

YOUNG CHILDREN WITH CHALLENGING BEHAVIORS:

2008 Monroe County Resource List

Compiled by the Monroe County Early Intervention Program (MCEIP)
691 St. Paul Street, Rochester, New York 14605
585-753-KIDS

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*Note: Agencies that do not specify a TTY number may be contacted by deaf, hard of hearing & speech impaired people through the New York Relay Service by calling 711 (toll free, 24 hours).

Introduction

Infant Mental Health is the "developing capacity of the child from birth to age three to: experience, regulate and express emotions; form close and secure relationships; and explore the environment and learn all in the context of family, community and cultural expectations for young children. Infant mental health is synonymous with healthy social and emotional development" (ZERO TO THREE, 2005).

The behaviors of young children (birth to age 5) can be challenging to families and interfere with the child's ability to reach their full potential. In compiling this list, the Monroe County Early Intervention Program has attempted to identify resources in our community that may provide support and assistance to families facing these challenges. The list is intended for use by professionals working with young children to aid families in identifying resources to:

- enhance understanding of early child development and behavior,
- strengthen parenting skills,
- engage support systems, and
- access mental health diagnostic and treatment services.

Resource Directories		
Name	Access Information	Description
Adult Guide to Youth Services <i>developed by Rochester-Monroe County Youth Bureau</i>	753-6455 www.monroecounty.gov >Departments>Youth Bureau>Adult Guide to Youth Services (Available online or call for paper copy.)	Information and community resources on Parenting, Abuse/Violent Behavior, Teen Parenting, Stress, Counseling, etc.
Child & Adolescent Mental Health Resource Guide for the Rochester Community <i>developed by Pediatric Links with the Community (PLC)/ Child Advocacy Resident Education (CARE) program (University of Rochester Department of Pediatrics)</i>	www.plccare.org/MHRguide.html (Available online and for download.)	Web-based guide for primary care providers of children and adolescents designed to help in making referrals for Mental Health services. Four main groups are community resources and agencies, psychiatrists, psychologists, and social workers.
Disability Resource Guide - Greater Rochester Area <i>developed by the Parent-Educator Resource Library (PERL)</i>	http://www.monroe.edu >Resource Links>Educational Resources >Parent-Educator Disability Resource Guide (Call or email for paper copy.) 249-7065 Email: PERL@boces.monroe.edu	Directory of disability-related resources, including emotional/behavioral disabilities, parenting support & training, respite, etc. <i>See <u>Books/Videos/Handouts</u> for additional agency resources.</i>

Resource Directories		
Name	Access Information	Description
Finding Your Way: A Guide to Mental Health Services in Monroe and Livingston Counties, 2007 edition <i>developed by The Mental Health Association</i>	The Mental Health Association 320 Goodman St. North Rochester, NY 14607 325-3145 www.mharochester.org (Call for paper copy. Will be available online in 2008.)	Resources guide to Mental Health Services for consumers, families, and professionals. Includes information on treatment options, legal issues, and special concerns. Primarily geared toward adult services, but includes some information on children and teens. See <i>Parenting Education & Support Services, Books/Videos/Handouts, and Help Lines/Websites</i> for additional agency resources.
Perinatal Network of Monroe County Resource Directory	www.pnmc-hsr.org (Available online and for download.)	Sections include family violence programs, developmental disabilities, hotlines, mental health services, parenting programs, youth services, etc.
Support Group Directory <i>developed by The Mental Health Association</i>	The Mental Health Association 320 Goodman St. North Rochester, NY 14607 325-3145 www.mharochester.org/directory (Available online.)	Web-based directory listing regional peer support groups available addressing a large variety of issues. See <i>Parenting Education & Support Services, Help Lines/Websites, and Books/Videos/Handouts</i> for additional agency resources.

Help Lines/Websites

Name	Contact Information	Description
292-BABY (formerly <i>The Rochester Parent Network</i>)	292-BABY (2229) http://www.292baby.org/ 292-BABY Television: Cable Channel 4, Monday through Friday, 9:00-10:00 PM	Support system for parents and caregivers through television, telephone and internet resources. 292-BABY is a telephone number where parents and caregivers can talk free to a pediatric nurse about any NON-EMERGENCY concern from 7:00 am to midnight Monday through Saturday, and 8:00 am to 8:00 pm on Sunday. 292-BABY is also television with programming Monday through Friday evenings from 9:00 to 10:00 PM on Cable Channel 4. Lastly, it is a website at www.292baby.org where parents and caregivers can visit in the forums page or access videos on a variety of topics on early childhood.
The Advocacy Center	590 South Ave. Rochester, NY 14620 546-1700 www.advocacycenter.com	Services include connecting parents to other parents, information and referral, workshops on disability issues, educational advocacy, etc. See <i>Community Services for additional agency resources.</i>
American Academy of Child & Adolescent Psychiatry	www.aacap.org	Practice, research, legislative, advocacy, and other information for parents and professionals. Links to “Facts for Families” and a referral directory.
Center for Evidence-Based Practice: Young Children with Challenging Behavior	challengingbehavior.fmhi.usf.edu/index.html	Website with extensive information & links, including information on Functional Behavioral Assessment, teaching tools, building a support team, developing support plans, monitoring outcomes, research, case studies, etc.

