** | **585-354-5764** | **tyanavelazquez585@gmail.com** | **www.sensationalinclusion.com** |
| Products/Services: | Educational ConsultingLiteracy TutoringCurriculum AuditingCurriculum DevelopmentProfessional Development | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Professional and Organizational Development

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| **Sent One Consulting, LLC** | **LaShunda Leslie-Smith** | **585-309-2283** | **lls@lashundalesliesmith.com** | **www.lashundalesliesmith.com** |
| Products/Services: Sent One Consulting, LLC takes a client-centric approach to develop plans and strategies that bring out the best in organizations, assessing organizational development and creating strategic direction for nonprofits. Sent One Consulting provides board development training, teaching and training new and existing board members about effective governance and fundraising, fostering long-term success within nonprofits. Sent One Consulting also specializes in program implementation, strategic planning, and creative thinking. Lastly, we provide training and coaching to development executive-level professionals to help them develop successful and fulfilling careers. | | | | |
| **MWBE** | | | | |
| **Silver Linings International, LLC** | **Debra Cady** | **585-672-7219** | **debra@silverliningsinternational.org** | **www.silverliningsinternational.org** |
| Products/Services: At SLI, your go-to training hub, we empower organizations of all sizes to unlock growth opportunities through a positive, strengths-based approach emphasizing innovation and inclusivity. Whether you need comprehensive online courses for supervisors and leaders, including building emotional intelligence, or expert facilitation in strategic planning, needs assessments, or customized team building, we've got you covered. By integrating trauma-informed and appreciative inquiry principles into everything we do, Silver Linings becomes your trusted partner in driving your business forward. | | | | |
| **WBE** | | | | |
| **Speaking to the Heart of the Hurting** | **Lekya Slaughter** | **716-288-5378** | **speakingtotheheartofthehurting@gmail.** | **www.speakingtotheheartofthehurting.com** |
| Products/Services: *Coaching (Individual & Group): Goal-setting, emotional support, parenting strategies, and personal development<br>*Keynote Speaking & Workshop Facilitation: Staff development, parent engagement, youth assemblies, and training sessions<br>Social Emotional Learning (SEL): Implementation and facilitation of SEL strategies for schools, families, and youth programs<br>*Mindfulness and Wellness Support: Stress reduction, healing-centered practices, and optional faith-integrated wellness tools<br>*Tutoring and Academic Enrichment: Support in reading, math, social skills, and customized learning strategies<br>*Optional Prayer-Based Services: Faith-led sessions available upon request for churches and private audiences | | | | |
| **MWBE** | | | | |
| **Superbloom Coaching LLC** | **Alana Cummings** | **585-269-4617** | **superbloomcoaching@gmail.com** | **www.superbloom-coach.com** |
| Products/Services: Superbloom Coaching, LLC is a woman-owned business offering high-impact personal and professional development services for individuals and corporate teams. Our core offerings include:<br>Executive & Life Coaching (1:1 and Group Format): Keynote Speaking Engagements: Corporate Workshops & Retreats: Online Community & Digital Courses: | | | | |
| **WBE** | | | | |
| **Tellus Mater International Training and Assessment C** | **Mary Clisbee** | **786-277-1853** | **mclisbee@tellusmaterinternational.com** | **www.tellusmaterinternational.com** |
| Products/Services: Tellus Mater provides professional consulting services including leadership and professional development training; custom curriculum design for on-site and virtual training; strategic planning; assessment services including surveys, analysis of existing data, and focus groups and interviews; DEI services including training, barrier analysis and root cause analysis, and executive coaching. | | | | |
| **WBE** | | | | |
| **The Changemaker Collective** | **Maria O'Brein** | **585-851-9980** | **mariadmatthew@gmail.com** | **www.changemakercollectiveny.com** |
| Products/Services: Provides consulting and training to a variety of audiences including: government, community organizations, universities, and individuals. TCC specializes in: project and program implementation, capacity building, management, human-centered design, strategic planning, organizational effectiveness, non-profit grant analysis and preparation, data analysis, staff development, and project team development. TCC training initiative can provide trainings in: strategic planning, project management basics for non-project managers, project and program implementation, neuro divergent leadership, team dynamics, human-centered design, computer basics, data analysis for non-profit leadership, non-profit leadership 101, marketing and communication tips and tools, organizational effectiveness, staff development, soft and communication skills. | | | | |
| **MWBE** | | | | |
| **The Jackman Group LLC** | **Patrick Jackman** | **585-370-2074** | **patrick@jackmangroupllc.com** | **www.jackmangroupllc.com** |
| Products/Services: Leadership and Development TrainingTeam EnhancementBusiness CoachingStrategic PlanningSuccession Planning | | | | |
| **MBE** | | | | |
| **Ujoozi** | **Kimberly Mitchell** | **585-454-9454** | **Theowner@ujoozi.net** | **N/A** |
| Products/Services: Ujoozi offers custom training solutions through both instructor-led training and self-paced online courses. We specialize in the design, development, and deployment of custom training for entrepreneurs, organizations and corporations. All of our training is designed for Directors, Managers, Executives, and Support Personnel to increase their productivity through improved work-processes. | | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Professional and Organizational Development

| | | | | |
|---|---|---|---|---|
| **Val Davis Inc.** | **Valerie Davis** | **585-464-9511** | **valerie@valdavisinc.com** | **www.ValDavisInc.com** |
| Products/Services: | Management Training; Multi-cultural Training; Organizational Development; Leadership and Professional Development, Executive Coaching; Human Resources Consulting; Marketing Consulting; Announcer | | | |
| **MWBE** | | | | |

## Property Management Services

| | | | | |
|---|---|---|---|---|
| **Demissie Properties LLC** | **Antenehe Demissie** | **585-866-1270** | **demissieproperties@gmail.com** | **N/A** |
| Products/Services: | Demissie Properties LLC is real estate investing and property management services. | | | |
| **MBE** | | | | |
| **Homes By Sean, LLC** | **Shawntelle Boston** | **585-943-2077** | **sboston@thebostogroup.com** | **N/A** |
| Products/Services: | Homes by Sean, LLC provides residential property rehabilitation management, property management, and housing-related consulting services in Rochester and Monroe County, New York. The company specializes in returning distressed and underutilized residential properties to productive use as safe, quality housing.<br><br>Services include:<br>• Residential rehabilitation and renovation project management<br>• Construction management and contractor/vendor coordination<br>• Property condition assessments and rehabilitation feasibility reviews<br>• Scope-of-work development, project planning, and cost estimating<br>• Project budgeting, cost control, and draw/payment oversight<br>• Interior and exterior property improvement management<br>• Unit turnover and make-ready coordination<br>• Residential property management and operations oversight, including Housing Choice Voucher (Section 8) program compliance<br>• Property stabilization and repositioning of value-add residential assets<br>• Real estate financial analysis, acquisition due diligence, and pro forma development<br>• Housing portfolio planning and asset management advisory<br>• Real estate and housing consulting services | | | |
| **MBE** | | | | |
| **The Bostonian Group** | **Shawntelle Boston** | **585-943-2077** | **sboston79@hotmail.com** | **N/A** |
| Products/Services: | Property Management; Renovation Consulting; Real Estate Consulting; Financial Consulting | | | |
| **MBE** | | | | |
| **Trebloc Property Management** | **Raynard Colbert** | **585-210-6182** | **colbertraynard78@gmail.com** | **N/A** |
| Products/Services: | Residential Property Maintenance | | | |
| **MBE** | | | | |

## Publishing

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|---|---|---|---|---|
| **Ebony Nicole Smith Consulting** | **Ebony Nicole Smith** | **585-512-8981** | **info@ebonynicolesmith.com** | **https://ebonynicolesmith.com** |
| Products/Services: | EditingIllustrationPublishingBook cover designE-book cover designCreative developmentMarketing / promotional materialInterior design (of the manuscript)Interior layout (formatting of manuscript)Ghostwriting | | | |
| **MWBE** | | | | |
| **Leslie C. Youngblood** | **Leslie Youngblood** | **585-204-6559** | **lesliecyoungblood@gmail.com** | **www.lesliecyoungblood.com** |
| Products/Services: | Author with two nationally/internationally published middle-grade (children 8-12 years old) novels in the marketplace. Along with conducting school visits and delivering keynote speeches, I consult with teachers and librarians on diversity in children's literature. I also host reading groups and book clubs. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Publishing

| | | | | |
|---|---|---|---|---|
| **Mylestones & Co.** | **Nykki Matthews** | **585-319-7828** | **hello@mylestonesandco.com** | **www.mylestonesandco.com** |
| Products/Services: | We provide inclusive and culturally relevant children's book with an emphasis of black and brown boys as the main characters. The stories are penned for children in a manner which emphasizes the importance of early literacy in education. We offer workshops with the author, early-literacy engagement opportunities, and dialogue around civility, community involvement and education. | | | |
| **MWBE** | | | | |
| **Root and Bloom Communications LLC** | **Sara Kuehl** | **585-210-8381** | **sara@rootandbloom.co** | **www.rootandbloom.co** |
| Products/Services: | • Copywriting - Persuasive, on-brand writing for all your marketing and communication needs, including webpages, blogs/articles, email + SMS marketing, newsletters, ads, annual reports, brochures, and integrated campaigns.• Editing - Make sure your message is clear and engaging for your intended audience and purpose. Improve the organization, structure, content, voice, and style of your writing.• Proofreading - Publish error-free copy and content with confidence. Correct grammar, spelling, punctuation, capitalization, broken or incorrect links, and layout and typesetting issues. | | | |
| **WBE** | | | | |

