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# **Department of Public Health**

Monroe County, New York

Adam J. Bello
County Executive

Michael D. Mendoza, MD, MPH, MS Commissioner of Public Health

# Monroe County Department of Public Health COVID-19 Update

10 a.m. on Friday, March 27, 2020

## **Confirmed Cases**

There are 160 confirmed cases of COVID-19 in Monroe County.

#### **New Cases**

There are 12 new confirmed cases of COVID-19 since the 4 p.m. update on Thursday, March 26. These new individuals include:

- 1 Male in his 20s
- 2 Female in their 20s
- 2 Females in their 30s
- 1 Male in his 30s
- 1 male in his 40s
- 1 Female in her 40s
- 1 Male in his 50s
- 1 Female in her 60s
- 1 Male in his 60s
- 1 Male in his 80s

# COVID-19 testing information will be updated at 4 p.m. today

## **Hospitalized patients**

Of the 160 confirmed cases, 31 people are hospitalized, 20 of the 31 patients are in ICU.

## **Deaths related to COVID-19**

4 patients

#### **Resolved Cases**

Of the 160 confirmed cases, 14 people resolved and have been released from isolation, 4 new since Thursday, March 26.

# **Mandatory Quarantine**

The Health Department has placed 423 people into mandatory quarantine and isolation.

#### **Additional Details**

Monroe County continues to ask residents to stay home and practice social distancing. We should all assume that we have been exposed to COVID-19, even if we do not have recognizable symptoms, and could be spreading the virus to people who are vulnerable to more severe symptoms.



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# What does social distancing mean?

Social distancing is deliberately increasing the physical space between people to avoid spreading illness. Staying at least six feet away from other people lessens your chances of catching COVID-19.

#### Can I visit my relatives or friends?

Do not visit loved ones in person. Use the phone or other electronic devices. Deliver food or other essential items to the doorstep.

# How can I keep safe when I need to go out to secure essential items like food?

- Make as few trips as possible.
- Avoid excessive shopping time.
- Make a list in advance.
- Consider using delivery services or the self-checkout lane.
- Wipe down the shopping cart, touch screens and touch pads before and after use.

#### What if we are outside?

Avoid close contact with people, even when outside. Keep a distance of at least 6 feet to help slow the spread of COVID-19.

- Avoid games and activities that require close contact.
- Avoid frequently touched surfaces and objects. This includes playground equipment like slides and swings.
- Do not share equipment such as bicycles, helmets, balls or frisbees.
- Do not gather in groups.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your cough and sneezes with a tissue and discard the tissue in a closed container.

When you return indoors, wash your hands with soap and water for at least 20 seconds or use an alcoholbased hand sanitizer containing at least 60% alcohol.

Everyone has a role to play as we work to stop the spread of COVID-19 in our community.