Help Lines/Websites

Name	Contact Information	Description
<p>Child Abuse Hotlines</p> <p>Monroe County Hotline (call first)</p> <p>NYS Hotline</p>	<p>461-5690</p> <p>800-635-1522 -mandated reporters 800-342-3720 – general public</p>	<p>Call whenever child abuse/neglect is suspected. Monroe County Hotline answered by Child Protective Services 9 am –9 pm, Monday – Friday; 9 am – 6 pm weekends and holidays. Calls automatically roll over to the NYS Hotline outside of these times.</p>
<p>Child & Adolescent Bipolar Foundation</p>	<p>www.bpkids.org</p>	<p>Website for information, web links, listserv, chat room, etc. related to Juvenile Bipolar Disorder.</p>
<p>Family Crisis Intervention Team (FACIT) <i>A program of the Rochester Police Department</i></p>	<p>911 (for emergencies) 428-7183 (information)</p>	<p>Police intervention for family crisis situations. Information also available on domestic violence, mental health issues, child and adult abuse, runaways, etc.</p>
<p>Lifeline</p>	<p>211 1-877-FLNY211</p> <p>http://www.211fingerlakes.org/</p>	<p>Available 24/7 for information/ community referrals. Referrals to Mobile Crisis Team are made through this number. Website offers extensive list of community resources.</p>
<p>National Early Childhood Technical Assistance Center (NECTAC) – Early Childhood Mental Health, Social-Emotional Development, and Challenging Behaviors</p>	<p>www.nectac.org/topics >Topic Pages>Mental Health</p>	<p>Website offering information on federal legislation & initiatives, national associations, research & resource centers, and care & funding systems addressing childhood mental health issues.</p>

Help Lines/Websites

Name	Contact Information	Description
National Institute of Child Health & Human Development	http://www.nichd.nih.gov/publications/pubs/adv_in_parenting/	“Adventures in Parenting”. Information on effective parenting techniques to address children’s behavior. Examples given for use of techniques with children under age 3, between 4 –10 years, and older.
Nemours Foundation	www.kidshealth.org	Web site that offers information for parents on health conditions, emotions & behavior, self-esteem, childhood stress and other issues.
Regional Early Childhood Direction Center (RECDC)	249-7817 www.stronghealth.com/services/childrens/outreachprograms/devdisabilitiesRECDC.cfm	Offers information, support, and referral assistance to parents and professionals concerned about a child age birth – 5 with special needs or handicapping condition. Covered counties include Geneseo, Livingston, Monroe, Ontario, Seneca, Wayne, Wyoming, Yates, Steuben, Schuyler, & Chemung. Not specific only to Mental Health services. No fee. <i>See Community Services for additional agency resources.</i>

Help Lines/Websites

Name	Contact Information	Description
Special Education Training & Resource Centers (SETRC) Monroe #1 BOCES SETRC Monroe #2 - Orleans BOCES SETRC Rochester City SETRC	249-7024 352-2443 or 2489 262-8486	Library resources and some workshops available; call for specifics.
Support Group Directory <i>The Mental Health Association</i>	www.mharochester.org/directory	<i>See Parenting Education & Support Services, Resource Directories, and Books/Videos/Handouts for additional agency resources.</i>
Zero To Three: Parenting A-Z	www.zerotothree.org	Articles, parenting tips, and frequently asked questions regarding parenting young children; includes topics such as aggression, discipline, feeding, disabilities, and social-emotional development.

Sources for Books/Videos/Handouts

Source	Contact Information	Description
<p>The Mental Health Association 320 North Goodman St. Rochester, NY 14607</p>	<p>325-3145 www.mharochester.org</p>	<p>Brochures and materials for families on dealing with difficult behaviors, stress of parenting, etc. See <i>Parenting Education & Support Services, Resource Directories, and Help Lines/Websites</i> for additional agency resources.</p>
<p>Monroe County Early Intervention Program (MCEIP) 691 Saint Paul St., 4th floor Rochester, NY 14605</p>	<p>753-KIDS (5437) www.monroecounty.gov >Public Health>Child & Family Health>Early Intervention</p>	<p>MCEIP houses copies of resource directories, handouts, videos, and other materials on child development, behavior management, discipline, challenging behaviors, sleep-related issues, feeding issues and many other topics. To access these resources, EI professionals and families should contact their Ongoing Service Coordinator (OSC) or Early Intervention Official Designee (EIOD). See <i>Resource Directories and Community Services</i> for additional agency resources.</p>

Sources for Books/Videos/Handouts

Source	Contact Information	Description
<p>Parent-Educator Resource Library (PERL) Monroe #1 BOCES 15 Linden Park Rochester, NY 14625</p>	<p>249-7065 http://www.monroe.edu >Resource Links>Educational Resources >Parent-Educator Disability Resource Guide Email: PERL@boces.monroe.edu</p>	<p>Lending library of books, audiotape, videos, newsletters and articles for parents & educators of students with disabilities, as well as general education information. Services available in person, by phone, mail, or e-mail request. Includes a research service that provides Internet searches on disability related topics. Behavior management, emotional and behavioral disabilities, and family support/parenting are topics that they have resources on, as well as many others. See <i>Resource Directories</i> for additional agency resources.</p>
<p>Parents As Teachers (PAT) <i>Materials available through the PAT Program of Family Resource Centers.</i></p>	<p>Alice McAdam 436-0370 x 309 Email: macadam@hillside.com Also available for reference at MCEIP.</p>	<p>Numerous topics related to child development and rearing, including topics such as attachment, discipline, fears, negativism, self-esteem, sibling rivalry, sensory overload, sleeping, temper tantrums, temperament, etc. See <i>Parenting Education & Support Services</i> for additional agency resources.</p>

Sources for Books/Videos/Handouts

Source	Contact Information	Description
Monroe County Library System	http://www2.libraryweb.org/	LIBRA Web Library Catalog can be searched by topic, material type, and branch location. Examples of the many books and videos on parenting include: <ul style="list-style-type: none"> • “123 Magic” Video; 2001 production-clinical psychologist Thomas W. Phelan explains to parents and teachers how to manage children. • “What’s a parent to do?” Video; a special presentation of ABC news. Features parenting techniques from noted experts.
Woodbine House	6510 Bells Mill Rd. Bethesda, MA 20817 (301) 897-3570 (800) 843-7323 www.woodbinehouse.com	Publisher of books on disabilities for parents, children, teachers, and other professionals. Topics include medical issues, developmental disabilities, siblings, parents, and mental health among others.