## Real Estate Services

| | | | | |
|---|---|---|---|---|
| **Cain Properties LLC** | **Robert Cain** | **585-944-3259** | **robcain43@gmail.com** | **N/A** |
| Products/Services: | Cain Properties LLC acquires, develops, leases and operates multifamily housing. | | | |
| **MBE** | | | | |
| **Collins Management of Rochester, Inc** | **D'ondre Collins** | **585-743-9876** | **collinsmanagement123@gmail.com** | **N/A** |
| Products/Services: | General contractor, Real Estate, buy properties, flip, then rent out & manage properties. residential contracting & renovation | | | |
| **MBE** | | | | |
| **Edgerton Real Estate LLC** | **Amit Sud** | **585-315-9190** | **amit.sud@edgertonrealestatellc.com** | **www.edgertonrealestatellc.com** |
| Products/Services: | Real Estate Sales and Property Management | | | |
| **MBE** | | | | |
| **Essential Essence Consulting, LLC** | **Desiray Vincent** | **716-371-1488** | **essentialessenceconsult@gmail.com** | **N/A** |
| Products/Services: | ConstructionReal estate renting and leasing servicesProperty ManagementConsumer Credit Counseling | | | |
| **MWBE** | | | | |
| **Excellence Enterprises of Rochester LLC** | **Cassandra Bradley** | **585-490-6943** | **sandyb2415@gmail.com** | **NA** |
| Products/Services: | Real Estate Consulting, Property Management, Renovation Services, General Contractor | | | |
| **MWBE** | | | | |
| **Hines Owned Properties** | **Eric Hines** | **585-991-8594** | **hinese@yahoo.com** | **N/A** |
| Products/Services: | Rental Houses, Entrepreneurship, Networking, Purchase of Houses | | | |
| **MBE** | | | | |
| **Home Staging with A L LLC** | **Alfreda Jackson** | **585-503-4331** | **jacksonalfreda@gmail.com** | **N/A** |
| Products/Services: | Home Staging with A L LLC. will be providing a service of staging the home for sales. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|
| **Real Estate Services** | | | | |
| **Honeyford Real Estate LLC** | **Maribel Honeyford** | **585-545-9441** | **maribel@honeyfordrealestate.com** | **www.HoneyfordRealEstate.com** |
| Products/Services: | We help our clients buy, sell, invest in, and lease real estate, including commercial and residential properties. | | | |
| **MWBE** | | | | |
| **Hudson Investments Enterprises LLC** | **Jhane Hudson** | **585-202-6851** | **Jhiellc@gmail.com** | **https://www.linkedin.com/in/jhane-hudso** |
| Products/Services: | Real estate services | | | |
| **MWBE** | | | | |
| **JNB Homes LLC** | **Goonwattie Surajpal** | **518-258-3633** | **gsurajpal@gmail.com** | **N/A** |
| Products/Services: | Providing real estate rentals within Monroe County | | | |
| **MWBE** | | | | |
| **Maplewood Acqusitions LLC** | **Jaylen Boswell** | **585-623-0009** | **Info@maplewoodacqusitions.com** | **N/A** |
| Products/Services: | Maplewood Acqusitions LLC is a locally based real estate services and property outreach company. It primarily focuses on identifying, researching, and engaging property owners connected to distressed, underutilized real estate assets! | | | |
| **MBE** | | | | |
| **MM Development Advisors, Inc.** | **Monica Mc Cullough** | **315-559-3181** | **monica@mmdevelopmentadvisors.com** | **www.mmdevelopmentadvisors.com** |
| Products/Services: | Affordable housing and community oriented real estate development services | | | |
| **WBE** | | | | |
| **Neal Property Management LLC** | **Latesha Neal** | **585-775-1188** | **nealpropertyllc@gmail.com** | **N/A** |
| Products/Services: | Property Management ServicesClean outsGeneral ConstructionInterior/ ExteriorDemolition | | | |
| **MWBE** | | | | |
| **R Realty Rochester** | **Damaris Rivera** | **585-754-3821** | **driverapproperties@gmail.com** | **www.rrealtyrochester.com** |
| Products/Services: | Real estate brokerage that offers residential and commercial real estate to individuals and businesses | | | |
| **MWBE** | | | | |
| **RRB ESTATES & MANAGEMENT LLC** | **Rachelle Barber** | **585-445-4798** | **rrbestatesmanagementllc@gmail.com** | **N/A** |
| Products/Services: | RRB Estates & Management LLC is dedicated to creating safe, supportive, and inclusive housing opportunities for individuals with developmental disabilities and seniors. Our mission is to help people live independently within the community by providing quality housing options that promote dignity, stability, and self-sufficiency. With a focus on compassion and community integration, we strive to enhance quality of life while ensuring that every individual we serve has access to a secure and welcoming environment. | | | |
| **MWBE** | | | | |
| **The DCOM Group LLC** | **Dexter Craig** | **585-330-3301** | **info@thedcomgroup.com** | **www.TheDCOMGroup.com** |
| Products/Services: | Real Estate DevelopmentProperty ManagementCommunity Renewal | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Real Estate Services

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|---|---|---|---|---|
| **Viola Solution LLC** | **Caroline Simpson** | **585-208-6303** | **cecelogins@gmail.com** | **N/A** |
| Products/Services: | Buy and holding real estate, flipping houses, property management, general contractor | | | |
| **MWBE** | | | | |

## Renewable Energy

| | | | | |
|---|---|---|---|---|
| **Unity Renewables LLC** | **Brandon Maharaj** | **585-224-5167** | **brandonm@unityrenewables.com** | **www.unityrenewables.com** |
| Products/Services: | We containerize traditional off-grid, solar and battery components to create mobile and portable clean energy solutions.<br>We also manage and build small to medium scale solar and energy storage projects for non profits and small business, with a strong focus on using the resources within the communities that we are building in.<br>Solutions for Solar Developers- We work closely with grassroots community groups and organizations to advocate for clean energy access for disadvantaged communities throughout New York state. This gives us access to offset clean power to these communities that deserve it the most. Reach out to us to create a collaborative plan to access these communities.<br>Solutions for Entities-We will ensure fair access to the clean power to serve your organization's power requirements as well as the customers and communities you serve. | | | |
| **MBE** | | | | |

## Roadside Assistance

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|---|---|---|---|---|
| **P&J Roadside Assistance LLC** | **Dennisse Cepeda** | **585-413-4430** | **info@pjroadsideassistancellc.com** | **www.pjroadsideassistancellc.com** |
| Products/Services: | Jump start, fuel delivery, lockout, tire change, air delivery, battery change | | | |
| **MWBE** | | | | |
| **Roc City Roadside Assistance LLC** | **Lydia Rivera-Warr** | **585-524-7072** | **lydiairivera@yahoo.com** | **N/A** |
| Products/Services: | Automotive Towing, lockouts, jump starts, tire changes, fuel deliveries | | | |
| **MWBE** | | | | |

