



Department of Public Health

Monroe County, New York

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Monroe County Department of Public Health Changes Quarantine Guidance Following Update from New York State

Effective immediately, the Monroe County Department of Public Health is changing the time period for quarantine from 14 days to 10 days past the last day of contact with a person who has tested positive for COVID-19. Individuals should continue to monitor for symptoms for 14 days past the last day of contact. This change reflects updated guidance recently released by the New York State Department of Health. The update applies only to those quarantined as a result of exposure to COVID-19, not to those isolated subject to isolation order after testing positive for COVID-19 or exhibiting symptoms of COVID-19.

“As we learn more about this pandemic, we continue to update our guidance to reflect the latest science. We have reviewed the updated recommendations from the CDC and NYSDOH. This change is prudent and will make it easier for individuals to complete their quarantine and still protect others whom they might have exposed to the virus,” said Dr. Michael Mendoza, Monroe County Commissioner of Public Health.

Starting today, Dec. 28, individuals who are in the process of completing a 14-day quarantine may, on their own, end their quarantine period at 10 days. However, they must continue to monitor for symptoms for four additional days beyond the 10-day period.

If an individual develops symptoms during a 10-day quarantine period or the four days that follow, that individual should self-isolate immediately, get tested and contact their healthcare provider if symptoms are severe.

Monroe County is in the process of updating its official quarantine documents and other information resources to reflect this change, but this may take several days.