Parenting Education & Support Services

Program Name & Agency	Contact Information	Description
<p>“1-2-3 Magic for Preschoolers” Behavioral Pediatrics Program of Rochester General Hospital (RGH) 1425 Portland Ave. Rochester, NY 14621</p>	<p>922-3489 www.viahealth.org >Women’s & Children’s Services> Pediatrics >Behavioral Pediatrics Program >Educational Offerings</p>	<p>Parenting classes offered 4-5 times/year. \$50 per family. <i>See Medical & Mental Health Providers for additional agency resources.</i></p>
<p>Baby Love Social Work Department Strong Memorial Hospital, Box 650 601 Elmwood Ave. Rochester, NY 14642</p>	<p>www.stronghealth.com >Golisano Children’s Hospital >community outreach >Baby Love Strong Social Work Dept. 275-2851 Nikki Bellotti 339-3209</p>	<p>Baby Love is a collaborative program between Golisano Children’s Hospital and the Rochester Early Enhancement Project (REEP). Provides home visiting under supervision of Strong Social Work division. Addresses basic needs and delivers pregnancy and parenting education. Participants must reside in zip code 14621. No fee.</p>
<p>Better Days Ahead Family Support Network c/o The Mental Health Association 320 Goodman St. North Rochester, NY 14607</p>	<p>325-3145, ext. 131 www.betterdaysahead.org</p>	<p>Supports for parents, grandparents, and foster parents raising children with serious emotional or behavioral issues. Includes parenting education, advocacy, respite services, networking, and support groups. Teen and Hispanic support groups also available. No fee. <i>See Resource Directories and Community Services for additional agency resources.</i></p>

Parenting Education & Support Services

Program Name & Agency	Contact Information	Description
<p>Bright Start Pediatric Services 149 N. Main St. Fairport, NY 14450</p>	<p>Jody Ellis, Program Director 377-2230</p>	<p><u>Developmental Playgroups</u> Teacher-facilitated groups for typically developing children and children with special needs. Offered Monday, Wednesday, Friday from 9 - 11 am; Wednesdays from 5:30 – 7:30 pm. \$15 per two-hour session.</p> <p><u>Parent education class</u> Ongoing parent education classes led by a Social Worker, to be held during same time as developmental playgroups (see above). Call for information and fees.</p> <p><u>Parent education series on challenging behaviors</u> 8-10 week education series led by a psychologist, addressing issues of challenging behaviors and discipline. Call to register. \$10 per class.</p>
<p>Clinical Associates of the Finger Lakes 590 Fishers Station Drive, Suite 130 Victor, NY 14564</p>	<p>924-7207</p>	<p>Offers “Groups for Growth”; a variety of themed groups for children age 1-5 yrs. Themes include relationship building, communication, healthy eating, movement, play, sign language and cued speech. Tuition varies based on group.</p>
<p>“CP Rochester Parenting Group” CP Rochester 3399 Winton Rd. South Rochester, NY 14623</p>	<p>Julie Babish Johnson 334-6000 x 211 www.cprochester.org</p>	<p>Monthly parenting group with speakers on a variety of topics, including dealing with challenging behaviors and transition. 7-8:30 pm. Funded through MCEIP; no fee for participants not eligible for MCEIP.</p>

Parenting Education & Support Services

Program Name & Agency	Contact Information	Description
<p>Early Head Start (EHS) Action for a Better Community 49 Stone St. Rochester, NY 14604</p> <p><u>Various EHS program locations include:</u> YMCA (444 E. Main St. 14604) Lewis Street Center (53 Lewis St. 14605) Ibero League of Rochester (777 Clifford Ave. 14621) Volunteers of America (214 Lake Avenue 14608) Hart St. Center (30 Hart St. 14605)</p>	<p>325-5116 (Main office) www.abcinfo.org</p> <p>Greg Hassett 325-5116 x 3327</p> <p>Dawn Breitung 325-5116 x 3329</p> <p>263-4234</p> <p>325-2572</p> <p>454-1200</p> <p>647-1344</p> <p>454-1820</p>	<p><u>EHS Home visiting program</u> (Stone St. only.) Curriculum focuses on enhancing growth and development of infants and toddlers and supports families in personal goals for parenting and self-sufficiency through weekly visits in the parent’s home.</p> <p><u>EHS Child development program</u> (9 am-3 pm) for children between the ages of 6 weeks to three years in low-income families, with curriculum designed especially for the children they serve. Includes nutritious meals, and opportunities for parent support and involvement. Family services also. Transportation provided by the family. Extended childcare available for a fee.</p>
<p>Equal Rights for Fathers of NYS, Inc. Rochester Region PO Box 24487 Rochester, NY 14624</p>	<p>Bob Barone, Vice President 621-3330 (recorded message only) erff@rochester.rr.com www.erff.org</p>	<p>“Ask the Expert” Series presentations at the Gates Presbyterian Church, Room #2 1049 Wegman Rd. Rochester, NY 14624 For dates, topics & speakers view the web site or send an e-mail.</p>