## Security Services

| | | | | |
|---|---|---|---|---|
| **Aries Security and Training, LLC** | **Jeremy Harrison** | **716-436-1087** | **jharrison@ariessecurity-training.com** | **www.ariessecurity-training.com** |
| Products/Services: | Unarmed Security Guard Services, Patrol Services, Traffic Guard Services, Security Consulting Services, 8-hour Pre-Assignment Training Course for Security Guards, 16-hour-On-The-Job Training Course, 8-hour Annual In-Service Training Course for Security Guards, New York State Sexual Harassment Training, CPR and AED Training | | | |
| **MBE** | | | | |
| **Black Ops Security & Special Events LLC** | **Donnell Curry** | **585-690-2259** | **dcurry@blackopssecurityny.com** | **N/A** |
| Products/Services: | Security Services, Event Security | | | |
| **MBE** | | | | |
| **Blackhawk Security and Investigations** | **Evelyn Martinez-Nobrega** | **585-203-1183** | **evelyn@blackhawktraining.com** | **www.blackhawk-securityandinvestigation** |
| Products/Services: | Physical Security Services: Apartment complex, senior housing, low-income housing, retail stores, conductions sites, personal security, entertainment venues, sports venues, parades, warehouse security, etc.Private Investigations: surveillance, missing persons, domestic investigations etc. | | | |
| **MWBE** | | | | |
| **Blackhawk Training Academy** | **Evelyn Martinez-Nobrega** | **585-203-1183** | **evelyn@blackhawktraining.com** | **www.blackhawktraining.com** |
| Products/Services: | 8HR Pre-Assignment, 8hr Annual, 16hr on the job training, 18hr pistol permit course, 47hr armed course, 8hr fire-arms training, Utah Florida pistol permit, HR218, handcuffing course, Pepper spray training, Ink prints, State fingerprinting, TSA Pre-check and TWIC card. | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Security Services

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|---|---|---|---|---|
| **Enterprise Security Consulting and Training Inc.** | **Owens Shepard** | **585-465-9289** | **oshepard@esctroc.com** | **www.esctroc.com** |
| Products/Services: | Private Investations; Security Patrol Services; Security Guard Training; We provide the training necessary to become and maintain registration as a security guard in New York State. We also provide professional development training to help security reach their maximum potential in the security industry. Fingerprinting Services: We have partnered with IdentoGO by Idemia to provide fingerprinting services on site. | | | |
| **MBE** | | | | |
| **FeelSafe VIP LLC** | **Christopher Brown** | **(585) 957-1420** | **feelsafevip@gmail.com** | **www.feelsafevip.com** |
| Products/Services: | Executive Protection; Armed and Unarmed Security<br>Private Event Security; Residential and Commercial Patrols<br>24/7 Surveillance and Monitoring; Threat Assessment & Risk Management; Secure Transportation and Escort Services<br>Industries We Serve; Corporate & Executive; Entertainment & VIPs; High-Net-Worth Individuals; Residential Communities<br>Hospitality & Events; Retail & Commercial Properties | | | |
| **WBE** | | | | |
| **Freeland Investigations** | **Virgil Hutchinson** | **315-870-9313** | **investigations@freelandinv.com** | **www.freelandinv.com** |
| Products/Services: | Security Consultant, Security Guards, Legal Investigations | | | |
| **MBE** | | | | |
| **Invex Investigation Agency Inc** | **Amy Tausch** | **585-766-0538** | **invexrochester@gmail.com** | **www.invexpi.com** |
| Products/Services: | Investigative services, surveillance, insurance fraud investigations, and background checks. | | | |
| **WBE** | | | | |
| **Signal of Rochester** | **Luke Kusmierz** | **585-491-5236** | **lkusmierz@teamsignal.com** | **https://locations.teamsignal.com/US/NY/R** |
| Products/Services: | Since our founding, Signal has served as a beacon in the Rochester community by providing a suite of world-class and industry-leading security services for residential, commercial, retail, and industrial customers. | | | |
| **MBE** | | | | |
| **Simaren Corp. dba Wisdom Protective Services** | **Kayode Simaren** | **718-766-5392** | **mrkay@wisdomprotective.com** | **www.wisdomprotective.com** |
| Products/Services: | Security Guard Services | | | |
| **MBE** | | | | |
| **Yellowstone Security Services inc** | **Oluchi Okammelu** | **347-408-3903** | **Yellowstone.sec@gmail.com** | **www.Yellowstonesecurityservices.com** |
| Products/Services: | Yellowstone Security Services Inc. provides armed and unarmed security guard services, fire watch, construction site security, residential and commercial security, hotel security, event security, shelter and nonprofit security, mobile patrol, access control, visitor management, traffic control and flagging, emergency security coverage, incident reporting, daily activity reporting, and on-site security supervision. We serve government agencies, prime contractors, property managers, construction companies, hospitality clients, residential facilities, and other organizations throughout New York State. | | | |
| **MWBE** | | | | |

## Signage

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|---|---|---|---|---|
| **Ayzo Ridge Design & Consulting** | **Bridgette Shomaker** | **518-618-3080** | **bridgette@ayzoridge.com** | **www.ayzoridge.com** |
| Products/Services: | Through the following services, the Ayzo Ridge team will ensure brand continuity to ensure a “wow” result. Our custom designed products include manufacturing and installation of temporary and permanent signage for all your visual branding needs. Pre-construction services, logo and marketing design, permit and procurement , project design, project management, Temp/permanent signage, interior signage | | | |
| **WBE** | | | | |
| **Cooper Neon Sign Company Inc.** | **Jennifer Cooper** | **716-297-2340** | **jennifer@coopersign.com** | **www.coopersign.com** |
| Products/Services: | Manufacture and Installation of interior and exterior signage. Includes banners, decals, digitally printed wall paper, custom cast plaques, dimensional letters, illuminated channel letters, post and panel, electronic message centers. We also specialize in custom flags and flagpoles including installation. We offer full inventory of US, State and Foreign flags. | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Signage

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|---|---|---|---|---|
| **ID Signsystems** | **Kathleen Dudley** | **585-245-2190** | **kbeatty@idsignsystems.com** | **www.idsignsystems.com** |
| Products/Services: | Architectural signsWayfinding signsinterior signsADA signsExterior signsilluminated signsDonor recognition signsDigital signsDigital graphicsTrail signsADA signs | | | |
| **WBE** | | | | |
| **Palmer Graphic Solutions LLC** | **Amy Catalano** | **585-787-4256** | **amy@vitalsignsroc.com** | **www.vitalsignsroc.com** |
| Products/Services: | Full service sign shop, anywhere from business cards, yard signs, a-frame signs, to lit signage, neon signs, dimensional lettering and monument signs. Vehicle graphics both for personal vehicle color changing/stripes, and business logos/wraps for 1 vehicle or full fleets. | | | |
| **WBE** | | | | |
| **Signs Now of Rochester, Inc.** | **Julie St Germaine** | **585-750-2688** | **julie@image360rochester.com** | **www.Image360rochester.com** |
| Products/Services: | Directional signs, exterior monument signs, vinyl graphics, dimensional signs, digital printing, vehicle graphics & wraps, wall & window murals, tradeshow displays, architectural signs, ADA/Braille signs | | | |
| **WBE** | | | | |
| **Simone & Juliet, LLC dba Image360 Rochester** | **Nicholas Hatcher** | **937-554-6405** | **nick@image360rochester.com** | **N/A** |
| Products/Services: | EXTERIOR & ARCHITECTURAL SIGNAGE INTERIOR & WAYFINDING SYSTEMS GRAPHICS, WRAPS & FLEET BRANDING PROMOTIONAL PRODUCTS | | | |
| **MBE** | | | | |

## Sports & Recreation

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|---|---|---|---|---|
| **Dynamic Elite Athletics, LLC** | **Lisa Huck** | **585-729-5687** | **owner@dynamiceliteathletics.com** | **www.Dynamiceliteathletics.com** |
| Products/Services: | Dynamic Elite Athletics, LLC is a comprehensive cheerleading and tumbling center that serves individuals of all ages and skill levels. Our services include Competitive All-Star cheerleading teams, cheer and tumbling classes, and choreography services. Additionally, we offer a variety of special events such as birthday party services, camps, and clinics. Our facility provides a supportive and engaging environment for athletes to develop their skills, and we are committed to fostering both personal and athletic growth through high-quality training and instruction. | | | |
| **WBE** | | | | |
| **Search Party Collective LLC** | **Carl Blair** | **347-385-5863** | **lindsi@thesevenaffiliates.com** | **www.searchpartyco.com** |
| Products/Services: | Athletes agents, talent development, talent management, influencer and podcast management, video production, audio production, studio production, sound recording, audio recording, advertising agency services, communications and media-related services, public relations, audio recording, communications marketing services, conference coordination and planning. | | | |
| **MBE** | | | | |

