**WHAT YOU NEED**

- **Gown**
- **Respirator** recommended for aerosol generating procedures.
- **Surgical mask** is acceptable for non-aerosol generating procedures if respirator is not available.
- **Face shield or eye protection such as goggles.**
- **Gloves**

**HOW YOU DO IT**

### GOWN + GLOVES

1. **Batch work and plan ahead,** having items available outside each patient room.
2. **Sanitize hands.**
3. **Put on gown outside room.** Open-end faces your back. Tie the back of the gown.
4. **Put on gloves.**

### RESPIRATOR

5. **Put on respirator** (such as N95) or a regular mask, ensuring proper seal. Ensure straps are not crossed.
6. **Verify mask seal.** Place hands over the front of the respirator. Breathe an easy deep breath in and out.

### EYES + ENTRY

7. **Put on face shield or eye protection** (such as goggles).
8. **ENTER room**
9. **Do not** touch face or re-adjust PPE inside room.

---

Monroe County Long Term Care COVID Task Force. Adapted with permission from Emory University by Common Ground Health, May 1, 2020
PPE Management Between COVID-19 Contacts

NEXT PATIENT COVID+ [ Extended Wear ]

1. Remove and dispose of gloves.
2. Sanitize hands.

EXIT patient room

3. Eye cover and mask stay on. Only doff and replace if soiled or ill-fitting.

WALKING

5. Do not touch your face, the walls, rails, or anybody else until reaching the next room.
7. Put on fresh gloves.

ENTRY

9. Do not touch face or re-adjust respirator or face shield inside room.
Replacing Soiled Gown

**Taking PPE OFF**

1. **Reach back and release** the neck portion.
2. **Untie** the waist.
3. **Remove and discard** into bin without touching outside of gown. 
   - **DO NOT REUSE.**
4. **Remove and dispose** gloves.
5. **Sanitize** hands.

**PUTTING ON GOWN AND GLOVES**

6. **Put on** gown outside room. Open-end faces your back. Tie the back of the gown.
7. **Sanitize** hands.
8. **Put on** gloves.

**ENTRY**

9. **ENTER next Covid-19 patient room.**
10. **Sanitize** gloves.
11. **Do not touch** face or re-adjust respirator or face shield inside room.
COVID-19 Terminal Doffing at End of Patient Care

Taking PPE OFF

1 Reach back and release the neck portion.
2 Untie the waist.
3 Remove and discard into bin without touching outside of gown. DO NOT REUSE.
4 Remove and dispose gloves
5 Sanitize hands.

EXIT patient room

MASK

6 Put on fresh gloves.
7 Sanitize gloves.
8 Remove eyewear and place on wipe.
9 Remove mask, lower strap and then upper. Store mask.
10 Sanitize gloves.

FACE SHIELD

11 Wipe front and back of shield.
12 Wipe elastic band.
13 Wipe foam band.
14 Wipe table.
15 Place shield upside down to dry.
16 Sanitize gloves.
17 Remove gloves.
18 Wash hands with soap and water or sanitize hands.

GOGGLES

19 Wipe front and back of lens.
20 Wipe both ear pieces.
21 Wipe table.
22 Place goggles on clean table to dry.
23 Sanitize gloves.
24 Remove gloves.
25 Wash hands with soap and water.

DO NOT REUSE.

Monroe County Long Term Care COVID Task Force. Adapted with permission from Emory University by Common Ground Health, May 1, 2020