Parenting Education & Support Services

Program Name & Agency	Contact Information	Description
<p>Head Start Action for a Better Community 49 Stone St. Rochester, NY 14624</p> <p><u>Various program locations include:</u> 2 Austin St. 14606 30 Hart St. 14605 1150 Hudson Ave. 14621 640 Jefferson Ave. 14611 700 North St. 14605 1772 Clifford Ave. 14609.....</p>	<p>325-5116 (Main office) www.abcinfo.org</p> <p>254-0093 454-1820 467-1472 436-0362 454-2332 482-8914</p>	<p>Enhanced preschool programs for children age 4 of low-income families; may accept a limited number of 3-year-olds as well. Provides children with activities that promote mental, physical, social, and emotional growth. Parents are involved as volunteers, committee members & recipients of training. Transportation provided. No fee for eligible families.</p>
<p>Healthy Moms/ Healthy Start of Unity Health 819 W. Main St. Rochester, NY 14611</p>	<p>Marianne Coleman 368-3493 mcoleman@unityhealth.org</p>	<p>Healthy Moms/ Healthy Start is a collaborative program between Unity Health and the Rochester Early Enhancement Project (REEP). Classroom based pregnancy and parenting education with referrals to Unity Behavioral Health as appropriate. Participants must reside within zip code areas 14605, 06, 07, 08, 09, 11, 13, 19, or 21. No fee.</p>

Parenting Education & Support Services

Program Name & Agency	Contact Information	Description
<p>“The Incredible Years”</p> <p><u>Various program locations include:</u> Better Days Ahead Catholic Family Center Urban League of Rochester Society for the Protection and Care of Children Family Resource Centers of Crestwood Children’s Center..... Mt. Hope Family Center* (*must be referred by Monroe County DHS case manager)</p>	<p>325-3145 262-7105 325-6530 x3057 325-6101 x 220 467-8130 275-2991</p>	<p>Parent-training curriculum for parents of children ages 2 – 8 years. Focus is on strengthening parenting competencies. Series of 12 weekly classes. Call sponsoring agencies for schedules/registration. No fee.</p>
<p>Kinship Care Resource Network Catholic Family Center 30 N. Clinton Ave. Rochester, NY 14604</p>	<p>Mary Penet 232-1840, ext. 354 Intake: 262-7048 http://www.cfcrochester.org/ >Children, Families & Seniors>Kinship Care http://parentsagain.com/</p>	<p>Information and referral, case management, and support groups for grandparents caring for grandchildren. Offers legal assistance on issues such as guardianship and benefits. No fee. See <i>Community Services</i> for additional agency resources.</p>
<p>Nurse-Family Partnership Monroe County Dept. of Public Health 691 St. Paul St., 4th Floor Rochester, NY 14605-1798</p>	<p>753-KIDS (5437) http://www.monroecounty.gov/ Public Health>Child and Family Health>Nurse-Family Partnership</p>	<p>Nurses visit women pregnant with first child. Home visits continue until baby reaches 2 years. Nurses offer information, education and referrals and help women to become better parents, to build a support network, set goals, continue their education, etc. No fee.</p>

Parenting Education & Support Services

Program Name & Agency	Contact Information	Description
<p>“Parents As Teachers” Family Resource Centers of Crestwood (A member of the Hillside Family of Agencies)</p>	<p>Alice McAdam 436-0370 x 309</p>	<p>Parents As Teachers is a collaborative program between Family Resource Centers of Crestwood and the Rochester Early Enhancement Project (REEP). Home visiting program that addresses basic needs and delivers pregnancy and parenting education.</p>
<p>Parents Without Partners</p> <p><u>Greater Rochester Chapter #683</u> PO Box 204 Fairport, NY 14450</p> <p><u>Genesee Valley Chapter #1350</u> Brockport and Batavia</p>	<p>www.parentswithoutpartners.org</p> <p>251-3647</p> <p>234-2689</p>	<p>International organization to support single parents; monthly meetings, professional speakers & publications. Greater Rochester chapter meets the 3rd Monday from 6:30-7:30pm. Genesee Valley chapter meets 2nd Thursday from 7-8pm and group meets 3rd Monday from 7-8pm. First meeting is free and includes orientation to the organization. Membership is \$35/year.</p>
<p>Perinatal Home Visiting Program (formerly Community Health Worker Program) Child and Family Health Services Monroe County Department of Public Health 691 St. Paul St., 4th floor Rochester, NY 14605-1798</p>	<p>753-KIDS (5437) www.monroecounty.gov >Departments >Public Health>Child and Family Health Services>Perinatal Home Visiting Program</p>	<p>A paraprofessional home-visiting program providing services to pregnant women and their infant up to 1 year of age. Focus is on early and consistent prenatal care to ensure that families receive primary and preventive health services. Provides education, referral, follow-up advocacy and case management. No fee.</p>
<p>Rochester Preschool Parent Program Rochester City School District 353 Congress Ave. Rochester, NY 14619</p>	<p>328-3360 (for a complete listing of all the City School District programs) www.rcsdk12.org/prek</p>	<p>Half-day preschool programs for children age 3 & 4 years. Parenting groups/participation while children attend preschool. Eligibility in various Rochester City elementary schools; no fee for eligible families.</p>