## Staffing Services

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|---|---|---|---|---|
| **A + CONSULTING, INC.** | **Hector Russomando** | **585-314-9060** | **hector@aplustechnical.com** | **www.aplustechnical.com** |
| Products/Services: | We provide contract, contract to hire, permanent full-time and employee pay rolling placements in the IT, Scientific/Medical, Finance, Business, and Engineering fields. Our areas of expertise include the following job categories:ITScientific & MedicalTherapy & AlliedFinance Professionals Business ProfessionalsEngineering | | | |
| **MBE** | | | | |
| **A.M.T.A.E. Solutions LLC** | **Michael Ramos** | **518-870-3072** | **Mramos@amtaesolutions.com** | **www.amtaesolutions.com** |
| Products/Services: | Professional and Temporary Staffing, IT, Program Management, Administrative/Management Consulting Services | | | |
| **MWBE** | | | | |
| **Battle Licensed Practical Nursing PLLC** | **Robert Battle** | **315-573-7010** | **robert@battlelicensedpracticalnursing.c** | **www.battlelicensedpracticalnursing.com** |
| Products/Services: | Battle Licensed Practical Nursing provides skilled CNAs, LPNs, and RNs to nursing homes to preform the daily tasks of a CNA, LPN, and RN. | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|
| **Staffing Services** | | | | |
| **Casa Trinity/ Highland Staffing, LLC** | **Emily Briceland** | **315-576-8237** | **e.briceland@highlandstaffingllc.com** | **N/A** |
| Products/Services: | Highland Staffing is a clinician owned temporary staffing services | | | |
| **WBE** | | | | |
| **Central Park RPN** | **Jeffrey Cooke** | **590 Madison Ave,** | **JeffCookerpn@gmail.com** | **https://centralparkrpn.com/** |
| Products/Services: | We provide Staffing for Healthcare and business professionals. We specialize in nursing and all Healthcare staffing. Our founders are Registered Nurses with business experience, giving Central Park RPN an unique vantage point in healthcare. | | | |
| **MBE** | | | | |
| **Elevate Staffing solutions LLC** | **Shanta Riggins** | **585-953-4726** | **contact@elevate-staffingsolutions.com** | **www.elevate-staffingsolutions.com** |
| Products/Services: | Direct-hire recruiting and employment placement services, including candidate sourcing, recruiting, screening, interviewing, candidate matching, recruitment support, and talent acquisition services for employers. | | | |
| **MWBE** | | | | |
| **ESO Consultants LLC** | **Ezekiel Olaniyi** | **347-985-3863** | **prioritycareshome@gmail.com** | **www.qhstaff.com** |
| Products/Services: | Temporary Staffing Service, Direct Placement Service | | | |
| **MBE** | | | | |
| **Finger Lakes Staffing Services, LLC** | **Tina Webster** | **585-735-7262** | **tina@fingerlakeshcs.com** | **www.fingerlakeshcs.com** |
| Products/Services: | FLSS LLC provides NP's, RT's, RN, LPN, CNA, HHA to schools, LTC's, Healthcare Facilities, Camps to provide Nursing care, medication administration, meals, ADL's. | | | |
| **WBE** | | | | |
| **Globe Link Healthcare Staffing Network, LLC** | **John Wairimu** | **205-382-1291** | **jwairimu@globelinkhealthcare.com** | **www.globelinkhealthcare.com** |
| Products/Services: | We place employees across the medical industry including RN's, LPN's, CNA's and more | | | |
| **MBE** | | | | |
| **Greenlife Healthcare Staffing Inc.** | **Jenille Harris** | **239-387-2146** | **procurement@glhstaffing.com** | **www.glhstaffing.com** |
| Products/Services: | Greenlife Healthcare Staffing is a recruitment agency that connects clinical and non-clinical professionals with healthcare facilities across the United States. It provides direct hire, temporary staffing, travel assignments, and locum tenens services for medical organizations, ranging from private practices to government agencies. | | | |
| **MWBE** | | | | |
| **Infojini Inc.** | **Sandeep Harjani** | **443-257-0086** | **statebids@infojiniconsulting.com** | **www.Infojini.com** |
| Products/Services: | Infojini Inc. is a NMSDC certified MBE specialized in providing IT & Staffing Services to various State, Local, Higher Ed, and other 200+ government agencies. Our core areas include Digital Transformation, Cloud Services, UI/UX Services, Cyber Security, ERP Implementation, and Staff Augmentation. Staffing Solutions:IT & Emerging TechHealthcare – Clinical, Non-Clinical, Allied HealthAdmin/ClericalAccounting & FinanceCustomer SupportHuman ResourcesScientific and R&DLegal, Risk & ComplianceEngineering & Operations | | | |
| **MBE** | | | | |
| **JDT Services, Inc.** | **Tyrone Reaves** | **585-739-4383** | **tyrone.reaves@truformmfg.net** | **NA** |
| Products/Services: | Temporary Help Services | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Staffing Services

| | | | | |
|---|---|---|---|---|
| **JK Executive Strategies** | **Jill Knittel** | **585-417-9690** | **jill@jkexec.com** | **www.jkexec.com** |
| Products/Services: | We provide executive search, professional recruiting and contract/consulting services for companies needing to find and hire talent. We also provide consulting services to Not for profit organizations and their boards. Industry specialties include: Higher Ed, NFP, Manufacturing, Construction, Distribution, Financial Services, Legal, Renewable Energy, Health Care. | | | |
| **WBE** | | | | |
| **M3 Placement and Partnership** | **Mary Malone McCarthy** | **315-624-2210** | **mmccarthy@m3bsn.com** | **www.m3placement.com** |
| Products/Services: | Executive Search, Direct Placement, Outsourced Recruitment, Strategic HR Consulting | | | |
| **WBE** | | | | |
| **Meazi Staffing Agency** | **Meaza Teklemariam** | **585-469-2477** | **info@meazirn.com** | **www.meazirn.com** |
| Products/Services: | Tailored recruitment and placement services to meet the unique staffing needs of healthcare organizations: Direct Hire Staffing<br>Placement of qualified Registered Nurses (RNs), Licensed Practical Nurses (LPNs), Certified Nursing Assistants (CNAs), Direct Support Professionals (DSPs), and other healthcare professionals.<br>Credentialing Support for Foreign-Educated Nurses: Assistance with credential evaluations, licensing exam preparation, and application processes to meet U.S. healthcare standards, Cultural Adaptation Training<br>Temporary and Permanent Staffing<br>Professional Development Programs | | | |
| **MWBE** | | | | |
| **Medical Edge Recruitment LLC** | **Kathryn Eberwin** | **281-362-2875** | **MER@medicaledge.com** | **www.medicaledge.com** |
| Products/Services: | Temporary Nursing Services, Direct Hire, Per Diem, Allied Health Staffing, Executive Search, Recruiting and Staffing | | | |
| **WBE** | | | | |
| **Med-Scribe, Inc** | **Roberta Kavanaugh-Reif** | **585-586-0790** | **laura.mallam@medscribe.com** | **www.medscribe.com** |
| Products/Services: | Staffing services: Medical staffing, insurance staffing, general customer service staffing. Temporary services, direct and long term staffing services. | | | |
| **WBE** | | | | |
| **Navitas Partners LLC** | **Shaloo Mital** | **732-422-1500** | **certs@navitassols.com** | **www.navitassols.com** |
| Products/Services: | We are systems architecture and software development firm that specializes in the planning, development, integration and maintenance of enterprise systems. We have the resources and capabilities to handle any IT project. We also provide staff on a contract, project, contract-to-hire and direct hire basis, to handle any of your company's IT and Non IT requirements. We specialize in Full Lifecycle Software Development; Systems Architecture and Design; Database Architecture, Development and Maintenance; Business Intelligence & Data Warehousing Solutions; Network Administration and Engineering; Legacy System Migration and Integration; Colocation Services; Project and Portfolio Management; Test Engineering; Technical Writing; Enterprise Systems Operation, Administration and Maintenance; QA Testing; IT Talent Acquisition. | | | |
| **MWBE** | | | | |
| **New York Technology Partners** | **Nick Bhatia** | **585-532-6767** | **nick@nytpartners.com** | **www.nytp.com** |
| Products/Services: | Staffing and HR services | | | |
| **MBE** | | | | |
| **Reliant Staffing Systems Inc. DBA Career Start** | **Lindsay McCutchen** | **585-370-4303** | **l.m1517@careerstartny.com** | **www.careerstartusa.com** |
| Products/Services: | Staffing, recruiting, and Employer-on-Record (payroll, compliance, legal, HR, etc.) services for temporary, contract, temporary-to-hire, and permanent workers. | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|
| **Staffing Services** | | | | |
| **Staffing Boutique** | **Katie Warnock** | **201-232-6517** | **katie@staffingboutique.org** | **www.staffingboutique.org** |
| Products/Services: | Staffing Boutique is a full service staffing agency specializing in recruitment in the nonprofit and education space. We offer a suite of services including executive search, direct hire, temp-to-hire and temporary recruitment for general administration. We also offer PEO and Payroll Services. | | | |
| **WBE** | | | | |
| **Talent Vision LLC** | **Jerris Wade** | **585-414-9518** | **j.wade@diversefirst.com** | **www.diversefirst.com** |
| Products/Services: | Staffing and Recruitment Services, HR Consulting DE&I training, Professional development | | | |
| **MBE** | | | | |
| **Tecknomic LLC** | **Dexter Spencer** | **202-829-2953** | **office@tecknomic.com** | **www.tecknomic.com** |
| Products/Services: | Staffing services; temporary hep services; electrical contractors/wiring installation services; training servcies | | | |
| **MBE** | | | | |
| **The Caswood Group Inc.** | **Maria Casamayor** | **585-425-0332** | **icasamayor@caswood.com** | **www.caswood.com** |
| Products/Services: | Healthcare and Biopharmaceutical Industry• Inside Sales/Customer Service• Specialty sales Teams• Temporary Nursing Staff and COVID19 Testing• Clinical Educators• Conventions and Tradeshows• Recruiting Services• Medical Science Liaisons• Government Contracts | | | |
| **WBE** | | | | |
| **Tri-Mar Consulting Inc** | **Iveth Reynolds** | **585-820-6513** | **ireynolds@trimar.net** | **www.trimar.net** |
| Products/Services: | Staffing and Recruiting ServicesTalent DevelopmentHR Consulting Services | | | |
| **MWBE** | | | | |
| **We Care Staffing Solutions** | **Michelle Garcia** | **585-315-5802** | **admin@wecarestaffing.us** | **www.wecarestaffing.us** |
| Products/Services: | Nursing Staffing Agency, Long Term Care, Hospitals, Home Aids | | | |
| **MWBE** | | | | |
| **Whaumbush Group Inc.** | **Jacque Whaumbush** | **215-668-8640** | **jpwhaumbush@gmail.com** | **NA** |
| Products/Services: | Medical Staffing and Tele-medicine Services | | | |
| **MBE** | | | | |
| **Steel Fabricators** | | | | |
| **Steel Tech Fabricators Inc** | **Terence Brown** | **585-323-2660** | **info@steeltechfab.com** | **www.steeltechfab.com** |
| Products/Services: | Fabricating and installing: Structural steel, Railings, stairs | | | |
| **MBE** | | | | |
| **Telecommunications** | | | | |
| **Bell Datacomm** | **Michael Bell** | **585-440-5240** | **michael@belldatacomm.com** | **N/A** |
| Products/Services: | Network infrastructure (Routing, Switching, Wi-Fi etc...) design, sell, implement and optimization. We are partners with Cisco, Meraki, Axis and others. | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Telecommunications

