



VETERANS SERVICE AGENCY NATURE-BASED THERAPY

HEALING THROUGH CONNECTIONS WITH NATURE & HELPING VETERANS BUILD LIVES WORTH LIVING

EquiCenter FALL WEEKLY PROGRAMS

- **Mission Mustang® Group**

- Wednesday 1730-1830
- Thursday 1300-1400
- Friday 1400-1500

- **Therapeutic Horticulture**

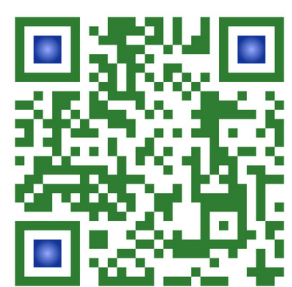
- Thursday 1400-1500
- Friday 1500-1600

- **Heroes & Horses**

- ** Saturdays 1230-1330 **
(10/10, 11/14, & 12/12)

** All programs free for Veterans **

Scan to
Register



- **Veteran Farm & Wellness**

- Tuesday 1000-1200 *(through Oct)*
(Food Preservation Workshop Series Nov-Dec)

- **Fall Workshops**

- Wednesday 1100-1300
(9/23, 10/7, 10/14 & 10/21)

- **Mission Mustang®**

- Individual lessons by appt

- **Horsemanship**

- Individual lessons by appt

- **Cooking with Heroes**

- Wednesday 1100-1300
(9/30, 10/14, 10/28, 11/4, 11/18,
12/2, 12/9, & 12/16)
- ***Wednesday 9/17 1700-1900***

Register at EquiCenterNY.org

Short-Term Individual Therapy
with Dr. Collins
Specialized in Trauma & Nightmares



EquiCenter

Where healing comes naturally

Phone: (585) 857-8999

Email: ZacharyCollins@MonroeCounty.gov

Web: MonroeCounty.gov/vsa-nature-therapy

Fall Schedule: 9/14 - 12/19 (Break Week 11/23-11/28)

3247 Rush-Mendon Road
Honeoye Falls, NY