Parenting Education & Support Services

Program Name & Agency	Contact Information	Description
Stepping Stones Learning Center (SSLC) 41 Colebrook Dr. Rochester, NY 14617	467-4567 www.steppingstoneslearning.com	Offers parent support groups and parent training, as well as multidisciplinary behavioral assessment and intervention services. Call for information and fees.
Support Group Directory The Mental Health Association 339 East Ave., Suite 201 Rochester, NY 14604-2615	325-3145 www.mharochester.org/directory	See <i>Resource Directories, Help Lines/Websites, and Books/Videos/Handouts</i> for additional agency resources.
TAPSS (Teen-Age Parent Support Services) Society for the Protection and Care of Children (SPCC) 148 S. Fitzhugh St. Rochester, NY 14608	325-6101 www.spcc-roch.org	Individual and group counseling for pregnant & parenting teens and their partners. Childcare provided during group. Includes “Project Success” and employment-readiness training. No fee for youth age 21 and under. See <i>Community Services</i> for additional agency resources.
Teen Mother & Infant/Toddler Program St. Joseph’s Villa 3300 Dewey Ave. Rochester, NY 14616	865-1550 www.stjosephvilla.org	Parenting training, therapy, independent living skills, and education/vocational training for 12-21 year-old mothers with their child. Participants must be referred by court.
Tough Love West Side Baptist Church 3955 Mt. Read Blvd. Rochester, NY 14616	234-1836 www.toughlove.com	Support group for parents of children of any age. Weekly meetings Thursdays 7:15-8:15 pm. No childcare available. One-time registration fee of \$35; additional \$5 fee per meeting.

Community Services

Name and Address	Contact Information	Description
<p>The Advocacy Center 590 South Ave. Rochester, NY 14620</p>	<p>546-1700 www.advocacycenter.com</p>	<p>Services include connecting parents to other parents, information and referral, workshops on disability issues, educational advocacy, and service coordination. <i>See Help Lines/Websites for additional agency resources.</i></p>
<p>Better Days Ahead Family Support Network c/o The Mental Health Association 320 Goodman St. North Rochester, NY 14607</p>	<p>325-3145, ext. 131 www.betterdaysahead.org</p>	<p>Serves families of children with emotional or behavioral problems. Offers support groups, parenting classes, community referrals & resources, advocacy, and respite services. Childcare & transportation available for group participants, with advance notice. <i>See Parenting Education & Support Services and Resource Directories for additional agency resources.</i></p>

Community Services

Name and Address	Contact Information	Description
<p>Catholic Family Center 87 N. Clinton Ave. Rochester, NY 14604</p>	<p>546-7220 www.cfcrochester.org</p>	<p>Provides counseling services for children (all ages), families, and adults. Offers special programs addressing sexual abuse, child abuse prevention, substance abuse prevention and treatment, dysfunctional families, juvenile delinquency, families with incarcerated parents, etc. Referrals are made through MCDHS/Preventive Services, self-referral, or particular program eligibility guidelines. Various locations throughout Monroe County. Funding is based upon program requirements, through insurance, or sliding scale fees. <i>See Parenting Education & Support Services for additional agency resources.</i></p>
<p>Charles Settlement House 431 and 445 Jay St. Rochester, NY 14611 And 71 Parkway Rochester, NY 14608</p>	<p>328-5453</p>	<p>Home visiting parenting programs; services for children under five; parent involvement.</p>
<p>Child Care Council, Inc. (formerly Western New York Child Care Council) 595 Blossom Rd., Suite 120 Rochester, NY 14610</p>	<p>654-4720 TTY: 654-4746 info@childcarecouncil.com www.childcarecouncil.com</p>	<p>Child care resource and referral. Technical assistance for providers, staff and families on childcare related issues. Center based and family child care provider training; training fees may apply, call for details.</p>
<p>IBERO American Action League 817 E. Main St. Rochester, NY 14605</p>	<p>Talibah Akili 256-8900 www.iaal.org</p>	<p>Parenting education; Bilingual; not solely for Spanish speaking families. No fee.</p>

Community Services

Name and Address	Contact Information	Description
Jewish Family Services 441 East Ave. Rochester, NY 14607	461-0110 www.jfsrochester.org	Counseling and family support; sliding fee scale.
Lifetime Assistance, Inc. (LAI) 425 Paul Rd. Rochester, NY 14624	Deanna Mullins 426-4120 x3118 www.lifetimeassistance.org	Assists individuals with a developmental disability. Eligibility based on state approved diagnosis/cognitive delay. Services include case management/service coordination, workshop, life teaching skills (in home), residential placement, day services, and employment (through VESID). Funded through health insurance.
Monroe County Department of Human Services (MCDHS)/ Preventive Services 691 Saint Paul St. Rochester, NY 14605	753-4121 www.monroecounty.gov >Departments >Human Services >Preventive Services	Gateway for a variety of preventive services for families in crisis and whose children are at risk for out-of-home placement.