| | | | | |
|---|---|---|---|---|
| **Convergent Telecom** | **Raj Shah** | **585-430-6070** | **rshah@convergent.net** | **www.convergent.net** |
| Products/Services: | Mitel Gold Partner; Algo IP Paging; CloudTalk Hosted Telephony; SIP Trunks; VOIP Premise Systems; Mitel Service; VOIP Hosted Systems; Call Centers. | | | |
| **MBE** | | | | |

## Temporary Lodging/Hotel Services

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|---|---|---|---|---|
| **Wiltshire Oasis LLC** | **Darlene Rogers** | **585-439-6867** | **wiltshireoasis@gmail.com** | **N/A** |
| Products/Services: | Provide fully furnished short-term rental housing, including furniture, kitchenware, linens, Wi-Fi, and all utilities. Services include routine and emergency maintenance, professional cleaning between tenants, flexible short-term lease options, and move-in-ready accommodations. | | | |
| **MWBE** | | | | |

## Testing & Laboratory Services

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|---|---|---|---|---|
| **Atlantic Testing Laboratories, Limited** | **Royce Knowlton** | **585-427-9020** | **rknowlton@atlantictesting.com** | **www.atlantictesting.com** |
| Products/Services: | Subsurface Investigation, Water-Based Investigation, Geotechnical Engineering, Environmental Consulting, Asbestos, Lead and HazMat Testing, Special Inspection, Construction Materials Engineering and Testing, Concrete and Steel Non-Destructive Testing, Petrographic Analysis, Fenestration Testing, Dynamic Pile Testing, Vibration Monitoring, and Storm water Pollution Prevention Plan Inspections | | | |
| **WBE** | | | | |
| **Cayuga Drug and DNA Testing Inc.** | **Brian Muldrow** | **315-237-1679** | **brian@cayugadna.com** | **www.cayugadna.com** |
| Products/Services: | On-Site Specimen Collections - for various occupational testing purposes on-site for convenience. Collectors follow strict collection protocols set by the Department of Transportation in Title 49 Part 40 of the Code of Federal Regulations to help ensure clients are in compliance with federal regulations.Reasonable Suspicion Training for Supervisors training on reasonable suspicion, the legalization of recreational Marijuana and how it may impact employers, signs of substance abuse and the appropriate steps to take in a reasonable suspicion situation, and federal requirements.Background Screenings - various options to meet their needs. Background screenings are done following the appropriate state and federal laws pertaining to background checks. | | | |
| **MBE** | | | | |
| **Certainty Analytical Labs** | **Brandy Young-Gqamana** | **804-426-2559** | **brandy.young@certainsciences.com** | **www.certainsciences.com** |
| Products/Services: | We test for small molecules, heavy metals, microbes, solvents and pesticides. Additionally, we provide lab consulting services, which includes: R&D (i.e., assay development, technology evaluation), technology onboarding and training. | | | |
| **MWBE** | | | | |
| **Lab Associates of Rochester** | **Stephanie Myricks** | **585-284-0687** | **headquartersinternational@gmail.com** | **N/A** |
| Products/Services: | Lab Associates of Rochester is dedicated to improving access to care by delivering mobile laboratory services to underserved communities and offering dependable courier solutions. | | | |
| **MWBE** | | | | |
| **Labby Inc.** | **Julia Somerdin** | **781-801-8971** | **julia@labbyinc.com** | **www.labbyinc.com** |
| Products/Services: | Milk composition and quality analyzer | | | |
| **MWBE** | | | | |
| **Langford Testing & Consulting LLC** | **Delores Langford** | | **Dee@netsync.net** | **www.langfordtesting.com** |
| Products/Services: | Drug & Alcohol Testing/Collections, CTPA. DNA Collections Random Drug & Alcohol Program Management | | | |
| **WBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Testing & Laboratory Services

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|---|---|---|---|---|
| **Lozier Environmental Consulting Inc.** | **Amy Pusateri** | **585-727-4793** | **apusateri@lozierenv.com** | **www.lozierenv.com** |
| Products/Services: | Lozier Environmental Consulting, Inc. is an accredited New York State Department of Health ELAP-certified laboratory for the analysis of airborne fibers, asbestos bulk materials, mold and potable/non-potable water. Lozier is also licensed by the New York State Department of Labor for the handling of asbestos materials (restrictive, non-abatement activities).<br>Some of our services include: asbestos surveys, air/project monitoring, project design, variance development, mold assessments, food and water sampling/testing. We maintain a variety of certifications, licenses, and accreditation's including the New York State Department of Health Environmental Laboratory Approval Program (ELAP), AIHA Industrial Hygiene Proficiency Analytical Testing: IHPAT and IMPAT, New York State Department of Labor (DOL), and ISO/IEC 17025:2017 accreditation. Our staff consists of dedicated employees, including microbiologists, technicians, sampling specialists, sales, and support personnel. | | | |
| **WBE** | | | | |
| **Phleb Express,LLC** | **Trinisha Sanjurjo** | **315-395-5790** | **Syrphlebexpress@gmail.com** | **www.Phlebexpress.com** |
| Products/Services: | Phleb Express provides phlebotomy service and rapid laboratory testing. We preform DOT and non DOT testing, toxicology testing , DNA, HIV, Hepatitis testing, Covid 19 testing ,routine blood work testing , employee drug screens for employers and we are mobile. We also provide a career work force program to all schools for certified and train individuals to become Certified Phlebotomy Technician | | | |
| **MWBE** | | | | |
| **Pure Air Inside Outside** | **Roberto Melendez** | **585-456-7763** | **Pureair.Roberto@gmail.com** | **N/A** |
| Products/Services: | ASBESTOS AIR TESTING | | | |
| **MBE** | | | | |
| **TOP Wellness Inc** | **Karen Duffy** | **603-781-3115** | **kduffy@toponsitewellness.com** | **www.toponsitewellness.com** |
| Products/Services: | Titer, Quantiferon TB, and drug testing; Occupational Health Surveillance Exams; Turnkey programs; National Medical Lab Testing; Health Fairs; Chair Massage; Multi-site services; Occupational Health Exams-onsite | | | |
| **WBE** | | | | |
| **Veinflow Mobile Phlebotomy** | **Melody Ranger** | **585-851-4992** | **melodyranger4@icloud.com** | **www.veinflow.org** |
| Products/Services: | Mobile Phlebotomy service that offers blood work services in the home or safe area that can either be delivered to lab or mailed through fed ex for specialty services. | | | |
| **MWBE** | | | | |