Community Services

Name and Address	Contact Information	Description
<p>Monroe County Early Intervention Program (MCEIP) 691 Saint Paul St., 4th floor Rochester, NY 14605</p>	<p>753-KIDS (5437)</p> <p>www.monroecounty.gov >Departments >Public Health >Child & Family Health Services >Special Children’s Services</p>	<p>Provides evaluations, family training, and therapeutic services for children birth to age three with suspected developmental delays, disabilities, or diagnoses with high risk of developmental delays. No fee for families of eligible children.</p> <p>MCEIP also houses copies of resource materials on behavior management, discipline, challenging behaviors, sleep-related issues, feeding issues and many other topics. To access these resources, families should contact their Ongoing Service Coordinator (OSC) or Early Intervention Official Designee (EIOD). EI professionals may also contact Linda Hoose at 753-5202. See <i>Resource Directories and Books/Videos/Handouts</i> for additional agency resources.</p>
<p>Monroe County Education for Children with Disabilities (ECD) (Preschool Special Education - PSE) 111 Westfall Rd., Room 328 Rochester, NY 14620</p>	<p>www.monroecounty.gov >Departments >Public Health >Child & Family Health Services >Special Children’s Services</p> <p>Call the Committee on Preschool Special Education (CPSE) office of the school district in which the family resides.</p>	<p>Free evaluation for children who are 32 months to 5 years. Parents choose evaluation team who administers Functional Behavioral Analysis (FBA) as part of a multidisciplinary evaluation. Parents of children with behavioral problems which affect their or other’s learning should request an FBA.</p>

Community Services

Name and Address	Contact Information	Description
<p>Mt. Hope Family Center 187 Edinburgh St. Rochester, NY 14608</p>	<p>275-2991 www.psych.rochester.edu</p>	<p>Provides preventive services accessed through MCDHS, as well as research studies relating to family mental health (i.e. post-partum depression) – call for information on opportunities for participation. No fee. See <i>Parenting Education & Support Services for additional agency resources.</i></p>
<p>Regional Center for Independent Living (RCIL) 1641 East Ave. Rochester, NY 14610</p>	<p>442-6470 www.rcil.org</p>	<p>Advocacy & advisement services for individuals with disabilities, including peer advocacy, benefits advisement, housing advocacy, deaf community support services, services for deaf-blind individuals, accessibility consultation, support groups, independent living skills training, and the Spina Bifida Resource Center.</p>
<p>Regional Early Childhood Direction Center (RECDC) 41 O’Connor Rd Fairport, NY 14450</p>	<p>249-7817 www.stronghealth.com/services/childrens/outreachprograms/devdisabilitiesRECDC.cfm</p>	<p>Offers information, support, and referral assistance to parents and professionals concerned about a child age birth – 5 with special needs or handicapping condition. Covered counties include Geneseo, Livingston, Monroe, Ontario, Seneca, Wayne, Wyoming, Yates, Steuben, Schuyler, & Chemung. Not specific only to Mental Health services. No fee. See <i>Help Lines/Websites for additional agency resources.</i></p>

Community Services

Name and Address	Contact Information	Description
<p>Rochester Association for the Education of Young Children (RAEYC) 249 Highland Ave. Rochester, NY 14620</p>	<p>244-3380 www.raeyc.org email: raeyc@frontiernet.net</p>	<p>Provides information on early childhood education issues for parents and professionals working with young children through monthly programs, annual conferences and professional development workshops. Call for membership information.</p>
<p>Rochester Childfirst Network (RCN) formerly Rochester Children’s Nursery Family Child Care Satellite 941 South Ave. Rochester, NY 14620</p>	<p>473-2858 www.rcn4kids.org email: smileprogram@rcn4kids.org</p>	<p>Offers support and training for family childcare homes. SMILE Program – Provides Multi-disciplinary evaluations, behavioral assessment components, support services & wrap around child care for children with special needs. Parent Counseling and training.</p>
<p>Rochester Early Enhancement Project (REEP)</p> <p><i>REEP programs include:</i></p> <ul style="list-style-type: none"> • Baby Love • Perinatal Home Visiting Program • Parents as Teachers • Healthy Moms/Healthy Start of Unity Health 	<p>Dawn Pozzi, 295-1000 x 237 or (877) 888-7647 toll free www.childrensinstitute.net</p>	<p>Collaboration of various agencies helping Rochester’s young children and their families reach their full potential. Services include pregnancy, childbirth and infant care information, early childhood education, parent education and support groups, advocacy and case management. <i>Please refer to listings for individual programs in this section for contact and referral information.</i></p>
<p>Rochester Safe Start c/o The Children’s Institute, Inc. 274 N. Goodman St. Rochester, NY 14607</p>	<p>Woody Greene, 295-1000 x 251</p>	<p>Information, group presentations, block clubs, parent groups, clinical/general training, and other programs addressing the impact of violence on children’s lives.</p>

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<p>Society for the Protection and Care of Children (SPCC) 148 S. Fitzhugh St. Rochester, NY 14608</p>	<p>325-6101 www.spcc-roch.org</p>	<p>Family counseling is accessed through MCDHS/Preventive Services. Families may self-refer to the Family Violence program, Incredible Years parent education groups, and Teenage Pregnancy Support Services (TAPSS). See <i>Parenting Education & Support Services</i> for additional agency resources.</p>
<p>Stepping Stones Learning Center (SSLC) 41 Colebrook Dr. Rochester, NY 14617</p>	<p>467-4567 www.steppingstoneslearning.com</p>	<p>Offers parent support groups and parent training, as well as multidisciplinary behavioral assessment and intervention services.</p>
<p>Urban League of Rochester 265 N. Clinton Ave. Rochester, NY 14605</p>	<p>325-6530 www.ulr.org</p>	<p>Intensive family counseling, crisis intervention, help in improving parenting skills and assistance in accessing community resources. See <i>Parenting Education & Support Services</i> for additional agency resources.</p>

Medical & Mental Health Providers

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Name and Address	Contact Information	Description
<p>Richard Arnold, PhD 940 Westfall Rd. Rochester, NY 14618</p>	<p>256-1730</p>	<p>Serves ages 2-8 yrs. Diagnostic expertise in ADHD, Asperger's, regulatory disorders: impulsive/hypersensitive, sensory pervasive. Specialized services include preschool observations, school visits with parents & teachers, counseling, assistance for parents of hard-to-raise child. Accepts health insurance and Medicaid.</p>
<p>Behavioral Pediatrics Program of Rochester General Hospital 1425 Portland Ave. Rochester, NY 14621</p> <p><u>Also available</u> Dan DeMarle, Educational specialist</p>	<p>Kathy Williams, Intake 922-4698 www.viahealth.org >Search Our Site >Behavioral Pediatrics Program</p> <p>922-3489</p>	<p>Assessment by clinical psychologist for children ages 3-19, and follow-up behavioral consultation. Interdisciplinary evaluation also available that includes developmental pediatrician, nurse practitioner. Need physician referral. <i>See <u>Parenting Education & Support Services</u> for additional agency resources.</i></p> <p>Assists with school advocacy issues and development of the IEP. Not covered by insurance; call for fees.</p>
<p>Linda Bennett, PhD Behavioral Health Services 490 Crosskeys Office Park Fairport, NY 14450</p>	<p>223-0810</p>	<p>Serves ages 2 – adult. Diagnostic expertise in ADHD, Asperger's, ODD, and Tourette's Syndrome. Specialized services include individual/family/parent therapy, behavioral management, psychotherapy, cognitive/behavioral issues. Accepts health insurance and Medicaid.</p>

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<p>Maria Benzoni, M. Ed., LMSW-CSW P. O. Box 31 Geneseo, NY 14454</p>	<p>Ph. 455-6413 Fax: 243-5232 Lombardolm@aol.com www.BarberHillWellnessCtr.com</p>	<p>Serves children ages birth-21 yrs. and their families. Specialties include developmental disabilities (autism, severe delays, physical disabilities, etc.), foster and adoption, grief, challenging behaviors, parenting concerns, family issues, post traumatic stress and more. The creation of artwork may be incorporated into sessions. Private pay; no health insurance accepted.</p>
<p>Brenda Bierdeman, PsyD 27 S. Platt St. Albion, NY 14411</p>	<p>589-2315</p>	<p>Serves ages 3 – adult. Diagnostic expertise in ADHD, Asperger’s, anxiety disorder, conduct disorder, depression, and ODD. Specialized services include individual/family psychotherapy, play therapy, psychological/IQ testing, handicap accessible, ADHD testing. Accepts health insurance.</p>
<p>Catholic Family Center Outpatient Mental Health Clinic 30 N. Clinton Ave. Rochester, NY 14604</p>	<p>Sharon Carlton, Intake 232-1840 ext. 112 Peter Roche, LCSW-R, ACSW, Clinic Director 232-1840 ext. 217 proche@cfcrochester.org www.cfcrochester.org</p>	<p>The licensed Mental Health Clinic serves children, adolescents, adults, families and individuals, of all ages. Offers individual, family or group therapy, 24-hour emergency on-call service with Lifeline, and certified outpatient substance abuse treatment program. Fees for service are determined on a sliding scale according to income and family size; accepts health insurance and Medicaid.</p>

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<p>Crestwood Children's Center 2075 Scottsville Rd. Rochester, NY 14623-2098</p> <ul style="list-style-type: none"> • <u>Outpatient Therapy Clinic</u> • <u>Primary Day Treatment Program</u> • <u>Comprehensive Outpatient Psychiatric Services (COPS)</u> 	<p>429-2700 x 2743 TTY: 256-7881 www.hillside.com</p> <p>Dr. Bozena Robertson, Clinic Director 429-2720</p> <p>Jennifer DeLucia, Crisis Specialist 429-2708</p> <p>Deanne Borrie, Principal Amy Loblaw, Clinical Supervisor 429-2961 429-2955 (Secretary)</p>	<p>Helpline for families to call for assistance in problem solving children with behavioral challenges.</p> <p>Serves children ages 2 to 21; provides an assessment and treatment as needed at various sites -Scottsville Rd., Hillside's East Main St. office.</p> <p>Provides emergency mental health appointments for children ages 2 to age 21 who may be suicidal, homicidal, or on the verge of a severe mental health crisis.</p> <p>Serves children as young as 3. Referrals made by the child's school district following the preschool evaluation. A wide range of services is offered such as Case Coordination, Psychiatry, Speech Therapy and/or Occupational Therapy.</p>
<p>David Driscoll, PsyD 2505 East Ave., Suite 108 Rochester, NY 14610</p>	<p>248-8740</p>	<p>Ages 12-17 yrs. Diagnostic expertise in ADD, anxiety, LD. Specialized services include psychotherapy. Accepts health insurance.</p>
<p>Ruth Goldberg, PhD Brighton Psychological Associates 4 Chelmsford Rd. Brighton, NY 14618</p>	<p>271-3050</p>	

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<p>Hillside Children’s Center 1183 Monroe Ave. Rochester, NY 14620</p> <ul style="list-style-type: none"> • <u>Early Childhood Center (ECC) Day Treatment Program</u> • <u>Center for Child and Family</u> 1337 E. Main St. Rochester, NY 14609 And 2075 Scottsville Rd. Rochester, NY 14623 	<p>256-7500 TTY: 256-7881 www.hillside.com</p> <p>Hillside Central Access and Assessment Services (CAAS) 429-2743</p>	<p>5-day/wk, 5.5 hr treatment program for seriously emotionally disturbed children ages 3-10 yrs; provides interdisciplinary psychiatric services, special education, sociotherapy, individual/ family/ group therapy, Occupational Therapy, Speech Therapy, Psychology, Nursing, & Dietary services. Access through school district.</p> <p>Mental Health services for children birth-21 yrs and their families. Children being referred must have a current DSM-IV mental illness diagnosis and exhibit behavior that is harmful, unmanageable, or inhibiting development (or have experienced traumatic events). Families may be referred due to parenting issues/living situations that are significantly impacting the child’s development.</p>
<p>Peter Mackenzie, PhD 85 Union St., suite 206 Spencerport, NY 14559</p>	<p>349-2656</p>	<p>Ages 6 – adult. Diagnostic expertise in ADHD, affective disorders, behavioral disorders, conduct disorders, learning problems, ODD. Specialized services include individual/family therapy, cognitive-behavioral orientation, parent education, school consultations. Accepts health insurance.</p>