## Transportation Services

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|---|---|---|---|---|
| **All Level Transportation LLC** | **Melanie Williams** | **585-991-3044** | **missmonkw@gmail.com** | **https://allleveltransportationllc.com/about** |
| Products/Services: | Non- Emergency Medical Transport- All level Transportation, LLC provides non-emergency medical transport services for individuals who are not in an emergency but may require extra assistance. This service is provided by highly qualified staff members who are prepared to provide the best transportation services. Our drivers are CPR and NYS certified. Our drivers receive training to ensure our passengers are safe and comfortable. | | | |
| **MWBE** | | | | |
| **Anuvia Support Services** | **Jamilya Arzanesh** | **585-378-7595** | **admin@anuviasupportservices.com** | **https://anuviasupportservices.com/** |
| Products/Services: | Anuvia Support Services LLC is a private, pre-scheduled healthcare transportation service based in the Greater Rochester, New York area. The company specializes in designing transportation services that are aligned with patients' treatment schedules to reduce the stress and logistical challenges associated with repeated medical appointments.<br>Mission & Vision<br>Anuvia's mission is to make treatment days more manageable by providing transportation that respects each rider's time, energy, and dignity. The company aims to be the trusted, treatment-aware transportation partner for patients in the Rochester region by creating reliable, predictable, and patient-centered ride packages.<br>Core Services<br>Infusion & Oncology Rides:<br>IVF & Fertility Monitoring Rides<br>Multilingual Support<br>Structured Ride Packages | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
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## Transportation Services

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|---|---|---|---|---|
| **At Your Service Transportation LLC** | **Lynette Rosado** | **585-465-6584** | **info@atyourservicemedtrans.com** | **www.atyourservicemedtrans.com** |
| Products/Services: | At Your Service Transportation provides essential transportation services to individuals who require non-emergency medical transportation, ensuring they have access to healthcare facilities, social services, and community resources. Medical Appointments; Dialysis and Rehabilitation; Senior Transportation; Disability Support; Community Engagement | | | |
| **MWBE** | | | | |
| **CareRide Transport Group** | **Renee Long** | **585-309-5514** | **rlong@rhnet.org** | **N/A** |
| Products/Services: | Non emergency transport company | | | |
| **MWBE** | | | | |
| **Empire Medical Ride LLC** | **Yanelys Alarcon** | **585-729-1661** | **owner@empiremedicalride.com** | **www.empiremedicalride.com** |
| Products/Services: | Non-Emergency Medical Transportation (NEMT): We provide reliable transportation for patients attending important medical appointments such as primary care visits, specialist consultations, dialysis treatments, rehabilitation sessions, and mental health services, ensuring they arrive safely and on time.<br>Hospital Discharge Transportation: We offer safe and timely rides for patients leaving hospitals or medical facilities, helping them return home comfortably while supporting continuity of care.<br>Routine and Preventive Care Transportation: Our services make it easier for individuals to attend regular check-ups and preventive care visits, helping reduce missed appointments and improve overall health outcomes.<br>Door-to-Door Transportation: We deliver personalized, door-to-door service, making sure each passenger is picked up and dropped off safely at their exact location, with attention to comfort and individual needs.<br>Ambulatory Assistance: We assist passengers who are able to walk but may need a little extra help, always prioritizing safety, dignity, and respect.<br>Flexible Scheduling: We offer both scheduled and recurring transportation options, making it easier for clients who require ongoing treatments such as dialysis or therapy.<br>Coordination with Healthcare Providers and Agencies: We work closely with medical offices, case managers, and transportation programs to ensure smooth scheduling, clear communication, and efficient service for every client. | | | |
| **MWBE** | | | | |
| **Harris Transportation LLC.** | **Irvin Harris** | **585-362-2317** | **Irvinharris67@gmail.com** | **N/A** |
| Products/Services: | Medical Transportation Services providing wheelchair and ambulatory services | | | |
| **MBE** | | | | |
| **King James Medical Transport LLC** | **Anthony Washington** | **585-202-8182** | **anthonywashington@kingjamesmt.com** | **www.Kingjamesmt.com** |
| Products/Services: | Nonemergency medical transport taking people to and from Doctor appointments | | | |
| **MBE** | | | | |
| **Nice and Ready LLC** | **Kelly Borger** | **212-920-9657** | **contact@niceandready.com** | **www.Niceandready.com** |
| Products/Services: | I provide non emergency medical transportation to people within the community. Our fleet includes sedans and wheelchair accessible vans. | | | |
| **MWBE** | | | | |
| **RG3 Transportation, LLC** | **Rosiland Brooks-Harris** | **585-200-0848** | **roz@rg3transportation.com** | **www.rg3transportation.com** |
| Products/Services: | RG3 Transportation, LLC provides Non-Emergency Medical Transportation. We provide Livery/taxi transportation that does not require special accommodation to enter or exit the vehicle. In addition to Livery/taxi, we also provide Ambulette/wheelchair transportation that consists of a wheelchair lift. Those with wheelchairs, electric mobility scooters, or any physical condition that hinders their ability to easily enter or exit a vehicle are encouraged to book wheelchair transportation to ensure a safe and comfortable ride. | | | |
| **MWBE** | | | | |
| **Roc Around Stafford Medical Transportation, LLC.** | **Maggie Stafford** | **585-535-1799** | **mstafford001@outlook.com** | **N/A** |
| Products/Services: | Medical transportation- Roc Around Stafford Med transport clients to and from medical appointments and disable client who cannot use traditional transport to work, program, etc.... | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Transportation Services

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|---|---|---|---|---|
| **TRT Transportation, LLC** | **Roderick Nelson** | **585-880-6388** | **trtallinonesvc@gmail.com** | **https://trt-transportation.com** |
| Products/Services: | The TRT in TRT Transportation, LLC stands for “Timely Reliable Transportation”. We are committed to providing the safest transportation experiences for persons in our community and surrounding areas who are in need of reliable non-medical transportation and taxi services. | | | |
| **MBE** | | | | |
| **Willams Empire LLC** | **Levi Williams** | **585-775-6889** | **Leviwilliams49@gmail.com** | **N/A** |
| Products/Services: | Provide overnight non- medical emergency transportation for Rochester Regional Hospital for patients who do not have insurance to receive medi-cab transportation | | | |
| **MBE** | | | | |

## Travel Services

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|---|---|---|---|---|
| **AJ Excursions** | **Ajoua Jackson** | **585-802-8988** | **ajoua@ajexcursions.com** | **www.ajexcursions.com** |
| Products/Services: | Booking travel by air, land, sea in hotels, resorts I book individual and group travel. | | | |
| **MWBE** | | | | |
| **Town & Country Travel, Inc.** | **Teresa Johnson** | **585-729-2677** | **teresa@towncountrytravel.com** | **www.towncountrytravel.com** |
| Products/Services: | Town & Country Travel, Inc. is headquartered in Pittsford, New York. The company has been in business as a full-service travel agency since 1983. The main components of our growing success are an extremely experienced staff, personalized service and a commitment to technology. Our team of travel advisors and support staff are professionals who excel in providing travel industry knowledge and experience to each and every transaction. Town & Country Travel partners with the leading travel technology companies in the country. We are dedicated to creating a customized servicing configuration for our business travel clients that meets their specific needs. Whether your travel includes domestic or international itineraries, vacations, groups or meetings, Town & Country Travel is your one source for all your travel needs. We invite you to experience our full-service capabilities and look forward to the opportunity to be your travel agency of choice. | | | |
| **WBE** | | | | |

## Trucking & Delivery Services

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|---|---|---|---|---|
| **All County Trucking** | **KImberly Bohrer** | **585-313-7620** | **kbohrer22@yahoo.com** | **N/A** |
| Products/Services: | Transporting material in commercial vehicles such as; asphalt, different variations of stone, dirt, topsoil and millings-Bringing material in for construction sites as in housing developments, water main jobs, re-doing highways/streets, schools around Rochester, etc.- Diesel truck repairs | | | |
| **WBE** | | | | |
| **BMB Innovations** | **Bryce Burroughs** | **213-248-2032** | **bmbinnovationsllc@gmail.com** | |
| Products/Services: | BMB innovations is a minority owned Trucking and logistics company based in Henrietta,ny. We provide safe, reliable and efficient transportation solutions with a focus on fuel hauling and local deliveries. Our mission is to deliver dependable service while supporting economics growth in the Monroe county | | | |
| **MBE** | | | | |
| **Brown Logistics & Trucking LLC** | **Daniel Brown Banks** | **585-445-4196** | **dbrown@sergiobconsulting.com** | **N/A** |
| Products/Services: | Local and Long distance freight transportation. | | | |
| **MBE** | | | | |
| **Cheee'per Than The Rest** | **Ronald Cleveland** | **585-729-7618** | **cheeeperthantherest@gmail.com** | **N/A** |
| Products/Services: | Moving and cleaning services<br>Packing<br>Internal moving<br>Same day moves<br>Covid cleaning<br>Full building clean outs | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Trucking & Delivery Services