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Name and Address	Contact Information	Description
William Mitchell, PsyD 100 Linden Oaks Office Park, suite 200 Rochester, NY 14625	586-1600	Ages 3-18 yrs. Diagnostic expertise in ADHD, Aspergers, bipolar, LD, ODD. Specialized services include counseling for children and parents. Accepts health insurance, Medicaid Blue Cross and Preferred Care Options.
Lori Jeanne Peloquin, PhD 2541 Monroe Ave. Suite B-4 Rochester 14618	697-0944	Ages birth – adult. Diagnostic expertise in autism, severe regulatory disorders. Specialized services include family-based approach, including parent counseling & play-based intervention. Primarily uses a Developmental/ Relationship-based approach (DIR) to understanding & treating childhood challenges.
Leon Schofield, PhD 645 Cross Keys Office Park Fairport 14450	425-2480	Ages 3 – adult. Diagnostic expertise in ADD, LD, anxiety, depression. Specialized services include Counseling, psychological testing (Woodcock Johnson III), cognitive abilities. Accepts Blue Choice, Preferred Care, BC option, CHP, FHP, Medicare.

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<p>Strong Behavioral Health 300 Crittenden Blvd. Rochester, NY 14642</p> <ul style="list-style-type: none"> • <u>Child & Adolescent Outpatient Clinic</u> 2180 S. Clinton Ave. Rochester, NY 14618 • <u>Family Therapy Clinic</u> • <u>Rochester Community Mobile Crisis Team</u> 	<p>275-3535 www.stronghealth.com >Health Services>Behavioral Health</p> <p>275-4626 275-3522</p> <p>275-0320 275-3535</p> <p>Access by calling Lifeline (211).</p>	<p>Serves age 17 yrs & under; no set minimum age/determined on an individual basis. Individual therapy services in clinic, with family sessions as needed. Able to address medication needs. Crisis case management services available, including home/community visits as needed. Child is the identified client; family-focused therapy should be accessed through the Family Therapy Clinic (see below). May ask that child be evaluated by Strong Center for Developmental Disabilities (SCDD) first to rule out developmental issues. Often provides follow-up services after intervention by the Mobile Crisis Team. Funded through insurance; will accept uninsured.</p> <p>Parent(s) is the identified client; includes children in sessions as needed. Refer to Child & Adolescent Clinic first, and their intake team will refer to Family Therapy Clinic if appropriate. May be appropriate for families experiencing divorce.</p> <p>24/7 emergency crisis services.</p>

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<p>Unity Behavioral Health</p> <p><u>St. Mary's Mental Health</u> 835 West Main Street Rochester, NY 14611</p> <p><u>Park Ridge Mental Health Center</u> 100 Pinewild Drive Suite 2A Rochester, NY 14606</p>	<p>www.unityhealth.org</p> <p>368-6550</p> <p>368-6700</p>	<p>Serves children age 5 to 18 years (if still in school & living with parent); may see children as young as 3.5 years; determined on an individual basis. Individual therapy services in clinic, with family sessions as needed. Also offers theme specific groups for adults & older children (family substance abuse support, grief, etc.). Spanish language interpreters available. Accepts health insurance; offers sliding fee scale.</p>

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<p>Via Health Behavioral Health Network</p> <p><u>Genesee Mental Health Center</u> 224 Alexander St. Rochester, NY 14607</p> <p><u>Rochester Mental Health Center</u> 490 East Ridge Rd. Rochester, NY 14621</p>	<p>www.viahealth.org</p> <p>922-7770</p> <p>Brian Chafee, Program Coordinator 922-7257</p> <p>922-2500</p> <p>Maureen Anderson, Program Coordinator 922-2555</p>	<p>Assessment, treatment, and referral for youth ages 3-18 years. Treatment provided to youth with an Axis I mental health diagnosis; modalities include individual/family therapy, pharmacotherapy, and Adolescent Dialectical Behavioral Therapy groups. Satellite clinics at John Marshall, Edison and Freddie Thomas High Schools, and Elementary Schools # 33 and # 9. Accepts health insurance; offers sliding fee scale.</p> <p>Assessment, treatment, and referral for youth ages 3-18 years. Treatment provided to youth with an Axis I mental health diagnosis; modalities include individual/family therapy, pharmacotherapy, and Adolescent Dialectical Behavioral Therapy groups. Spanish speaking therapist available. Satellite clinic at Elementary School # 41. Accepts health insurance; offers sliding fee scale.</p>
<p>Kelley Yost, PhD 919 Westfall Rd., Bldg. C, Suite 210 Rochester, NY 14618</p>	<p>341-7444</p>	<p>Ages birth – 15 yrs. Diagnostic expertise in sleep problems. Accepts health insurance.</p>

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Rochester Community Mobile Crisis Team	275-5151 Or 211	24/7 on-site emergency response in the community and access to Home-Based Crisis Intervention support and emergency respite beds.