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|---|---|---|---|---|
| **Clark Moving & Storage, Inc.** | **Katherine Evra** | **585-704-3011** | **kclark@clarkmoving.com** | **www.clarkmoving.com** |
| Products/Services: | Household & Commercial Moving & Storage Services; including packing, warehousing & distribution, company relocations, high value transportation of electronics, medical, printing, entertainment and manufacturing equipment, Trade Show & Exhibits. | | | |
| **WBE** | | | | |
| **Comar Logistics LLC** | **James Garfield** | **585-498-9879** | **J.garfield5@comarlogisticsllc.com** | **N/A** |
| Products/Services: | On demand ,24 hour, scheduled and routed delivery services | | | |
| **MBE** | | | | |
| **D Murphy Enterprises LLC DBA Kind Carrier** | **Daniel Murphy** | **315-418-5206** | **danielmurphy@kindcarrier.delivery** | **www.kindcarrier.delivery** |
| Products/Services: | Kind Carrier offers the following services: Freight Brokering, Warehousing and Fulfillment, 3PL/4PL, Hotshot Deliveries, White Glove Delivery, Freight, Delivery, Logistics, Shipment, Distribution, Inventory Management, Operations Management, Claims Management, Risk Management, Distribution Center, Storage Facilities, Inventory Storage, Freight Transport, Freight Forwarding, Last-Mile Deliveries, Cargo Transport, Fleet Operations. | | | |
| **MBE** | | | | |
| **DC Hauling Excavating & Gravel Driveway Specialists,** | **Heather Colella** | **585-204-7625** | **heather@dcmakesiteasy.com** | **www.dcmakesiteasy.com** |
| Products/Services: | Gravel Driveway Installation and MaintenanceAsphalt Driveway and Parking Lot InstallationLand ClearingExcavation ServicesLandscape Material DeliverySewer, Septic, and Water System ServicesGarden Water FeaturesDownspouts and Drainage Solutions | | | |
| **WBE** | | | | |
| **Devoted Strength LLC** | **Marvin Abrahams** | **585-503-1564** | **devotedstrengthllc@gmail.com** | **N/A** |
| Products/Services: | General Freight, local, long distance, reginal, dump truck services, construction material delivery, flatbed | | | |
| **MBE** | | | | |
| **Enhance Transportation LLC** | **Calvin Campbell** | **585-434-7000** | **ccampbell7578@icloud.com** | **N/A** |
| Products/Services: | General Freight ( Hauling ) | | | |
| **MBE** | | | | |
| **Freddys Freight LLC** | **Frederick Adams Jr** | **585-831-2214** | **f.freight585@gmail.com** | **N/A** |
| Products/Services: | Transportation of freight (fuel, propane, asphalt) | | | |
| **MBE** | | | | |
| **Global Star Transportation** | **Paul Oska** | **585-627-3619** | **globalstartransportationllc@gmail.com** | **N/A** |
| Products/Services: | Trucking and Hauling Local and Long Distance | | | |
| **MBE** | | | | |
| **Hawkeye Transportation and Delivery LLC** | **David Hawkes** | **585-797-7737** | **dakineof@hotmail.com** | **N/A** |
| Products/Services: | Hawkeye Transportation and Delivery is in a prime location, minutes from the University of Rochester and Frederick Douglas International Airport and focuses on providing transportation for Veterans with special needs. We also provide delivery services for emergency and non-emergency medical supplies, with a 24/7 delivery component. In addition, we provide delivery for goods and services within 150-mile radius of our office hub. Hawkeye Transportation and Delivery also provides concierge services for individuals or groups coming into Western New York for overnight or extended stay visits. | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Trucking & Delivery Services

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|---|---|---|---|---|
| **HNS Enterprise Inc** | **Sharon Soltau** | **917-731-1549** | **hnsenterprises@yahoo.com** | N/A |
| Products/Services: | TRUCKING & DISPOSAL | | | |
| **MWBE** | | | | |
| **Humble Circle Trucking Logistics and Consultants, LL** | **Akua Ajavon-Burge** | **585-201-8277** | **humblecircletlc.llc@gmail.com** | N/A |
| Products/Services: | Operating independent trucking terminalsProviding general freight long-distance, less than truckload truckingProviding local general freight trucking servicesProviding independent truck driving services | | | |
| **MWBE** | | | | |
| **IDRIVE, LLC** | **Terrence Dorsey** | **585-465-1963** | **Terrence@idrivetime.com** | www.idrivetime.com |
| Products/Services: | Trucking transport of fuel and dry bulk | | | |
| **MBE** | | | | |
| **Interstate Hauling LLC** | **Anthony Martin** | **585-370-1214** | **ampats38@gmail.com** | N/A |
| Products/Services: | Hauling construction materials | | | |
| **MBE** | | | | |
| **Jaade Inspirational Investors Inc.** | **Mavis Santiago** | **585-622-2640** | **safedrver7@yahoo.com** | N/A |
| Products/Services: | As a courier service, we specialize in providing efficient and reliable transportation of packages and documents from one location to another. Our services include same-day delivery, next-day delivery, and scheduled deliveries. We offer various shipping options such as standard, express, and expedited shipping to accommodate different delivery needs. Additionally, we provide tracking services so customers can monitor the status of their shipments in real-time. Our team is dedicated to ensuring prompt and secure delivery, with a focus on customer satisfaction. | | | |
| **MWBE** | | | | |
| **Kiper Moving and Transportation LLC** | **Deidre Batson-Griggs** | **716-201-0849** | **deebgriggs@kipermandt.com** | www.kipermandt.com |
| Products/Services: | Residential moving services, Commercial office and warehouse moving services, delivery and courier services, LTL and FTL freight, outsourced employment, bank decommissions | | | |
| **MWBE** | | | | |
| **Martino-Brown Enterprises LLC** | **Gina Martino** | **585-441-5281** | **martino.gina@outlook.com** | N/A |
| Products/Services: | On Demand / STAT Delivery: Immediate pickup and direct to destination transport for urgent items, including medical specimens, legal filings, and time sensitive documents. Scheduled Daily Pickups Routed Delivery Services; Same Day Delivery; After Hours & Weekend Delivery. | | | |
| **MWBE** | | | | |
| **MB&S TRUCKING LLC** | **Walter Bell** | **609-929-6729** | **waltmoebell@gmail.com** | NA |
| Products/Services: | Hauling and transporting of raw materials from stones and sand to salt and asphalt, you name it we can meet your unique hauling needs. | | | |
| **MBE** | | | | |
| **Neal Trucking & Hauling Logistics** | **LaTeshia Neal** | **585-370-2867** | **nealtrucking585@gmail.com** | N/A |
| Products/Services: | Consulting services, transportation, hauling/ cargo | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Trucking & Delivery Services

| | | | | |
|---|---|---|---|---|
| **Pick-up and Drop-off, LLC** | **Donovan McLean** | **585-910-9400** | **pickupanddropoffllc@gmail.com** | **N/A** |
| Products/Services: A courier service that focuses on the last mile part of logistics. We have worked with Amazon, Staples, UPS and various other master contractors that cater to logistics. P.A.D operates with a business to business format that helps solve logistics problems for businesses. Due to the raises of ecommerce the demand has increased which in return benefits the logistics industry. PAD believes that industry will continue to rise as demand increase and store front sales decrease. | | | | |
| **MBE** | | | | |
| **Pick-up and Drop-off, LLC** | **Donovan McLean** | **585-910-9400** | **pickupanddropoffllc@gmail.com** | **N/A** |
| Products/Services: A courier service that focuses on the last mile part of logistics. We have worked with Amazon, Staples, UPS and various other master contractors that cater to logistics. P.A.D operates with a business to business format that helps solve logistics problems for businesses. Due to the raises of ecommerce the demand has increased which in return benefits the logistics industry. PAD believes that industry will continue to rise as demand increase and store front sales decrease. | | | | |
| **MBE** | | | | |
| **Presidential Trucking LLC** | **John Hamilton** | **585-481-6781** | **presidentialtrucking22@gmail.com** | **NA** |
| Products/Services: Transportation services of general freight, vehicles and machinery. Transportation services is both intrastate and interstate. Insurance coverage is as required by FMSCA for shippers goods and Truck/trailer combination | | | | |
| **MBE** | | | | |
| **RocSolidTruckin & Transport, LLC** | **Cijntje Cox** | **585-524-8164** | **ccox@rocsolidtnt.com** | **N/A** |
| Products/Services: RocSolid provides Transportation services for truckload and ltl freight including general household goods, refrigerated goods, Scrape metal, paper/plastic recyclable materials, and refuse/municipal waste products. | | | | |
| **MBE** | | | | |
| **SC Russell Trucking, Inc** | **Sabrina Russell** | **585-685-8000** | **scrussell2Transport@gmail.com** | **N/A** |
| Products/Services: Trucking/Hauling of earth products, Paving, Landscaping, Demolition | | | | |
| **MWBE** | | | | |
| **Shawn Bell's Trucking Inc.** | **Shawn Bell** | **585-704-5118** | **sbtrucking@frontiernet.net** | **www.Sbtruckinginc.com** |
| Products/Services: Transportation of construction materialsHauling (Asphalt, stone, dirt, etc.) | | | | |
| **MBE** | | | | |
| **Sir Don McClean LLC** | **Donovan McLean** | **585-910-9400** | **Sirdmclean@gmail.com** | **N/A** |
| Products/Services: Local delivery services | | | | |
| **MBE** | | | | |
| **Sir Don McClean LLC** | **Donovan McLean** | **585-910-9400** | **Sirdmclean@gmail.com** | **N/A** |
| Products/Services: Couriers and Express Delivery Services | | | | |
| **MBE** | | | | |
| **SureTrip Express Moving LLC** | **Suhayl Abdul-Latif** | **585-754-3149** | **suhayl.abdul@gmail.com** | **www.suretripexpress.com** |
| Products/Services: Moving services in Rochester, NY, and Buffalo, NY. Our professional team specializes in local and long-distance moves, offering affordable and reliable solutions for residential, commercial relocations, Furniture Assembly, Debris Removal, And Other Labor Services. | | | | |
| **MBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Trucking & Delivery Services

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|---|---|---|---|---|
| **Timely Express Delivery LLC** | **Osman Abdi** | **585-360-5971** | **Timelyexpressdelivery@gmail.com** | N/A |
| Products/Services: | Local and Regional Deliveries; Scheduled and On-Demand Services; Secure and Safe Transportation; Customized Solutions Reliable Service, Experienced Team, Modern Fleet" Customer Focus | | | |
| **MBE** | | | | |
| **Tri City Transportation LLC** | **Cory Wilson** | **585-738-4449** | **lujar76@gmail.com** | www.tricitytransllc.wixsite.com/website |
| Products/Services: | Freight hauling trucking company serving Rochester, Syracuse and Buffalo. | | | |
| **MBE** | | | | |
| **US Express Way Inc** | **Mina Ahmadi** | **585-978-5186** | **mina_ahmadi88@hotmail.com** | N/A |
| Products/Services: | Freight Transportation: Comprehensive freight services, including full truckload (FTL) and less-than-truckload (LTL) options, ensuring timely and safe delivery of goods.<br>Logistics Solutions: Customized logistics and supply chain management services tailored to meet the unique needs of each client.<br>Warehousing and Distribution: Secure warehousing facilities and efficient distribution services to streamline operations and enhance supply chain efficiency. | | | |
| **MWBE** | | | | |
| **Wes Mountain Express** | **Montgomery Bryant** | **585-435-8017** | **strongmountain23@gmail.com** | N/A |
| Products/Services: | Transports and deliver medicine to pharmacy's and medical supplies & equipment. Transports and deliver office paper, and supplies. Transports paychecks to franchise and small businesses | | | |
| **MBE** | | | | |
| **Wilson Logistics** | **Tavares Wilson** | **585-305-9022** | **twil821@gmail.com** | N/A |
| Products/Services: | Delivering goods to customers and warehouses | | | |
| **MBE** | | | | |
| **Zuberri Freight Brokerage & Dispatching Etc. LLC** | **Shabasha Flowers** | **585-629-3742** | **Scal.flowers@gmail.com** | N/A |
| Products/Services: | Transporting freight, Also last mile services | | | |
| **MWBE** | | | | |

## Uniform and Linen Services

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|---|---|---|---|---|
| **Grapevine Laundry Inc.** | **Mary Graml** | **814-449-1820** | **marybeth@grapevinelaundryandlinens.** | www.grapevinelaundryandlinens.com |
| Products/Services: | Uniform rental, sales and service. Linen rental sales and service and Dry cleaning and alteration services. | | | |
| **MBE** | | | | |

## Vehicle Sales

| | | | | |
|---|---|---|---|---|
| **Jessica Chevrolet** | **Jessica Stahl** | **585-301-6646** | **Jessica@jessicachevrolet.com** | www.Jessicachevrolet.com |
| Products/Services: | Automotive sales service and parts | | | |
| **WBE** | | | | |
| **JNB Car Rental LLC** | **Goonwattie Surajpal** | **518-258-3633** | **goonwattiesurajpal@gmail.com** | N/A |
| Products/Services: | Car Rental through the Turo App | | | |
| **MWBE** | | | | |

| Name | Contact | Phone | E-Mail | Website |
|---|---|---|---|---|

## Vehicle Sales

| | | | | |
|---|---|---|---|---|
| **Shardream LLC** | **Tashara Spinks** | **585-317-6698** | **shardreamllc@yahoo.com** | **N/A** |
| Products/Services: | har Dream LLC is a minority-woman owned used automobile dealership committed to providing reliable affordable and quality pre-owned vehicles. My company focuses on helping customers find dependable transportation solutions while delivering a smooth and trustworthy buying experience | | | |
| **MWBE** | | | | |

## Warehousing/Fulfillment

| | | | | |
|---|---|---|---|---|
| **ARM Rochester Inc** | **Armando Santiago** | **585-370-9161** | **asantiago@armfg.com** | **www.armfg.com** |
| Products/Services: | Manufacturer & distributor of industrial packaging products and services.<br>Assembly, kitting, fulfillment and warehousing | | | |
| **MBE** | | | | |
| **Discount Trends LLC DBA Valet Seller** | **Kevin Dunne** | **585-690-6006** | **kevin@valetseller.com** | **www.valetseller.com/** |
| Products/Services: | We offer warehousing solutions including: Storage, D2C Postage, Return Processing, Return Disposal, Carton Receiving, Pallet Receiving, Container Receiving, Labeling, Outbound, Bundling / Kitting, Poly bagging, Sticker Application, Inserts, Custom Engraving, Carton Forwarding, Pallet Forwarding, WFS / FBA Managed Shipments, and Brand Verification. | | | |
| **MBE** | | | | |

## Youth Programs and Services

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|---|---|---|---|---|
| **Hand Ventures Inc. dba Brooklyn Robot Foundry Roch** | **Kimberly Hand** | **315-794-2007** | **kim@brooklynrobotfoundry.com** | **https://brooklynrobotfoundry.com/rochest** |
| Products/Services: | erschool Classes - Weekly robot building programs held in the afternoon and evening after dismissal<br>In-School Enrichment - We push directly into classrooms to build with students<br>Foundry Fundays - Full day programs offered on school holidays<br>Summer Circuits - Weeklong summer programs held in July and August<br>Parties - Birthday or another celebration, we provide the robot building experience for attendees<br>Scouts/Youth Groups - Badge programs available<br>Adult Events - Robot building for those young at heart | | | |
| **WBE** | | | | |
| **New Era Training 585** | **Craig Robertsom** | **585-877-4379** | **neweratraining585@gmail.com** | **N/A** |
| Products/Services: | New era training will provide sports training (Skills & Development). | | | |
| **MBE** | | | | |
| **Shifting Gears Unlimited LLC** | **Beverly Robinson-Smith** | **716-570-4959** | **beverlyrsmith@shiftinggearsunlimited.c** | **www.shiftinggearsunlimited.com** |
| Products/Services: | Shifting Gears Unlimited Interpersonal Communications Program for Youth aims to assist young people between the ages of 8 – 21, and to help them build self-esteem through values, activities, personal talents and self-awareness.<br>The program is designed to empower and educate youth on how they can overcome obstacles and achieve a positive attitude toward self, school, family, friends and community. Conflict Resolutions, Life Skills, Goal Setting Skills, Leadership, civic engagement, budgeting, college prep, and employment prep. Each module will consist of “How can I achieve my personal goal?” in all areas.<br>Each module has activities focused on real-world problems and participants’ personal situations. Participants will receive a journal to document their progress, ideas, thoughts, and goals throughout the program. | | | |
| **MWBE** | | | | |
| **Soccer Stars** | **Daniel Franca** | **585-484-0579** | **serochester@soccerstars.com** | **www.soccerstars.com/ny/serochester/** |
| Products/Services: | Soccer Classes for kids | | | |
| **MBE** | | | | |